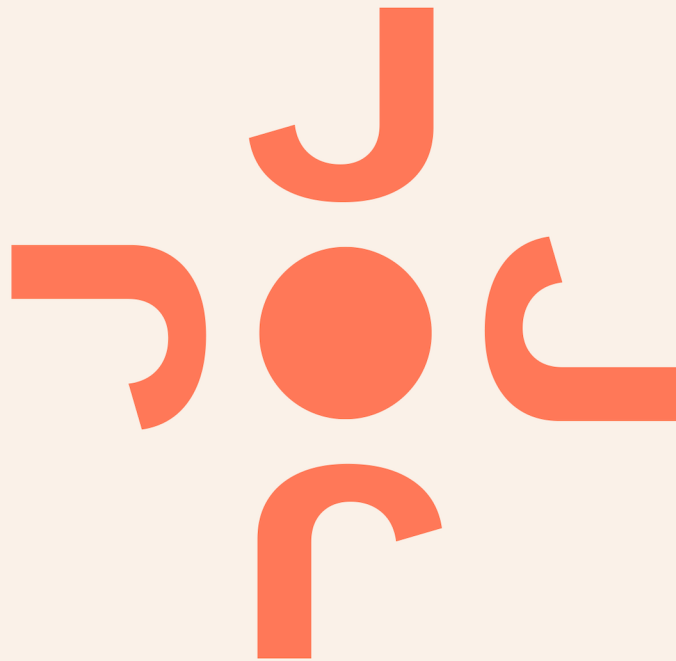


THE J-TURN

7 first steps to a life turned around by Jesus



STEVE CHONG
NAOMI CHONG

www.jturn.org

STEP 1:



1. LIFE

God created us to enjoy eternal life with him.

Psalm 16:1 (NIV)

*You make known to me the path of life;
you will fill me with joy in your presence,
with eternal pleasures at your right hand.*

4. DEATH

This leads to eternal death.

Romans 6:23a (NIV)

For the wages of sin is death.

THE J-NEED



2. FALL

We've fallen away from life with God.

Romans 3:23a (NIV)

For all have sinned and fall short of the glory of God.

3. TURN

And instead turned to live life our own way without God.

Isaiah 53:6a (NIV)

*We all, like sheep, have gone astray,
each of us has turned to our own way.*

So we are stuck. and in need of a solution. We need Jesus to do the J-Turn.

ROTATE THE J.

STEP 2:

1. DOWN

A) Jesus is fully God.

Philippians 2:6 (NIV)

Who, being in very nature God, did not consider equality with God something to be used to his own advantage...

B) Jesus humbled Himself by becoming a man.

Philippians 2:7 (NIV)

...rather, he made himself nothing by taking the very nature of a servant, being made in human likeness.



2. DEATH

C) Jesus willingly died on a cross.

Philippians 2:8 (NIV)

And being found in appearance as a man, he humbled himself by becoming obedient to death - even death on a cross!



If Jesus has done all this and is now Lord, then we need to do a J-Turn with our lives. So, how do we do that?

ROTATE THE J.

THE J-CURVE

4. UP

E) God exalted Jesus as Lord over all.

Philippians 2:9b (NIV)

...and gave him the name that is above every name.



3. LIFE

D) God raised Jesus back to life.

Philippians 2:9a (NIV)

Therefore God exalted him to the highest place...



If Jesus has done all this and is now Lord, then we need to do a J-Turn with our lives. So, how do we do that?

ROTATE THE J.

STEP 3:

