SPAIN EMERGENCY PREPAREDNESS SECTION 13



Spain Emergency Preparedness

DISCLAIMER: While we strive to provide the most accurate and up-to-date information possible, this module serves as a general guide and should not be considered complete legal or professional advice. Your specific situation may require additional or different steps depending on the region of Spain.

Like any country, Spain has unique emergency response systems and potential safety concerns. Understanding how to prepare for and respond to emergencies is essential for expatriates who may not be familiar with local protocols. While Spain is generally considered a safe country with good emergency services, being prepared for unexpected situations—from medical emergencies to natural disasters—can provide peace of mind and potentially save lives. This module will equip you with the knowledge and resources to handle emergencies confidently in your new home.

Emergency Preparedness for Expats in Spain

Knowing the proper emergency contacts and communicating effectively during a crisis is essential when living in Spain. Unlike some countries, which have separate numbers for different services, Spain simplifies emergency access through a centralized system.

The primary emergency number in Spain is 112, which connects to an integrated emergency response center that coordinates police, fire, ambulance, and civil protection services. This European-wide emergency number works from any phone, including mobile phones without service or SIM cards. The 112 service typically offers support in multiple languages in major cities and tourist areas, though Spanish remains the primary language of communication.

Beyond the universal 112 number, Spain maintains specific direct numbers for particular services:

- National Police (Policía Nacional): 091
- Local Police (Policía Local): 092
- Civil Guard (Guardia Civil): 062
- Medical Emergencies: 061
- Fire Department (Bomberos): 080

It is vital to save these numbers in easily accessible locations—not just in phones, but also written down in a place known to all household members. For families with children, practice scenarios where kids might need to call for help, ensuring they know basic Spanish phrases to communicate in an emergency situation.

New residents should register with their country's embassy or consulate immediately upon arrival in Spain. These diplomatic services provide crucial support during major emergencies, including emergency travel documents, assistance during evacuations, or help if you're hospitalized.

Spain has implemented a nationwide alert system called ES-Alert that sends emergency notifications directly to mobile phones during serious situations like extreme weather, wildfires, or other public safety threats.

Understanding internal emergency communication systems is equally important for expatriates living in community developments or apartment buildings. Many Spanish residential communities have specific evacuation procedures and emergency contacts that differ from public services.

Natural Disaster Awareness and Response

Spain faces several types of natural hazards that vary significantly by region. Flooding represents one of Spain's most widespread natural risks, particularly along the Mediterranean coast and river valleys. The phenomenon known as "gota fría" (cold drop) creates sudden, intense rainfall, typically between September and November, causing flash floods that can transform dry riverbeds (Ramblas) into dangerous torrents within minutes.

It is essential to consider the following:

- How to interpret Spain's AEMET weather warnings, which use color codes to indicate severity
- Understanding flood zone maps for major cities and coastal areas
- Practical steps to take before, during, and after flooding events
- Insurance considerations specific to flood damage in Spain

Wildfires pose a serious threat, especially in forested and rural areas during hot, dry summers. Climate change has intensified this risk in recent years. Depending on your region, you need to consider the following:

- Regional fire risk maps and seasonal danger periods
- Spain's fire prevention regulations, including restrictions on outdoor activities during high-risk periods
- Property maintenance requirements in rural areas, including mandatory clearing of vegetation
- Evacuation protocols and how to receive timely alerts about approaching fires
- Interviews with residents who have experienced evacuations during recent wildfire events

Earthquakes occur primarily in southern Spain (especially Granada, Murcia, and Almería provinces) and the Pyrenees region. While most are minor, significant earthquakes have occurred historically. Please consider the following in these areas:

- Seismic risk maps of Spain
- Building codes in earthquake zones and what to look for when purchasing property
- Proper "drop, cover, and hold on" techniques adapted to typical Spanish building construction
- Post-earthquake safety assessment for common Spanish home types (stone, concrete, etc.)

Extreme weather events are becoming more common, including:

- Heat waves can be dangerous and require specific preparation in homes that may lack air conditioning
- Severe storms and high winds, particularly in northern coastal regions
- Occasional snow and ice events that can paralyze areas unaccustomed to winter weather

Understanding tsunami risk assessment and evacuation routes is important for coastal properties, particularly in southwestern Spain near the Atlantic.

