

# dōTERRA® Monthly Newsletter

February  
2026



## 200 PV PROMO

## Geranium 15 mL and Castor Oil Pack

Place **any 200 PV order** this February and receive  
**Geranium 15 mL AND a castor oil pack for FREE!**

## LIMITED TIME OFFER

## 90-Day Reset Challenge Month 2

### Buy 90-Day Reset Cleanse Bundle, Get Free Castor Oil

Time for the deep cleanse. Continue the 90-Day Reset and **earn FREE dōTERRA Castor Oil** with your Month 2 purchase, **plus the FREE 200 PV products and Product of the Month!**

60232700

PV: 215

Wholesale: \$275.00

Valued at \$37.33 rtl



To order

Contact your dōTERRA representative or call (800) 411-8151 and select option 1, then 9 (Monday–Friday, 9:00 a.m.–5:00 p.m. MT).

Promos

## PRODUCT OF THE MONTH MetaPWR®

5 mL

Get MetaPWR **FREE** with a 125 PV Rewards order through February 15 or anytime in the month with a Foundation Wellness Bundle purchase!

### Benefits:

- Diffuse or place a few drops on your hands, cup them over the nose, and inhale deeply to create a stimulating environment **ideal for exercise**.
- Add drops to a carrier oil or lotion during an **uplifting massage**.
- Take internally to help **reduce hunger cravings**.<sup>†</sup>

Valued at \$18.67 rtl





# 5 Ways to Use Castor Oil

Castor Oil is a nourishing carrier oil that supports wellness and personal care routines. And it's not a trendy new solution. This oil has been used for generations in beauty practices.

## Hydrate and Nourish Your Skin

Dry patches, dull skin that doesn't feel as soft and vibrant as it used to—you've probably experienced these at some point. Its unique, natural fatty acid composition makes it deeply hydrating, promoting soft, healthy-looking skin with just a small amount of oil. For a more targeted approach, apply Castor Oil directly to rougher areas like your heels, knees, elbows, and cuticles.



## Support Your Hair and Scalp

When your hair looks full and shines bright, you feel more confident. And it all starts at the roots. Massage Castor Oil onto your scalp, along with a few drops of Rosemary and Peppermint essential oils. It's a simple way to nourish your hair and scalp. This combo is especially effective during seasonal transitions, when your hair can feel more brittle or dry.



## Soothe and Center with a Castor Oil Pack

If you're craving deeper support—something that soothes and grounds you—try a castor oil pack. This well-renowned practice can be part of your regular self-care rhythm when you need it. Apply one to two tablespoons of Castor Oil to your castor oil pack over your abdomen or another target area. For enhanced comfort and aromatherapy, mix in a few drops of Geranium or RevitaZen™ to the oil before applying. Making a castor oil pack protocol part of your routine allows you to reconnect with your body and intentionally care for it.



## Elevate Your Dry-Brushing Routine



Dry-brushing is already a favorite wellness practice for many. This skincare approach involving a stiff-bristled brush helps get rid of flaky skin, increase circulation, and even detoxify. But adding Castor Oil takes it to another level. After brushing, apply Castor Oil to your skin to nourish, hydrate, and comfort. For extra benefit, try adding a drop or two of RevitaZen™ with the carrier oil. This simple combination will become one of the most restorative steps in your day.

## Protect and Restore with Purpose

Castor Oil isn't flashy—it doesn't need to be. A few drops after a shower. A massage into your scalp as the day gets going. A moment of wellness on a quiet afternoon. What makes it powerful is how effectively it supports your skin and wellness goals without fuss or fillers. It's especially rich in ricinoleic acid, a rare omega-9 fatty acid, and made from organically grown plants without the use of harmful solvents.



## Castor Oil

6023161 | 10.14 fl oz / 300 mL | Wholesale: \$28.00 | PV: 22

# Essential Oil Bubble Bath

DIY

Create a fun and soothing DIY bubble bath for kids using gentle, natural ingredients and essential oils. This simple recipe is an easy, non-toxic way to turn bath time into a calming, aromatic experience your little ones will love!

## Ingredients:

- 1 cup unscented castile soap
- ½ cup vegetable glycerin
- 2 tablespoons water
- 15 drops preferred dōTERRA essential oil(s)

## Instructions:

1. Combine castile soap, glycerin, and water into glass bowl.
2. Add essential oils.
3. Stir until well combined.
4. Pour into glass container with a lid.
5. To use, add ¼ cup of the essential oil bubble bath mixture to warm, running bath water.



source  
to you®

## Coriander Moldova

Featured in DigestZen®  
and dōTERRA Serenity®



**DigestZen®**  
60214361  
15 mL | PV: 38  
Wholesale: \$38.00



**dōTERRA Serenity®**  
60217983  
15 mL | PV: 42  
Wholesale: \$42.00

## Why Moldova?

Along the winding rivers of Moldova, coriander has long been more than a spice. It is a symbol of tradition, healing, and community. Centuries before modern distillation, Moldovan farmers and monks tended coriander gardens near river valleys like the Răut, where the rich soil and gentle climate nurtured thriving plants.

Today through Co-Impact Sourcing® partnerships, that legacy continues. Farmers in Moldova still grow coriander using traditional practices, hand-harvesting the seeds that yield pure, aromatic Coriander essential oil. It is a story of continuity, where ancient knowledge meets modern sustainability, and every drop of oil carries the memory of the Moldovan soil and the people who have cared for it for centuries.

## The Plant

Coriander and Cilantro essential oils come from the same plant, *Coriandrum sativum* L. Cilantro oil is produced from the leaves, while Coriander oil is produced from the seeds. Both are extracted via a steam-distillation process.

The plant is an annual herb with small green, feathery leaves. It produces pale pink or white flowers that blossom in clusters and can grow up to 20 inches high. The plant has relatively low nutrient demand and can help balance soil fertility. It does not deplete the soil as much as technical crops and traditional agricultural industry crops. It allows the soil to recover when rotated after nutrient-intensive crops.

## The Impact

Two of the key ingredients in DigestZen—fennel and coriander seed—come from a quiet, rural commune in Moldova. Here, many young adults feel limited in their opportunities and often leave their homes in search of work at the capital.

However, our sourcing partner envisioned a different future. They invested directly into this beautiful community by building a state-of-the-art distillery, training and upskilling local talent, and creating a strong farming network. These efforts are generating hope, stable incomes, and meaningful opportunities that make agriculture a viable and appealing option for the next generation. The relationship with dōTERRA has allowed our sourcing partner to guarantee firm orders with farmers, giving them peace of mind with guaranteed purchases of their products and allowing them to plan for future crops with confidence.