

TERMS OF USE

Creating a "Terms of Use" agreement for a website or online service in India is crucial to establish the rules and expectations for users. It's essential to comply with Indian laws and regulations, such as the Information Technology Act, 2000, and the Information Technology (Intermediary Guidelines) Rules, 2021. Below is a template to get you started, but you should consult with a legal professional to ensure it meets your specific needs and legal requirements:

Holistic Gains Terms of Use

Effective Date: 31-03-2024

1. Acceptance of Terms

Welcome to Holistic Gains("we," "us," or "our"). By accessing or using our website or online services, you agree to comply with and be bound by these Terms of Use. If you do not agree to these terms, please do not use our services.

2. Use of Our Services

2.1. Eligibility: You must be at least 18 years old to use our services. By using our services, you represent and warrant that you are of legal age to form a binding contract.

2.2. Registration: Some areas of our services may require you to register an account. You agree to provide accurate and complete information during the registration process and to keep your account information up to date.

2.3. User Content: You are solely responsible for any content you submit to our services, including text, images, and other materials. You agree not to submit content that is illegal, infringes on the rights of others, or violates these Terms of Use.

3. Intellectual Property

3.1. Ownership: All content and materials on our website and services, including text, images, logos, and trademarks, are the property of Holistic Gains or its licensors and are protected by Indian and international copyright and trademark laws.

3.2. Limited License: We grant you a limited, non-exclusive, revocable license to access and use our services for personal, non-commercial purposes. You may not reproduce, distribute, or modify our content without our written consent.

4. Privacy

We collect and use your personal information as described in our Privacy Policy. By using our services, you consent to our data practices.

5. Termination

We reserve the right to terminate or suspend your access to our services at our discretion, without notice, for any violation of these Terms of Use.

6. Disclaimers

6.1. Our services are provided "as-is" and "as available" without any warranties, express or implied, including but not limited to warranties of merchantability or fitness for a particular purpose.

6.2. We do not guarantee the accuracy, completeness, or reliability of the content on our services.

7. Limitation of Liability

To the extent permitted by law, Holistic Gainsshall not be liable for any direct, indirect, incidental, special, or consequential damages arising out of or in connection with your use of our services.

8. Governing Law and Jurisdiction

These Terms of Use shall be governed by and construed in accordance with the laws of India. Any disputes arising from or related to these terms shall be subject to the exclusive jurisdiction of the courts in [City], India.

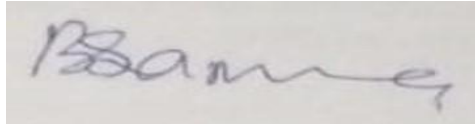
9. Changes to Terms

We reserve the right to modify these Terms of Use at our discretion. Any changes will be posted on our website or communicated through other appropriate means.

10. Contact Us

If you have any questions or concerns about these Terms of Use, please contact us at [contact email or address].

By using our services, you agree to these Terms of Use.

A handwritten signature in dark ink, appearing to read 'Bimla', on a light-colored rectangular background.

Bimla Sharma
Sole Proprietor
Holistic Gains
31-03-2024

Again, it's crucial to consult with a legal professional to ensure compliance with Indian laws and regulations and to customize the Terms of Use agreement for your specific business needs.