



THE MID-CYCLE FLUSH

Why Bitcoin Crashes Before It Goes Parabolic

A Macro Liquidity Report by CryptoColin
“Macro Strategy for Purpose-Driven Crypto Investors”

Preface

Every crypto bull market contains one moment that separates the impatient from the prepared, the fearful from the informed, and the gambler from the investor:
the Mid-Cycle Flush.

It's the violent correction that shakes the entire market, wipes out leverage, destroys weak hands, and convinces millions of people that "the bull market is over."

But the truth is the opposite.

The Mid-Cycle Flush is not the top.

It is not the end.

It is not the blow-off.

And it is not a crash caused by news, politics, or random chance.

The Mid-Cycle Flush is a structural, predictable, repeatable part of every Bitcoin bull cycle.

It happens every time, and it always arrives at the exact moment most people least expect it — right after strong bullish momentum and right before the most explosive phase of the entire cycle.

This report exists for one purpose:

**To finally explain what the Mid-Cycle Flush really is —

why it happens, when it happens, and what comes next —
based on macro liquidity, not opinions.**

My goal is simple:

- Teach you how the crypto cycles truly work
- Show you where we are *right now*
- Help you avoid getting shaken out

- Help you capitalize on what comes next
- Equip you with macro clarity you can use for the rest of your life

Unlike most crypto educators, we're not guessing.
We're not relying on emotions.
We're not relying on hopium or influencer narratives.

We are relying on:

- Global liquidity cycles
- Historical price structures
- Macro conditions
- Market maker behavior
- Bitcoin's multi-cycle behavior
- Institutional flows and ETF dynamics
- Quantitative tightening & easing regimes
- Every Mid-Cycle Flush in history

If you understand this report, you will see the Bitcoin cycle with a level of clarity almost nobody else has.

You will understand:

- Why Bitcoin is dropping
- Why it's *supposed* to drop
- Why this drop is healthy
- Why this drop is temporary
- Why the final parabolic phase comes after
- Why altseason has *not* happened yet
- And why this is one of the greatest wealth windows of your lifetime

This is not hype.

This is macro structure.

And once you understand macro structure...

You stop reacting emotionally
and start acting strategically.

Let's dive in.

— CryptoColin

Chapter 1 — What Is the Mid-Cycle Flush?

Every Bitcoin bull market has a moment that feels like the end.

A moment where:

- price collapses fast
- fear explodes
- influencers panic
- news headlines turn bearish
- metrics break down
- support levels fail
- altcoins free-fall
- the entire crypto world looks like it's dying

This moment is the Mid-Cycle Flush —
and it is *not* the top.

It is the most misunderstood but most predictable event in each crypto cycle.

To understand where we are today, and how the next phase unfolds, we must start with a clean, professional definition.

★ The Mid-Cycle Flush: A Clear Definition

The Mid-Cycle Flush is the violent correction that happens in the middle of the Bitcoin bull cycle — after the initial run-up, but before the parabolic blow-off top.

It is:

- sudden
- sharp
- dramatic
- emotionally intense
- technically destructive
- psychologically destabilizing
- and completely *normal*

It is not caused by:

- news
- politics
- elections
- influencers

- announcements
- regulation
- FUD
- random chance

Those are just narratives.

The true cause is macro liquidity — not headlines.

The Mid-Cycle Flush is a *mechanical*, *structural*, and *macro-driven* event.

It happens because liquidity cycles ALWAYS contain one point where tightening reaches its maximum pressure.

This moment — the liquidity inflection point — unleashes the flush.

(We'll explain this deeply in Chapter 2.)

★ Why the Mid-Cycle Flush Matters

It is essential because it creates the conditions for:

- the final parabolic expansion
- altseason
- retail mania
- the last market-wide rotation
- vertical candles
- the true blow-off top

Without the flush, the bull market cannot finish correctly.

It is the clearing mechanism that:

- wipes out leverage
- resets funding rates
- flushes trend chasers
- forces consolidation
- allows new liquidity to enter

- breaks BTC dominance
- ignites ETH/BTC rotation
- sets the foundation for TOTAL3 expansion

It's not the end of the cycle.

It's the reset before the final chapter.

★ **How to Recognize a Mid-Cycle Flush**

Every Mid-Cycle Flush shares the same fingerprints.

No matter the year, cycle, or macro environment, the pattern is identical.

Here are the key markers:

1. Sharp, Accelerated Price Decline

Bitcoin drops:

- 20–40% (sometimes more)
- within days or a few weeks
- with long vertical candles

This creates maximum emotional impact.

2. Liquidation Cascades

You will see:

- billions in liquidations
- exchanges choking
- derivatives collapsing
- open interest wiped out

This is a structural purge.

3. BTC Dominance Falter

Not enough to signal altseason...
but enough to reveal:

- weakening BTC strength
- rotation beginning
- liquidity shifting
- altcoins bottoming

This is the early stage of the rotation cycle.

4. TOTAL3 (alt market cap) Bleeds Hard

Altcoins drop:

- 40–70%
- often worse for microcaps and memes

This panic is necessary for the market reset.

5. Macro Noise Becomes Loud

Headlines suddenly spike:

- “Bitcoin dead again”
- “Crypto overvalued”
- “Cycle top in”
- “Regulation incoming”
- “Risk-off environment”

These headlines appear *every single cycle* at this same stage.

6. Funding Rates Flip Deeply Negative

This signals:

- leveraged longs wiped
- shorts piled in
- fear-driven structural imbalance

Mid-cycle flushes leave the market in a state of maximum pessimism.

7. No Macro Top Signals Are Flashing

This is the biggest clue of all.

In a real top:

- ETH/BTC rips
- NUPL enters euphoria (>0.75)
- BTC goes vertical
- altseason mania hits peak
- liquidity peaks
- retail blows in
- mainstream mania erupts

None of these occur during a mid-cycle flush.

This is the key distinction.

★ **Why Beginners Misinterpret It**

Beginners mistake the flush for the end because:

- It feels violent
- It breaks major levels
- It looks like 2021 → 2022
- Social media panics
- Most influencers don't understand liquidity
- It resembles a macro top visually
- People have emotional trauma from past crashes

But the experienced investor recognizes the truth:



★ The Mid-Cycle Flush Happens Every Cycle — and It Always Happens in the Middle

Let's map it out:

2013

- Mid-cycle flush: April
- Final top: November
→ 7 months later

2017

- Mid-cycle flushes: March, June, September
- Final top: December
→ 3–9 months later

2021

- Mid-cycle flush: May–July
- Final top: November
→ 4–6 months later

2025

- Mid-cycle flush: NOW (2025)

- Final top: Q4 2025 → Q2 2026
➡ 6–12 months later

Every cycle. Same pattern.

The flush is the bridge between:

■ *The first half of the bull market*

and

■ *The vertical parabolic second half*

★ Why This Chapter Matters

You cannot understand the crypto market without understanding the Mid-Cycle Flush.

It explains:

- where we truly are
- what's actually happening
- why the crash is normal
- why it precedes massive gains
- why altseason hasn't started
- why the final top is still ahead
- why liquidity is the real cycle driver

Once you understand this, you stop panicking at the flush...
and start preparing for the opportunity.

Now that we understand *what* the Mid-Cycle Flush is,
we must understand *why it happens* and *what causes it*.

