

A hand is shown holding a piece of paper, likely a photo or document, over a desk. The desk is cluttered with various items: several black and white photographs, a pair of red-handled scissors, a roll of film, and other crafting materials. The background is slightly blurred, showing more of the workspace.

Create

SEASONAL

Vision Boards

How to Create Seasonal Vision Boards

for Year-Round Goal Setting

This innovative approach will empower you to brainstorm and set achievable goals throughout the year. You will create four vision boards, each representing a season, to manifest your aspirations and dreams. Let's get started!

Materials Needed:

- **Large white or colored poster boards (suggested colors: white for summer, orange or red for fall, light blue for winter, and yellow for spring)**
- **Permanent marker**
- **Pencil**
- **Ruler**

Step-by-Step Guide:

Prepare the Poster Board

Divide each poster board into four sections by folding it in half twice, creating a book-like appearance. Write the name of the season on the front cover section, e.g., "SUMMER," and on the back cover section, write "I Did It" or any other phrase indicating success.

Goal Setting for the Season

On the inside two sections of the poster board, create a list of 3-5 goals you wish to accomplish during the current season. On the left side, list the goals specific to the current season, and on the right side, list other goals you want to accomplish throughout the year.

Embrace Imperfection

Use a permanent marker to write your goals, and don't worry about making mistakes. Remember, "Done is better than Perfect." If you make a mistake, simply cross it off and continue.

Prioritize Your Goals

Arrange your goals in order of importance and priority. Create checkboxes in front of each goal on both sides of the board to track your progress.

Explore Your Inner Circle

Open the poster board to reveal the four innermost sections. Draw a medium-sized circle in the center, creating an inner circle. Use a pencil initially to write the following titles within the inner circle sections:

HEALTH & PERSONAL DEVELOPMENT
WORK & FINANCES
FAMILY, FUN & FRIENDS
BELIEFS, FAITH & PASSIONS

Customize Your Inner Circle

Feel free to omit or modify any title within the inner circle that doesn't align with your current focus in life.

Allocate Your Time Wisely

Determine the percentage of your time or focus you wish to dedicate to each inner circle section. For instance, your pie chart might look like 35% health, 15% work, 40% family, and 10% faith, adding up to 100%. Once you've decided, go over the lines with a permanent marker.

Integrate Goals into the Inner Circle

Within the large area of each section of the poster board, add the goals from the list you created on the backside of the board. Place these goals inside each corresponding pie section to remind yourself of your areas of focus.

Be Adaptable

Remember that you can add to or modify these lists at any time. Your vision boards are meant to evolve with you throughout the year.

Congratulations on creating your Seasonal Vision Boards!

These visually compelling tools will guide you in brainstorming and accomplishing your goals throughout the year. Remember to revisit and update them regularly to stay aligned with your aspirations. Embrace the power of visualization, and let your vision boards inspire you on your journey to success and personal growth. Happy goal-setting!