

CREATING YOUR dream life

Journal/Planner

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HEY gorgeous!

Are you ready to turn your dream life into your REAL life? As a female entrepreneur, you've got the drive, determination, and skills to make it happen. But let's be honest, it takes more than that to truly create a life you love.

In this workbook, you'll take seven essential steps to get you from where you are now to where you want to be.

Step 1: Assess Your Current Reality

First things first, we need to get real about where you're at right now. This means taking a good, hard look at your finances, time, and overall lifestyle.

Step 2: Money Mindset Mastery

Now that you know where you stand, it's time to master your money mindset. You'll learn how to shift your perspective and beliefs around money, so you can attract more abundance into your life.

Step 3: Time Management Tactics

We all have the same 24 hours in a day, but how you use them makes all the difference. In this step, we'll dive into time management tactics that will help you work smarter, not harder.

Step 4: Create Multiple Income Streams

Who says you have to rely on just one source of income? We'll explore different ways to create multiple streams of revenue, so you can have more financial freedom and flexibility.

Step 5: Define Your Legacy

Living a fulfilling life isn't just about making money. It's also about leaving a positive impact on the world. We'll help you define what legacy means to you and how to make it a reality.

Step 6: Enjoy Your Freedom

Remember why you started your business in the first place? To have more freedom! This step is all about creating a lifestyle that truly allows you to enjoy the fruits of your labor.

Step 7: Take Action and Make it Happen

All the planning in the world won't make a difference if you don't take action. In this final step, we'll help you put your plan into action, so you can start living your dream life today!

So, what are you waiting for? Let's turn those dreams into reality!

Step 1:
ASSESS YOUR CURRENT REALITY

Step 1 is all about taking a good, hard look at your current reality.

But let's be clear, this isn't the time for denial or pretending everything is perfect. We're talking about the nitty-gritty here. It's time to put down the Instagram filter and face the truth about what's really going on in your life.

That might mean admitting that your finances aren't where you want them to be, your schedule is a hot mess, or your mindset could use some serious work. Whatever it is, it's important to be honest with yourself about what's not working.

But here's the good news: once you've faced reality, you can start making changes. This is where the magic happens! You get to take new actions that will bring you closer to your dream life.

So, let's do this! Embrace the truth about where you're at right now, and get ready to make some serious progress toward your goals.

What Is Your Current Reality?

As you think about what's happening in your life and business right now, consider the following questions:

Finances

- Are your finances in chaos?
- Are you adequately (or even at all) saving for retirement?
- What is my current income?
- What are my current expenses?
- How much do I have in savings?
- What are my financial goals?



Health

- How much sleep am I getting each night?
- Are you regularly doing some type of physical activity?
- Am I eating a balanced diet?
- Am I getting regular exercise?
- How do I feel physically and mentally?

Friendships

- Who are my closest friends?
- When was the last time you had lunch with a friend?
- When was the last time you had a girls' night out? Or a date night?
- How often do I see or talk to them?
- Are these friendships positive and supportive?
- Are there any toxic relationships I need to address?

Home

- Am I happy with where I live?
- Is my home clean and organized?
- Do I feel safe and secure in my home?
- Are there any changes I want to make to my living situation?
- Do you struggle to handle both family and business responsibilities?

Mental Health

- How often do you take the time for massages, haircuts, and other methods of pampering yourself and supporting self-care?
- How do I feel emotionally?
- Am I managing stress effectively?
- Am I taking care of my mental health needs?
- Are there any unresolved issues I need to address?

Family

- How often do I spend time with my family?
- Are my relationships with family members positive and supportive?
- Are there any conflicts or issues I need to address?
- When was the last time you were able to do something fun and spontaneous with your kids?

Career

- Am I happy with my current job or career path?
- What are my professional goals?
- Am I using my skills and abilities to the fullest?
- What steps can I take to advance my career?

Spirituality

- Do I have a spiritual or religious practice?
- How do I connect with my spirituality?
- Do I feel fulfilled in this area of my life?
- Are there any changes I want to make to my spiritual practice?

Let's get clear on where you're at, so you can make a plan to get where you dream of being.

