

St #2½b Specific Massage

Evaluation:

1. Mode in circuit - IM unlocks
2. Find priority area to work with - 1st IM lock (firstly find the area then check left, right or both and then which number (in that area) - see below for area / number
 - BACK - 1 - 9
 - UPPER BACK / NECK / ARMS - 1 - 6
 - LEGS - Front or Back
 - FEET
 - NECK / SCALP / FACE
3. Close circuit
4. Find emotion

Balance:

1. Use towels, draping techniques, oil/moisturiser and massage area using techniques learnt in RBT 201

Checking changes:

1. Check emotion
2. Check mode

Home reinforcement:

Check to see if client requires professional massage ongoing