

EI #1a Specific Neuro Vascular

Bring fresh blood flow & qi to the area of the body to nourish and nurture it.

The neuro-vascular points come from the 1930's research of osteopath Terence Bennett. Dr Goodhart discovered that they could be used to strengthen muscles which tested weak.

Metaphysics

Bringing in clean fresh ideas that nourish & nurture you
New people, ideas, thoughts, beliefs, ways of doing things, career path
Nurturing self toward the goal
Stimulating what gives you life
Calming / soothing

Evaluation:

1. Mode in circuit
2. MAP points - find 1st lock
3. Find muscle involved - 1st lock
4. Close circuit
5. Find emotion

Balance:

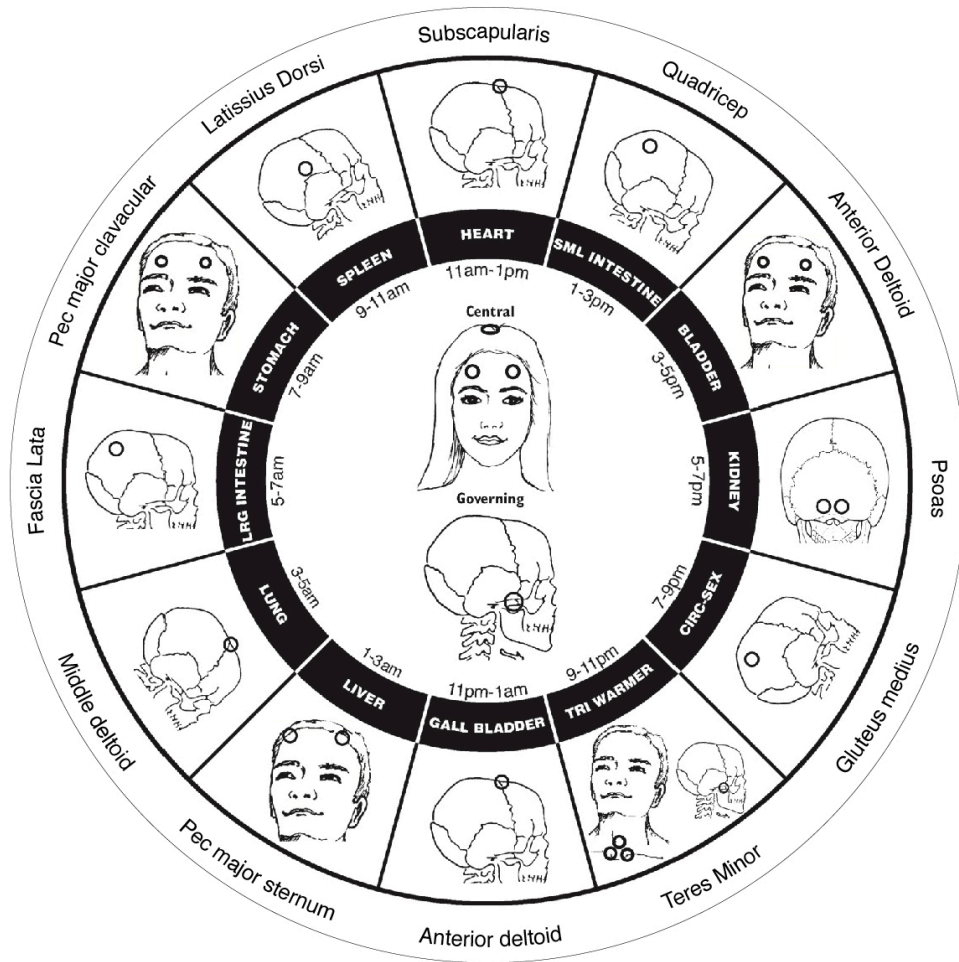
1. Lightly hold NV points
 - Firstly for CV
 - Next GV
 - Lastly for the muscle found in the evaluation

Check changes:

7. Check emotion
8. Check mode

SEE OVER PAGE FOR CHARTS>>>

Neurovascular points #1



Neurovascular points #2