That's where Chapter 2 begins.

Chapter 2 — The Liquidity Inflection Point

Why the Mid-Cycle Flush Actually Happens

The Mid-Cycle Flush is not a random event.

It does not appear out of thin air.

It does not happen because of news, fear, politics, elections, regulation, or influencer drama.

The Mid-Cycle Flush always happens for one reason:

★ **Because global liquidity reaches its tightest point and begins to turn.**

This moment — the liquidity inflection point — is the engine that powers every major reset in the middle of a Bitcoin bull cycle.

Before we go any further, we need a simple but powerful idea:

★ **Markets react to the DIRECTION of liquidity, not the AMOUNT.**

This is the most important macro concept most crypto investors never learn.


Here's what it means:

- You can have *lots* of liquidity in the system, but if liquidity is slowing, markets fall.
- You can have *little* liquidity in the system, but if liquidity is increasing, markets rise.


The rate of change controls the market — not the absolute level.

This is why the Mid-Cycle Flush happens exactly when it does.

It appears at the moment liquidity transitions from:

 Decelerating (tightening)

to

 Accelerating (loosening)

This turning point is the inflection — the tightest moment of liquidity.

And that's what causes the flush.

Let's break this down clearly and visually.

★ What Does “Liquidity Tightest Point” Actually Mean?

Most people think “tightest liquidity” means:

- lowest liquidity ever
- no money in the system
- disaster
- depression
- lack of buyers
- drying-up liquidity

But that is NOT what it means.

“Tightest” does not mean the lowest amount of money.

It means:

The moment liquidity contraction is slowing and about to end.

It’s the turning point — the bottom of the liquidity cycle.

Think about it like braking a car.

- When you slam the brakes initially → rapid deceleration
- But at the end of the stop → the rate of deceleration slows
- When the brakes release → acceleration begins again

The “tightest liquidity” is the end of the braking phase.

It is the exact moment when:

- contraction is at its final stage
- the rate of liquidity decline slows
- liquidity is ready to expand again

This transition creates stress in the market.

And that stress is the Mid-Cycle Flush.

★ Why the Flush Happens at the Liquidity Inflection Point

Because at the inflection point:

✓ Leverage is at its highest

Markets have spent months climbing on:

- perps
- options
- borrowed USDT
- high funding
- thin collateral loops

When liquidity tightens just enough → everything unwinds.

✓ Market makers pull bids

Market makers see:

- thinning books
- extreme long exposure
- rising liquidation clusters

- no liquidity cushion

They intentionally:

- sweep stop-losses
- run liquidation zones
- push price into low-liquidity pockets
- reload at lower levels

This looks “manipulative,” but it’s actually structural.

✓ Order books become imbalanced

With little liquidity supporting the price:

- buyers evaporate
- sellers dominate
- cascades accelerate

This creates the long vertical red candles typical of flushes.

✓ ETF inflows slow temporarily

This is incredibly important.

Even small ETF inflow pauses create outsized effects when:

- leverage is high
- liquidity is low
- order books are thin

This is exactly how inflection-point flushes begin.

✓ Macro liquidity momentarily tightens

This is usually caused by:

- bond yield spikes
- treasury issuance windows
- reverse repo dips
- temporary dollar strength
- QT slowing/ending
- fiscal spending gaps

Notice:

This is not enough to end the bull market — but it *is* enough to trigger a correction.

✓ Psychological fragility peaks

Investors become:

- overly confident
- overleveraged
- undereducated
- unprepared for volatility
- primed for fear-driven exits

This emotional setup amplifies the flush.

★ **Why the Inflection Point Creates the Flush — Not QE/QT Alone**

Here's the biggest point of confusion:

People think flushes happen when:

- QE ends
- QT starts
- QT ends
- QE starts
- etc.

But the surface event (QE/QT) is NOT the cause.

The inflection point in liquidity direction is the cause.

This is why:

- In 2013, the flush came when QE was slowing
- In 2017, the flush came when QT was beginning
- In 2021, the flush came when liquidity growth slowed
- In 2025, the flush is coming when QT is ending

Different events,
same underlying mechanism:

★ **Liquidity tightening → Inflection → Flush → Liquidity expansion**

This is the cycle.

Let's map it visually.

★ Liquidity Cycle Diagram

LIQUIDITY CYCLE

↑ Increasing (easy money)

↑ Increasing

→ Flat

↓ Tightening

↓ Tightening

■ ↓ TIGHTEST (Inflection Point)

■ ↑ EXPANDING

↑ EXPANDING

↑ PARABOLIC EXPANSION

The Mid-Cycle Flush always happens at the red zone.

The parabolic phase always begins in the green zone.

This pattern is identical every cycle.

★ Why the Mid-Cycle Flush Is Always Followed by a Parabolic Run

When liquidity begins to re-expand after the inflection point:

- leverage resets
- funding resets
- sentiment resets
- market structure resets
- BTC dominance rolls over
- ETH/BTC begins rising
- TOTAL3 forms a base
- altseason ignites
- retail begins returning
- parabola forms

The flush is not the end.

It's the pivot between the early bull market and the final blow-off phase.

★ Summary: The Liquidity Inflection Point Explained

If you want to reduce the entire chapter to one simple statement:

“The Mid-Cycle Flush happens when liquidity tightening hits its maximum pressure and is about to reverse upward — the inflection point where contraction ends and expansion begins.”

This is the true cause of the flush.

This is why it happens every cycle.

This is why it's predictable.

This is why altseason always follows.

This is why the parabolic phase hasn't happened yet — and why it's coming next.

Now that we understand the inflection point,
we can move on to the next critical chapter:

What actually causes the flush mechanically and structurally in the market —
the leverage cascade, the market maker behavior, the liquidity harvesting, and more.

Chapter 3 — What Actually Causes the Mid-Cycle Flush

The Mechanical, Structural, and Psychological Forces Behind the Crash

Now that you understand what the Mid-Cycle Flush is and why it happens at the liquidity inflection point, we need to dig deeper into the actual mechanics of the crash.

Because the Mid-Cycle Flush is NOT just a liquidity phenomenon.

It is also:

- a market microstructure phenomenon,
- a leverage unwinding phenomenon,
- a behavioral phenomenon,
- an order-book fragility phenomenon, and
- a game-theory-driven liquidity harvesting event.

This chapter breaks down EXACTLY what happens inside the market during a Mid-Cycle Flush — step-by-step, with clarity.

★ ****The Mid-Cycle Flush Is Not Caused by One Thing...**

It Is Caused by ALL of These Things Working at Once**

You can think of it like a perfect storm:

- Liquidity tightens (macro)
- Leverage maxes out (traders)
- Market makers see imbalance (microstructure)
- A small drop triggers cascading liquidations (mechanics)
- Order books thin → liquidity evaporates (structure)
- Altcoins exaggerate the move (sentiment + structure)
- Fear spikes → panic exits (psychology)

When these forces collide at the inflection point, the flush becomes unavoidable.

Let's break down each force clearly.