Healthcare Emergencies WWW.GLOBALCITIZENLIFE.ORG

Spain offers excellent healthcare, but navigating medical emergencies as an expatriate requires specific knowledge that differs from your home country. Understanding how to access emergency medical care quickly can be lifesaving and significantly reduce stress during critical moments.

Medical emergencies in Spain are handled through various channels depending on severity. For life-threatening situations, call 112 or the specific medical emergency number 061. These services dispatch ambulances and emergency medical teams equipped to provide immediate care. When calling, be prepared to clearly state your location, the nature of the emergency, and whether you need an English-speaking operator.

The Spanish emergency medical response system operates on a triage basis. Emergency cases are classified into levels of urgency, determining how quickly you receive attention. Understanding this system helps set proper expectations during emergencies. Response times are typically excellent in major cities, while rural areas may experience longer waits due to distance.

For serious but non-life-threatening emergencies, Spain offers Urgencias (Emergency Departments) at public hospitals and 24-hour urgent care centers called PACs (Puntos de Atención Continuada) or CUAPs (Centros de Urgencias de Atención Primaria). These facilities provide immediate care without appointments.

Medical tourists and new residents should understand that Spain's public healthcare system (Sistema Nacional de Salud) covers everyone experiencing life-threatening emergencies regardless of residency status or insurance coverage. However, proper documentation expedites treatment and prevents billing issues.

Language barriers can complicate medical emergencies.

Spain has a unique pharmacy system that includes emergency pharmacies (farmacias de guardia) that remain open 24/7 on rotation. Every pharmacy displays the nearest open emergency pharmacy, and this information is also available online and through mobile applications.

For expatriates with chronic health conditions, create an emergency medical protocol including:

- Translated documentation of medical conditions
- List of current medications with both brand names and generic compounds (as brand names often differ between countries)
- Contact information for specialists familiar with their condition
- Instructions for caregivers or family members who may need to communicate with Spanish medical professionals



Home Emergency Preparedness

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Spanish homes present unique emergency considerations that may differ significantly from expatriates' previous experiences. Understanding these differences helps residents prepare effectively for home emergencies.

Water damage emergencies are common in Spanish properties due to aging infrastructure in some areas and the seasonal occupancy of many homes. Knowing how to shut off the main water supply quickly is critical when water issues occur. Spanish properties typically have a main shutoff valve (llave de paso general) near the water meter, plus individual shutoffs for bathrooms and kitchens.

Electrical emergencies require special attention as Spain's electrical system operates at 230V, which may differ from expatriates' home countries. Spanish homes use circuit breakers (diferenciales) and individual circuit switches (ICP - Interruptor de Control de Potencia) that automatically trip when consumption exceeds contracted power limits. Gas safety is particularly important in Spanish homes, where many people use butane gas bottles (bombonas) for cooking and heating.

Fire safety in Spanish homes requires specific knowledge, especially regarding evacuation from apartment buildings. Many Spanish buildings have unique fire escape protocols that differ from other countries.

Top things to cover for your home:

- Required fire safety equipment for different types of Spanish properties
- Understanding building evacuation plans (planes de evacuación)
- Fire extinguisher requirements and usage specific to the region
- Smoke detector regulations, which vary by autonomous community
- Fire insurance requirements and coverage specifics





Home security emergencies also warrant attention. Spanish homes often have security features unfamiliar to foreigners, including reinforced doors with multi-point locking systems, window security grilles (rejas), and alarm systems with direct connections to security companies.

For rural properties, additional emergency considerations include:

- Access issues for emergency vehicles on narrow roads or unmarked properties
- Limited utility infrastructure and backup systems
- Wildlife encounters specific to Spanish regions
- Isolation factors during weather emergencies

EMERGENCY SUPPLY KIT RECOMMENDATIONS

Creating an effective emergency supply kit in Spain requires adaptation to local conditions and potential emergencies specific to your region. Your Spanish emergency kit (often called a "kit de emergencia" or "kit de supervivencia") should be customized based on your location—whether you're in a coastal area prone to flooding, a forested region with wildfire risks, or an urban center with different concerns.

