

Bac à
SABLE

Turban sewing tutorial

Difficulty: Beginner

Time: 15 minutes

Sizes: Newborn to Adults



Required: sewing machine

Optional: serger and coverstitch

Welcome

Welcome to our sewing instruction booklet!

Whether you're a seasoned sewing enthusiast or an eager beginner, you're in the right place. Sewing is an ancient and rewarding art that lets you create unique, personalized pieces perfectly tailored to your style and size.

This guide has been carefully crafted to support you at every step of your sewing journey, offering practical advice, tried-and-tested techniques, and inspiring projects. Whether your sewing aspirations are modest or ambitious, we hope this booklet will spark your creativity and help you thrive in the wonderful world of sewing.



@creatrice_mais_pas_que



If you notice an error in any of our patterns, please contact us at contact@sohainyd.com so we can improve it and provide a better sewing experience for everyone.

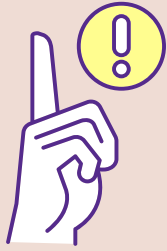
We also invite you to share your creations on Instagram using the hashtag #creatrice_mais_pas_que. We love seeing your projects and celebrating your passion for sewing with our community!

We would like to emphasize that this booklet is protected by copyright. All rights are reserved. It is strictly prohibited to reproduce, distribute, or resell any part of this document. We appreciate your respect for our work and request that you do not violate our intellectual property rights. By using this booklet, you agree to comply with these conditions.

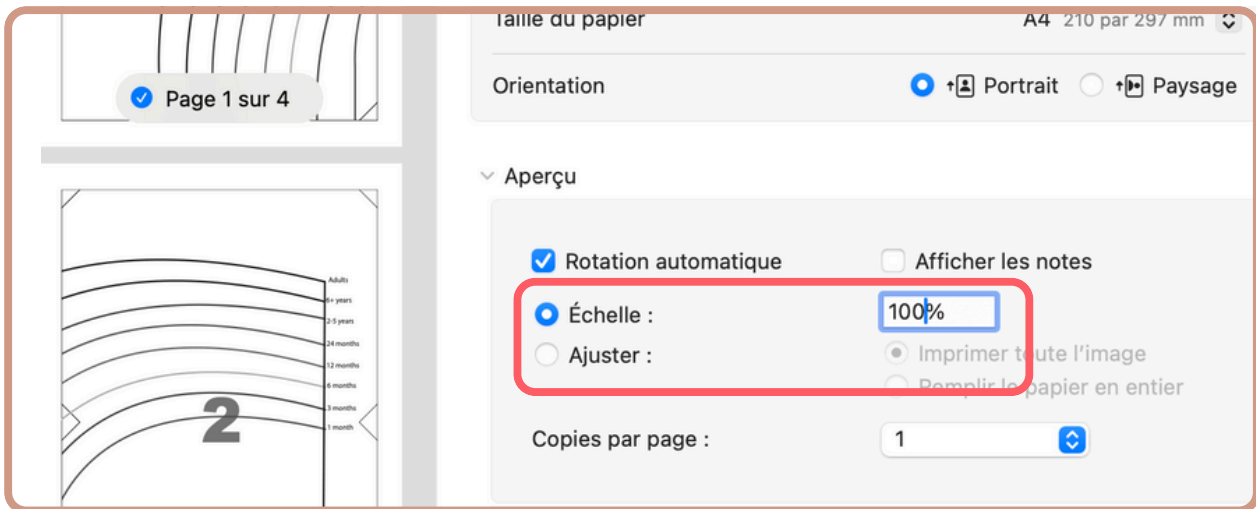


This sewing pattern tutorial is a multiple A4 document. Please make sure to print required pages and keep others digitally stored on your computer to reduce our environmental impact .

