My Purpose Journal

60 Days of Journaling Prompts to Guide You into Your Divine Purpose

Daily Journal

Welcome to your journey of self-discovery and purposeful living. This journal is a sacred space for you to explore the depths of your soul, uncover the unique gifts and talents bestowed upon you by the Divine, and embark on a path of alignment with your God-given purpose.

Within these pages lies the opportunity to embark on a transformative journey—a journey that transcends the ordinary and delves into the extraordinary depths of your being. It is a journey of self-exploration, introspection, and revelation—a journey that invites you to awaken to the divine spark within you and step into the fullness of who you are meant to be.

As you embark on this journey, may you embrace the power of reflection, curiosity, and intentionality. May you approach each prompt with an open heart and a willingness to delve into the depths of your soul. For within you lies a wellspring of wisdom, creativity, and potential waiting to be unleashed.

Remember, you are fearfully and wonderfully made, intricately woven together by the hands of the Divine. Your life is a masterpiece in the making, filled with purpose, meaning, and significance. Embrace the journey, trust the process, and allow yourself to be guided by the whispers of your soul and the gentle nudges of the Holy Spirit.

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May this journal be a sacred companion on your journey—a place of solace, inspiration, and illumination. May it serve as a mirror reflecting back to you the beauty, brilliance, and boundless potential that resides within you. And may it empower you to step boldly into your God-given purpose and shine your light brightly in the world.

With each stroke of the pen, may you uncover deeper truths, greater insights, and profound revelations. May you embrace the fullness of who you are and the unique role you are called to play in the grand tapestry of life.

So, dear friend, let us embark on this journey together—a journey of self-discovery, growth, and transformation. Let us dare to dream, to explore, and to create a life that is in alignment with our highest calling and deepest truths.

The adventure awaits. Are you ready to dive in?

With love and blessings on your journey,

Laurie Herbers
Relationship & Radiant Leadership Coach

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These journaling prompts are designed to encourage self-reflection, exploration, and discernment as you seek to uncover and live out your God-given purpose. By engaging with these prompts regularly, you can deepen your understanding of yourself, your values, and the unique contributions you are called to make in the world.

Daily Journal

Reflect on a time when you felt most fulfilled and alive. What were you doing, and why did it resonate with you?

Daily Journal

Describe your strengths and talents. How do you believe God intends for you to use them?

Daily Journal

What are your deepest
passions and interests?
How might they align with
God's calling for your life?

Daily Journal

Consider the people who have had the greatest impact on you. What qualities do they possess, and how have they inspired you?
What could you learn from them?

Daily Journal

What are your core values and beliefs? How do they influence the decisions you make and the way you live your life?

Daily Journal

Think about a challenge or obstacle you've overcome. How did you grow from the experience, and what did it reveal to you about yourself?

Daily Journal

Imagine your ideal life five years from now. What does it look like, and how does it reflect your God-given purpose?
Where are you?
What are you doing?

Daily Journal

Reflect on moments when you've felt a sense of divine guidance or inspiration. What do you believe God was trying to communicate to you?

Daily Journal

Consider the needs and struggles of the world around you. How do you feel called to make a positive difference?

Daily Journal

What brings you joy and fulfillment? How can you incorporate more of these experiences into your daily life?

Daily Journal

Reflect on your childhood dreams and aspirations. Are there any clues about your purpose hidden within them? What did you love to do?

Daily Journal

Consider the people you admire and look up to. What qualities do they possess, and how can you cultivate similar traits in yourself? What would make you more you?

Daily Journal

Think about your unique life experiences and the lessons you've learned along the way. How do they inform your understanding of your purpose?

Daily Journal

Reflect on the times when you've felt most connected to God. What were you doing, and how can you nurture that connection?

Daily Journal

Consider the ways you've grown and evolved over time. How has your understanding of your purpose shifted, and what insights have you gained?

Daily Journal

Reflect on the things that drain your energy and leave you feeling depleted. How can you minimize or eliminate them from your life?

Daily Journal

Consider your role within your family, community, and broader society. How can you use your unique gifts and talents to serve others?

Daily Journal

Reflect on your
relationship with yourself.
How can you cultivate
self-love, self-compassion,
and self-acceptance as
you pursue your purpose?

Daily Journal

Think about the legacy you want to leave behind. How do you want to be remembered, and what steps can you take to live in alignment with that vision?

Daily Journal

Consider the things that make you feel truly alive and present in the moment. How can you prioritize these experiences in your life?

Daily Journal

Reflect on the times when you've felt most connected to nature or the world around you. How can you honor and steward God's creation in your daily life?

Daily Journal

Consider the dreams and aspirations you've set aside or forgotten over the years. Is it time to revisit them and pursue them with renewed passion?

Daily Journal

Reflect on the times when you've experienced a deep sense of peace and contentment. What was happening, and how can you cultivate more of those moments?

Daily Journal

Think about the ways you've been blessed and supported throughout your life. How can you pay it forward and be a source of blessing to others?

Daily Journal

Reflect on your relationship with God. How can you deepen your faith and trust in divine guidance as you seek to fulfill your purpose?

Daily Journal

Consider the times when you've felt most aligned with your values and beliefs. What were you doing, and how can you integrate more of those activities into your life?

Daily Journal

Reflect on the times when you've felt called to step outside of your comfort zone. How did it shape your understanding of yourself and your purpose?

Daily Journal

Consider the things that ignite a fire within you and make you feel fully alive. How can you incorporate more of those passions into your daily life?

Daily Journal

Reflect on your relationship with others. How can you cultivate deeper connections and serve as a source of love and support in their lives?

