

Overcoming Obstacles:

Homeschooling Your Way to
Educational Freedom!



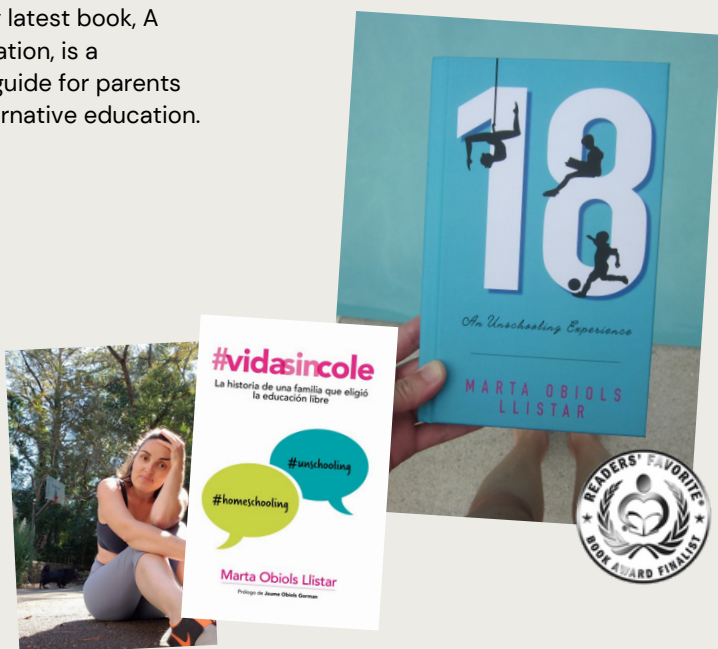
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Hi, I'm Marta.

An experienced educator and author with more than 20 years of experience in education. I hold a dual degree in special education and elementary education and have worked in various educational settings, including daycares, preschools, private schools, charter schools, and public schools. I was born and raised in Barcelona and have lived in the U.S.A for the past 23 years. I'm the author of the award-winning parenting book 18, an unschooling experience and #vidasincole. My latest book, A Successful Education, is a comprehensive guide for parents interested in alternative education.

I'm passionate about helping parents help their children become happy, engaged, and successful learners by tailoring their education to their unique strengths and interests. I have educated my three children successfully outside the school system and so can you. How? By following John Holt's most famous suggestion to parents: unschool.



Self-Doubt and Limiting Beliefs

One of the main obstacles that homeschooling families may encounter is self-doubt and limiting beliefs. The fear of not being capable or qualified enough to educate our children can undermine our confidence and hold us back.

What you can do:

It's time to challenge those self-limiting beliefs and seek external perspectives. Surround yourself with a supportive community of homeschoolers who can offer guidance and share their experiences. Embrace self-compassion, practice reframing negative thoughts, and remind yourself of the reasons you chose this path. Trust in your ability to provide a nurturing and enriching educational environment for your children.

Lack of Resources and Opportunities

Access to resources and opportunities can be a significant challenge. Not knowing how to access curriculum materials, mentorship, and where to socialize and make friends can make the journey feel overwhelming.

What you can do:

Proactively seek out resources that cater to homeschooling families. Join local homeschooling co-ops or support groups where you can connect with other families and share resources. Explore online platforms, educational websites, and libraries that offer a wealth of information and materials. Engage in continuous learning as a family and tap into the vast array of online courses, webinars, and educational programs specifically designed for homeschooling. Discover local community centers, sports clubs, art studios, and other extracurricular activities where your children can socialize, make friends, and explore their interests. Remember, socialization is an essential aspect of your homeschooling journey, and there are ample opportunities to connect with like-minded families and create lasting friendships along the way.

Fear of Failure

Fear of failure can loom over us, even in the homeschooling journey. The worry that we might not provide the best education or that our children may miss out on opportunities can be paralyzing.

What you can do:

Remember that homeschooling is a journey of growth and learning for both you and your children. Embrace the fact that mistakes and setbacks are part of the process. View failure as an opportunity for growth and adapt your approach accordingly. Seek support from experienced homeschoolers, join online communities, and connect with local homeschooling networks to share experiences and gain valuable insights.

External Pressure and Expectations

Homeschooling can sometimes invite external pressure from family, friends, and society at large. Comparisons to traditional schooling, skepticism, or judgments from others can shake our confidence and fuel self-doubt.

What you can do:

Remember that you are the expert on your children and their educational needs. Stay true to your values and aspirations for your family's educational journey. Set boundaries with external influences and focus on what aligns with your vision for your children's education. Surround yourself with a supportive network of like-minded individuals who understand and appreciate the benefits of homeschooling.

Impatience and Instant Gratification

In a world accustomed to instant gratification, the homeschooling journey may sometimes feel overwhelming or slow-paced. The desire for immediate results can create impatience and doubts.

What you can do:

Embrace the long-term perspective of homeschooling and the gradual progress it entails. Break down your educational goals into manageable milestones and celebrate each step forward. Stay focused on the joy of learning and the unique experiences you can provide for your children. Seek guidance from experienced homeschoolers who can offer insights and strategies for maintaining motivation and momentum.

YOU CAN DO THIS!

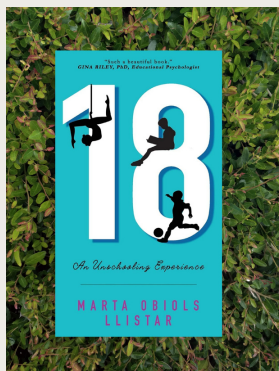
MARTA



18 an unschooling experience

You can find this book in any online bookstore as well as on various subscription-based platforms that offer digital books.

REVIEWS



"Encouraging and uplifting experience. Definitely encouraged me to keep my kids out of school. I definitely recommend this one to anyone considering homeschool/unschooling."

"Beautifully written! Highly recommend to get an inside look of what homeschooling/unschooling can be like and why we choose this lifestyle and education choice."

"For those who want a giant advertisement for unschooling, this is not it. For those looking for an honest look at unschooling, look no further. Because while the author is an unschooling advocate, she's not trying to trick people into going the unschool route. Rather, she shows the reality of the unschooling life—warts and all. However, as the book progresses, you begin to see the warts differently. That maybe they're not warts after all. That maybe, just maybe, those unschooling warts are actually beauty marks. Highly recommend to parents who are even slightly interested in unschooling."

How to educate successfully?

THE PERFECT EDUCATION FOR YOUR LEARNER

A SUCCESSFUL EDUCATION

How to tailor an education to perfectly
fit your unique child's needs.

Is your child struggling to engage in learning?
It's not your child.
It's the method.

MARTA OBIOLS LLISTAR

Coming soon! A Successful Education will be released on July 11th. Available on various online bookstores and platforms.