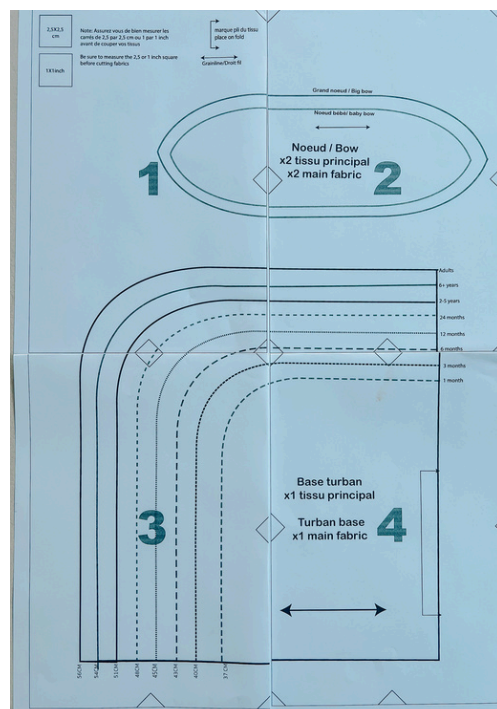
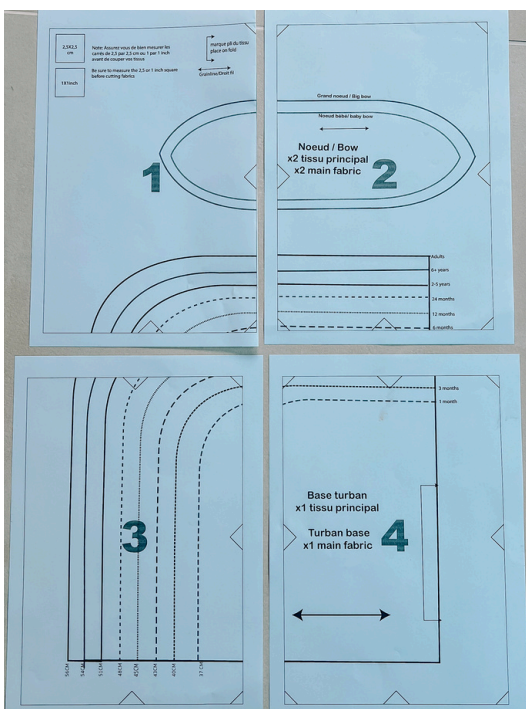




WARNING: When printing the sewing pattern, make sure to select "Actual Size" with scaling set to 100% (see image below). After printing, check the test squares to ensure the pattern has been correctly scaled.



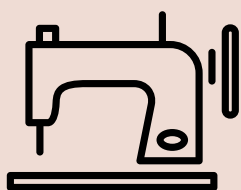
Assembly of sewing pattern:



Use :

you are allowed to produce and sell finished turbans made from these patterns, for small businesses with 1 to 2 employees, up to a limit of 300 turbans per month.

Required materials :



- Scissors
- Pins
- Needless
- Thread
- Iron
- Marker
- Ruler
- Sewing machine
- Serger (optional)
- Coverstich (optional)



SIZE CHART

SIZE	HEAD		HEIGHT	
	inches	cm	inches	cm
NEWBORN	16,5 "	37cm	22"	56cm
1-3 MONTHS	16,5 in	40cm	24"	62cm
3-6 MONTHS	17,3 "	43cm	26"	68cm
6-12 MONTHS	18,9 "	45cm	31"cm	80cm
12-24 MONTHS	19,7 "	48cm	36"	92cm
2-5 Y	20,9 "	50cm	43"	110cm
6+ Y	21,3 + "	54cm	47"cm	120cm
ADULTS	22 + "	56cm	47"+	120 +cm



When choosing the appropriate size from the chart, we strongly recommend measuring your child whenever possible to ensure the best fit. While the size chart provides a helpful reference, children's measurements can vary, and selecting a size based solely on age or standard sizing may not always guarantee an ideal fit.

Accurate measurements of your child's chest, waist, hips, and inseam will help you select the most suitable size from our chart. Prioritizing these measurements ensures a garment that fits beautifully and comfortably, enhancing both style and confidence.



Fabric required : To sew your turban you'll need 30 centimeters or 12 " inches (based on 150cm or 60" width)

We recommend using medium-stretch fabrics such as jersey (180–240 g/m²), French terry, or lycra. Note: If you are using 8x4 baby rib, which is highly stretchy, you will likely need to choose one size smaller than your usual size.