★ 1. Excessive Leverage Builds Up Over Months of Bullish Momentum

Leading up to the flush, Bitcoin often spends months rising with:

- minimal corrections
- increasing confidence
- new all-time highs or cycle highs
- strong ETF inflows
- trending conditions

This environment causes traders to:

- increase leverage
- increase position size
- rely on high funding rates
- use borrowed stablecoins
- long the trend aggressively
- assume the market “can’t drop”

This creates a fragile system, because:

- When too many people are long
- At too high leverage
- With too little margin buffer
- Into an illiquid order book...

...the market becomes unstable.

A small drop triggers a large reaction — not because of news, but because the system is overloaded.

This is the core trigger of the flush.

★ 2. A Small Drop Leads to Liquidations, Which Cause More Liquidations

Once excessive leverage builds up, liquidations chain together like falling dominoes.

The process:

Step 1 — Price dips 3–5%

This is enough to wipe out high-leverage longs.

Step 2 — Forced selling begins

When a position is liquidated, the exchange *sells into the market*, pushing price down.

Step 3 — Price drops further

This triggers more liquidations.

Step 4 — The cascade accelerates

A 5% drop becomes a 10–20% drop in hours or days.

This is why flushes are:

- fast
- dramatic
- vertical
- violent
- unstoppable until structure is cleared

No “news event” is needed — the leverage unwinding itself creates the crash.

★ 3. Market Makers intentionally “harvest” liquidity

This is one of the least understood but most important elements.

Market makers (MMs):

- see overleveraged positioning
- see stop-loss clusters
- see liquidation zones

- see liquidity pockets below price
- see thin bids
- see crowded long bias
- see extreme imbalance

So what do they do?

They PUSH price into the pockets where liquidity is hiding.

This is not conspiracy.

This is their job.

Market makers are paid to create liquidity, not follow price.

So they:

- run stops
- sweep the lows
- trigger liquidations
- fill their orders at favorable levels
- reload at discounted prices

This is why Mid-Cycle Flush candles often look:

- deliberate
- engineered
- surgically targeted
- precision-driven

Because they are.

Not by governments.

Not by politicians.

Not by news.

But by market structure and profit incentives.

★ 4. Order Books Become Thin and Imbalanced

This is the most technical part, but also one of the most crucial.

As liquidity tightens in the macro environment, exchanges experience:

- fewer bids
- lower resting liquidity
- shallow order books
- thinner market depth

When a cascade of selling hits a thin book:

- there are no buyers
- price gaps downward
- liquidity evaporates
- volatility explodes

The flush accelerates because the market has no cushion.

This is why flushes often happen *at night, on weekends, or when volume is low*.

The order book is thinner then, which makes liquidity harvesting easier.

★ 5. ETF Inflows Slow (Even Temporarily)

Even a small slowdown in ETF flows can trigger:

- rotational weakness
- leverage imbalance
- loss of bid support
- a drop in net inflows
- market-wide fragility

It is not that ETFs are selling.

It's that inflows *pause*, during a moment when:

- leverage is high
- liquidity is thin
- order books are weak
- sentiment is overly bullish

This pause acts like a catalyst.

Not because ETFs are bearish —
but because the market was overly dependent on them.

★ 6. Liquidity Softens at the Exact Same Time (Macro)

This is where everything converges.

The Mid-Cycle Flush ALWAYS occurs when liquidity softens due to:

- bond yield spikes
- treasury issuance windows
- reverse repo declines
- QT ending or shifting
- dollar strengthening

- momentary liquidity contractions
- global M2 flatlining

This softening doesn't cause a bear market.

It simply:

- removes enough liquidity
- at the wrong time
- while leverage is high
- while books are thin
- while ETF inflows slow

...and the system collapses.

This is the inflection point from Chapter 2.

★ 7. Altcoins Exaggerate the Move — Pulling TOTAL3 Down Hard

Altcoins act as:

- sentiment accelerators
- leverage amplifiers
- liquidity sponges

During a Mid-Cycle Flush:

- altcoins collapse
- TOTAL3 free-falls
- 40–70% drawdowns appear
- memes implode
- social sentiment crashes

This *intensifies* fear across the market and makes the flush look like the cycle top.

It's not the top.

It's the cleanup before the top.

★ 8. Fear + Liquidations + Thin Books = Violent Price Action

The Mid-Cycle Flush produces the most violent candles of the entire bull market because:

- macro liquidity is tight
- leverage is excessive
- MMs are sweeping liquidity
- ETFs temporarily slow
- order books thin out
- altcoins collapse
- psychology collapses
- panic takes over

This combination ALWAYS looks like a macro top...
until the dust settles and you realize it wasn't.

★ Putting It All Together: The Complete Mechanics of the Mid-Cycle Flush

Here is the full chain in a single visual:

1. Bull trend → leverage builds
2. Liquidity tightens (macro)
3. ETF inflows slow temporarily
4. Order books thin
5. A small drop triggers initial liquidations
6. Liquidations cause more liquidations
7. Market makers sweep liquidity zones
8. Price accelerates downward (violent candles)
9. Altcoins crash harder than BTC
10. TOTAL3 collapses → panic
11. Liquidity hits INFLECTION POINT (tightest)
12. Liquidity begins rising afterward → recovery
13. Rotation begins → altseason setup
14. Parabolic phase begins → blow-off

This is the true anatomy of the Mid-Cycle Flush.

Every cycle follows this blueprint.

★ Summary: Why the Mid-Cycle Flush Happens

If you want the one-sentence explanation:

“The Mid-Cycle Flush is caused by a perfect storm of high leverage, thin liquidity, market maker liquidity harvesting, temporary ETF inflow slowdown, macro softening, and panic — all hitting at the same time at the liquidity inflection point.”

Now that you know:

- what the flush is,
- why it happens, and
- how it unfolds structurally...

...it's time to explore the history.

Because the most powerful confirmation that we are in a Mid-Cycle Flush right now in 2025 is the fact that every previous cycle behaved in the exact same way.

That's next.

Chapter 4 — The History of Mid-Cycle Flushes

2013, 2017, 2021, and 2025 — The Pattern That Never Fails

Now that you understand the mechanics of the Mid-Cycle Flush, it's time to look at the historical evidence.

Because once you see the pattern across every Bitcoin bull cycle, the truth becomes obvious:

The Mid-Cycle Flush is not an anomaly.

It's a repeating cycle behavior — almost a law of Bitcoin.

Every cycle has one.

Every cycle's flush looks violent.

Every cycle's flush looks like the end.

And every cycle's flush creates the foundation for the final blow-off top.

Let's walk through each one clearly.

Why History Matters

Patterns in markets exist because human behavior, liquidity dynamics, leverage, psychology, and market structure don't change.

Here's the repeating structure:

Every Bitcoin bull cycle contains:

1. Early bull phase — disbelief rally
2. Mid-cycle flush — violent reset
3. Parabolic phase — explosive mania

4. Final cycle top — euphoric peak

5. Bear market — long contraction


The Mid-Cycle Flush is the bridge between phases 1 and 3.

This chapter shows:

- The timing
- The depth
- The cause
- The aftermath
- And how it matches 2025 perfectly

Let's examine each cycle in detail.

2013 Mid-Cycle Flush

 Date: April 2013

 Drawdown: ~ -35%

 Market Reaction:

- Social media panic

- News headlines declaring Bitcoin dead
- Massive long liquidations
- Fear-driven selling

Most people assumed this was the cycle top.

💡 What Actually Happened:

It was the mid-cycle flush.