Use the worksheet on the next page to write down specific examples of where your current reality is not in alignment with your dream life. Be sure to write down your ideal scenario and at least one action step to change your current reality.



REALITY CHECK ON

my finances

Are your finances in chaos?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Are you adequately (or even at all) saving for retirement?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

What is my current income?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my finances

What are my current expenses?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

How much do I have in savings?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

What are my financial goals?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my health

How much sleep am I getting each night?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Am I regularly doing some type of physical activity?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Am I eating a balanced diet?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON *my health*

Am I getting regular exercise?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

How do I feel physically and mentally?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my friendships

Who are my closest friends

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

When was the last time you had lunch with a friend?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

When was the last time you had a girls' night out? Or a date night?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my friendships

How often do I see or talk to them?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Are these friendships positive and supportive?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Are there any toxic relationships I need to address?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my home

Am I happy with where I live?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Is my home clean and organized?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Do I feel safe and secure in my home?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON *my home*

Are there any changes I want to make to my living situation?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Do I struggle to handle both family and business responsibilities?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my mental health

How do I feel emotionally?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Am I managing stress effectively?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Am I taking care of my mental health needs?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my mental health

How often do you take the time for massages, haircuts, and other methods of pampering yourself and supporting selfcare?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Are there any unresolved issues I need to address?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my family

How often do I spend time with my family?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Are my relationships with family members positive and supportive?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Are there any conflicts or issues I need to address?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my career

Am I happy with my current job or career path?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

What are my professional goals?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Am I using my skills and abilities to the fullest?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my family

When was the last time you were able to do something fun and spontaneous with your kids?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

What are my goals for my family relationships?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

REALITY CHECK ON

my spirituality

Do I have a spiritual or religious practice?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

How do I connect with my spirituality?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Do I feel fulfilled in this area of my life?

Current Reality:

Dream Reality:

Specific Action(s) to Move Towards Dream Reality:

Step 2:

MONEY MINDSET MASTERY

It's time for step 2 of creating your dream life, and let's be real, it's all about the Benjamins! Yes, honey, we need to talk about money.

Money mindset mastery is the key to unlocking the lifestyle you've been dreaming of. You can't create a life of abundance and philanthropy without a healthy relationship with money.

Let's face it, money is essential in creating a life that allows for freedom and flexibility. It's what enables us to have help around the house, donate to causes we're passionate about, and grow our businesses.

So, let's dive into your money mindset and make sure you're comfortable and confident around money. We'll explore how to fund your dream lifestyle, cultivate multiple income streams, and expand your business.
Let's get your money game on point, and watch your dream life unfold!

Improve Your Relationship with Business & Money

Money is a must-have to make your dream life come true. That's why we need to get our relationship with money and business on the right track.
Here are three tips that will help you become besties with your business and money:

Firstly, get comfy with a budget. It's not there to control you; it's there to help you allocate your funds in the best way possible. Trust us, it's good for your business.

Secondly, love those numbers. You should know what's going on with your finances, so you feel empowered to make informed decisions. Take a look at your financial goals, your cash flow, and consider how you can be more intimate with the financial side of your business.

Lastly, it's time to give yourself a raise, girl! Check out your pricing strategy. Are you struggling to pay bills or enjoy life? If the answer is yes, it's time to increase your rates. You deserve it!

KNOW THAT BUSINESS & MONEY MATTERS

worksheet

Money is a fantastic tool to create the life you deserve. So let's get started on this worksheet to help you get more comfortable with your finances. Your dream life awaits.

Answer the following questions to develop more confidence in your business and money.

1. What are your current feelings and thoughts toward budgeting and tracking the numbers in your business?

2. In what ways do you think being more comfortable with budgets and numbers could benefit your business and help you achieve your dream life?

3. Are there any specific budgeting or accounting skills you feel you need to develop? If so, what steps can you take to learn and improve in these areas?

4. How do you currently track your finances and stay on top of your cash flow? Is this system working well for you, or do you think some areas could be improved?

5. What kind of support or resources could you use to become more comfortable and confident with budgeting and tracking the financials in your business?