1. CONFESS

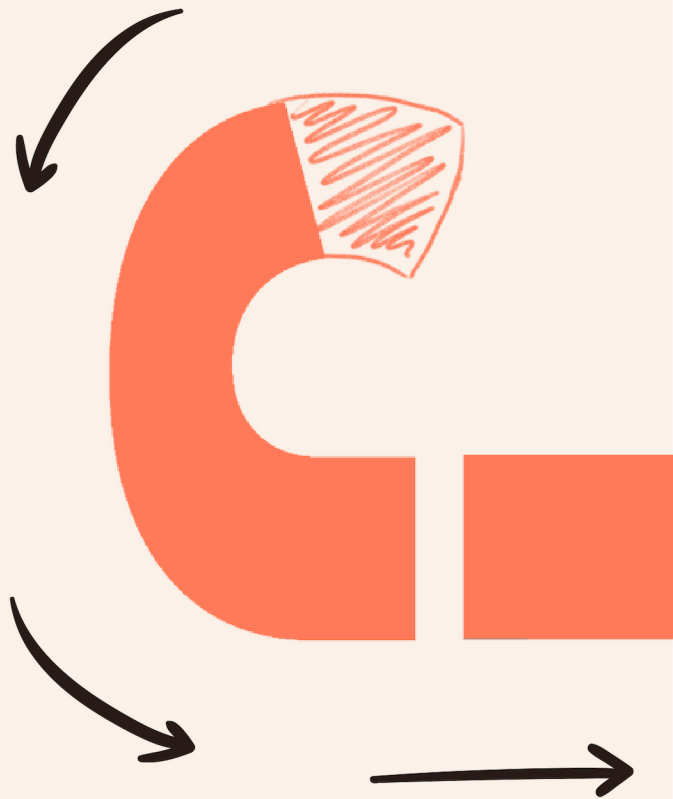
Confess that Jesus Christ is Lord and Saviour.

Philippians 2:11a (NIV)

Every tongue confess that Jesus Christ is Lord to the glory of God the Father.

1 John 1:9 (NIV)

If we confess our sins, he is faithful and just and will forgive us our sins.



What is the J-Life and how do you get it?

ROTATE THE J.

THE J-TURN



2. FOLLOW

Follow Jesus as Lord of your life.

Philippians 2:10 (NIV)

that at the name of Jesus every knee should bow, in heaven and on earth and under the earth.

Luke 9:23 (NIV)

Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.

What is the J-Life and how do you get it?

ROTATE THE J.

STEP 4:

1. PROMISE

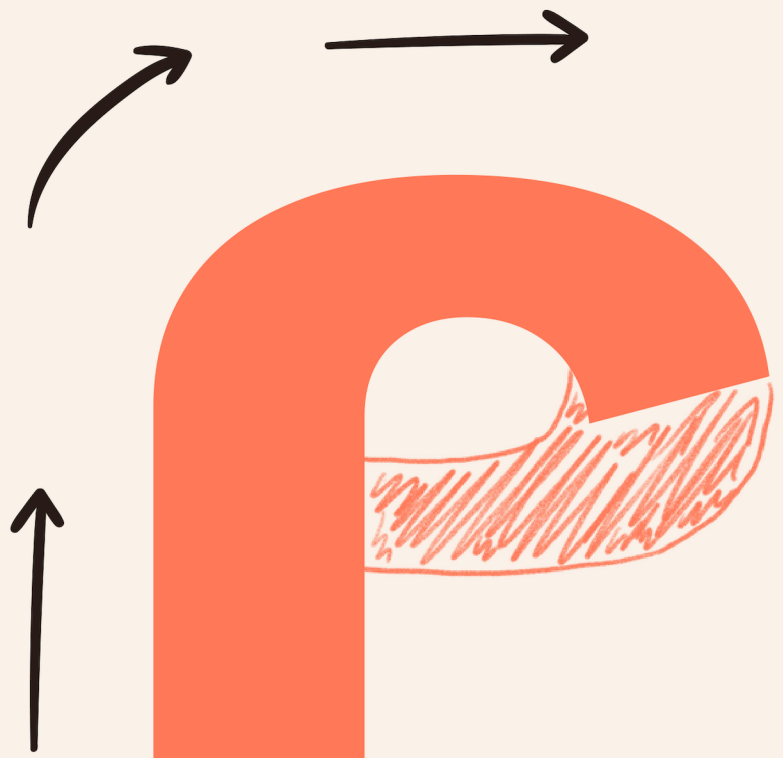
Those who confess and follow Jesus as Lord will never have to fear death and can be sure of eternal life with him.

Romans 6:23 (NIV)

For the wages of sin is death the gift of God is eternal life in Christ Jesus our Lord.

John 3:16 (NIV)

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.



THE J-LIFE

Romans 10.9 (NIV)

If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved.

Would you like to do this now? You can pray this prayer.

2. PRAYER

Dear God,

SORRY for living life my own way and turning away from you.

THANK YOU Jesus for dying on the cross for me. I believe you rose from the dead and that you are Lord over all.

PLEASE come into my life and help me to follow you from now on.

Amen.





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