

## **Em #8b Sound Balance**

Sound is another powerful way of shifting vibration / frequency.

The sounds we make, or avoid making, reveal a great deal about us.

Sound balances can make very deep and powerful corrections.

Often the sound that needs to be made is one that is not often expressed by the client and there is a real release in relation to the balance

### **Metaphysics**

What are you not hearing or expressing / wanting to hear our express?

Are you allowing yourself to have fun. Are you covering up your achievements?

Refer to the individual 5 element metaphysics for the element that you find in the evaluation

### **Evaluation:**

1. Mode in circuit - IM unlocks
2. CL MAP for meridian - 1st lock
3. Close circuit
4. Find emotion

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### **Balance:**

1. Make sound associated with the identified element whilst saying the emotion (help client with this)

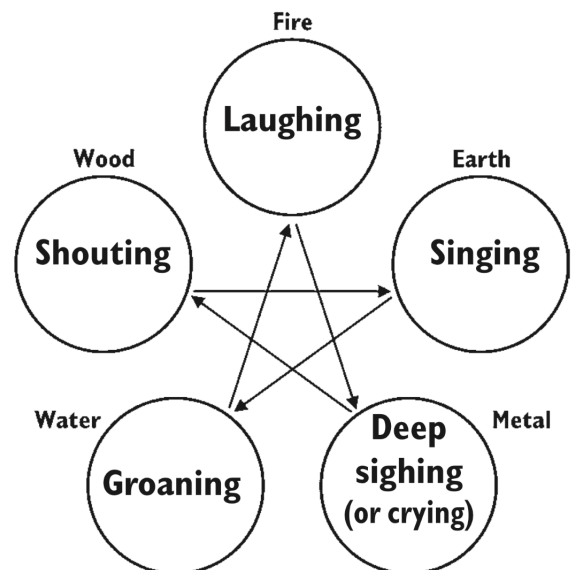
Fire - Laughing

Earth - Singing

Metal - Deep sighing / crying

Water - Groaning

Wood - Shouting




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### **Checking changes:**

1. Check emotion
2. Check mode