6. How frequently do you review your pricing strategy?

7. What factors do you consider when determining the value of your products or services?

8. Have you benchmarked your prices against competitors in your market?

9. How confident do you feel in your ability to price your offerings appropriately?

10. Have you noticed any trends in your revenue that may suggest a need to adjust your pricing?

11. Are there any barriers preventing you from raising your prices, such as fear of losing clients or lack of confidence in your pricing strategy?

12. How do you plan to communicate price increases to your customers or clients?

13. What steps will you take to ensure that your new pricing structure is sustainable and profitable for your business?

14. Have you considered offering new or additional products or services at higher price points?

Step 3:
TIME MANAGEMENT TACTICS

Step 3 in creating your dream life is all about taking control of your valuable time. As a busy female entrepreneur, time is a precious commodity, and you need to invest it wisely to achieve your goals.

What if you could earn more while working less? Sounds too good to be true, right? But it's possible, and the first step is to pay close attention to how you're spending your time.

As an entrepreneur, you may be doing tasks that could be handled by a qualified team member. Outsourcing and delegating tasks can free up your time to focus on the things that truly matter in your business and your life.

When you free up your time, you'll not only feel less stressed, but you'll also start to see an increase in earnings. By delegating tasks, you can focus on high-impact activities that will help you achieve your goals and live your dream life.

Free Up Your Time

As a successful entrepreneur, you know that time is your most valuable resource. To invest it wisely, you need to learn to free up your time.

Imagine being able to work less and earn more - it's possible! But first, you need to assess where you're spending your time. Chances are, you're doing tasks in your business that you don't need to be doing. It's time to delegate those tasks to qualified team members.

As women, we often struggle with delegation. We tell ourselves that we can do it better or it's just easier to do it ourselves. But the truth is, we can't grow our business and create our dream lifestyle if we try to do everything ourselves.

When you delegate tasks and hire help, you not only free up your time, but you also allow someone else to use their unique skill set to do meaningful work. Plus, you'll have more time to focus on money-making activities that only you can do.

And here's a bonus: when you delegate tasks and free up your time, you'll have more freedom and flexibility to spend time with your family and loved ones.

To create your dream life, you need to value your time and invest it wisely. Think about what tasks you can delegate both in your business and personal life. Use the worksheet on the following page to brainstorm and make a plan to delegate those items. Commit to investing your time more wisely and you'll never look back.



INVEST YOUR TIME WISELY
worksheet

Answer the following questions to delegate tasks and use your time more wisely.

QUESTIONS	YOUR ANSWER
1. Which tasks are you currently doing that someone else on your team could handle?	
2. Are there any responsibilities that you could train someone else on to take over?	
3. Are there any tasks that are not a good use of your time and could be delegated to someone else?	
4. What are the tasks you least enjoy doing that could be outsourced to someone else?	
5. Are there any tasks that require skills or expertise that someone else on your team possesses?	
6. Which tasks or projects in your business are taking up most of your time and could be delegated to a contractor or additional person?	
7. Have you identified any areas in your business where you could benefit from the expertise of a specialist contractor or consultant?	

QUESTIONS	YOUR ANSWER
8. Are there any upcoming projects or initiatives in your business that may require additional support, and would it make sense to bring on a contractor or additional person for this purpose?	
9. What are the advantages and disadvantages of hiring a contractor or additional person for specific tasks or projects in your business?	
10. How can you determine if hiring a contractor or additional person is the best option for your business needs and goals?	
11. What are some potential revenue streams you could add to your business with the extra time you now have?	
12. How can you focus on expanding your existing products or services now that you have more time?	

QUESTIONS	YOUR ANSWER
13. Have you considered researching and implementing new marketing strategies to attract more customers and increase sales?	
14. What partnerships or collaborations could you pursue to help grow your business and increase revenue?	
15. Are there any untapped opportunities or niches in your industry that you could explore with the additional time you have?	
16. How can you better leverage technology to automate and streamline certain business processes and free up more time to focus on revenue-generating activities?	
17. Have you considered investing in your own education or professional development to improve your skills and increase your earning potential in the long term?	
18. What is your plan to scale your business and increase profits now that you have more time to focus on growth?	

