

ICPKP BKP PROTOCOL

1. PERMISSION TO TEST – Educate, Demonstrate, Explain, Empower
 - Do not treat / diagnose named diseases
 - Work with clients model of the world
 - TCM / Meridians
 - Chiropractic
 - Triangle of health
 - Muscle testing – demonstrate this with client
 - Self-Responsibility model
 - Permission to explore beyond comfort zone
 - Conscious / subconscious mind
 - Quantum physics
 - Process of the session – what to expect

2. CLEAR CIRCUIT IM – A muscle that you can manually turn on (lock) and off (unlock), bilaterally. Both in contraction and extension (Physically, emotionally, and biochemically (link back to triangle of health))

3. PRE-CHECKS - Ionisation, Hydration, Switching, Cv, Polarity, Thymus (need to balance? & % - FIND AND FIX. No emotion needed unless the correction itself does not rebalance

4. Find a GOAL - Ask:
 - What would you like to work on today?”
 - What specifically do you want?”
 - What specifically would you like to do, be or have that you perceive you are not now?
 - If you could walk away from today with one thing that would have the most impact on your life what would that be?”
 - How would your life be different if you had, did or were this?”
 - Chunk up & chunk down based on IM response

Put in S M A R T Goal format

5. Test – Y / N “This is the right goal for now” and “These are the right words for now”

6. Discuss issues around the goal (Ask what tools or resources to they need to achieve the goal or what traits / ways of being do they perceive they need to take on to achieve the goal. If they cannot think of what they need to plug into then ask them what they perceive is blocking them. Then help them flip this into a positive.

7. Put on the Priority finger mode and test each issue (as discussed in 6) and the first to change the indicator is the priority issue.

8. Emotion on Goal then test context (S-S, S-O, O-S, O-O, S- Life, Self to situation etc.)

9. PRE-TESTS (Kinesiological tests which are objective benchmark)
Eg Cv, Hyd, Switching, Ionisation, Auriculars, Visuals, Spindles / Golgis, NL, NV, Merids NE, X Crawl. Really any finger mode can be a pretest. **DO NOT FIX!!!!**

10. PRE-ACTIVITIES (Things the client can or cannot do in relation to the goal which are a subjective benchmark)
E.g postural evaluation, physical abilities / limitations, rotation, flexion – front, lateral, where pain or emotion is felt in the body in relation to the goal. Evaluate any pain, tension, stress, etc. (0-10 Scale)

11. % Thymus LE, % Stress
12. 14 MUSCLE ASSESSMENT – While keeping the client aware of their goal, test all 14 muscles and note down all unlocks (left / right / bilateral) as a - **DO NOT FIX!!!!**
13. Test all alarm points and note down all unlocks as a +
14. Analyse the information you found in 12 & 13 based on the following rules to find the one lynchpin meridian (one point) to rebalance the whole system.
Look for the first yin under energy after any over energy going in a clockwise direction following the sheng and / or ko cycle to find the shortest distance possible from the over to the yin under.
 - Remember that yin only speaks to yin and yang only speaks to yang unless they are married
 - Energy always travels fastest in its own house, i.e., husband and wife meridians
 - As the horary clock is a representation of the order that the meridians flow onto each other, this is therefore the order that you test the muscles in. So, when plotted on the list on the balance record sheet you will see if there is a definite damming of energy (i.e., a Beaver Dam) by seeing an + energy followed by 2 or more – energies.
 - You can test priority mode while testing UL muscles found in 12 and look for the first lock or you can CL any acupoint of the one-point meridian as you test the UL muscles found in 12 to see if it locks them.
15. Discuss the 5 element metaphors relating to the one-point meridian, its element and the clients goal.
16. WILLINGNESS & DETERMINATION - (Discuss the subconscious mind with the client before testing the following statements)
 - Y / N
 - “I am 100% willing to release my need for the problem” - TEST “on all levels” – TEST
 - “I am 100% willing to accept the benefits of change” - TEST “on all levels” - TEST
 - “I am 100% determined to implement this goal” - TEST “on all levels” - TEST

Willingness to release the need for the problem is about giving up the secondary gain around not achieving the goal. If they are not 100% willing, then the subconscious perceives that holding onto the pain is safer than moving toward the pleasure of achieving the goal.

Willingness to accept the benefits of change is about allowing yourself to receive. If they are not 100% willing, then the subconscious has a block around experiencing the change of what this goal will potentially bring – e.g., they may not feel worthy.

Determination to implement is about getting out of the comfort zone, having courage to create change, be who you have not been before. This is the action that brings the goal to fruition.

To Balance Willingness / Determination

- Find out the life area / s that they are not 100% willing or determined - Physical, Emotional, Mental, Spiritual, Financial, Social, Other
- Find the emotion
- Test % of willingness / determination
- Clear using ESR / FO Holding then retest & then DD if not cleared

17. If you balanced willingness or determination - Re-test: Goal / Stress / Life Energy / Emotion
 - If the goal is clear – go to checking your changes
 - If emotion is clear – but goal still out – find a new emotion
 - If goal is clear but emotion is not – do ESR / F/O holding to clear emotion
18. THE BALANCE - Test - Y / N - “The finger modes will show the priority balance needed for correction”
 If N – Correct 1 point found in assessemnt with réflex points
 If Y – DD (as below)

19. Go through all finger modes with relation to present time, balance what you find until nothing else shows.
Note down - Finger mode, balance details, emotion, awareness, etc.
Always help them link the awareness back to the goal.
20. Once there are no other modes in present time, test Y / N “there is another time to balance for this goal”
If Y – Test “Specified / Non Specified” – Go to that time & go through all finger modes with relation to this time, balance what you find until nothing else shows.
Note down – Time, finger mode, balance details, emotion, awareness, etc.
Always help them link the awareness of the mode and the time back to the goal.
21. Once there are no other modes in this other time, test Y / N “there is another time to balance for this goal”
If Y – repeat process as in 20 until no other modes / times show
If N – Go to Checking Changes

For more details on Age Recession see separate document

22. CHECKING THE CHANGES

- Retest the goal
 - Emotion
 - Pre tests (correct any that may still be out)
 - Pre activities
 - Unlocking muscles from 14 muscle assessment (correct any that may still be out)
 - Alarm points (correct any that may still be out)
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23. Detail any home reinforcement required to support the balance – see checklist for details
 24. Test the following statement – “I am 100% accepting and taking responsibility for the implementation and outworking of this balance? - TEST “on all levels” – TEST
If “No” – clear now using same process as willingness / determination
 25. Test when a follow up balance is needed.
 26. Test “This session is now complete” Y / N
 27. Discuss how they will be different because of this balance, what is possible for them now from this new vibrational space / vantage point of perception. Then ask them what their first step towards this is and what tools / resources etc may they need to take this step.
 28. ESR / FO hold & consider future path - Bring in as much sensory awareness as possible eg - what they will now hear, see, taste, touch smell in their achievement of this goal.
 29. CELEBRATE