Your Spanish emergency kit should contain sufficient supplies to sustain your household for 72 hours without external assistance. Store these supplies in waterproof, portable containers that can be quickly accessed during emergencies. Consider using wheeled containers if mobility might be an issue, particularly important for elderly expatriates or those with physical limitations.

Water is your primary concern in any emergency. Spain's hot climate increases hydration needs, especially during summer emergencies. Store at least 4 liters of water per person per day—accounting for drinking, sanitation, and basic hygiene. Spanish bottled water typically comes in 5L or 8L containers, which provide convenient storage options. Remember that Spain's tap water is generally safe to drink, but emergency situations may compromise water systems. Include water purification tablets (pastillas potabilizadoras) or portable filters common in Spanish camping supply stores.

For food supplies, focus on non-perishable items familiar in Spanish markets. Canned fish (atún, sardinas), legumes (garbanzos, lentejas), and preserved meats (jamón envasado, chorizo) store well and provide substantial nutrition. Include regional staples like olive oil and rice that require minimal preparation. Consider dietary requirements for all family members, including pets. Unlike some countries, Spain's food labeling system clearly identifies allergens, making it easier to select appropriate emergency supplies.

Medical supplies should be adapted to Spain's healthcare environment. While Spanish pharmacies (farmacias) are abundant in urban areas, rural expatriates might face longer distances to access medications during emergencies.

Your emergency medical kit should include:

- Prescription medications with copies of prescriptions using international nomenclature
- Basic first aid supplies, including disinfectants, bandages, and gauze
- Pain relievers and fever reducers (both adult and child formulations, if applicable)
- Digestive remedies for common travel-related issues
- Insect repellent appropriate for local species, including tiger mosquitoes in coastal areas
- Sun protection, is essential given Spain's intense UV exposure
- Specific medications for chronic conditions with Spanish translations of dosage instructions

For communication and safety, include:

- Battery-powered or hand-crank radio to receive emergency broadcasts
- Flashlights with extra batteries (linterna con pilas)
- Power banks for mobile phones
- Whistle to signal for help (silbato)
- Emergency blankets (mantas térmicas) for unexpected cold, particularly important in inland areas where temperature drops can be dramatic
- Local maps with evacuation routes marked
- Physical copies of essential documents, including residency permits, insurance policies, and identification

Spain-specific emergency items should include:

- Copies of your NIE (Número de Identidad de Extranjero) and TIE (Tarjeta de Identidad de Extranjero)
- Physical copies of health insurance cards or documentation
- Contact information for your country's consulate or embassy in Spain
- A small amount of cash in euros, as rural areas may have limited card payment options during emergencies
- Regional emergency guidebooks in your preferred language

Family Emergency Plans

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Creating comprehensive family emergency plans requires adaptation to Spain's specific infrastructure, communication systems, and emergency response protocols. These plans should account for various scenarios and family compositions, including multigenerational households and families with school-age children.

Begin by establishing designated meeting points specific to different emergency scenarios. Spanish communities often have pre-designated evacuation points (puntos de encuentro) for neighborhood emergencies.

Your family plan should include:

- A primary meeting location near your home for localized emergencies
- A secondary meeting point outside your neighborhood for larger emergencies
- A regional meeting location in case of widespread evacuation
- Contact procedures if family members cannot reach meeting points

Communication planning is crucial, especially considering potential language barriers during emergencies. Create communication cards for each family member containing the following:

- Essential Spanish phrases for emergencies
- Contact information for all family members
- Contact details for a designated out-of-area person who can serve as a communication hub
- Addresses of meeting locations with landmarks in both Spanish and your native language

Understanding school emergency protocols is vital for families with children in Spanish schools. Spanish schools conduct regular emergency drills (simulacros de emergencia) and have specific procedures for releasing students during emergencies. Talk with the school about:

- How to access Spanish school emergency plans
- Authorization requirements for student pickup during emergencies
- Communication channels schools use during emergencies
- Terminology differences in emergency notifications

Create role assignments for each family member during emergencies, accounting for age and abilities. These assignments should include who is responsible for the following:

- Gathering emergency supplies
- Securing the home
- Assisting vulnerable family members
- Managing pets
- Documenting damage for insurance purposes
- Communicating with emergency services

Establish international communication protocols for expatriate families with members outside Spain. Include guidance on using Spain's international calling codes, emergency messaging through consular services, and alternative communication methods when standard telecommunications fail.