📈 Aftermath:

BTC went from ~\$50 → \$260 → *flush* → \$1,100
(4× move AFTER the flush)

🧠 Cause:

- Liquidity slowdown as QE3 taper was signaled
- Massive exchange-driven manipulation (Mt. Gox)
- High leverage for the era
- Thin liquidity pockets

🕒 Final Top: November 2013


➡ 7 months after the mid-cycle flush

This was the first clear example of the pattern.


● 2017 Mid-Cycle Flushes

2017 is unique because it had three flushes, each one building pressure for the parabolic Q4 run.


Flush #1 — March 2017

 ~ -34%

Flush #2 — June 2017

 ~ -39%

Flush #3 — September 2017

 ~ -40%


Each one caused panic.

Each one looked like “the top.”

Each one reset leverage.


🧠 Causes:


- Liquidity tightening as QT began
- China FUD cycles
- ICO boom volatility
- Market maker sweeps
- Thin order books
- Rising dominance of futures and derivatives

 Aftermath:

BTC ran from:

\$3k → *flush* → \$20k


 Final Top: December 2017

 3–9 months after the flushes

The 2017 cycle shows how multiple flushes can prime a market for massive upside.

2021 Mid-Cycle Flush

 Date: May–July 2021

 Drawdown: -50% to -55%

(BTC: \$65k → \$29k)

This was one of the most dramatic and misunderstood flushes ever.

 Market Reaction:

- “Bitcoin is dead again”
- “This was the top”
- “Bear market confirmed”
- Extreme fear
- Crypto Twitter meltdown

💡 What Actually Happened:

It was the mid-cycle flush.

🧠 Causes:

- Liquidity growth slowed
- China mining ban shock
- Leverage across all exchanges wiped
- Thin order books
- Overextended long bias
- Macro uncertainty

📈 Aftermath:

BTC went from:

\$29k → \$69k

(2.3× move AFTER the flush)


🕒 Final Top: November 2021

➡ 4–6 months after the flush

2021 is the most vivid example for modern investors because most people lived through this flush and mistook it for the top.

2025 Mid-Cycle Flush (Current Cycle)

 Date: NOW — 2025

 Drawdown:


Currently ~20–25%

Expected: 25–35% (possibly deeper)

 Market Reaction:


- “Bull market over”
- “Macro top is in”
- “Cycle ending early”
- Fear exploding
- Funding collapsing
- Altcoins bleeding 40–70%
- TOTAL3 breaking support

Exactly like every prior cycle.

 Causes:

- Liquidity at tightest point
- QT ending December 2025

- Leverage at extreme levels
- ETF inflow slowdown
- Thin order books
- Market maker harvesting
- Treasury liquidity softening
- Global M2 flatlining temporarily

 What This Actually Is:

The mid-cycle flush —
not the top.

 What Comes Next (Historical Pattern):

- Liquidity expansion begins
- BTC dominance weakens
- ETH/BTC rises
- TOTAL3 bases
- Altseason ignites

- Parabolic blow-off begins

🕒 Final Top Window:

Q4 2025 → Q2 2026

➡ 6–12 months after the flush

This matches every historical cycle.

★ Mid-Cycle Flush Comparison Table

Paste this into Google Docs — it will format cleanly:

CYCLE | FLUSH DATE | DRAWDOWN | FINAL TOP | TIME BETWEEN FLUSH & TOP |
AFTERMATH

-----|-----|-----|-----|-----|-----

2013	Apr 2013	-35%	Nov 2013	~7 months	BTC 4× after flush
2017	Mar–Sep	-34–40%	Dec 2017	3–9 months	BTC 6× after early flush
2021	May–Jul	-55%	Nov 2021	~4–6 months	BTC 2.3× after flush
2025	NOW	20–35%	Q4 2025–Q2 2026	~6–12 months	Altseason + parabola ahead

This table alone is worth the entire chapter.

★ The Pattern Is Unmistakable

Across ALL cycles:

Mid-Cycle Flush → 3 to 12 months later → Final Blow-Off Top

Never sooner.

Never later.

Every flush resets the market for:

- the altseason
- the rotation phase
- the final exponential move

This is the blueprint.

This is the pattern.

This is the cycle.

And we are living inside it right now.

★ **Why This Chapter Matters**

Most investors lose money because they mistake the Mid-Cycle Flush for the top.

But history shows:

- The flush is not the end
- The flush is the center of the cycle
- The flush precedes the biggest gains
- The flush is necessary for the parabolic phase
- The flush happens every single time

Now that the pattern is clear, we can move to the next chapter:

Why people ALWAYS think the flush is the top —
and how to avoid falling into that psychological trap.

Chapter 5 — Why People Mistake the Mid-Cycle Flush for the Cycle Top

How Fear, Structure, and Psychology Mislead 99% of Investors

Even though the Mid-Cycle Flush happens every single bull market...
even though it has identical characteristics every time...
and even though the final blow-off top always comes after...

most investors misinterpret the flush as the end of the cycle.

Why?

Because the Mid-Cycle Flush looks, feels, and behaves like a top — but it isn't one.

Understanding *why people always get this wrong* will help you easily recognize the truth when others panic.

This chapter breaks down the psychology and market structure that cause the misinterpretation.

Reason #1 — The Flush Breaks Major Moving Averages

During the Mid-Cycle Flush, Bitcoin often breaks:

- the 50-day MA
- the 100-day MA
- the 200-day MA (sometimes briefly)
- rising trendlines
- support zones

This creates dramatic chart breakdowns that look like:

- a macro reversal
- the start of a bear market
- the “classic top” pattern

But these breakdowns are actually:

- temporary
- liquidity-driven
- mechanically induced
- part of the reset

Every cycle:

- 2013: broke moving averages → then ran 4×
- 2017: broke moving averages → then ran 6×
- 2021: broke moving averages → then ran 2.3×
- 2025: breaking moving averages now → about to run next

This structural breakdown deceives traders who rely only on technicals.

★ Reason #2 — Liquidation Cascades Create Extreme Volatility

When billions in leveraged positions get liquidated:

- price drops violently
- candles become vertical
- structure breaks
- panic accelerates

These liquidation cascades cause fast, dramatic movements that *feel* like:

- the 2021 → 2022 top
- the 2017 → 2018 top
- a collapse
- a blow-off exhaustion
- the end of the cycle

But these are not tops.

They're the cleansing event before the second half of the bull market.

★ Reason #3 — Altcoins Collapse 40–70%

Nothing creates more fear than altcoins nuking:

- 40%
- 50%
- 60%
- 70%

This happens because altcoins are:

- thinly liquid
- highly leveraged
- sentiment-driven
- structurally weaker

TOTAL3 (all altcoins excluding BTC & ETH) always dumps HARDER than BTC.

This makes people think:

- the whole market is dead
- altseason will never come

- a bear market has started
- the cycle is over

But historically, TOTAL3 always forms a base right after the flush, then begins the slow climb toward altseason.

This base is forming right now.

★ Reason #4 — Social Media Panic Amplifies Fear

During a Mid-Cycle Flush, Crypto Twitter becomes:

- apocalyptic
- emotional
- irrational
- flooded with bearish predictions
- full of “macro top is in” narratives

Popular influencers often:

- forget how cycles work
- get emotionally shaken

- confuse flushes with tops
- spread fear-based content
- promote “exit now” messages

Because they rely on:

- short-term charts
- simple TA
- emotional reactions
- views and engagement

Not macro models.

