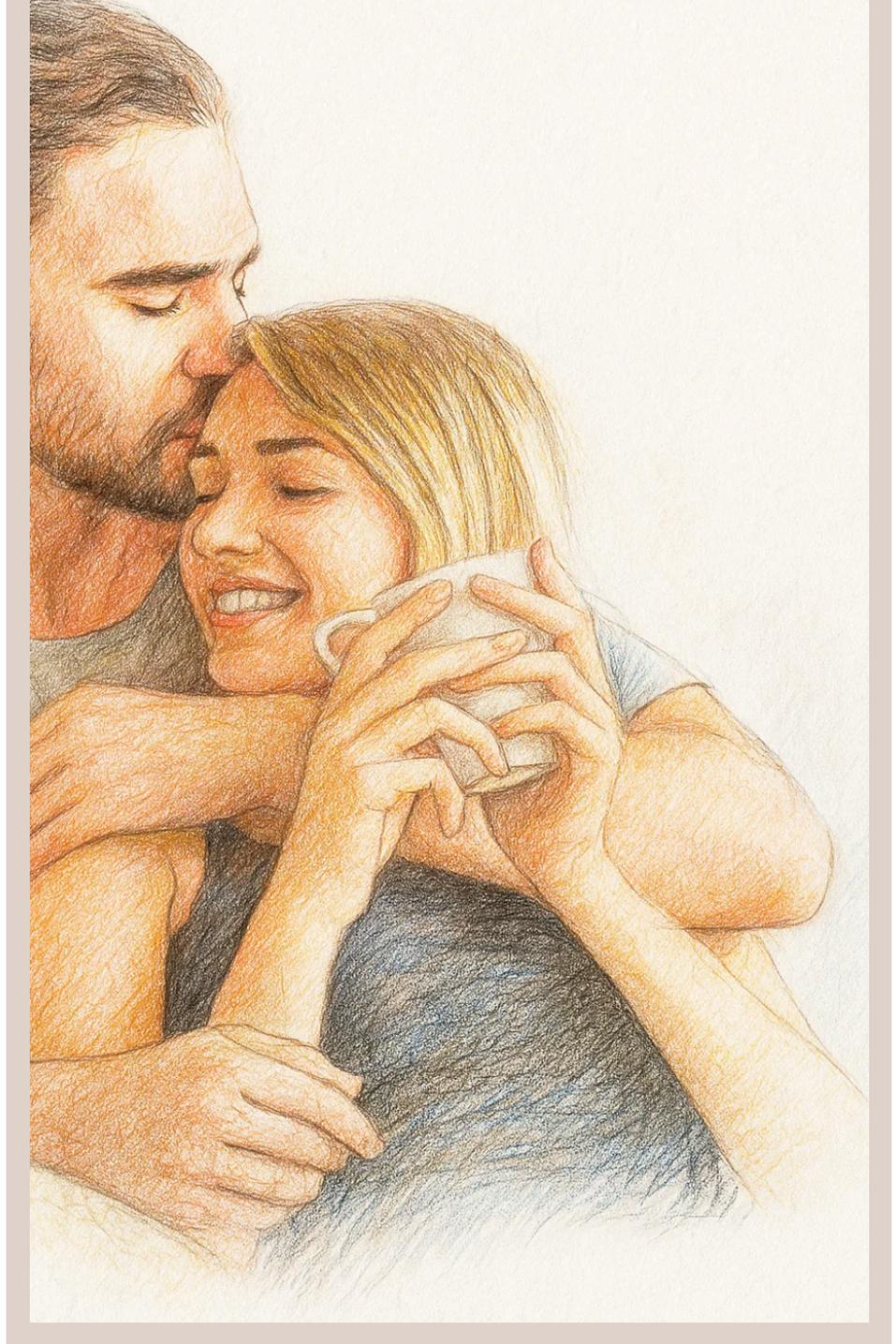


DAY TWO

BREAK THE SILENCE



Break the Silence – Start Conversations That Connect
with Keith Dorscht

Tired of feeling unheard or disconnected? Today is all about helping couples break free from old, negative patterns that may be keeping them stuck and set the stage for positive change by focusing on gratitude. This day will help partners recognize what's been holding them back and how shifting their mindset can create a stronger bond.



MEET KEITH DORSCHT

Coach Keith enjoys transforming the hardest situations - the ones that feel impossible. Stopping divorce, affair recovery, and hearing from couples 20+ years later that they are still together and better than ever is the reason he does this work.

Keith has spent 30 years helping couples move from crisis to connection, leading more than 500 week-long intensives and over 30,500 sessions. His work has been welcomed by the Army, Air Force gov't leaders and programs, churches, and schools. He has coached high-stakes couples from boardrooms to locker rooms, including professional athletes in the NFL and MLB, along with everyday families who want their marriage to last.

Known for a strategic, results-driven approach, Keith prioritizes connection so couples can think clearly, feel safe, and solve real problems together. At the center of his work is The Communication Cure®, a unique process he uses in sessions and also makes available as a free at-home DIY format. It is not more information to study, it is a guided experience that aligns with how the brain works in relationships and helps partners rebuild trust, communicate well, and grow together.

His goal is simple and consistent: a mutually satisfying and enjoyable relationship where the drift stops and your growing together begins. Who doesn't want that??

10 Ways to Create Connection

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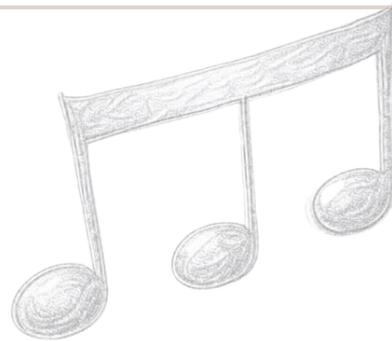
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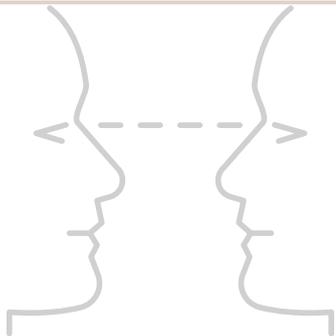
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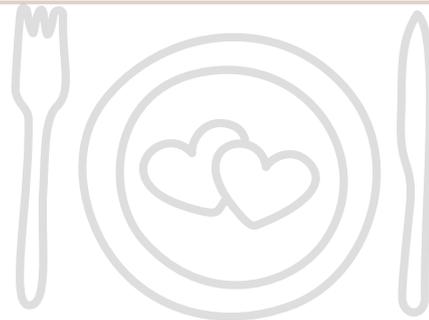
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