

Living The Italian Dream

VIP Action Plan

www.GlobalCitizenLife.org



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Welcome and Instructions

Welcome Message from the Summit Organizers

Welcome to the Fast Track to Italy Summit – Italy Made Simple! We are thrilled to have you as a VIP participant and are excited to help you embark on your journey toward a global lifestyle. This Action Plan Guide is designed to complement the insights and information you will receive during the summit, providing you with a personalized roadmap to achieve your international living goals.

Brief Overview of How to Use the Guide

This guide is structured to help you systematically plan your transition to a global citizen lifestyle. Each section aligns with key topics covered during the summit, offering practical worksheets, checklists, and resources to tailor the information to your specific needs. You will need to do more research for your own specific needs and desired lifestyle.

1. **Personal Assessment:** Reflect on your goals, values, and current situation to set a strong foundation for your global lifestyle.
2. **Research and Planning:** Explore essential factors to consider when choosing a city or town to relocate to and compare your top choices.
3. **Legal and Financial Planning:** Gain insights into visas, residency, and financial strategies to support your move.
4. **Health and Safety:** Ensure you have a solid plan for accessing healthcare and staying safe abroad.
5. **Networking and Community:** Learn how to build a supportive network in Italy.
6. **Business and Entrepreneurship:** Discover steps to establish and grow your business internationally.
7. **Ongoing Support and Resources:** Access a curated list of resources and maintain your connection with the Global Citizen Life community.

8. Follow-Up and Accountability: Set and track your goals with templates designed to keep you on track.

Instructions on Filling Out the Guide

1. Review Summit Sessions: As you attend the summit sessions, take notes and highlight key points relevant to your situation.

2. Complete Worksheets: Use the provided worksheets and checklists to apply the information to your personal context. These are interactive and can be filled out digitally or printed for your convenience.

3. Set Personal Goals: Utilize the goal-setting templates to define clear, actionable steps towards your global lifestyle.

4. Utilize Resources: Refer to the resource lists for additional support and stay connected with the [Global Citizen Life community](#) for ongoing assistance.

We are here to support you every step of the way. If you have any questions or need additional assistance, please don't hesitate to reach out to our team.

Welcome to your journey of global living and thriving beyond borders!

Best regards,

The Global Citizen Life Team

Personal Assessment

Personal Goals and Values

Personal Goals

1. What are your top three personal goals for moving to Italy?

Goal 1: _____

Goal 2: _____

Goal 3: _____

Core Values

2. List your core values and how they align with your desired lifestyle:

Core Value 1: _____

- How it aligns: _____

Core Value 2: _____

- How it aligns: _____

Core Value 3: _____

- How it aligns: _____

Core Value 4: _____

- How it aligns: _____

Current Situation Analysis

Current Living Situation

1. Describe your current living situation:

Residence: _____

Employment/Business: _____

Family and Social Ties: _____

Financial Status: _____

Motivations for Relocation

2. What are your main motivations for considering moving to Italy?

Motivation 1: _____

Motivation 2: _____

Motivation 3: _____

Additional Considerations

3. Are there any additional considerations or concerns influencing your decision to move to Italy?

Consideration 1: _____

Consideration 2: _____

Consideration 3: _____

Summary

Summarize how your current situation and motivations align with your goals and values for moving to Italy. Take a truthful honest look at yourself and the lifestyle you desire. Think about hobbies, activities, weather, all the things you like and you don't like. Make of list of the things your want and the things you don't want. You want to make sure you are choosing the right reason for moving and then the right destination for you.

Research and Planning

Factors to Consider

It is imperative that you know the real numbers about your cost of living now and what you can afford abroad. We also need to consider your quality of life. When evaluating potential countries for relocation, consider the following factors:

1. Cost of Living:

- Housing: Rent or mortgage costs
- Utilities: Electricity, water, internet, etc.
- Groceries and Dining: Average monthly expenses
- Transportation: Public transit, car expenses
- Miscellaneous: Entertainment, clothing, etc.

2. Healthcare Quality and Accessibility:

- Availability of healthcare facilities
- Quality of medical services
- Health insurance options and costs
- Access to specialists and emergency care

3. Education System:

- Quality of primary, secondary, and higher education
- Availability of international schools
- Education costs and scholarships
- Language of instruction

4. Quality of Life:

- Safety and security
- Climate and environmental conditions
- Work-life balance
- Leisure activities and recreation

5. Cultural and Social Environment:

- Language and ease of communication
- Cultural norms and social integration
- Community and expat support networks
- Attitude towards foreigners and diversity

Additional Notes:

Country Comparison

Use this worksheet to compare your top three cities/regions of interest based on the factors listed above.