This creates an echo chamber that convinces beginners that the bull market is over.

★ Reason #5 — It Looks Identical to the 2017 & 2021 Macro Tops

The price action in a Mid-Cycle Flush:

- steep drop
- sharp liquidation
- moving average breakdown
- cooling funding
- dramatic sentiment collapse

...looks very similar to the candle structure during the macro top.

This visual similarity confuses traders who:

- don't know the timing
- don't understand liquidity
- don't track cycle structure
- react emotionally to patterns

But the difference is simple:

Tops show euphoria — flushes show fear.

That's the distinction.

★ Reason #6 — People Don't Understand Liquidity Cycles

This is the biggest blind spot.

Most investors do NOT understand:

- QE vs QT
- liquidity cycles
- M2 growth
- bond yield effects
- treasury issuance cycles
- liquidity inflection points
- macro drivers of Bitcoin
- ETF inflow behavior

They simply think:

“Price is down → must be the top.”

But the macro truth is:

“Price down at inflection → mid-cycle flush → liquidity expands → parabolic phase begins.”

Those who understand liquidity cycles see the flush *early*.

Those who don't see it think the bull is ending.

★ Reason #7 — PTSD From Previous Crashes

Crypto investors carry emotional trauma from:

- 2018
- 2020
- 2021 → 2022

So when they see:

- a sharp drawdown
- broken structures
- collapsing alts
- panic on Twitter

...they instantly assume:

“It’s happening again.”

But they’re misreading the moment.

In a real top, liquidity peaks.

In a Mid-Cycle Flush, liquidity is bottoming.

Two completely different environments.

★ Reason #8 — The Flush Happens AFTER Months of Strong Bullish Momentum

This is critical.

The Mid-Cycle Flush ALWAYS happens when:

- people feel confident
- investors get complacent
- the trend has been strong for months
- everyone expects continuation
- euphoria is building
- dip-buying is automatic
- greed is rising slowly

So when the flush hits:

- nobody expects it
- sentiment collapses hard
- confidence evaporates instantly

This emotional whiplash convinces people the cycle is over.

★ Reason #9 — Beginners Don't Know That the Final Blow-Off Always Comes Later

Most investors don't realize:

The parabolic phase ALWAYS comes after the mid-cycle flush.

Not before.

Not during.

Always after.

Historical timeline:

- 2013: 7 months after the flush → blow-off
- 2017: 3–9 months after the flush → blow-off
- 2021: ~6 months after the flush → blow-off
- 2025: 6–12 months after the flush → blow-off

If you don't know this,
the flush *looks* like the top.

If you do know this,
the flush *looks* like the opportunity.

★ Reason #10 — Macro Top Signals Are NOT Flashing

This is the strongest evidence.

At a true macro top:

- NUPL > 0.75 (Euphoria)
- ETH/BTC skyrockets
- Retail mania peaks
- Google Trends explode
- Meme coins go insane
- Vertical weekly candles form
- Global liquidity peaks
- Media frenzy arrives

Right now in 2025:

None of these are present.

Not even close.

Which means the flush is NOT the top —
it's the reset before the peak.

★ Summary: Why the Flush Looks Like the Top (But Isn't)

If you want to understand why people ALWAYS get fooled:

“The Mid-Cycle Flush feels like a top because it mimics the violence of a macro top — but without the euphoria, liquidity peak, rotation signals, or parabolic structure.”

The flush is:

- structural
- mechanical
- liquidity-driven
- predictable
- healthy
- temporary
- necessary
- and ALWAYS followed by the parabolic phase

Now that we've covered the psychology and structure behind the confusion, we need to take the next major step:

Understanding the *difference* between the Halving Cycle and the Liquidity Cycle — and why liquidity now controls everything.

Chapter 6 — The Liquidity Cycle vs. The Halving Cycle

Why the Old Model Stopped Working — and the New Model Explains Everything

One of the biggest reasons people misunderstand the Mid-Cycle Flush — and the entire structure of the Bitcoin bull market — is because they are using the wrong model.

Most investors still rely on the Halving Cycle Model, which says:

- Bitcoin bottoms → 1 year before halving
- Bitcoin pumps after halving
- Bitcoin tops ~1 year after the halving

This worked beautifully in *early* Bitcoin cycles...

...but the macro environment changed,
institutional flows changed,
Bitcoin's liquidity behavior changed,
and the Halving Model lost predictive power.

Today, the Liquidity Cycle is what drives Bitcoin — not the halving.

This chapter will show why the Liquidity Cycle is the correct model, how it works, and where we are inside it right now.

★ Part 1 — Why the Halving Cycle Stopped Being the Dominant Model

There are several reasons why the Halving Cycle is no longer the primary driver.

Let's break them down clearly.

★ Reason #1 — Halving Has a Diminishing Effect on Supply

In 2012 and 2016:

- The block reward reduction was huge relative to the market
- The mining impact was significant
- The supply shock dramatically affected price

Today:

- Bitcoin's overall supply issuance is already extremely small
- The halving has a much smaller effect
- The market is far more liquid
- Institutional buyers dominate flows
- The ETF era changed everything

The halving matters — but not as the dominant timing mechanism anymore.

★ Reason #2 — ETFs Decoupled Bitcoin From the Halving Rhythm

The ETF era began a new regime:

- steady inflows
- institutional buying
- corporate exposure
- retirement accounts
- pension funds
- balance-sheet buyers
- global access

These inflows are liquidity-driven, not halving-driven.

Bitcoin now behaves like:

- a macro asset
- a liquidity-sensitive asset
- a global risk asset
- a hedge against fiat debasement

- a high-beta expression of liquidity cycles

NOT a purely supply-driven asset.

The halving is now “just another variable.”

Liquidity is the primary driver.

★ Reason #3 — Liquidity Determines Bitcoin’s Price Structure

Here is the key truth:

**Bitcoin rises when liquidity rises.

Bitcoin falls when liquidity falls.**

No matter:

- the halving
- the price pattern
- the narratives
- the emotions
- the influencers

BTC tracks global liquidity almost perfectly.

In fact, every major turning point in Bitcoin’s history matches:

- global M2 turning points
- Fed balance sheet turning points
- monetary policy inflections
- treasury liquidity inflections
- QE/QT transitions

NOT the halving date.

★ Reason #4 — Liquidity Created the 2023 Bull Run BEFORE the Halving

This was the biggest proof of all.

Bitcoin bottomed in November 2022,
and pumped from:

- \$15.5k → \$30k → \$40k → \$50k → \$70k

BEFORE the 2024 halving ever happened.

Why?

Because global liquidity bottomed in:

- October–November 2022

Bitcoin followed liquidity — not the halving.

If halving still controlled the cycle, Bitcoin wouldn't have entered a bull market until mid-2024.

But the bull started a full 18 months earlier.

The old model failed.

The liquidity model explained it perfectly.

★ Part 2 — What Is the Liquidity Cycle?

The Liquidity Cycle is a macro rhythm, typically lasting 3.5–4.5 years, driven by:

- global M2
- QE and QT
- treasury issuance
- interest rate policy
- fiscal spending
- RRP levels
- bank reserves
- global credit impulse

Bitcoin is now tethered to macro liquidity flows.

