

10 Things I Wish I Knew

**Before Investing in
the Stock Market:**

**Lessons Learned on My
Journey to Financial Freedom**



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INTRODUCTION

Picture this: It's 2019, the world is blissfully unaware of what's about to hit, and I'm a mid-level exec at a Fortune 50 company, daydreaming about early retirement. I had a 401k, sure, but "investing" felt like something other people did. Then, a spark ignited. I started devouring articles, obsessing over stock charts, and hanging onto every word those financial news guys spouted. I felt like a genius, ready to conquer Wall Street.

Spoiler alert: I wasn't. My early attempts were a wild ride – thrilling highs followed by sickening lows. I chased those "hot stock tips" like a dog after a frisbee, tried to outsmart the market (and failed miserably), and basically made every rookie mistake you can imagine.

But here's the thing: those face-plants were actually the best education I ever got. Each painful lesson, each "aha!" moment, transformed me from a reckless gambler into a disciplined investor. And that's what this ebook is all about – sharing those hard-won insights with you so you can skip the drama and fast-track your own path to financial freedom.

If you're feeling lost in the investing maze, or just starting out and terrified of messing up, this book is your lifeline. Let's dive into the 10 things I wish someone had told me back then, and how they can empower you to build real, lasting wealth.

LESSON 1

The "Snowball Effect" That Makes Millionaires

Einstein once said, "Compound interest is the eighth wonder of the world." Sounds fancy, right? But it's actually a simple idea with mind-blowing results. I call it "Millionaire Math." It's like a snowball rolling down a hill, getting bigger and bigger with every rotation. In investing, that "snowball" is your money, and the "hill" is time.

Let's say you invest \$1,000 today and earn a decent 7% return. After a year, you've got \$1,070. Not bad, right? But here's where the magic happens: in year two, you're not just earning 7% on your original \$1,000, you're earning it on \$1,070! This keeps happening year after year, your returns building on themselves like a runaway train.

The takeaway. Start investing ASAP, even if it's with small amounts. Time is your secret weapon to unlock the power of compounding. Your job by itself won't make you rich. Always make your money work harder than you do. That's the golden ticket.

LESSON 2

The Tortoise and the Hare (Investing Edition)

Warren Buffett famously said, "*No one wants to get rich slow.*" But the truth is, slow and steady wins the race when it comes to investing. The stock market is a wild beast – full of exhilarating highs and terrifying lows. It's easy to get swept up in the excitement and make impulsive moves, but real success comes from playing the long game.

Think of it like a marathon, not a sprint. You wouldn't go all-out in the first mile, right? You'd pace yourself, conserve your energy, and focus on the finish line. Investing is the same. It takes patience, discipline, and a long-term vision.

Ask yourself this: Do you want to work longer than you're retired? Or be retired longer than you work? That answer will tell you how serious you are about your financial future.

The takeaway. Ignore the short-term noise and those tempting "get-rich-quick" schemes. Stay focused on your goals, ride out the market's ups and downs, and remember: if you want your golden years to be truly golden, you need a long-term perspective.





LESSON 3

Don't Put All Your Eggs in One Basket (Unless You Like Omelets)

Remember your grandma telling you not to put all your eggs in one basket? Turns out, she was an investment guru! Diversification is all about spreading your money across different types of investments, like stocks, bonds, and real estate. This way, if one investment takes a hit, the others can cushion the blow.

Imagine investing everything in one company. If they go belly up, you lose everything. But if you diversify across multiple companies and asset classes, the impact of one failure is much smaller.

The takeaway. Spread your investments across different areas – stocks, bonds, real estate, etc. This lowers your risk and can even boost your returns over time.

LESSON 4

Believe in Yourself (and Your Financial Future)

"The problem human beings face is not that we aim too high and fail, but that we aim too low and succeed." – Michelangelo

Think about that quote for a moment. It's so easy to get caught up in self-doubt, to set the bar low because we're afraid of falling short. But what if we dared to dream bigger? What if we truly believed in our potential to achieve financial freedom?

Investing isn't just about numbers and strategies; it's about mindset. It's about believing in your ability to learn, grow, and make smart decisions with your money. When you have that unshakeable belief in yourself, you're more likely to stay committed to your goals, even when things get tough.

Here's how to cultivate that winning mindset:

- Cultivate a growth mindset: Embrace challenges as opportunities to learn. Don't be afraid to make mistakes – they're valuable lessons in disguise. Believe in your ability to improve your financial knowledge and skills over time.