QUESTIONS	YOUR ANSWER
19. What tasks do you find the most time-consuming or challenging to complete in your personal life?	
20. Are there any tasks that you currently do yourself that you could outsource to someone else?	
21. How much time could you potentially free up by hiring someone to assist you with personal tasks?	
22. What are the benefits of hiring someone to help with personal responsibilities, such as a personal assistant or housecleaner?	
23. What is your budget for hiring someone to help with personal tasks, and what tasks would you prioritize based on that budget?	
24. What qualities or skills would you look for in a personal assistant or other hired help for personal responsibilities?	
25. How do you envision your personal life being impacted if you were to hire someone to help with tasks?	

Step 4:

CREATE MULTIPLE INCOME STREAMS

I cannot emphasize enough the importance of having multiple streams of income, which is exactly what Step 4 is all about.

True financial independence and the dream life you desire cannot be attained if you're trading hours for dollars. No matter how much you charge, you'll never get there by raising your hourly rates alone. When you rely solely on income from a service-based business, you don't have complete control over your time, and time is your most precious resource.

If you were to get sick or experience a family emergency, you'd be unable to maintain your dream lifestyle for long. Not only would you have to deal with the emergency itself, but you'd also have financial concerns on your plate, which is not part of the vision you have for your dream life.

Having multiple streams of income will give you the freedom and options you need to maintain the lifestyle you desire. It's important to note that developing these streams doesn't mean you have to stop coaching or providing other services in exchange for an hourly rate.

If you love what you do, that's fantastic! Keep doing it. But with multiple streams of income, you'll have the power to reduce or stop your service-based hours whenever you choose. After all, it's your life and your rules.

Ideas for Additional Income Streams

I understand the importance of financial independence and the freedom it brings. One key aspect of achieving this is developing multiple streams of income. Relying solely on a service-based business limits your freedom over your time and creates financial stress in case of unexpected situations.

If you are ready to start generating additional streams of income, there are many options to explore. The right choice for you will depend on your business model, risk tolerance, funds, and personal desire. Don't worry about making the right or wrong decision – the point is to start in a way that feels good to you.

Here are some ideas to consider:

- Seek out joint venture partnerships.
- Pursue publishing deals.
- Find sponsorships.
- Collaborate with other business owners.
- Develop online-based products and courses that complement your services.
- Create a membership site.
- Promote affiliate offers.
- Become a paid speaker.
- Explore other non-business investments.
- Invest in real estate.
- Freelance writing or content creation
- Affiliate marketing
- E-commerce through online marketplaces like Etsy or Amazon
- Renting out a room or space on Airbnb
- Pet-sitting or dog walking
- Social media management or digital marketing services
- Personal shopping or styling services
- Photography or videography services
- Online tutoring or teaching services
- Consulting services in your area of expertise

If this list feels intimidating, that's normal. Starting a new venture can be scary. However, having multiple streams of income is necessary to create your dream life with financial security and freedom.

Choose one of the options above or one that you have been thinking about on your own, and make a plan to create a new income stream. Once you have that going, choose another. With each step, you are getting closer to financial independence and the dream life you deserve.

Use the following worksheet to begin cultivating additional streams of income.

CULTIVATE MULTIPLE STREAMS OF INCOME

worksheet

Answer the following questions to start creating additional streams of income.

1. List one or two additional streams of income you'd like to pursue in the next year.

2. What steps have you already taken to explore additional income streams?

3. Have you researched potential joint venture partnerships or sponsorship opportunities?

4. What skills or expertise do you have that could be used to create an online course or product?

5. Have you considered starting a membership site, and if so, what content would you offer?

6. How much time and money are you willing to invest in creating a new income stream?

7. Do you have a specific deadline or timeframe for starting to generate new income streams?

8. What resources or support do you need to help you get started?

9. Are there any potential roadblocks or obstacles that might prevent you from pursuing certain income paths?

10. How will you measure the success of your new income streams?

11. Are there any specific people or businesses you could reach out to for collaboration or partnership opportunities?

12. What fears, concerns, and blocks are holding you back from taking this step?

Step 5:
DEFINE YOUR LEGACY

Step 5 is where the magic happens! It's time to imagine the kind of impact you want to make on the world - big, small, or somewhere in between.

When you have more time and financial freedom, you have the power to create positive change in the world. Making a difference is something we all aspire to, and now you're in the driver's seat.

