



Sacred Choices & Focus

REWIRING PROTOCOL

●

I Choose the End Result of Health & Vitality.

Get into the emotion of this End Result. See yourself experiencing it — and let your body know it's true.

●

I Choose the End Result of being the Predominant Creator in my life.

Get into the emotion of this End Result. See yourself experiencing it — and let your body know it's true.

●

I Choose the End Result of living the life I love.

Get into the emotion of this End Result. See yourself experiencing it — and let your body know it's true.

●

I Choose the End Result of living True Nature & Purpose.

Get into the emotion of this End Result. See yourself experiencing it — and let your body know it's true.

●

I Choose the End Result of becoming who I am truly meant to be.

Get into the emotion of this End Result. See yourself experiencing it — and let your body know it's true.

Sacred Choices & Focus are chosen perspectives that re-train the unconscious mind to feel safe with new ways of being.

*They shift identity from survival patterns — fixing problems — to creation:
choosing the end result.*