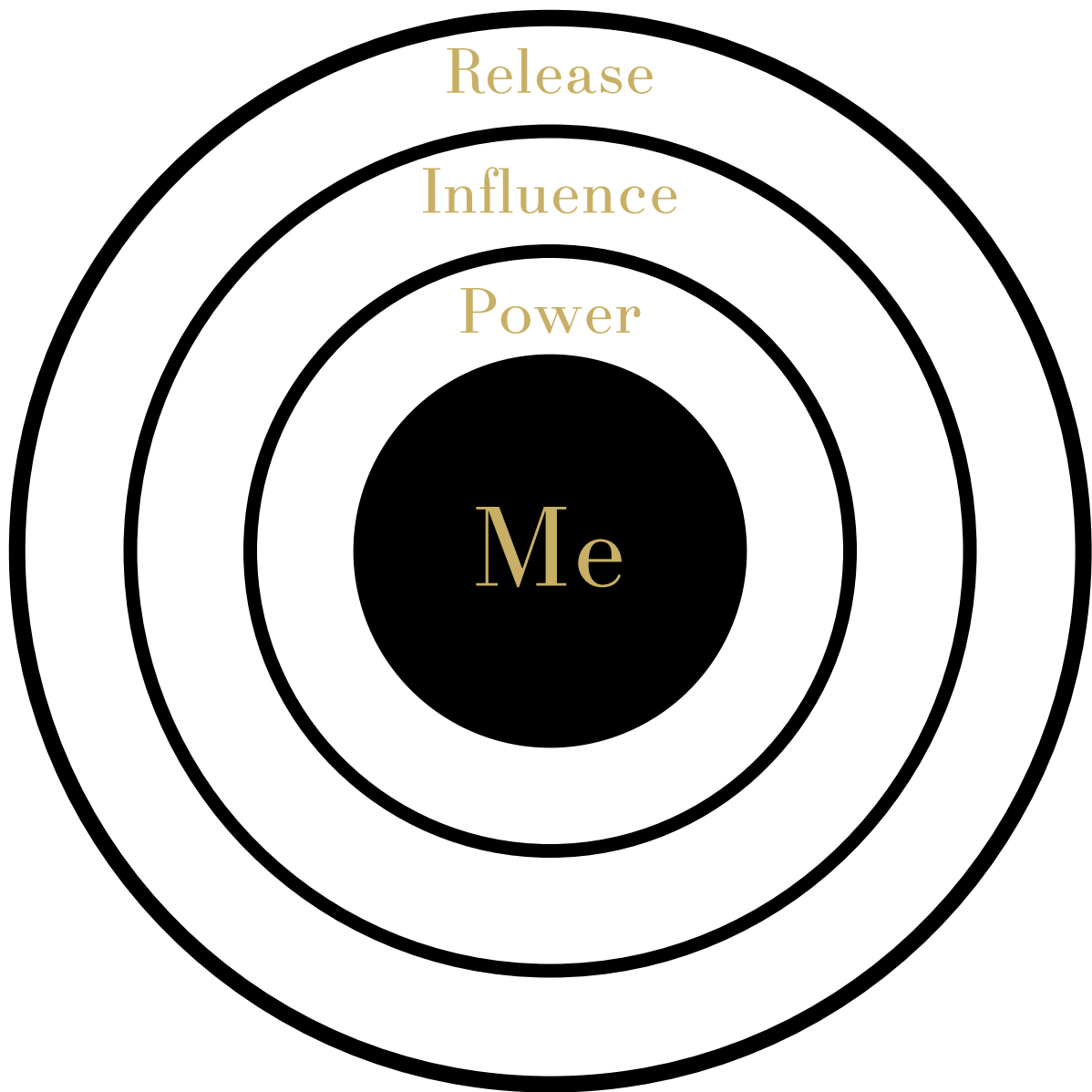


Next, go through your list and mark whether it's more than 90% in your Power (P), something or someone you have Influence (I) over or something that you'd be better off Releasing to the Universe/God (R). Ensure each item gets P, I or R.



Now, Focusing only on the items in your 'Power',
rewrite your new short list.
Once these are dealt with, move onto the 'Influence' list.
Now doesn't that feel better?