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- Visualize your success: Close your eyes and imagine yourself achieving your financial goals. What does it feel like? What will you do with that freedom and security? The more vividly you can picture your success, the more motivated you'll be to make it a reality.
- Surround yourself with positive influences: Connect with other investors who inspire you. Read success stories, listen to podcasts, and seek guidance from mentors who have achieved what you desire. Their positive energy and wisdom can be incredibly contagious.

The takeaway. Believe in yourself and your ability to achieve financial success. It's not just about how much money you have; it's about how you think about money. Cultivate a positive mindset, surround yourself with supportive people, and visualize your goals becoming a reality. Remember, you are capable of amazing things!

LESSON 5

Knowledge is Power (and Profit)

"Knowledge is not power. Applied knowledge is power. And power shared is multiplied!"

This quote really hits the nail on the head. It's not enough to just have information; you need to use it. Think of it like this: you could read every book on basketball, memorize every play, but if you never step onto the court, you'll never be a basketball player. Investing is the same.

Before you throw your hard-earned money into the market, you need to understand what you're buying. Don't blindly follow the crowd or chase the latest hot tip. Do your research!

- Analyze company performance: Dive into their financials. Are they making money? Do they have a ton of debt? Are they a healthy company overall?
- Evaluate growth potential: Are they innovating and adapting to the market? Do they have a bright future?
- Utilize online resources: There are tons of websites packed with valuable information on companies, including financial statements, news articles, and analyst reports.

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And power shared is multiplied!"**

The takeaway. Never invest in something you don't understand. Knowledge, when put into action, is your most powerful tool. Research and analysis are your best friends on this journey.



LESSON 6

Time in the Market Beats Timing the Market

So many investors try to "time the market" – buying low and selling high. Sounds great in theory, but even the pros struggle to do it consistently. Trying to outsmart the market often leads to missed opportunities and frustration.

Imagine selling your stocks during a downturn, hoping to buy back cheaper later. But then the market rebounds quickly, and you miss out on the gains. Or, you wait on the sidelines for a dip that never comes, missing out on potential profits.

More important is picking great stocks with solid fundamentals—and understanding sector stock investing. In fact, I wrote a whole book on this subject that dives deep into how to identify promising sectors and the best stocks within them. (You can check it out here: [THE SECTOR X ADVANTAGE](#))

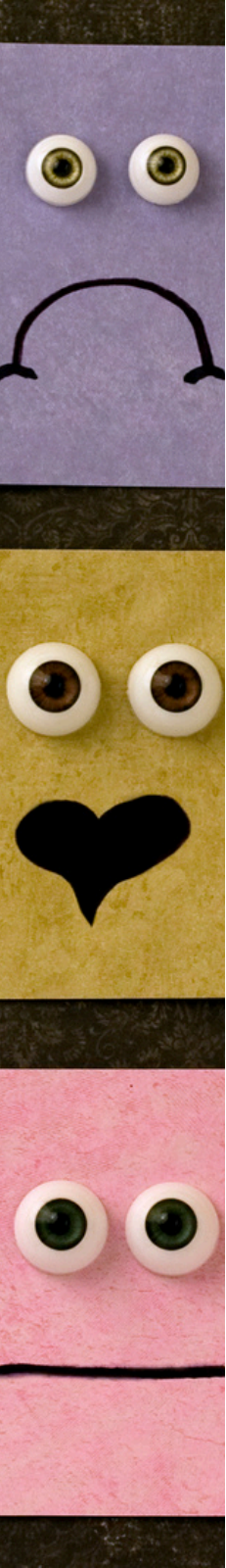
LESSON 6

Time in the Market Beats Timing the Market

This approach is about recognizing that certain sectors outperform others at different points in the economic cycle. By understanding these trends, you can position yourself for better returns.

The takeaway. Forget about trying to predict the market's every move. Focus on consistent, long-term investing. Invest regularly, no matter what the market is doing, and let the power of compounding work its magic.

And remember, choosing strong companies in thriving sectors can give your portfolio an extra edge.



LESSON 7

Don't Let Your Emotions Run the Show

Investing can feel like a rollercoaster. One minute you're riding high, the next you're plummeting towards the ground. Fear can make you sell at the worst possible time, while greed can tempt you into impulsive decisions you'll regret later. The key is to keep a cool head and make rational choices, not emotional ones.

