



THE
NIDANA
COLLECTIVE

Em #6a Body Scan / Pain Site + Frontal Eminences

An understanding of acupuncture theory reveals how the frontal eminences (Gall bladder 14) can be used for pain relief and not just the stress associated with pain.
The points work really well with acute (sudden onset) pain

Metaphysics

Shifting old emotional programmed response.

Shifting emotion pain in specific area

Bringing emotional awareness to this part of self

Look at the metaphysics for the part of the body that you find in evaluation (& or the area of pain - if involved)

Evaluation

1. Mode in circuit - IM unlocks
 2. Scan body to find site to work on - if pain present CL that first - IM Lock
 3. Close circuit
 4. Find emotion
- (If working with pain. Client to assess pain 1-10)

Balance:

1. Touch site while holding ESR
2. Ask client to consider - how does this site and emotion relate to goal?

Checking changes

1. Check emotion
 2. Check mode
- (If working with pain. Client to re-assess pain 1-10)

If Client Is In Pain & Not Testable

1. Touch pain site while holding ESR
2. Take some deep belly breaths
3. Consistently check in with client on pain level