

# Printable 02 - Quick Reference Guide

Printable Resource - Print as many copies as needed

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## Week 1

Day 1: Love - Our Loving Family

Writing down what we love about each other and sharing it.

Day 2: Joy - Encouraging Joy

Practicing showing joy despite circumstance or situation.

Day 3: Peace - Peaceful Fidgets

Creating fidgets and learning a powerful memory verse to go with them.

Day 4: Patience - Sweet Patience Crystals

Practicing patience by making a delicious, but time consuming sweet treat.

Day 5: Kindness - Building Each other Up

Make a concrete representation of the difference between showing kindness and being unkind.

## **Week 2**

Day 6: Goodness - Sweet and Salty Hearts

An activity that shows we can not always see when is inside a person, but God can. Developing an upright heart.

Day 7: Faithfulness - Eyes on the Prize

When we keep our eyes on God no matter what we show faithfulness, focusing on our situation can cause trouble.

Day 8: Gentleness - Gentle Gentle Eggs

Fragile things can be easily broken but not easily put back together. We must aim to be truthful and gentle with others.

Day 9: Self-Control - When I Feel... When I Think...

Practicing self-control even when our wants and desires want us to go in a different direction.

Day 10: Wrap Up

