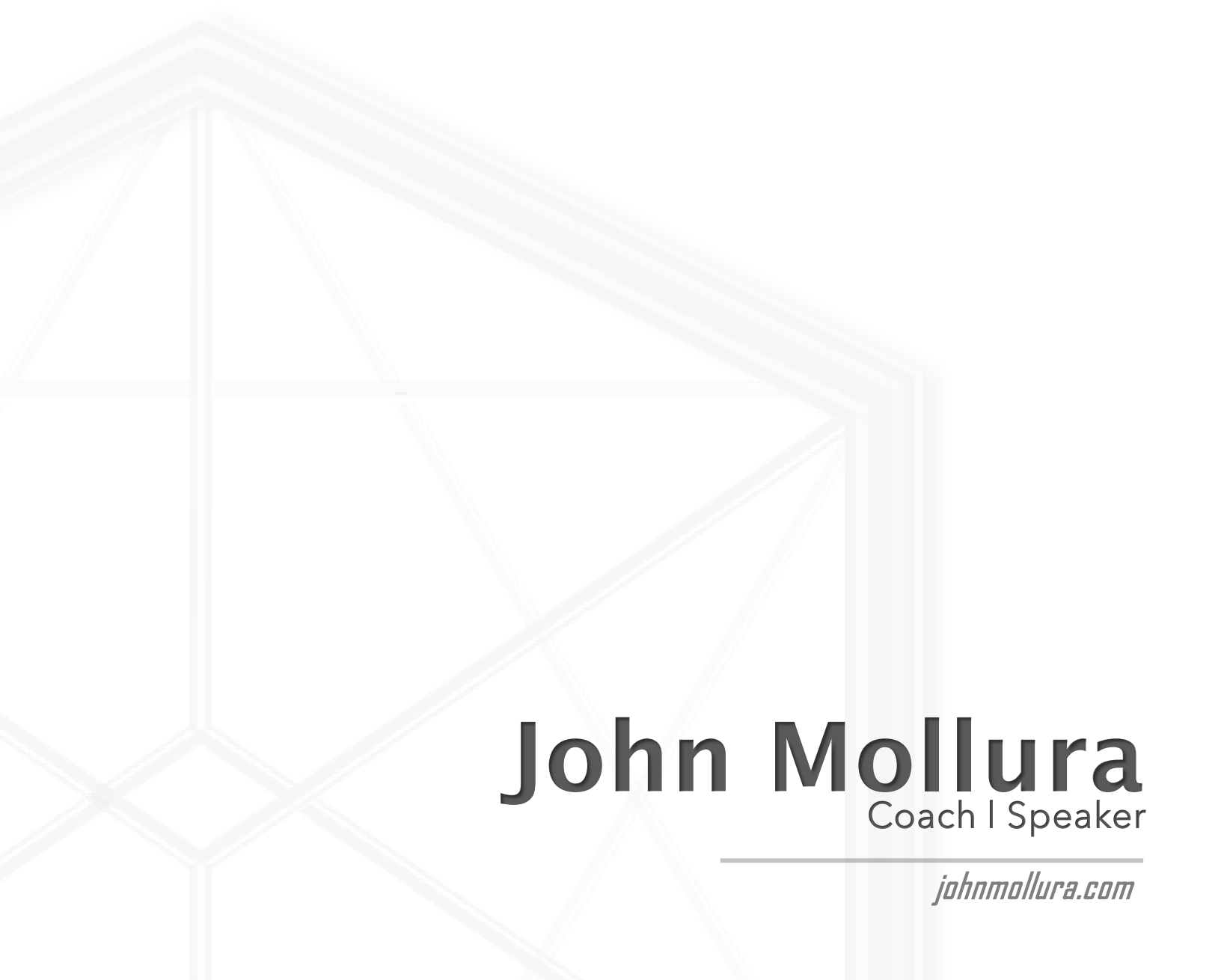


ELITE ACTION FLIGHT PLAN



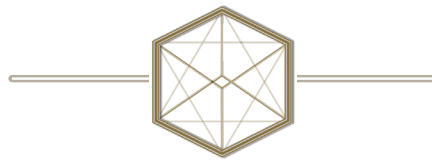
Chart Your Course. Launch into Purpose.



John Mollura
Coach | Speaker

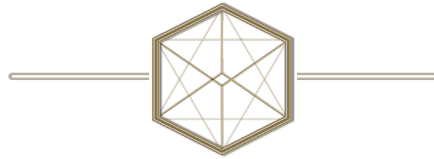
johnmollura.com

This isn't just something
to read.

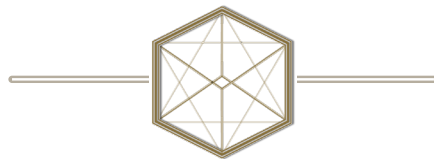


It's your action plan for
real change.

