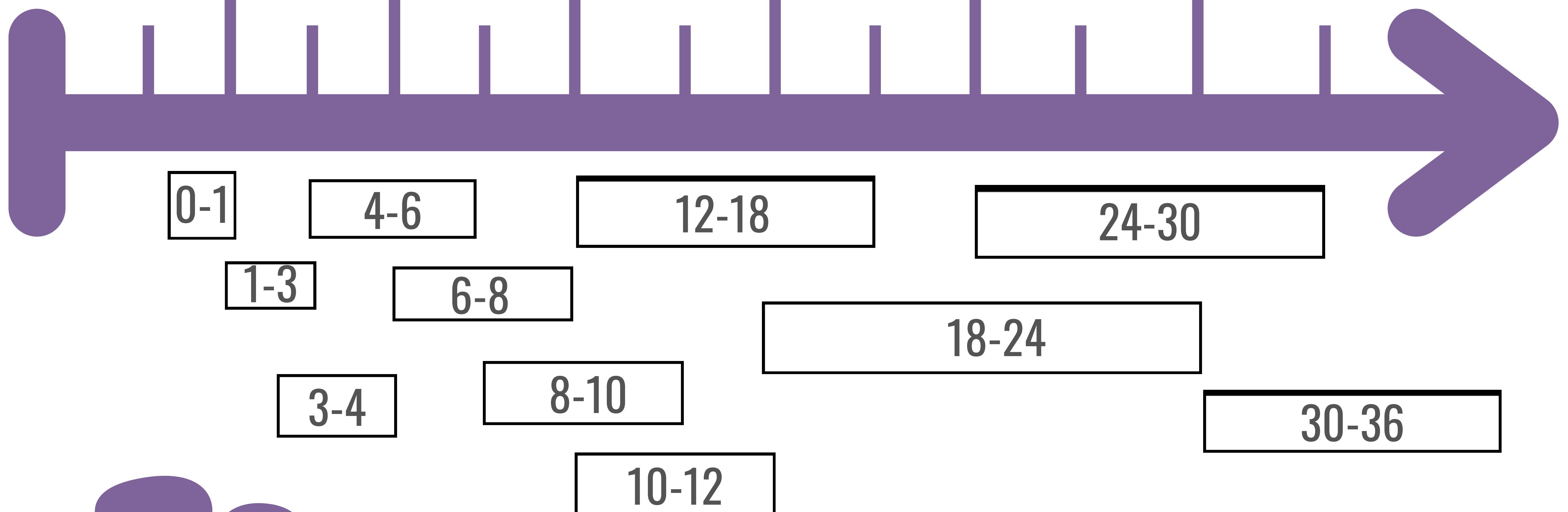




Wake Window Chart

TIME (hours)

1 2 3 4 5 6



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AGE (months)

www.tiredmamasleep.com