City/Region 1: _____

1. Cost of Living:

Housing: _____

Utilities: _____

Groceries and Dining: _____

Transportation: _____

Miscellaneous: _____

2. Healthcare Quality and Accessibility:

Availability of healthcare facilities: _____

Quality of medical services: _____

Health insurance options and costs: _____

Access to specialists and emergency care: _____

3. Education System:

Quality of education: _____

Availability of international schools: _____

Education costs and scholarships: _____

Language of instruction: _____

4. Quality of Life:

Safety and security: _____

Climate and environmental conditions: _____

Work-life balance: _____

Leisure activities and recreation: _____

5. Cultural and Social Environment:

Language and ease of communication: _____

Cultural norms and social integration: _____

Community and expat support networks: _____

Attitude towards foreigners and diversity: _____

City/Region 2: _____

1. Cost of Living:

Housing: _____

Utilities: _____

Groceries and Dining: _____

Transportation: _____

Miscellaneous: _____

2. Healthcare Quality and Accessibility:

Availability of healthcare facilities: _____

Quality of medical services: _____

Health insurance options and costs: _____

Access to specialists and emergency care: _____

3. Education System:

Quality of education: _____

Availability of international schools: _____

Education costs and scholarships: _____

Language of instruction: _____

4. Quality of Life:

Safety and security: _____

Climate and environmental conditions: _____

Work-life balance: _____

Leisure activities and recreation: _____

5. Cultural and Social Environment:

Language and ease of communication: _____

Cultural norms and social integration: _____

Community and expat support networks: _____

Attitude towards foreigners and diversity: _____

City/Region 3: _____

1. Cost of Living:

Housing: _____

Utilities: _____

Groceries and Dining: _____

Transportation: _____

Miscellaneous: _____

2. Healthcare Quality and Accessibility:

Availability of healthcare facilities: _____

Quality of medical services: _____

Health insurance options and costs: _____

Access to specialists and emergency care: _____

3. Education System:

Quality of education: _____

Availability of international schools: _____

Education costs and scholarships: _____

Language of instruction: _____

4. Quality of Life:

Safety and security: _____

Climate and environmental conditions: _____

Work-life balance: _____

Leisure activities and recreation: _____

5. Cultural and Social Environment:

Language and ease of communication: _____

Cultural norms and social integration: _____

Community and expat support networks: _____

Attitude towards foreigners and diversity: _____

Legal and Financial Planning

Information Section: Visas, Residency, and Citizenship Options

Which Program Will Work Best for You?

When considering moving to a new country, it's crucial to determine which visa, residency, or citizenship program aligns best with your personal and professional goals. Here are some key questions to guide your decision-making process:

1. Visa Options:

○ Work Visa:

- Do you plan to seek employment in the new country?
- What are the specific requirements, costs, and processing times for obtaining a work visa?

○ Investor Visa:

- Are you interested in investing in the country's economy to gain residency?
- What are the investment requirements, costs, and timelines for the investor visa?

2. Residency Options:

- **Temporary Residency:**

- Does a temporary residency program suit your initial relocation plans?
- What are the costs, required documentation, and processing times for temporary residency?

- **Permanent Residency:**

- Are you aiming for long-term or permanent stay?
- What are the eligibility criteria, costs, and timeframes for obtaining permanent residency?

3. Citizenship Options:

- **Naturalization:**

- Are you interested in eventually becoming a citizen of the new country?
- What are the requirements, costs, and timelines for naturalization?

- **Citizenship by Investment:**

- Would you consider obtaining citizenship through financial investment?
- What types of investments are required, and what are the associated costs and processing times?

Use these questions to evaluate and compare the different options available in Italy.

Financial Planning

Budget Planning for Relocation

1. Pre-Move Expenses:

Visa and residency application fees: \$_____

Legal assistance: \$_____

Moving costs (shipping, travel): \$_____

Initial housing (deposit, rent): \$_____

Miscellaneous expenses: \$_____

Total Pre-Move Expenses: \$_____

2. Post-Move Expenses (Monthly):

Housing: \$_____

Utilities: \$_____

Groceries and dining: \$_____

Transportation: \$_____

Healthcare: \$_____

Education (if applicable): \$_____

Insurance: \$_____

Miscellaneous: \$_____

Total Monthly Expenses: \$_____

3. Annual Expenses:

Tax obligations: \$ _____

Travel back to home country: \$ _____

Emergency fund: \$ _____

Total Annual Expenses: \$ _____

Tax Implications and Planning Strategies

1. Understand Your Tax Obligations:

Home country tax requirements: _____

Italy tax requirements: _____

Double taxation agreements: _____

2. Tax Planning Strategies:

Utilize tax advisors specializing in international tax law.

