



3 Month Content Calendar

Quick & Easy Social Media
Solutions for Small Business
Owners & Online Coaches



Month 1

Sun	Mon	Tues	Wedn	Thurs	Fri	Sat
	Welcome to the new month!	Post your goals for this month	Share a fun fact about yourself.	Share a throwback Thursday memory.	Highlight a recent achievement or milestone.	Share a behind-the-scenes photo.
Post a motivational quote.	Ask your audience for book recommendations.	Post a "This or That" question.	Share your favorite productivity tip.	Highlight a customer testimonial.	Share a recipe or cooking tip.	Post a "Caption This" image.
Share a sneak peek of a project in progress.	Ask your audience for podcast recommendations.	Post a "Did You Know?" fact.	Share a helpful tip or piece of advice and encourage followers to do the same.	Highlight a charitable cause you support.	Share a "Meet the Team" introduction.	Ask your audience about their weekend plans.
Post a #Selfie Sunday.	Post a Monday motivation quote.	Share a travel memory or dream destination.	Highlight a fun hobby or interest.	Post a fun GIF or meme.	Share a "Would You Rather?" question.	Ask your audience for their favorite local spots.
Post a "Guess the Emoji" challenge.	Share a time-saving hack.	Highlight a favorite book or author.	Share your favorite productivity tip.			

Most popular post for the month:

Least popular post for the month:

Month 2

Sun	Mon	Tues	Wedn	Thurs	Fri	Sat
				Ask your audience for their favorite movie recommendations.	Post a "Fun Fact Friday" tidbit.	Share a DIY or crafting idea.
Highlight a product or service you offer.	Share a motivational video.	Ask your audience for their favorite app recommendations.	Post a nature or scenic photo.	Post a #Throwback Thursday childhood photo.	Highlight a personal goal you're working towards.	Share a quick meditation or mindfulness tip.
Post a "Fill in the Blank" question.	Ask your audience for their favorite recipe.	Share a customer success story.	Highlight a podcast episode you enjoyed.	Share a time management tip.	Post a "Flashback Friday" memory.	Post a funny or relatable meme.
Ask your audience for their favorite quote.	Share a "Story Time" moment.	Highlight a local business you love.	Highlight a local business you love.	Post a fun GIF or meme.	Ask your audience for their weekend plans.	Share a travel recommendation.
Share a #SelfCare Sunday tip.	Post a "Monday Mindset" quote.	Highlight a favorite recipe.	Share your favorite productivity tip.			

Most popular post for the month:

Least popular post for the month:

Month 3

Sun	Mon	Tues	Wedn	Thurs	Fri	Sat
					Ask your audience for their favorite song recommendations.	Share a quick workout tip.
Post a "Guess Where I Am" photo.	Highlight a customer's journey.	Share a personal challenge you've overcome.	Ask your audience about their favorite hobby.	Post a "Caption This" picture.	Post a "Flashback to a Year Ago" memory.	Share a gratitude moment.
Ask your audience for their favorite travel destination.	Highlight a service you offer.	Share a fun fact about your industry.	Post a funny GIF or meme.	Share a productivity hack.	Ask your audience for their favorite movie.	Highlight a book that influenced you.
Highlight a book that influenced you.	Ask your audience about their weekend highlights.	Post a "Throwback to Childhood" memory.	Share a mindfulness or relaxation technique.	Highlight a customer's transformation.	Ask your audience about their favorite app.	Post a "Flashback to a Great Moment" memory.
Share a life lesson or insight. <hr style="width: 20px; margin: 5px auto;"/>	Ask your audience for their favorite quote.	Share a favorite inspirational video.	Share a photo of something that makes you smile.	Share a personal success story.	Post a "Flashback to a Milestone" memory.	Share a gratitude moment.

Most popular post for the month:

Least popular post for the month:

We hope you found this 3 month content calendar super helpful!

Are you ready for more?

3 Month Social Media Content Calendar

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If you liked this 3 month content calendar you'll love our 1 year content calendar! That's right, a one full year content calendar for seven days a week and it's only \$7.99

1 Year Social Media Content Calendar

Design Boss Studio also offers a free social media audit to help you ensure your social media platforms are optimized to the best results for you and your business.

Check us out at:

