

THE FINANCIAL CHECK-IN

HOW TO KNOW IF YOU'RE ON THE
PATH TO FINANCIAL FREEDOM



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FINANCIAL CHECK-IN

Rate yourself on a scale from 1-5 on how accurately the statements below describe you. 1 means “not accurate at all,” and 5 means “most accurate.”

Success check-in statement	Self-rating
I know whether or not I’m overspending each month	
I regularly spend money on the things I love without feeling guilty	
I have enough savings to last at least 6 months with no income	
I know how much I should invest each month to meet future goals	
My partner and I rarely have disagreements about money	
I know how much I can spend on whatever I want each day	
I understand the big picture of my personal finances	
When I have extra money to invest, I know exactly where to put it	
I’m confident that I’m on track for retirement	
I know how to evaluate good real estate investments from bad ones	
I put money into retirement accounts with tax benefits each year	
Some of my money is invested automatically each month	
I know the difference between investing and gambling	
I know when I should invest or instead of paying off debt	

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Success check-in statement	Self-rating
I don't worry about money often	
I know when a company gets me to buy something I don't need	
There are people in my life who who enjoy spending time with me	
I'm very grateful for all the things I own	
My friends have a positive influence on my finances	
I appreciate simple things about life regularly	
I feel financially free	
Total score	

Score: 21-35

The bad news is you don't have a solid base yet with your finances. The good news is that you can create one pretty quickly. You can learn how in the full book, [The Olympus Money Method](#).

Score: 36-70

You lack certainty about the exact steps to get where you want to go. Fortunately, [The Olympus Money App](#) can help you take control of the days ahead with a custom investing guide.



Score: 71+

You've got a solid understanding of how money works and are using it to live the life you want to live. You may still benefit from the book or app, but you should feel good about where you're at.