Stop waiting for
'Tomorrow'

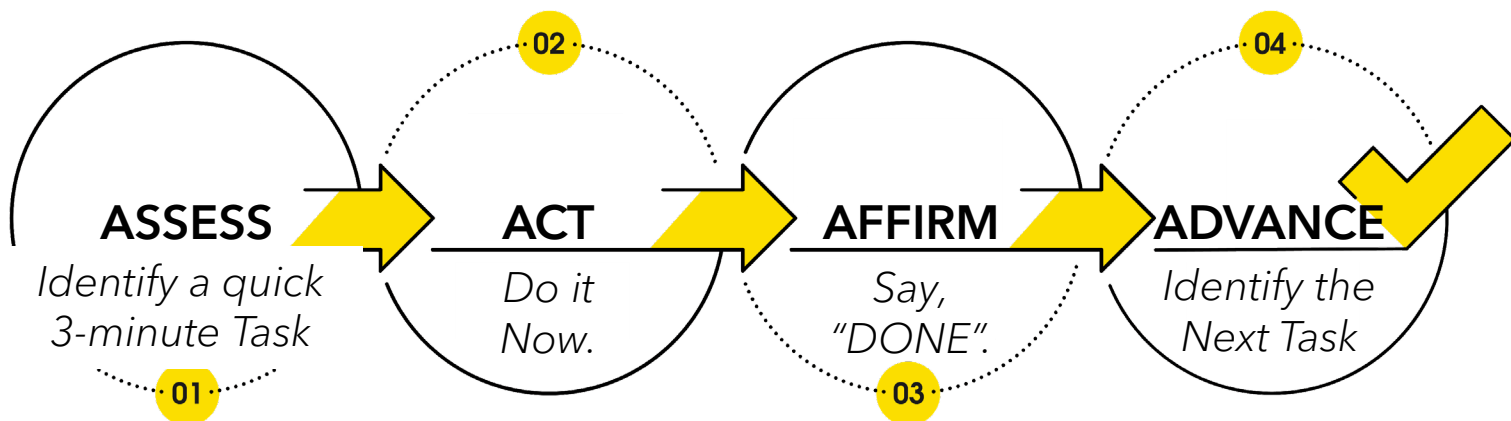


Take these actions to
stop letting life
pass you by.



Your potential starts
today.

