

St #5 8/14 muscle Balance

We can use muscles as indicators (as they are associated with specific meridians) to find blockages in the flow of qi. As we know, when qi flow is unimpeded the body is in the best position to heal from something physical, emotional or biochemical as well as being in the best position to achieve potential in life. This process is about finding the imbalances in the qi flow using either a 1 post or fix as you go process and then correcting with reflex points.

Metaphysics

If one point process is required then discuss the metaphysics of the priority one point meridian (in relation to their goal) with the client.

If fix as you go is required then this may be about clearing things as they arise and of course discuss metaphysics of each outage.

Evaluation:

1. Mode in circuit - IM unlock
2. Test which balance - First lock
 - 8 / 14 muscle balance (see charts from BKP 103, 104 & 105 for tests & reflexes)
 - Fix as you go / 1 point
3. Close circuit
4. Find emotion

Balance:

1. Do appropriate balance process based on evaluation - ie test the muscle, if UL then CL its correction points, stimulate the required reflex point)

Note: If doing a fix as go - you can find emotion with every unlock for awareness

2. Talk through metaphysics of either one pint or each outage found.

Checking changes:

1. Check emotion
2. Check mode