This is the new reality.

Here's the simple version:

★ **The 4 Stages of the Liquidity Cycle**

Stage 1 — Liquidity Bottoms

(Everyone thinks the world is ending)

- November 2022
- BTC bottomed
- Stocks bottomed
- Macro fear peaked
- Rate hikes ended
- Inflation rolled over

This was the beginning of the cycle.

Stage 2 — Liquidity Expands (Early Bull Phase)

(“Disbelief rally”)

- 2023 → early 2024

- BTC pumps from \$15k → \$70k
- Institutions accumulate
- ETFs approved
- Liquidity rising
- Risk-on assets come alive
- Altcoins still lagging

This is the first half of the bull market.

Stage 3 — Mid-Cycle Liquidity Tightening (The Flush)

(“This looks like a top”)

- Liquidity slows
- QT finishing
- Order books thin
- Leverage builds
- ETF flows temporarily slow

- Macro jitters
- Market maker sweeps
- Bitcoin flushes violently

This is EXACTLY where we are now.

This is the Mid-Cycle Flush.

Stage 4 — Liquidity Re-Expansion (Parabolic Phase)

(“Everything is going vertical”)

After the flush:

- QT ends
- Rate cuts begin
- Fiscal spending accelerates
- Global liquidity expands
- Altseason explodes
- Parabolic phase ignites
- BTC finishes the cycle

- Final blow-off top forms

This is the back half of the bull run — the most explosive phase.

2025 → 2026 will be this stage.

★ Part 3 — Halving vs Liquidity Timing in Historical Cycles

Let's compare.

● 2013 Cycle

- Halving: November 2012
- Liquidity inflection: early 2013
- Mid-cycle flush: April 2013
- Top: November 2013

→ Liquidity predicted timing perfectly.

→ Halving gave no prediction of the flush.

● 2017 Cycle

- Halving: July 2016
- Liquidity tightening: 2017
- Mid-cycle flushes: Mar–Sept 2017
- Top: December 2017

→ Liquidity again predicted timing perfectly.

→ Halving was irrelevant to the flush.

● 2021 Cycle

- Halving: May 2020
- Liquidity peaked: March 2021
- Mid-cycle flush: May–July 2021
- Top: November 2021

→ Liquidity predicted exact inflection points.

→ Halving failed to predict both.

■ 2025 Cycle

- Halving: April 2024
- Liquidity tightening finishing: late 2024 → early 2025
- Mid-cycle flush: NOW
- Final top: Q4 2025 → Q2 2026

→ Liquidity cycle is the correct model.

→ Halving timing is irrelevant to the flush.

★ Part 4 — The Liquidity Cycle Predicts 2025–2026 Perfectly

The 2022–2026 liquidity cycle looks like this:

2022 — Liquidity Bottom

2023 — Liquidity Rising

2024 — Liquidity Expanding

2025 — Liquidity Tightest (Mid-Cycle Flush)

2025–2026 — Liquidity Expands → Parabolic Blow-Off

2026 — Liquidity Peak → Cycle Top

This cycle explains:

- why the bull started early
- why the flush is happening now
- why the top isn't close
- why altseason hasn't begun
- why the parabolic phase is still ahead

And this cycle lines up with every macro model used by:

- Raoul Pal (GMI)
- CrossBorder Capital
- Arthur Hayes
- Liquidity analysts
- Macro hedge funds
- Quant desks

This is the new dominant model.

★ Summary: Liquidity Cycle vs. Halving Cycle

Here's the clean takeaway:

“The halving used to control Bitcoin's cycle.

But in the ETF era, liquidity dominates the cycle.

The Mid-Cycle Flush happens at the liquidity inflection point —
not at the halving.

And the final blow-off top comes when liquidity peaks —
not 1 year after the halving.”

Liquidity is the driver.

The flush is the midpoint.

The parabola comes next.

Now that we've established the correct cycle framework,
it's time to zoom in on where we are right now in 2025,
why this flush is happening now,
and what the next 6–12 months look like.

That's coming next.

Chapter 7 — Where We Are Right Now

The 2025 Mid-Cycle Flush and Why It's Happening Now

Now that we've studied:

- what the Mid-Cycle Flush is,
- why it happens,
- the mechanics behind it,
- the psychology that misleads people, and
- the history across every cycle...

...it's time to answer the biggest question of all:

Where exactly are we in the current Bitcoin cycle?

The short answer:

We are in the middle of the 2022–2026 liquidity cycle —
at the precise inflection point where the Mid-Cycle Flush always happens.


This is not speculation.

This is the most data-supported position possible in macro right now.

Let's break down the evidence clearly.

★ 1. The Liquidity Cycle Puts Us Dead Center in the Bull Market

The global liquidity cycle typically lasts:

 3.5 to 4.5 years

Here is the current timeline:

- November 2022 → Liquidity bottom (Bitcoin bottom at \$15.5k)
- 2023 → Liquidity expansion (BTC from \$15k → \$40k)
- 2024 → Liquidity acceleration (BTC to \$70k+, ETF boom)
- 2025 → Liquidity *tightest point* (Mid-Cycle Flush)
- Late 2025 → mid-2026 → Liquidity re-expands (Parabolic phase)

We are at the exact place the contraction ends and the expansion begins.

This is the midpoint of the cycle.

This is where flushes happen.

This is where fear peaks.

This is where opportunity incubates.

★ 2. QT Ends December 2025 — Right On Schedule

Every Mid-Cycle Flush occurs:

- near the end of tightening, OR
- right after tightening begins

This cycle is no different.

QT is scheduled to end December 2025.

Liquidity bottoming?

Yes.

Liquidity inflection?

Now.

Liquidity expansion coming?

Immediately after QT ends.

This aligns perfectly with:

- 2013 (QE taper → flush → pump)
- 2017 (QT start → flush → pump)
- 2021 (M2 slowdown → flush → pump)

And now:

- 2025 (QT end → flush → pump)

This is the exact same timing mechanism.

★ 3. Bitcoin's Structure Matches Every Mid-Cycle Flush in History

Right now:

- Bitcoin is breaking major moving averages
- Funding rates collapsed
- Perpetual open interest wiped
- Liquidations in the billions
- TOTAL3 dumped 40–60%
- Altcoins nuked
- Meme coins obliterated
- Fear surging
- Sentiment collapsing
- Bitcoin dominance still elevated

This is *exactly* the same structure we saw:

- in April 2013
- in mid-2017

- in May–July 2021

The pattern is the same.

★ 4. No Macro Top Signals Are Triggered

This is the MOST important data point.

The Macro Top Signals include:

- ✗ NUPL Euphoria (not even close)
- ✗ ETH/BTC explosion (ETH still lagging)
- ✗ Altseason (hasn't even begun)
- ✗ Retail mania (dead quiet)
- ✗ Vertical weekly candles (none)
- ✗ Bitcoin dominance collapse (not yet)
- ✗ Blowing-off candle structure (absent)
- ✗ Google Trends mania (flat)
- ✗ Mainstream coverage (minimal)
- ✗ Liquidity peak (not even close)

Zero macro top signals are flashing.

None.

This alone proves the flush is NOT the top.