- Avoid panic selling: Market downturns are scary, but remember, the market has always bounced back eventually. Don't let fear dictate your actions.
- Don't chase quick profits: Be wary of "hot tips" and "get-rich-quick" schemes. Stick to your plan and avoid impulsive decisions driven by greed.

Golden Tip: Did you know there's a website that actually tracks the market's "fear and greed" in real time? It's called the Fear & Greed Index, and it's a fascinating tool to check out. You can find it here: [CNN Fear & Greed Index](#)

LESSON 7

Don't Let Your Emotions Run the Show

This index basically measures how emotional investors are feeling. Are they optimistic and greedy, or pessimistic and fearful? It's a helpful way to gauge the overall market sentiment and maybe even recognize your own emotional biases.

The takeaway. Develop a solid investment plan and stick to it, even when your emotions are running wild. Don't let fear or greed sabotage your long-term goals. And keep an eye on that Fear & Greed Index – it might just save you from making an emotional decision you'll regret later.

LESSON 8

Those Pesky Fees Can Eat Your Profits (and SoFi Can Help You Avoid Them)

Here's a sneaky truth about investing: every investment comes with fees. Brokerage commissions, expense ratios for mutual funds, advisory fees... they're everywhere. And while they might seem small, they can significantly impact your returns over time, especially as your investments grow. It's like having a tiny leak in your boat – you might not notice it at first, but eventually, it can sink your ship!

So, how do you plug those leaks and keep more of your hard-earned money?

- **Compare fees:** When choosing a brokerage firm or investment fund, don't just go with the first one you see. Compare the fees charged by different providers. Those seemingly small differences can add up to big savings over time.
- **Consider index funds or ETFs:** These types of funds typically have lower expense ratios than actively managed funds, meaning you keep more of your returns.
- **Negotiate fees:** If you're working with a financial advisor, don't be afraid to negotiate their fees. Remember, you're the customer!

LESSON 8

Those Pesky Fees Can Eat Your Profits (and SoFi Can Help You Avoid Them)

Personally, I've found a solution that I absolutely love: **SoFi**. They're like the cool, tech-savvy younger sibling of traditional banks, and they're 10 years ahead of the game. Here's why I made the switch:

- Free financial planning: With a SoFi account, you get access to financial planners for free! This is a game-changer, especially when you're starting out and need some guidance.
- Commission-free trading: Buy and sell stocks and ETFs without paying any commissions. This alone can save you a ton of money over time.
- Early access to IPOs: Get in on the ground floor of exciting new companies before they even hit the public market.
- Fractional shares: Own a piece of your favorite companies for as little as \$5. This makes investing accessible to everyone, even if you're just starting out with a small amount of money.

SoFi has truly made investing more accessible and affordable. If you're looking for a way to minimize fees and maximize your returns, I highly recommend checking them out: [SIGN UP WITH SOFI](#)

The takeaway. Don't let fees nibble away at your profits. Be a savvy investor, compare your options, and consider a platform like SoFi that puts your financial well-being first.

LESSON 9

Never Stop Learning (and Put That Knowledge into Action!)

"Don't let your learning lead to knowledge. Let your learning lead to action." - Jim Rohn

This quote perfectly captures the essence of successful investing. It's not enough to just read books and articles, or listen to podcasts. You need to take that knowledge and put it to work!

The world of investing is constantly evolving. New technologies, market trends, and economic conditions can all impact your decisions. To stay ahead of the curve and make informed choices, you need to be a lifelong learner. Think of it like this: the market is a living, breathing thing, and you need to keep your finger on its pulse. Here's how to stay in the loop and turn knowledge into action:

- Stay informed: The financial world is constantly buzzing with news and updates. Keep up-to-date on market trends and economic news by reading financial publications, listening to podcasts, or attending webinars.

LESSON 9

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- Expand your knowledge: Don't limit yourself to just one area of investing. Explore different investment strategies, asset classes, and financial instruments to broaden your understanding of the market. The more you know, the more confident you'll become.
- Seek professional advice: Even seasoned investors seek guidance from time to time. Don't hesitate to consult a financial advisor for personalized support, especially when facing complex financial decisions.

The takeaway. Embrace lifelong learning in the realm of investing. Stay curious, adapt to change, and continuously seek new knowledge and insights. But most importantly, put that knowledge into action! Make informed decisions, adjust your strategies as needed, and never stop growing as an investor.

A vertical decorative element on the left side of the page. It features two black silhouettes of hands reaching upwards. The top hand is positioned higher and is more spread out, while the bottom hand is lower and has its fingers more together. The background behind the hands is a vertical gradient from light blue at the top to light orange at the bottom.