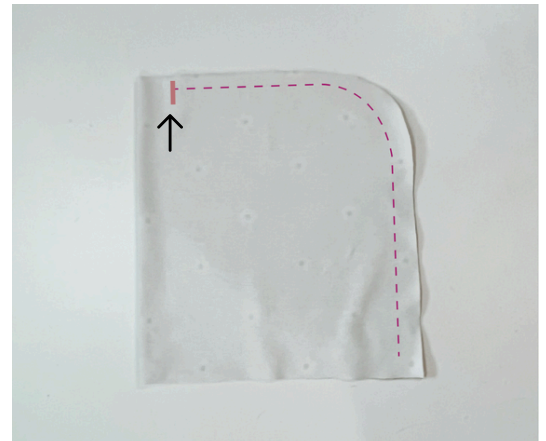
1

Cut your fabric folded in half. You will obtain this fabric piece once laid flat.



2

Fold it in half right sides together, then sew with a stretch stitch with your sewing machine 1 cm from the edge. Be careful, make sure to stop your seam with a backstitch 2.5 cm before the fabric edge as shown on top right side of your piece .



3

Turn the fabric right side out. We're now going to sew the hem. With the right side facing up, mark a line 2.4 cm from the bottom edge using chalk or a disappearing ink pen. Fold the fabric toward the inside, then stitch along the fold. Depending on your preferred finish, you can choose between Options 1, 2, and 3 ranging from the simplest to the most refined hem.



Option 1 / Zig zag stitch

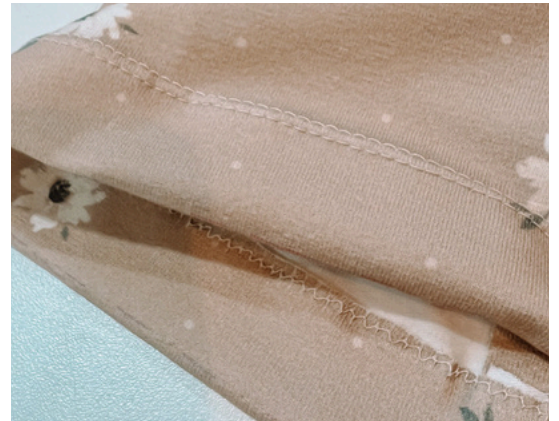
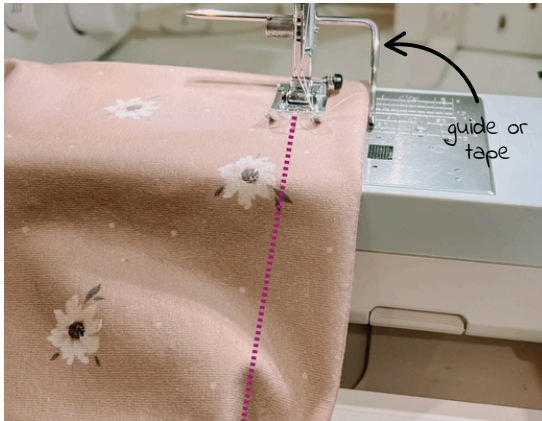
Sew a zigzag stitch along the entire length of the hem.



Option 2/ Twin needle

When sewing with a twin needle, you'll need to stitch on the right side of the fabric, meaning you won't see the folded edge underneath.

To keep your stitching accurate, place a straight guide 2.5 cm away from the needle, this will help you maintain an even distance. You can simply use a piece of tape as your guide!



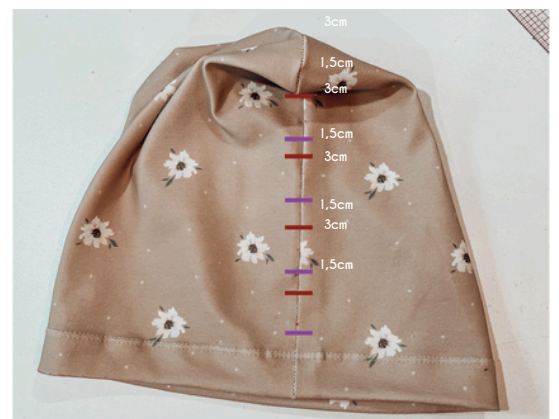
Option 3/ Serger and twin needle

Fold the hem outward in an accordion style, then serge (overlock) around the entire edge of your turban. Next, topstitch with a twin needle for a clean, durable finish that secures the overlocked edge. For an extra-soft touch, especially suitable for children. Thread your overlocker's looper with woolly nylon, which provides a gentle and flexible finish.