★ 5. ETF Behavior Confirms a Mid-Cycle Reset, Not a Top

A true top shows:

- ETF outflows
- ETF distribution
- ETF profit-taking
- sustained net selling

Right now in 2025 we have:

✗ No net ETF distribution

✗ No large sustained outflows

✓ Only a slowdown in inflows (which is NORMAL at inflection points)

ETF behavior matches:

A mid-cycle liquidity reset,
not a cycle top.

★ 6. Altcoins Have Not Completed Their Cycle Yet

In every cycle:

- BTC rallies first
- ETH follows

- Large caps run next
- Midcaps follow
- Narratives rotate
- Meme coins explode
- TOTAL3 goes vertical
- Altseason ends
- Cycle top forms

Right now:

- ETH hasn't even started its ETH/BTC rotation
- L1s haven't made parabolic moves
- AI hasn't blown off
- Gaming hasn't run
- Meme coins haven't peaked
- TOTAL3 hasn't even broken out

- Retail hasn't arrived
- Narratives aren't mature

We're not at the end.

We're not even in the final third.

We're just entering the ignition phase of the rotation cycle.

★ 7. Sentiment Is FAR Too Bearish for a Cycle Top

Cycle tops only form when:

- people believe crypto "can never go down"
- euphoria dominates
- greed explodes
- influencers become gods
- everyone expects \$200k+
- altcoins moon nonstop
- memes go nuclear
- people take out loans to buy

- beginners push the market higher

Right now we have:

- fear
- disbelief
- anger
- confusion
- panic
- uncertainty
- frustration
- capitulation

This is identical to:

- April 2013 sentiment
- June/September 2017 sentiment
- May–July 2021 sentiment

Every flush looks like the end.

But every flush is actually the midpoint.

★ 8. Bitcoin Dominance Is Still Too High for a Final Top

Cycle tops ALWAYS happen when:

- BTC dominance collapses
- ETH/BTC soars
- altcoins lead the market
- TOTAL3 outperforms BTC

Right now:

- BTC dominance remains elevated
- ETH/BTC is near cycle lows
- Altcoins lag massively
- TOTAL3 is dead in the water

This is pre-altseason behavior.

Not post-altseason behavior.

Not top behavior.

Not end-of-cycle behavior.

★ 9. Liquidity Models Predict the Top in Late 2025–Mid 2026

Every reliable liquidity model — including those used by:

- Raoul Pal (Global Macro Investor)
- CrossBorder Capital
- Arthur Hayes
- Liquidity analysts
- Macro quant funds
- Global money supply researchers

— all show the liquidity peak arriving in:

Q4 2025 → Q2 2026

That's when the cycle ends.

That's when the parabolic top forms.

That's when the bear market begins.

We are nowhere near those conditions yet.

★ 10. This Flush Is the Textbook Mid-Cycle Flush

When we combine:

- liquidity behavior
- ETF flows
- macro signals
- dominance structure
- TOTAL3 base
- alt rotation timing
- historical pattern
- cycle length
- sentiment
- derivative patterns
- technical structure

...it becomes obvious:

**This is the mid-cycle flush —

the center of the bull market — the reset before the parabolic phase.**

Not the top.

Not the end.

Not the blow-off.

Not the exit signal.

This is the reset that leads into the most explosive phase of the cycle.

★ **Summary: Where We Are Right Now**

If you want the cleanest possible summary:

“We are at the exact midpoint of the 2022–2026 liquidity cycle — experiencing the standard mid-cycle flush — with the parabolic phase still ahead in 2025–2026.”

This is the same point:

- April 2013
- June–September 2017
- May–July 2021

And now:

December 2024 → 2025

This is the moment where fear peaks and opportunity begins.

Now that you understand where we are in the cycle,
we need to explore the MOST IMPORTANT chapter of the booklet:

What happens AFTER the flush —
and why the next stage is the most explosive part of the entire cycle.

Chapter 8 — What Happens After the Flush

The Parabolic Phase, Altseason, and Final Blow-Off Top

Everything up to this point leads us here.

- You now understand what the Mid-Cycle Flush is.
- You understand why it happens.
- You've learned the macro mechanics, the liquidity inflection, the market structure, and the psychological trap that fools most investors.
- You've seen the history across all cycles.
- You've seen where we are right now in 2025.

Now it's time to answer the most important question of all:

What happens AFTER the flush?

Because this is the part most people don't understand...
and the part where the real money is made.

This is where millionaires are minted.

This is where altseason begins.

This is where charts go vertical.

This is where Bitcoin finally enters Phase 3: The Parabolic Run.

This is where the blow-off top forms.

This is the last stage before the multi-year bear market.

Let's break down exactly how this phase unfolds.

★ **The Post-Flush Playbook (Across All Cycles)**

After every Mid-Cycle Flush in history, the cycle follows the same structure:

1. Liquidity begins rising again
2. BTC recovers and forms new highs
3. BTC dominance weakens
4. ETH/BTC begins trending upward
5. Large-cap altcoins begin outperforming
6. Narratives rotate into mid-caps
7. TOTAL3 breaks out of its base
8. Retail returns
9. Meme season ignites
10. Market enters the parabolic phase
11. Final blow-off top
12. Bear market begins

Every cycle follows this blueprint.

And 2025 → 2026 will be no different.

Let's go deeper.

★ 1. Liquidity Expands (The Trigger for the Parabolic Phase)

Right after the liquidity inflection point (the tightest point), global liquidity begins expanding again.

Liquidity expansion is driven by:

- QT ending
- Rate cuts beginning
- Treasury liquidity increasing
- Fiscal spending rising
- Monetary conditions easing
- Credit impulse positive
- Global M2 turning up

This shift is what pushes risk assets — especially Bitcoin — into the parabolic phase.

This is why the next 6–12 months after the flush are historically the most explosive.

Liquidity expansion fuels mania.

★ 2. Bitcoin Recovers First and Breaks to New Highs

Bitcoin always leads the recovery:

- It stabilizes
- It forms a higher low
- It reclaims key moving averages
- It begins grinding higher
- It eventually makes new cycle highs

This happens because BTC is:

- the most liquid asset
- the first to benefit from easing liquidity
- the asset institutions buy first
- the market's "safe" risk asset

In 2013, 2017, 2021 — and now 2025 — BTC always recovers first.

★ 3. Bitcoin Dominance Starts to Roll Over

Once Bitcoin breaks back into bullish structure:

- dominance peaks
- dominance begins to weaken
- capital starts rotating
- ETH/BTC begins rising

This is the first signal that altseason is approaching.

Bitcoin's dominance must rise during the flush and fall after it.

That's exactly what's happening in 2025.

This is the transition phase from:

BTC phase → ETH phase → ALT phase

★ 4. ETH/BTC Rotation Begins (The Spark That Ignites Altseason)

Altseason does NOT start when:

- alts pump
- memes run
- TOTAL3 rises
- mid-caps move

It ALWAYS starts with ETH/BTC turning bullish.

This is a universal rule across all cycles.

After the flush:

- ETH stops bleeding
- ETH forms a base
- ETH/BTC slowly creeps upward
- ETH breaks resistance
- ETH begins outperforming BTC

This rotation unlocks liquidity for:

- L1s

- L2s
- DeFi
- AI tokens
- Gaming
- Meme coins

ETH/BTC is the ignition switch.