Explore tax incentives offered by Italy.

Maintain accurate financial records and documentation.

Legal Checklist

Steps to Obtain Necessary Visas and Residency Permits

1. Research Requirements:

Determine the type of visa/residency needed: _____

Research the specific requirements for the chosen: _____

2. Gather Documentation:

Valid passport

Completed application forms

Proof of funds

Health insurance coverage

Police clearance certificate

Additional documents (e.g., employment contract): _____

3. Submit Application:

Application submission method (online/in-person): _____

Application fee payment: _____

Expected processing time: _____

4. Follow-Up:

Track application status: _____

Respond to any additional requests for information: _____

5. Post-Approval:

Obtain the visa/residency permit: _____

Register with local authorities (if required): _____

Understand the terms and conditions of your visa/residency: _____

Health and Safety

Information Section: Accessing Healthcare Abroad

Accessing healthcare in a new country can vary significantly from your home country. Here are some essential aspects to consider:

1. Healthcare Systems:

- Understand whether Italy has a public healthcare system, private healthcare system, or a mix of both.
- Determine the quality and accessibility of healthcare services in general and your selected region.

2. Health Insurance:

- Explore options for obtaining health insurance as an expatriate.
- Determine whether you need international health insurance or if you can participate in the local healthcare system.
- Assess the costs and coverage of different health insurance plans.

3. Finding Healthcare Providers:

- Identify reputable hospitals, clinics, and healthcare providers in your new location.
- Look for English-speaking doctors or those who speak your native language if needed.

4. Medication and Prescriptions:

- Check the availability of your regular medications and understand the process for obtaining prescriptions.
- Consider bringing an initial supply of essential medications and a copy of your prescriptions.

5. Emergency Services:

- Learn the local emergency numbers and procedures for accessing emergency medical services.
- Familiarize yourself with the locations of nearby emergency facilities.

Health and Safety Plan

List of Local Healthcare Facilities

1. Hospitals:

Hospital Name: _____

Address: _____

Contact Number: _____

Services Offered: _____

Hospital Name: _____

Address: _____

Contact Number: _____

Services Offered: _____

2. Clinics:

Clinic Name: _____

Address: _____

Contact Number: _____

Services Offered: _____

Clinic Name: _____

Address: _____

Contact Number: _____

Services Offered: _____

3. Pharmacies:

Pharmacy Name: _____

Address: _____

Contact Number: _____

Services Offered: _____

Pharmacy Name: _____

Address: _____

Contact Number: _____

Services Offered: _____

Emergency Contact Information

1. Local Emergency Numbers:

Police: _____

Fire Department: _____

Medical Emergency: _____

2. Nearest Emergency Facilities:

Facility Name: _____

Address: _____

Contact Number: _____

Services Offered: _____

3. Personal Emergency Contacts:

Contact Name: _____

Relationship: _____

Phone Number: _____

Email: _____

Contact Name: _____

Relationship: _____

Phone Number: _____

Email: _____

Personal Health Insurance Details

1. Insurance Provider:

Provider Name: _____

Policy Number: _____

Contact Number: _____

Email: _____

2. Coverage Details:

Coverage Type: _____

Coverage Amount: _____

Exclusions: _____

3. Local Insurance Options:

Provider Name: _____

Policy Details: _____

Costs: _____

Provider Name: _____

Policy Details: _____

Costs: _____

Additional Emergency Information:

Networking and Community

Tips: Building Your Network

Strategies Discussed During Summit Sessions

1. Leverage Existing Networks:

- Reach out to friends, family, or colleagues who have experience living abroad.
- Use social media platforms to connect with expatriate communities.

2. Join Expat Groups and Clubs:

- Look for local expat groups on platforms like Meetup, Internations, or Facebook.
- Attend events and gatherings organized by these groups to meet like-minded individuals.

3. Engage in Local Activities:

- Participate in local cultural events, festivals, and community activities.
- Enroll in language classes or hobby groups to meet locals and other expats.

4. Professional Networking:

- Attend industry conferences, seminars, and workshops.
- Join professional associations or chambers of commerce related to your field.

5. Volunteer:

- Get involved with local NGOs, charities, or community service projects.
- Volunteering can provide meaningful connections and a deeper understanding of the local culture.