LESSON 10

Don't Be Afraid to Ask for Help (My Story)

You don't have to navigate the investing journey alone. Maybe you're new to the game and feeling overwhelmed by all the confusing information out there. Or maybe you've been actively trading for a while, but your losses are outweighing your gains. Believe me, I get it – I've been there.

The Pain of Failure

Like I shared earlier, I tried all the trendy methods and listened to a million so-called gurus. Every course, every email or webinar promised riches and success overnight. Options trading, day trading, even buying lottery tickets felt more rewarding than my initial chosen strategies. Yet, month after month, I still fell flat. Sound familiar?

My 'Aha' Moment That Changed Everything

That's when I made a decision that changed my financial life. I tuned out the noise and hype. I stopped relying on tips and tricks. Instead, I dove deep into research and analysis, looking for the real drivers of success in the stock market.

LESSON 10

Don't Be Afraid to Ask for Help (My Story)

I studied the greatest investors—and their patterns of success. I studied the history of the stock market and, more importantly, where the stock market is headed in the next 5-10 years. And guess what? I found the keys.

Through trial and error (with more error than I'd like to admit!), I forged my own method for uncovering rising star companies. It's not complicated, it doesn't involve options, and it won't have you glued to a screen all day. Best of all... it works.

\$19,000 a Month – Proof It Works

You read that right. With my straightforward strategy, I was able to consistently average \$19,000 a month in the stock market. It was life-changing, opening up a world of financial freedom I never thought possible.

Ready to Take Control of Your Financial Future?

I wrote this ebook because I want to share what I've learned with you. I truly believe everyone deserves the chance to achieve financial freedom. If you're ready to take the next step, I've created a "Wealth Builders" mini video course – a 30-minute preview of my full program. For **ONLY \$30**, you'll get a taste of the strategies that transformed my financial life. You can purchase here: **WEALTH BUILDERS \$30 MINI COURSE**

LESSON 10

Don't Be Afraid to Ask for Help (My Story)

Stop Being Part of the Statistic; Start Profiting.

Did you know most retail investors underperform the market? Don't get stuck in that trap! This mini-course can give you the edge you need.

And for those who are ready to dive all in, my full "Wealth Builders Mastermind Group" course is designed to transform you from a struggling investor into a market winner. Here's what you'll discover:

- The key metrics that signal a stock is ready to take off
- Where to find hidden gems overlooked by the masses
- My step-by-step process for picking winners with confidence
- How to manage your portfolio for sustained success

Either way, I'm here to guide you on your journey to financial freedom. Now, without further adieu, let's move on to the conclusion.



CONCLUSION

Congratulations! You've now gained valuable insights into the 10 crucial things I wish I knew before starting my investing journey. By understanding the power of compounding, embracing the marathon mindset, diversifying your investments, conducting thorough research, avoiding market timing, controlling your emotions, minimizing fees, cultivating a positive mindset, committing to continuous learning, and seeking help when needed, you're well on your way to becoming a savvy investor.

But remember, it's not just about memorizing these principles. It's about putting them into action. It's about taking that knowledge and transforming it into real results.

Investing isn't just about accumulating wealth; it's about achieving your financial goals and living the life you desire. It's about creating a secure future for yourself and your loved ones, and having the freedom to pursue your passions.

As you embark on this journey, remember that setbacks and mistakes are inevitable. Even the most successful investors have stumbled along the way. But by learning from those experiences and staying committed to your goals, you can achieve financial freedom and build a brighter future.

Next Steps:

- **Take Action:** Don't just let this knowledge sit idle. Open a brokerage account (if you haven't already), start investing, and put these lessons into practice.
- **Stay Engaged:** The world of investing is dynamic and ever-changing. Continue learning, adapt to change, and seek new opportunities to grow your wealth.
- **Share Your Knowledge:** Empower others by sharing your investment journey and the lessons you've learned.
- **Consider Joining Wealth Builders:** If you're ready to accelerate your journey, remember that my mini-course and full Mastermind program are here to provide you with the tools and support you need.

Investing is a journey of continuous learning and growth. Embrace the challenge, stay focused on your goals, and enjoy the rewards of financial freedom!

**“SOMEONE'S SITTING IN THE SHADE TODAY
BECAUSE SOMEONE PLANTED A TREE A
LONG TIME AGO.” -- WARREN BUFFETT**



Wealth Builders Mastermind Group



BUY THE \$30 MINI COURSE