

dōTERRA® Monthly Newsletter

August
2026

Promos



PRODUCT OF THE MONTH

On Guard

5 mL

Get the household hero, On Guard 5mL, for **free August 1–15** with a **125 PV Rewards** order, or anytime this month with a Foundational Wellness Bundle purchase on dōTERRA Rewards.

3 Ways to Use:

- Add 10 drops to a sink filled with water to clean kids' toys.
- Combine 1-2 drops with Fractionated Coconut Oil for a **natural hand cleanser**.
- Place 2–3 drops in a bowl of warm water to **clean fresh produce**.

Valued at \$23.33 retail



LIMITED TIME OFFER

Castor Oil + Castor Oil Pack

LTO

Get the Castor Oil Bundle! Elevate your **self-care routine** with Castor Oil and the ready-to-use Castor Oil Pack, available while supplies last.

How to Use:

- Unfold the stomach wrap, cotton side facing up.
- Pour 1–2 tablespoons of Castor Oil directly onto the pack.
- Add 5–7 drops of RevitaZen™ or your favorite essential oil blend.
- Apply the wrap to your abdominal area. Secure using the adjustable strap for a comfortable fit.
- Relax for 30–60 minutes while the oils absorb. Use daily as needed.

60234516
Wholesale: \$53 | PV: 22



LIMITED TIME OFFER

Harvest Spice

Prepare for **fall** with the cozy aroma of Harvest Spice, available while supplies last. **Limit of 4 per account.*

60207307 | 15 mL
Wholesale: \$28.50 | PV: 28.5



LIMITED TIME OFFER

Endless Summer

Endless Summer is a **bright, uplifting** aroma that refreshes both your space and personal routine. **Enjoy now for a limited time.** **Limit of 4 of each item per account.*

LTO



Endless Summer

60228082 | 15 mL
Wholesale: \$34.00 | 34 PV



Endless Summer + Pilot Diffuser Bundle

60234261
Wholesale: \$60.00 | 30 PV

LIMITED TIME OFFER

Shinrin-Yoku®

Experience the **calming inspiration** of nature with limited-time Shinrin-Yoku products. **Elevate your daily routine** with the Hair & Beard Oil and Bath Bar while supplies last.



Shinrin-Yoku® Hair & Beard Oil

60232976 | 30 mL
Wholesale: \$18.50 | 15 PV



Shinrin-Yoku™ Bath Bar

60233049 | 5 oz
Wholesale: \$15.50 | 11 PV



Shinrin-Yoku Bundle

60233064
Wholesale: \$30.00 | 20 PV



LIMITED TIME OFFER

Suncare on the Go

Your favorite suncare products, **travel sized!** Take your **suncare on the go** with the **Sun Travel Essentials Kit**—available now **while supplies last!** **Limit 4 per account*

60232011
Wholesale: \$39.50 | 16 PV

Immune Load vs. Immune Strength: Why Balance Matters | By Dr. Chris Spelman, DDS

Science Spotlight



When people think about immune support, they often focus on making the immune system “stronger.”

A more helpful approach is to consider both the quality of the immune response and the load placed upon it. **Healthy immunity is not about making the immune system work harder or become more aggressive.** It is about supporting a balanced response that recognizes potential challenges, responds appropriately, communicates effectively, and returns to balance when its work is complete.

A healthy immune system is one that functions appropriately. It recognizes potential challenges, responds when needed, communicates effectively with other immune cells, and then returns to balance once that work is complete.

Supporting that balance is very different from simply stimulating immune activity.

That is why I prefer to describe dōTERRA On Guard® as supporting a healthy, balanced immune response.* Viewed through this lens, the role of dōTERRA On Guard® becomes even more meaningful.

The dōTERRA On Guard® family of internal products supports healthy immune function and a balanced immune response.* By helping reduce unnecessary challenges, these products may also support the body's natural ability to process the normal byproducts created during a healthy immune response.*

The healthiest immune system is not necessarily the one that works the hardest. It is the one that works exactly as it was designed to—quietly, efficiently, and in balance.

Cinnamon & Clove

Key Ingredients in dōTERRA On Guard®
Origin: Sri Lanka & Madagascar

Impact Snapshot



In **Sri Lanka**, bark from cinnamon trees is gathered through regional collecting networks—many led by women—creating income opportunities for rural farming families and supporting traditional craftsmanship across generations.



In **Madagascar**, cinnamon and clove growers on small family farms were supported after a devastating cyclone impacted more than 5,000 farmers, with sourcing partners providing new seedlings and helping rebuild resilient livelihoods.



dōTERRA On Guard

31100001 | 15 mL
Wholesale: \$39.00
PV: 39



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.