4

Now, with the back of the turban facing you, measure upward from the hem seam and mark reference points at 1.5 cm and then 3 cm, repeating this pattern four times.



5

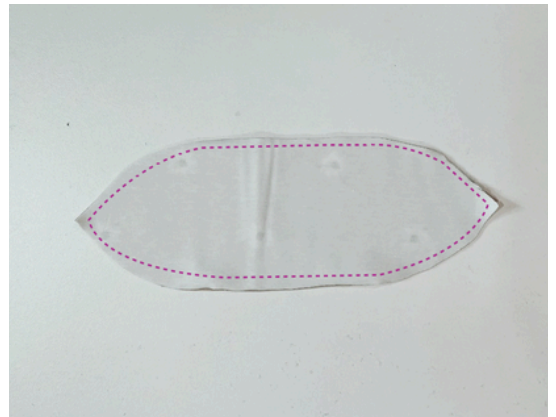
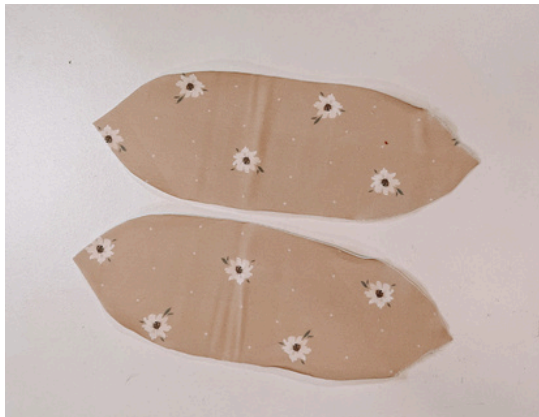
Next, form pleats from the top downward until you have four pleats in total, and stitch straight along the seam to secure them.



6

We'll now assemble the turban knot.

After cutting your fabric, you should have two identical pieces. Place them right sides together, and stitch all around, 1 cm from the edge, using a stretch stitch or an overlocker. Be sure to leave a small opening so you can turn the piece right side out.



7

Turn the knot right side out and gently push out the corners.

Next, topstitch 0.5 cm from the edge using a straight stitch, this will close the opening and give your knot a clean, polished finish.



8

Insert the knot into the end of the turban, using the opening left during the first assembly step.



9

Then, finish by tying this piece. You can secure it with a few hand stitches, or leave it loose to easily mix and match with your other sewn bow pieces later on.



10

This knot can also be tied inside the turban for a more subtle, understated look, as shown below, style often preferred by women when wearing it.



Congratulations on completing your sewing booklet and pattern!
You're officially a sewing wizard. ✨ Your creativity shines through every stitch, and we can't wait to see your creations come to life.

Share your masterpieces with us on Instagram by tagging [@creatrice_mais_pas_que](#), let's inspire and celebrate fellow sewers together!



TIPS

To preserve the quality of your creations, we recommend machine washing at 30°C and avoiding tumble dryer. This gentle method helps protect seams, fabric, and vibrant colors of your pieces. Care for your lovingly crafted garments, and they will accompany you on many adventures to come!

© Manon Delamotte 2025 - All rights reserved

All elements included in this product (A4, A0, US Letter pattern files, instruction booklet, texts, visuals, digital files, and related data) are the exclusive property of Manon Delamotte and are protected under the Swiss Federal Copyright Act (LDA) and applicable international copyright conventions in the purchaser's country.

Any reproduction, resale, sharing, distribution, or transmission , in any form, whether digital or physical , is strictly prohibited without prior written and nominative authorization from the author.

As an exception, digital distribution may be authorized only within the framework of an official Master Resale Rights (MRR) license, expressly issued and validated by Manon Delamotte.

This license defines the authorized use, resale, and pricing conditions of the product. Any resale, sharing, or distribution outside this framework constitutes a license violation and an infringement of copyright, in accordance with the Swiss Copyright Act (LDA, art. 67 and following) and, where applicable, the copyright laws of the purchaser's country.

This product is intended for personal use only, unless otherwise specified in an official license.

All files, data, and materials provided are protected. Any unauthorized extraction, modification, redistribution, or use is strictly prohibited.