6. Online Communities:

- Engage with online forums and communities dedicated to expat living. Some Facebook groups can be good and www.meetup.com has many activities in cities around the world
- Websites like Expat.com, Reddit (r/expats), and other forums can offer advice and support.

Community and Networking Plan

List of Potential Networking Events and Communities

1. Local Expat Groups and Clubs:

Group/Club Name: _____

- Meeting Times: _____

- Contact Information: _____

- Upcoming Events: _____

Group/Club Name: _____

- Meeting Times: _____

- Contact Information: _____

- Upcoming Events: _____

2. Cultural and Community Activities:

Activity/Event Name: _____

- Date and Time: _____

- Location: _____

- Contact Information: _____

Activity/Event Name: _____

- Date and Time: _____

- Location: _____

- Contact Information: _____

3. Professional Networking Opportunities:

Event/Association Name: _____

- Date and Time: _____

- Location: _____

- Contact Information: _____

Event/Association Name: _____

- Date and Time: _____

- Location: _____

- Contact Information: _____

Steps to Integrate into Local Expat Communities

1. Research and Join Groups:

- Identify and join local expat groups and online communities.
- Introduce yourself and participate actively in discussions and events.

2. Attend Events Regularly:

- Mark your calendar with upcoming events and make a commitment to attend regularly.
- Engage with attendees and exchange contact information.

3. Build Relationships:

- Follow up with new contacts and arrange one-on-one meetups.
- Be open and approachable, and show genuine interest in others.

4. Contribute to the Community:

- Offer your skills and expertise to help others in the community.
- Volunteer to organize events or provide support to new members.

5. Stay Connected:

- Keep in touch with your network through social media, messaging apps, and regular meetups.
- Share your experiences and offer support to others navigating their new lives abroad.

Business and Entrepreneurship

1. Choosing the Right Business Structure:

- Understand the different types of business structures available (e.g., sole proprietorship, partnership, corporation, LLC).
- Determine the best structure for your business based on liability, taxation, and operational flexibility.

2. Market Research:

- Conduct thorough research on the local market, including customer needs, competitors, and market trends.
- Identify your target audience and understand their preferences and purchasing behaviors.

3. Legal Requirements:

- Learn about the legal requirements for setting up a business in Italy or other countries.
- Obtain necessary permits and licenses.
- Understand the taxation system and compliance requirements.

4. Funding and Financial Planning:

- Explore funding options such as local investors, loans, or grants.
- Develop a detailed financial plan, including startup costs, operational expenses, and projected revenues.

5. Cultural Considerations:

- Adapt your business practices to align with local cultural norms and business etiquette.
- Build relationships with local partners and suppliers.

6. Operational Setup:

- Find a suitable location for your business.
- Hire local employees and understand labor laws and regulations.
- Set up necessary infrastructure, including technology, equipment, and supply chains.

Business Plan Outline

Business Idea and Market Research

1. Business Idea:

- Describe your business idea: _____
- What products or services will you offer? _____

2. Market Research:

- Target Audience:
 - Who are your potential customers? _____
 - What are their needs and preferences? _____
- Competitor Analysis:
 - Who are your main competitors? _____
 - What are their strengths and weaknesses? _____
- Market Trends:
 - What are the current trends in the market? _____
 - How can your business leverage these trends? _____

Steps to Establish Your Business in a New Country

1. Business Structure:

- Decide on the business structure: _____
- Register your business name: _____

2. Legal Requirements:

- Obtain necessary permits and licenses: _____
- Understand local tax obligations and register for taxes: _____

3. Funding and Financial Planning:

- Identify funding sources: _____
- Develop a financial plan with startup costs and operational expenses: _____
- Project your revenue streams and break-even point: _____

4. Operational Setup:

- Find a suitable location: _____
- Set up infrastructure (technology, equipment, supply chains): _____
- Hire local employees and ensure compliance with labor laws: _____

Local Regulations and Compliance Checklist

1. Registration and Licensing:

- Business registration: _____
- Industry-specific licenses: _____

2. Tax Compliance:

- Register for local taxes: _____
- Understand VAT/GST requirements: _____
- Set up accounting and bookkeeping systems: _____

3. Employment and Labor Laws:

- Understand local employment contracts: _____
- Comply with minimum wage laws: _____
- Ensure workplace safety and labor standards: _____

4. Intellectual Property:

- Register trademarks, patents, and copyrights: _____

5. Ongoing Compliance:

- Schedule regular compliance audits: _____
- Stay updated on changes in local regulations: _____

Additional Notes:

Personal Resource Directory

Personalized List of Contacts and Resources

Key Contacts:

1. Local Expat Community Leader:

- Name: _____
- Phone: _____
- Email: _____
- Notes: _____

2. Legal Advisor:

- Name: _____
- Firm: _____
- Phone: _____
- Email: _____
- Notes: _____

3. Financial Advisor:

- Name: _____
- Firm: _____
- Phone: _____
- Email: _____
- Notes: _____

4. Healthcare Provider:

- Name: _____
- Hospital/Clinic: _____
- Phone: _____
- Email: _____
- Notes: _____

5. Language Tutor:

- Name: _____
- Phone: _____
- Email: _____
- Notes: _____

Useful Websites and Online Resources:

1. Website: _____
 - URL: _____
 - Description: _____

2. Website: _____
 - URL: _____
 - Description: _____

3. Website: _____
 - URL: _____
 - Description: _____

Organizations and Support Networks:

1. Organization: _____

- Contact Person: _____

- Phone: _____

- Email: _____

- Notes: _____

2. Organization: _____

- Contact Person: _____

- Phone: _____

- Email: _____

- Notes: _____

3. Organization: _____

- Contact Person: _____

- Phone: _____

- Email: _____

- Notes: _____

Follow-Up and Accountability

Goal Setting and Tracking Templates

Personal Goals:

1. Short-Term Goals (Next 3-6 Months):

- Goal 1: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

- Goal 2: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

2. Mid-Term Goals (6-12 Months):

- Goal 1: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

- Goal 2: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

3. Long-Term Goals (1-3 Years):

- Goal 1: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

- Goal 2: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

Professional Goals:

1. Short-Term Goals (Next 3-6 Months):

- Goal 1: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

- Goal 2: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

2. Mid-Term Goals (6-12 Months):

- Goal 1: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

- Goal 2: _____
- Action Steps: _____
- Deadline: _____

3. Long-Term Goals (1-3 Years):

- Goal 1: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

- Goal 2: _____
- Action Steps: _____
- Deadline: _____
- Progress: _____

Timeline for Action

Create a Personalized Timeline for Your Relocation and Integration Steps

1. Pre-Relocation:

- Research and choose destination: _____
- Deadline: _____
- Progress: _____

- Obtain necessary visas and permits: _____
- Deadline: _____
- Progress: _____

- Secure housing and transportation: _____
- Deadline: _____
- Progress: _____

- Plan financial and tax strategies: _____
- Deadline: _____
- Progress: _____

2. Relocation:

- Move and settle into new home: _____
- Deadline: _____
- Progress: _____

- Set up utilities and services: _____

- Deadline: _____

- Progress: _____

- Register with local authorities: _____

- Deadline: _____

- Progress: _____

3. Integration:

- Join local and expat communities: _____

- Deadline: _____

- Progress: _____

- Enroll in language and cultural classes: _____

- Deadline: _____

- Progress: _____

- Establish professional and business connections: _____

- Deadline: _____

- Progress: _____

4. Ongoing:

- Regularly review and adjust goals: _____

- Frequency: _____

- Progress: _____

- Maintain health and safety plans: _____

- Frequency: _____

- Progress: _____

- Stay connected with Global Citizen Life community: _____

- Frequency: _____

- Progress: _____

Additional Notes:

Moving Pets

To bring dogs and cats into Italy via an airline please check your airline's website – rules vary quite a bit. Pets are generally not permitted to fly, other than in the cabin (smaller dogs and cats), during the hotter summer months. There may also embargoes on flying pets on many airlines during the Christmas season — actually for weeks leading up to it. The theory, as far as I can tell, is that the cages take up too much room during a busy season with lots of extra suitcases.

Please have a collar and tag on your pets.

The tag should includes pet's name and email address or a phone number. If the phone number is not an Italian number, please include access code for when calling from Italy.

Please keep in mind that some animals that are considered pets in North America are not considered pets in Italy and will not be allowed.

Dear Fast Track to Italy Summit VIP Participant,

Congratulations on taking the first step towards embracing a global lifestyle! This Action Plan Guide is designed to support you as you navigate the exciting journey of relocating and integrating into Italy. By setting clear goals, planning your actions, and utilizing the resources provided, you are well on your way to achieving your dream of becoming a global citizen.

Remember, you are not alone in this journey. The Global Citizen Life community is here to provide ongoing support, resources, and connections to help you thrive. Stay connected with us through our website, social media channels, and upcoming events.

We wish you all the best in your new adventures and look forward to celebrating your successes with you.

Safe travels and warm regards,

The Global Citizen Life Team