The 3-minute Action Formula

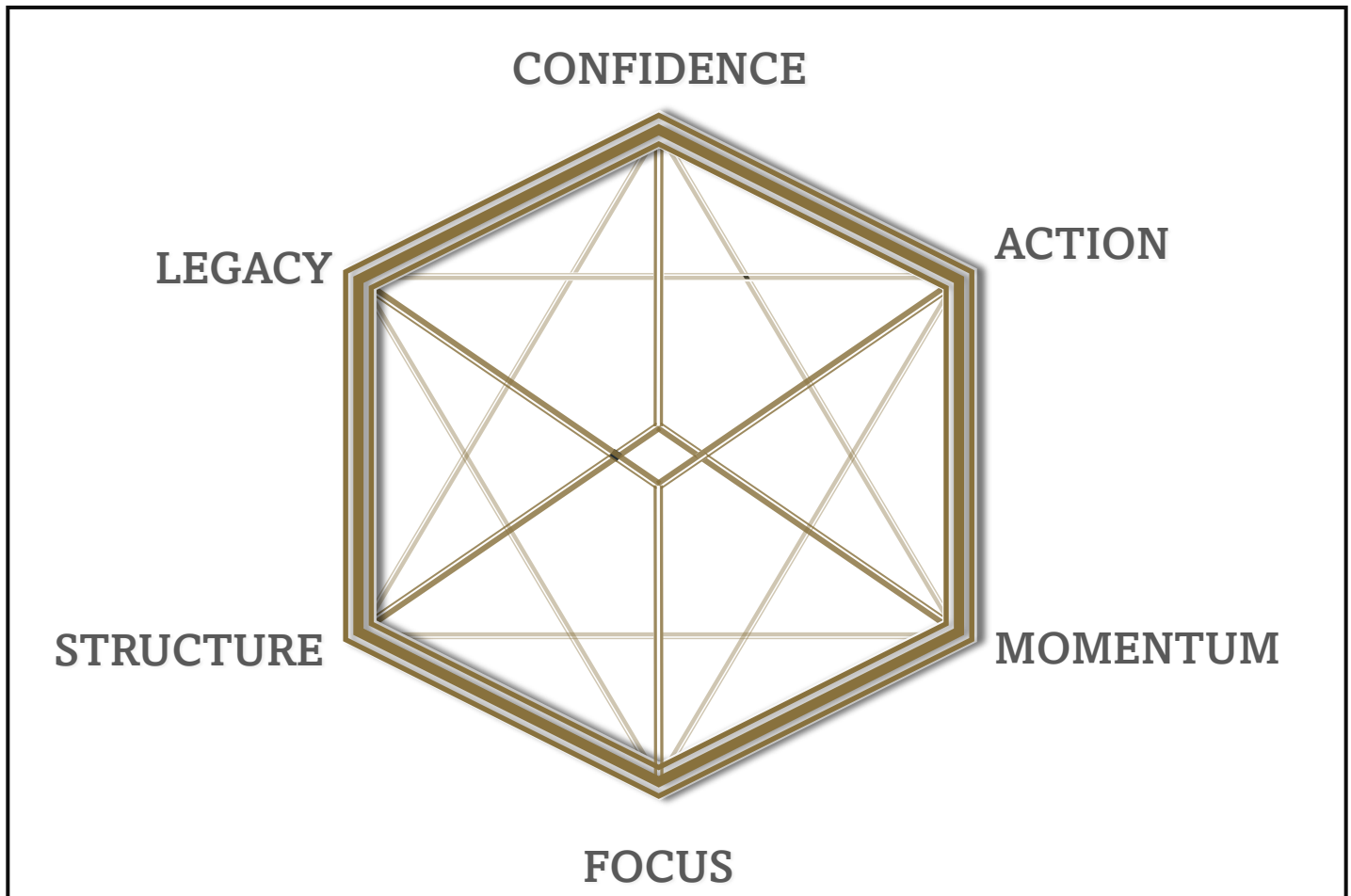


Elite Action:

*Writing these steps down is proof of commitment.
It doesn't matter where—just do it. Now.*

***DON'T OVERTHINK IT.
DO IT.***

Six Checkpoints For Success



***SUCCESS ISN'T RANDOM.
IT'S BUILT ON A FRAMEWORK***

These six Checkpoints are mile markers along that path.

When you hit them with intention, you don't just move forward –
you move forward on purpose.



CONFIDENCE

- WHAT IT IS -

Confidence is self-trust—built by keeping the promises you make to yourself.

- WHY IT MATTERS -

Without confidence, you hesitate, overthink, and let opportunities slip by.

- HOW TO APPLY IT TODAY -

Keep a promise to yourself today—no matter how small. That's how confidence is built.



ACTION

- WHAT IT IS -

Action is moving forward now, not waiting for the 'perfect' moment.

- WHY IT MATTERS -

Without action, you stay stuck—watching the life you want move forward without you.

- HOW TO APPLY IT TODAY -

What have you been putting off?
Take the first small step right now.



MOMENTUM

- WHAT IT IS -

Repeating tiny steps creates momentum and that leads to unstoppable progress.

- WHY IT MATTERS -

Overthinking stalls momentum—turning simple steps into obstacles.

- HOW TO APPLY IT TODAY -

Start with one small action—even just two minutes.
That's how momentum begins.

Do it again.
And again.



FOCUS

- WHAT IT IS -

Focus means locking in on your path—
not someone else's.

- WHY IT MATTERS -

Comparing yourself to others drains momentum and
wastes energy. Your only competition is who you were
yesterday.

- HOW TO APPLY IT TODAY -

Tell yourself:
"I only compete with yesterday's me."
Then take one step forward.



STRUCTURE

- WHAT IT IS -

Structure is the habits, systems, and boundaries that make success repeatable and sustainable.

- WHY IT MATTERS -

Without structure, distractions take over, and progress stalls.

- HOW TO APPLY IT TODAY -

Set one boundary today—time, energy, or focus—that protects what matters.

- WHAT IT IS -

Legacy is the lasting impact you create by taking action today that honors the "Future You".

- WHY IT MATTERS -

Without legacy-driven action, time slips away—leaving regret instead of pride.

- HOW TO APPLY IT TODAY -

Shift from asking, "Why am I stuck?"
to
"What action honors the "Future You"?"

That shift builds a legacy of progress, purpose, and potential.

Let's keep the momentum going.

If this Flight Plan lit a fire, don't let it burn out.

Let's turn that spark into real progress with a complimentary coaching call designed to remove the drag and launch you forward.

[Click the link](#) or scan the QR code below to book a free one-on-one coaching call with me.

**No pressure.
No sales pitch.**

Just a powerful conversation about your next steps.

Let's talk soon!

Onward & Upward 





MEET John Mollura

Coach, Speaker, Photographer

John Mollura knows what it's like to feel stuck—even with an impressive resume. For 15 years, he led test operations for NASA as a literal rocket scientist, contributing to groundbreaking missions. Later, he became a multi-award-winning photographer, with work featured by National Geographic and Fortune 500 companies. Yet despite the success, he battled self-doubt, perfectionism, and the fear of taking the next step—the same struggles that hold high achievers back from reaching their full potential.

A personal tragedy forced John to confront his fears and redefine success on his own terms. This turning point led him to develop “Elite Level Action”, a science-backed framework designed to help individuals break free from hesitation, take bold action, and build unshakable confidence.

As a coach, speaker, and mentor, John has helped countless individuals overcome procrastination, eliminate self-doubt, and create unstoppable momentum.

His Six Checkpoints for Success provide a roadmap to break through fear, master your mindset, and start taking real action toward the life and career you truly want.

 Ready to stop waiting and start moving? [Book a free call with John today](#) and take the first step toward your breakthrough.

The Future You is waiting—will you be their hero?

John Mollura

Coach | Speaker | Photographer

To book John for your next
event please contact:

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Website: johnmollura.com