★ 5. Large-Cap Alts Begin Their Run

Once ETH rotates, large caps begin to trend:

- SOL
- AVAX
- LINK
- ADA
- ATOM
- BNB

- MATIC
- XRP
- ETC

These assets begin outperforming BTC for the first time all cycle.

This is the stage where alt believers start feeling “vindicated.”

But this is only the beginning.

★ 6. Narrative Rotation Begins

Next, narratives rotate into mid-cap assets, including:

- AI tokens
- RWAs
- Gaming & Metaverse
- SocialFi
- DePIN
- L2 ecosystems

- Infrastructure plays
- New L1s
- Restaking standards
- Meme supercycles
- Chain-specific ecosystems (e.g., PulseChain, Base, Solana)

Narratives expand because liquidity expands.

Money flows down the risk curve.

★ 7. TOTAL3 Breakout (The Confirmed Start of Altseason)

TOTAL3 = total crypto market cap minus BTC and ETH.

TOTAL3 is the REAL altseason chart.

During the flush:

- TOTAL3 dumps
- TOTAL3 finds a bottom
- TOTAL3 forms a base

After the flush:

- TOTAL3 breaks the base
- TOTAL3 forms higher highs
- TOTAL3 enters its parabolic acceleration

This is the moment altseason truly begins.

And this is when the biggest gains in the entire cycle happen.

Historically:

- TOTAL3 goes 3–6×
- Midcaps go 8–12×
- Smaller caps go 20–50×
- Meme coins go 100–300×

This is the wealth window.

★ 8. Retail Returns in the Final Phase

Retail never enters during:

- early bull phase
- mid-cycle grind

- the flush
- Bitcoin-only pump phases

Retail only arrives when:

- altcoins explode
- stories go viral
- YouTubers get euphoric
- media covers crazy gains
- celebrities enter
- new millionaires appear
- retail FOMO is undeniable

This is the last stage before the cycle top.

This is where late participants rush in.

This is also the most dangerous stage for beginners.

★ 9. Meme Season & Irrational Exuberance

At the very end of the cycle:

- meme coins explode
- garbage tokens pump
- new coins go 10× daily
- low-caps outperform everything
- Solana/BSC/Base/PulseChain meme metas go insane
- influencers get loud
- VCs dump on retail
- new people think they're "crypto geniuses"
- absurd narratives emerge

This is the final phase of euphoria.

This is where cycle timing becomes critical.

★ 10. The Blow-Off Top (Final Stage)

Every cycle ends the same way:

- euphoric vertical weekly candles
- extreme retail mania
- media obsession
- search interest exploding
- market-wide leverage mania
- ETH/BTC peak
- TOTAL3 peak
- Bitcoin parabolic climax
- macro liquidity peak
- unsustainable blow-off structure

Then the reversal.

Fast.

Violent.

Final.

This is when you exit the cycle.

★ **Timeline of What Happens After the Flush (2025–2026)**

Here is the timeline visualized:

2025 Mid-Cycle Flush

↓

1. Liquidity bottom → QT ending

↓

2. BTC recovery & new highs

↓

3. BTC dominance peaks → starts dropping

↓

4. ETH/BTC rotation begins

↓

5. Large-cap altcoins pump

↓

6. Narrative rotation into midcaps

↓

7. TOTAL3 breakout → Altseason

↓

8. Retail mania returns

↓

9. Meme season



10. Parabolic blow-off top (Q4 2025 → Q2 2026)

This is the entire back half of the bull market.

This is the phase where wealth is created.

This is the phase most people miss — because they panic during the flush.

★ **The Mid-Cycle Flush Is the Gateway to the Real Bull Market**

Most people think:

“The flush is the end.”

The truth is:

“The flush is the beginning of the end —
the ignition for the parabolic phase.”

It is NOT the end of the bull market.

It is the midpoint.

It is the reset.

It is the cleansing.

It is the setup.

It is the entry into the most explosive part of the cycle.

If you understand this, you will:

- stop getting shaken out
- stop guessing tops

- stop reacting emotionally
- stop making beginner mistakes
- start preparing for rotation
- start positioning properly
- start building conviction
- start planning exits strategically

The next 6–12 months are the opportunity.

What you do AFTER the flush determines your results for the entire cycle.

★ **Summary: What Happens After the Flush**

“After the Mid-Cycle Flush, liquidity expands, Bitcoin stabilizes, ETH leads rotation, altseason ignites, retail returns, memes explode, and the entire crypto market enters the parabolic phase — ending in the blow-off top 6–12 months later.”

This is the pattern.

This is the structure.

This is the cycle.

This is where wealth is created.

This is why the flush mattered.

This is why you don't panic.

This is why you stay focused.

This is why macro matters.

Recommended Tools & Resources

Build Your Crypto Strategy With Clarity, Confidence & Macro Timing

If you enjoyed this report and want to take your crypto investing to the next level, here are the most effective tools I've created for purpose-driven investors who want to build real wealth with macro clarity.


Each of these resources is designed to help you apply the strategies in this booklet — from cycle timing to portfolio structure, to daily macro updates and market rotation signals.

The Crypto Wealth Playbook (Paperback + PDF)

The Ultimate Guide to Building Wealth in Crypto With Macro Strategy & Cycle Timing

Your complete, step-by-step framework for:

- identifying bull/bear cycles
- building a conviction-based portfolio
- timing entries and exits
- managing risk
- spotting altseason rotation
- avoiding emotional mistakes
- navigating the 4-year liquidity cycle

 **Get it here:**

<https://www.CryptoColin.com/TheCryptoWealthPlaybook>





★ Macro Update — CryptoCycle Signal Tracker™

Your Weekly Macro Intelligence System

This is the exact tool I use to identify:

- Mid-Cycle Flush timing
- Macro top & bottom signals
- Liquidity shifts
- Bitcoin rotation phases
- Altcoin rotation cycles
- Liquidity heat meters
- DCA bias signals

It includes:

-  Macro Top Signals (Cycle Exit Framework)
-  Macro Bottom Signals (Bitcoin Re-Entry Framework)
-  Altcoin Rotation Detector
-  Macro Liquidity Pulse

Perfect for investors who want to stay grounded and avoid hype, fear, and emotional mistakes.

 **Access it here:**

<https://www.CryptoColin.com/MacroUpdate>

★ **The Crypto Wealth Audio Masterclass**

Fast, High-Impact Education in 5–10 Minute Lessons

A 9-episode audio series covering:

- cycle psychology
- macro timing
- DCA strategy
- risk management
- exit frameworks

Plus a “Start Here” guide and a Crypto Toolkit bonus PDF.

Perfect for busy people who want to learn fast.

 **Listen here:**

<https://www.CryptoColin.com/TheCryptoWealthAudioMasterclass>

★ Free Resource: Crypto Beginner Checklist

Your First Step Toward Smart, Conviction-Based Crypto Investing

A simple, beginner-friendly checklist that walks you through:

- safe setup
- security
- portfolio structure
- macro awareness
- avoiding hype traps
- choosing the right assets

This is the perfect starting point for anyone new to crypto.

 **Download Free:**


<https://www.CryptoColin.com/Checklist>

★ Stay Connected

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<https://www.youtube.com/@CryptoActivator>

 **Twitter (X):** @Cryptoactivator

<https://x.com/cryptoactivator>