Develop evacuation plans specific to your Spanish home and region. These should account for:

- Multiple exit routes from your property
- Transportation options if personal vehicles are unavailable
- Regional evacuation routes designated by local authorities
- Accessibility considerations for family members with mobility challenges
- Special requirements for pets, which may have different evacuation protocols in Spain than in your home country

Document these plans in multiple formats, including:

- A detailed written plan in both Spanish and your native language
- A simplified visual guide using universal symbols for younger children or nonreaders
- Digital copies stored on multiple devices and in cloud storage
- Physical copies kept in waterproof containers with emergency supplies

Practice your emergency plans regularly, conducting family drills at least twice yearly. These drills should include:

- Evacuation timing exercises
- Communication checks using designated protocols
- Review and testing of emergency equipment
- Role-playing different emergency scenarios
- Updating contact information and meeting locations as needed

For families with vulnerable members, such as elderly relatives or individuals with disabilities, specialized planning may be required.



RESOURCES FOR ONGOING EMERGENCY INFORMATION

Staying informed about potential emergencies and accessing accurate information during crisis situations is crucial for expatriates in Spain. The country has several official channels and resources for emergency information that differ from what you might be familiar with in your home country.

Spain's meteorological agency, AEMET (Agencia Estatal de Meteorología), serves as the primary source for weather-related emergency information. Their website and mobile application provide real-time alerts using a color-coded warning system: green (no risk), yellow (risk), orange (significant risk), and red (extreme risk). AEMET often issues specific warnings for phenomena like heavy rainfall, extreme temperatures, high winds, coastal events, and snowfall that can quickly evolve into emergencies.

The Spanish National Civil Protection System (Sistema Nacional de Protección Civil) coordinates emergency management across the country. However, because Spain operates on a decentralized system, each autonomous community maintains its own civil protection agency with region-specific alert systems and resources.

Spain has implemented the ES-Alert system for mobile alerts, which sends emergency notifications directly to mobile phones within affected areas. These geographically targeted alerts require no subscription or application installation but are broadcast to all compatible devices in the area. Many expatriates mistakenly disable these alerts due to language barriers or confusion about their source.

Social media has become an essential channel for emergency communications in Spain. Official emergency service accounts on platforms like Twitter/X and Facebook often provide the most up-to-date information during evolving situations. For expatriates, following these accounts can offer crucial early warnings even before official alerts are issued.

Spain's 112 emergency services maintain informational websites in most regions, offering preparation guidelines, current situations, and recovery resources. Many of these services now provide multilingual information in tourist areas and regions with large expatriate populations.



Local government websites and municipal alert systems are vital for hyperlocal emergencies. Many Spanish municipalities use SMS alert systems that residents can register for, providing notifications about local emergencies like water contamination, road closures, or localized weather events. The registration process for these systems varies by location.

For expatriates, embassy and consular services offer critical information channels during major emergencies. Most foreign governments maintain emergency notification systems for their citizens abroad.

Community resources also play a vital role in emergency information sharing. Many expatriate communities in Spain maintain their own information networks through social media groups, local publications, and community organizations. These informal networks often provide practical, localized information and translation assistance during emergencies.

Radio remains an essential backup information source during emergencies, particularly when power or internet services are disrupted. Spain's national radio service, Radio Nacional de España (RNE), broadcasts emergency information on FM and AM frequencies, with Radio 5 Todo Noticias providing continuous news coverage.

For ongoing education about emergency preparedness, Spain offers various resources, including:

- Free civil protection courses in many municipalities
- Online emergency preparedness resources from universities and government agencies
- NGO programs focusing on community resilience and disaster response
- Volunteer opportunities with emergency response organizations like Cruz Roja (Red Cross)

This comprehensive approach to ongoing emergency information resources ensures that expatriates can stay informed before, during, and after emergency situations, significantly enhancing your security and peace of mind while living in Spain.