Daily Journal

Think about the times when you've felt a deep sense of gratitude and appreciation. How can you cultivate more gratitude as you pursue your purpose?

Daily Journal

Reflect on the times when you've felt most inspired and motivated. What were you doing, and how can you tap into that energy more consistently?

Daily Journal

Consider the things that make you feel most like yourself and authentically express who you are. How can you honor and embrace your truest self in your daily life?

Daily Journal

Reflect on the times when you've experienced a sense of divine presence or guidance. How can you cultivate more moments of spiritual connection and insight?

Daily Journal

Daily Journal

What does the concept of "purpose" mean to me in the context of my faith and relationship with God?

Daily Journal

Reflect on your relationship with your body, mind, and spirit. How can you nurture and care for each aspect of your being as you pursue your purpose?

Daily Journal

Think about the times when you've felt a sense of purpose and direction in your life. What were you doing, and how can you recreate those experiences?

Daily Journal

Reflect on your relationship with time and how you spend it. How can you prioritize activities that bring you closer to your purpose and let go of those that don't?

Daily Journal

Consider the times when you've felt most connected to your intuition and inner wisdom. How can you trust and follow your inner guidance as you pursue your purpose?

Daily Journal

Reflect on the times when you've experienced a deep sense of belonging and connection with others. How can you cultivate more meaningful relationships in your life?

Daily Journal

Think about the times when you've felt most inspired and creative. What were you doing, and how can you tap into that creative energy more consistently?

Daily Journal

Consider the times when you've experienced a deep sense of fulfillment and satisfaction. What were you doing, and how can you create more opportunities for those experiences?

Daily Journal

Reflect on your relationship with money and material possessions. How can you align your financial decisions with your values and priorities as you pursue your purpose?

Daily Journal

Think about the times when you've felt a sense of awe and wonder at the beauty of the world. How can you cultivate more moments of awe and appreciation in your daily life?

Daily Journal

Reflect on your relationship with failure and setbacks. How can you reframe challenges as opportunities for growth and learning as you pursue your purpose?

Daily Journal

Consider the times when you've felt most connected to your community and the world around you. How can you contribute to the well-being of others and make a positive impact?

Daily Journal

Reflect on your relationship with boundaries and self-care. How can you set healthy boundaries and prioritize self-care as you pursue your purpose?

Daily Journal

Think about the times when you've felt a sense of urgency or calling to take action. What steps can you take to honor and respond to that calling in your life?

Daily Journal

Reflect on your relationship with fear and uncertainty. How can you lean into discomfort and trust in the unknown as you pursue your purpose?

Daily Journal

Consider the times when you've felt a sense of alignment and flow in your life. What activities or circumstances contributed to that feeling, and how can you recreate it?

Daily Journal

Reflect on your relationship with forgiveness and grace. How can you extend compassion and forgiveness to yourself and others as you pursue your purpose?

Daily Journal

Think about the times when you've felt most connected to your sense of identity and purpose. What activities or practices helped you tap into that sense of self, and how can you incorporate them into your daily life?

Daily Journal

Reflect on your relationship with time and energy management. How can you prioritize activities that align with your purpose and conserve energy for what matters most?

Daily Journal

What steps can I take to live more intentionally and in alignment with God's purpose for me?

Daily Journal

Reflect on your relationship with success and achievement. How can you define success on your own terms and celebrate your progress as you pursue your purpose?

Daily Journal

Reflect on the ways in which God has equipped me with everything I need to fulfill His purpose for my life.

Daily Journal

Reflect on your relationship with gratitude and abundance. How can you cultivate a mindset of gratitude and abundance as you pursue your purpose?

Daily Journal

Write a letter to myself from God's perspective, affirming His love and calling over my life.

Daily Journal

Daily Journal

Reflect on your relationship with risk-taking and courage. How can you embrace uncertainty and take bold action in pursuit of your purpose?

Daily Journal

Write a prayer asking God
to reveal His purpose for
my life more clearly.

Daily Journal

Congratulations, dear friend, on completing this transformative journey of self-discovery and purposeful living. As you turn the final pages of this journal, may you carry with you the wisdom, insights, and revelations you've uncovered along the way.

Remember, the journey of becoming the person God has called you to be is not a destination but a lifelong pursuit—a sacred quest of growth, transformation, and alignment with your divine purpose. Each step you take, each choice you make, brings you closer to embodying the fullness of who you are meant to be.

As you continue on your journey, may you remain steadfast in your commitment to growth, courage, and authenticity. Embrace the challenges, celebrate the victories, and always keep your heart open to the guidance of the Divine.

And remember, you do not walk this path alone. You are surrounded by a loving and supportive community of fellow seekers, as well as the ever-present guidance and grace of the Divine. Lean into this support, draw strength from your faith, and trust that you are always guided and protected on your journey.

As you reflect on your experiences and insights gained from this journaling journey, consider how you can further cultivate your growth and deepen your alignment with your divine purpose. If you feel called to continue your journey of transformation, I invite you to explore my "Becoming the One God Called" program—a transformative experience designed to support you in embracing your truest self and living in alignment with your highest calling.

In this program, you will discover powerful tools, practices, and teachings to help you unlock your full potential, overcome obstacles, and step boldly into the life you were meant to live. Together, we will embark on a journey of self-discovery, empowerment, and spiritual growth, as you embrace the fullness of who you are and embody the divine purpose that awaits you.

May this journal serve as a beacon of light and inspiration on your journey—a reminder of the infinite possibilities that await you when you dare to step into your greatness and shine your light brightly in the world.

With gratitude, love, and blessings on your continued journey of becoming,

Laurie Herbers
Relationship & Radiant Leadership Coach

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