

YOUR 30 DAY MONEY PLAN PROMPT

Copy everything below, fill in your answers, and paste into Claude or ChatGPT

I am a female entrepreneur and I want you to build me a detailed, personalised 30 day money plan. Here is my full picture:

MY 30-DAY INCOME GOAL: [specific number]

MY PRIMARY OFFER: [what you sell, at what price, to whom]

MY CURRENT BUSINESS MODEL & ALL INCOME STREAMS: [list everything]

MY REVENUE GAPS (what is not working or underperforming): [be honest]

WHAT I AM CURRENTLY AVOIDING IN MY BUSINESS: [the thing you know you should be doing but aren't]

MY NEW IDENTITY (how my future self operates): [from your identity infrastructure work today]

THE BOLD ACTION I HAVE BEEN PUTTING OFF: [name it specifically]

MY CURRENT AUDIENCE / PLATFORMS: [Instagram, email list, TikTok, LinkedIn — which ones and rough size]

MY CURRENT CONTENT APPROACH: [what you post now and how often]

Based on everything above, please build me:

1. A WEEK-BY-WEEK 30 DAY ACTION PLAN Break it into 4 weeks. For each week give me: the primary focus, the daily non-negotiables, and what success looks like by the end of that week.

2. SOCIAL MEDIA POST IDEAS — 12 POSTS FOR THE MONTH Give me 12 specific post ideas that are directly relevant to my offer and audience. For each post tell me: the format (reel, carousel, story, static), the hook line, what the post is about, and the call to action. Mix education, social proof, behind the scenes, and direct sales posts.

3. EMAIL SEQUENCE — 4 EMAILS FOR THE MONTH Write me 4 email subject lines and a brief description of what each email covers. These should be designed to nurture my list and move people towards buying. Give me the send timing for each one.

4. SALES ACTIVITIES — SPECIFIC TO MY BUSINESS Give me 8 specific sales activities I should do this month based on my offer and audience. Not generic advice — specific actions like DM scripts, story strategies, live ideas, collaboration approaches, or outreach tactics that make sense for what I sell and who I sell it to.

5. MY TOP 3 BLIND SPOTS Based on everything I have shared, what are the three things I am not seeing that are most likely holding my revenue back right now?

6. MY ONE 24-HOUR ACTION What is the single most important thing I should do in the next 24 hours to create momentum towards my goal?

7. THE IDENTITY PATTERN YOU NOTICE Based on what I have shared — particularly what I am avoiding and the bold action I am putting off — what identity or belief pattern do you see running? And what does my future self do differently?

8. THE BOLD STATEMENT End with a bold, specific statement about what becomes possible for my business this month if I follow this plan.

Be direct. Be specific. No generic advice. Everything should be tailored to exactly what I have shared. I want a plan I can action today.