Let's get those philanthropic dreams moving forward! Think about the ways you want to give back to your community or support causes that are important to you. Money may not buy happiness, but it sure does give you some major superpowers! How will you use yours for good?

Making a Difference

Now, It's time to think about the amazing impact you can make in the world with your newfound freedom. Get ready to put on your superhero cape!

Now that you've got some financial and time freedom, it's time to start giving back. How do you want to make the world a better place? Here are some ideas to get your philanthropic juices flowing:

- Volunteer at your local homeless shelter and make a difference in someone's life
- Create scholarships for needy students and help them achieve their dreams
- Fund a no-kill cat rescue and save those adorable furballs
- Mentor local grads and inspire them to be their best selves
- Support a local shelter for abused women and give them hope for a brighter future
- Start an initiative to make policy changes in your community or country and make a lasting impact
- Donate to a specific cause that's close to your heart and make a difference
- Develop a free program to help serve more people and make an impact on a larger scale
- Deliver food to homebound senior citizens and put a smile on their faces
- Provide birthday and holiday gifts to low-income families and spread joy
- Give funds to help refugees and other communities in need and show them that they are not alone

MAKE A BIGGER IMPACT
worksheet

Even if you can't give a lot right now, every little bit counts. So go out there and be the change you wish to see in the world, my friend! Use this to envision how you can make a bigger impact.

Answer the following questions to start making a bigger impact in your community and the world.

1. What social or environmental issues are you most passionate about?

2. Have you ever volunteered or donated to a cause that is important to you?

3. What inspired you to get involved in supporting a particular cause or movement?

4. How do you want to contribute to making a positive impact in the world?

5. What specific actions can you take to support the causes or movements that you care about?

6. Are there any local organizations or charities that you would like to support?

7. What skills or talents do you possess that could be used to make a difference in your community or the world?

8. How can you incorporate philanthropy and giving back into your overall life and career goals?

9. What kind of legacy do you want to leave behind in terms of making a positive impact on the world?

10. What specific actions would you take to make a difference in the world if you had more financial and time freedom?

11. Can you think of any projects or causes that you would like to support?

12. Would you volunteer your time, donate funds, or both?

13. How would you prioritize your contributions and make sure they align with your values and beliefs?

14. What can you do now to start making this dream a reality?

Step 6:
ENJOY YOUR FREEDOM

Step 6 is where you get to dream about how you'd like to spend your days when you have the sweet freedom of both time and money.

Having multiple streams of income opens up a world of possibilities. You can schedule your life on your own terms - no more punching a clock or cramming in client calls.

Finally, you'll have the time to do all those things you've been putting off until "someday." Whether it's traveling the world, learning a new skill, or binge-watching your favorite show, the world is your oyster! So go ahead and dream big, my friend!

Let's talk about your wildest dreams! In step 6, we're going to explore what you'd love to do when you have complete financial and time freedom.

When you have multiple streams of income, you're in control. No more 9-5 grind or scheduling client calls - you have the freedom to live life on your own terms.

So, what are your "someday" items? What have you always dreamed of doing, but couldn't because of time or money constraints?

Let's get creative! Maybe you want to relax on exotic beaches, spend summers in a cozy cabin in the woods, explore ancient cities in the Middle East, or work while traveling the world. Or perhaps you want to move to another country, take regular cruises, or get to know the small cities in your own backyard.

Remember, these are just ideas to get your imagination going. Your dream day or travel goals may be completely different.

Once you've let your imagination run wild, it's time to make a plan to turn those dreams into reality. With financial and time freedom, anything is possible. All you have to do is take action and make it happen.

Use the worksheet on the following page to write down your goal and create a plan to make it a reality.

ENJOY YOUR FREEDOM
worksheet

Answer the following questions to enjoy the freedom that comes with living your dream life.

QUESTIONS	YOUR ANSWER
1. In your dream life, how would you like to spend your days and enjoy your freedom? (Think about travel plans and/or big dreams.	
2. What are some of your favorite travel destinations, and why?	
3. Are there any countries or cities you've always dreamed of visiting?	
4. If you could travel anywhere in the world, where would you go first?	
5. Do you prefer to travel alone or with others?	
6. Would you like to live in a different city or country for a period of time? If so, where?	

