

dōTERRA® Monthly Newsletter

December
2025

Promos



10% OFF

Adaptiv® Capsules

Calm starts with Adaptiv Capsules*—get them 10% off all December while supplies last.

Primary Benefits:

- Help calm and promote positive feelings.*
- Support mood and help improve state of mind.*
- Help when acclimating to new surroundings and adapting to stressful situations.*
- Encourage relaxation.*
- Support cognitive function and emotional balance.*
- Promote mental well-being.*

60205956

30 capsules | 28.8 PV
Wholesale Price: \$42.00

Sale Price: \$37.80

PRODUCT OF THE MONTH

Adaptiv®

5 mL + Ceramic Wreath Ornament

Adaptiv 5 mL and a festive ornament are free December 1–15 with a 125 PV Rewards order or all month with a Foundational Wellness Bundle purchase.

Uses:

- Add a couple of drops to your ceramic wreath ornament or your favorite diffuser to create a peaceful, harmonious environment.
- Add a drop to your gloves when you go out and inhale deeply whenever you need a warm, calming reset.
- Massage onto the wrists and pulse points before bed as you unwind after a busy day.

Valued at \$26.00 Retail



200 PV PROMOTION

Frankincense 15 mL

A kingly gift! Get a free 15 mL bottle of Frankincense worth \$105 with any 200 PV order this December only while supplies last.



WELLNESS MADE SIMPLE

Daily Foundational Wellness

All it takes is two minutes a day to secure your health foundations with VMG+™, EO Mega®+, and dōTERRA PB Restore™.*

Foundational Wellness Bundle

60230014

125 PV

Wholesale price: \$149.50



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Meet RevitaZen+™

Product Spotlight

Advanced Organ Detoxification Complex



Every day, your body is consistently under pressure to filter out what it doesn't need: environmental pollutants, food additives, stress-related waste, and more. Over time, your natural detox pathways—especially your liver, kidneys, and colon—can become overburdened.

Your body and its systems need reinforcement, and RevitaZen+™ Advanced Organ Detoxification Complex is here to deliver, as unveiled at doTERRA Convention 2025 | Shine!

RevitaZen+ is an advanced supplement complex designed to support your key organs that carry the weight of daily toxin exposure.* Unlike trendy detox fads that promise fast results but just stress the body, RevitaZen+ works in harmony with your natural systems. It's gentle enough for daily use and strong enough to make a difference, helping reduce oxidative stress, promoting a healthy inflammatory response, and aiding liver, kidney, and colon function.*

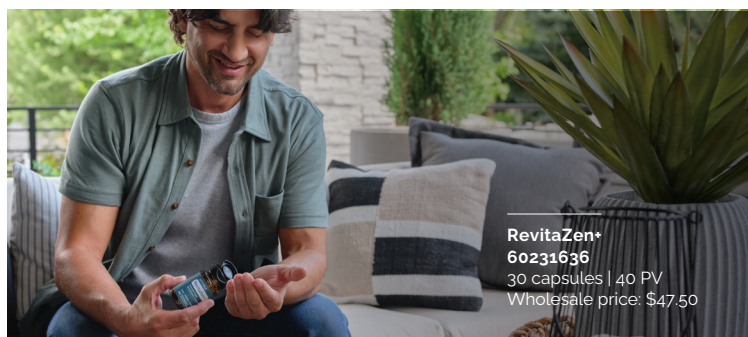
Why RevitaZen+

These capsules combine the power of science and nature to give your body what it needs to detox naturally, without harsh cleanses or complicated regimens. Each natural ingredient was selected, based on preclinical research, to assist with a specific aspect of internal detoxification:*

- Milk thistle promotes liver protection and antioxidant support.
- Artichoke leaf extract stimulates bile production for smoother digestion.
- Black cumin seed oil provides antioxidant and immune-modulating benefits.
- Cumin essential oil aids healthy lipid metabolism and gut function.
- RevitaZen™ Detoxification Blend adds system-wide support from Tangerine, Rosemary, Geranium, Ginger, Juniper Berry, and Cilantro essential oils.

How to Use RevitaZen+

Just take one to two capsules daily with a meal, preferably in the morning or afternoon. That's all! For even more comprehensive detox support, combine with internal use of RevitaZen Detoxification Blend as part of your regular wellness routine.*



Fabric Softener Spray

This natural fabric softener DIY uses the power of vinegar and Adaptiv essential oil to give your clothes a crisp, clean scent using just two ingredients.

Supplies:

- Glass spray bottle
- 16 ounces white vinegar
- 10–15 drops Adaptiv essential oil

Instructions:

- Add essential oils to a glass spray bottle.
- Fill the remaining space with warm white vinegar.
- Shake well before each use to ensure oils and vinegar are well combined.
- To use, spray over wet clothing before drying.



DIY

To order

Contact your doTERRA representative or call (800) 411-8151 and select option 1, then 9 (Monday–Friday, 9:00 a.m.–5:00 p.m. MT).

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source
to you®

Helichrysum

Albania



Helichrysum
30410001
5 mL | 73 PV
Wholesale: \$82.00

Why Albania?

The scent of Albanian helichrysum is the golden whisper of the Mediterranean—earthy and honeyed, with warm herbal notes and a hint of sun-dried hay. It carries a subtle spice and a touch of licorice, evoking ancient hillsides and wild, untamed blooms kissed by coastal winds.

Nestled along the Adriatic Sea, Albania boasts a temperate climate with ideal conditions for growing helichrysum. It flourishes in the rugged, fertile terrain surrounded by the towering Albanian Alps, near the shores of Lake Shkodra. With this ideal environment and generations of agricultural expertise, Albanians carry a strong sense of deserved pride in their long-standing history of cultivating high-quality herbs.

Harvest and Production Process

Helichrysum is a beautiful plant that packs a powerful punch in the wellness arena. Because of the traditional use of helichrysum for skincare, it's often called the "Everlasting (or Immortal) Flower." This small perennial herb is a member of the daisy family that's characterized by its narrow silver leaves and clusters of gold-yellow, ball-shaped blossoms. The plant flourishes in rocky, well-drained soil and benefits from the warm Mediterranean environment.

The sourcing area boasts over 100 hectares of helichrysum, with nurseries containing over a million

plants densely packed with 300–400 per square meter. Helichrysum is typically harvested in late summer or early fall when the flowers have fully matured. The harvest window is relatively small—only 10 days.

Helichrysum essential oil is steam-distilled, primarily from pale yellow flowers and green leaves that grow up to 60 centimeters high before harvest. The plant reaches its peak essential oil-producing potential at around five years old and remains optimal for up to seven years. The distillation process itself takes a few hours resulting in a golden yellow oil that reflects the aromas wafting from the fields.