QUESTIONS	YOUR ANSWER
7. Do you have any hobbies or interests you'd like to pursue in your free time?	
8. What are some big goals or dreams you've always had, but haven't been able to pursue due to time or financial constraints?	
9. Would you like to start your own business or pursue a creative endeavor?	
10. Are there any philanthropic causes or organizations you'd like to contribute your time and resources to?	
11. What kind of daily routine or schedule would you like to have in your dream life?	
12. Looking at your current business and life situation, what needs to change for you to realize your travel and freedom dreams?	
13. What aspects of your current business or job would you change to better align with your travel and freedom goals?	

QUESTIONS	YOUR ANSWER
14. Are there any particular situations or challenges in your life that prevent you from realizing your travel and freedom dreams? How can you address them?	
15. What steps have you taken so far to create a lifestyle that allows you to travel and enjoy your freedom? What more can you do to achieve your goals?	
16. How can you leverage your current business or career to support your travel and freedom aspirations?	
17. Are there any new skills or knowledge that you need to acquire to make your travel and freedom dreams a reality? How can you acquire them?	
18. List two actions you can take right now to start moving in the direction of enjoying your freedom each day.	

Step 7:

TAKE ACTION AND MAKE IT HAPPEN

It's time for the grand finale of this workbook, where we talk about your legacy. And no, we're not talking about leaving behind a secret treasure map or an old chest full of gold coins. Your legacy is about what you want to be remembered for long after you're gone.

We all have our own unique legacies, whether it's passing down family heirlooms, supporting a cause close to our hearts, or just being remembered as the coolest cat in town. Whatever it is, consciously choosing your legacy is not only empowering but also feels pretty darn good.

By taking charge of your legacy, you'll know that the impact you make today will continue to positively affect the lives of others for generations to come. So, whether you're changing the world on a global scale or just making a difference in your own backyard, remember that how you contribute to the world is all part of your legacy.

Let's talk about your legacy! This is your chance to leave a mark on the world and make a difference. Consider these questions:

- How do you want your loved ones to remember you?
- What do you want to be known for?
- In what ways do you want to positively impact your community and the world?
- What kind of values and lessons do you want to pass on to your children?

Use your answers as a guide to determine how you want to live your life and where you want to focus your energy and resources.

Remember, one of the best gifts you can give your children is the freedom to pursue their own dreams. Setting aside funds for their education and future can make your dream life even more rewarding.

If you work towards your legacy goals every day, you will feel a sense of purpose and fulfillment. And don't forget to use the corresponding worksheet to help you consciously create your legacy. Finally, consider working with a financial planner to make sure you have the appropriate systems in place to support your family's future. Let's make your dream life a reality!

LEAVE A LEGACY
worksheet

Answer the following questions to leave the legacy you want.

1. Think about your children, family, and community, what legacy to you want to leave?

2. How would you like your children and family to remember you after you're gone?

3. What specific values do you want to instill in your children and family to carry on in the future?

4. What impact would you like to make in your community through your legacy?

5. What important causes or movements would you like to support with your legacy?

6. How can you ensure that your legacy continues for generations to come?

7. What steps can you take now to start building the legacy you want to leave behind?

8. How can you involve your family and community in creating your legacy?

9. What resources or support do you need to make your legacy a reality?

10. What are some potential challenges you may face in achieving your legacy goals, and how can you overcome them?

11. How will you measure the success of your legacy?

12. What steps can you take to ensure this becomes a reality.

congratulations!

You've made it to the end of the workbook!

By now, you have the necessary tools and a step-by-step plan to create your dream life. But remember, achieving your dream life requires intentional effort, consistency, planning, and execution. It won't happen by accident, but the rewards are well worth the effort. You'll gain the freedom to use your time and money in the way you choose, which is what everyone dreams of.

We all want to make a positive difference in our family, community, and the world, and leave our unique mark. By completing each of the seven steps and their corresponding worksheets, you are setting yourself up for success. Keep your end goal in mind and take action towards making your dreams come true.

We need more women like you - women who are determined to live their dreams and make a positive impact. You've got this!