

## Surrogate St - Surrogate Structure

This concept is about one structure over compensating for another.

The structure is 'trying to help out', and can often occur after an injury. However, the surrogate structure can continue long after issue has gone and therefore creating a residual imbalance which is no longer required. This can have an impact on the other structure through not allowing it to return to it's full strength and operate with totally integrity and ownership of the function it provides.

You will find these structures usually something in common: action, function, emotion etc

### Metaphysics

Metaphysics relating to the specific structures that test up in the evaluation. (Remember to ask the client what these structures represent to them, as well as in relation to their goal).

Where is a part of you trying to compensate for another part of you in relation to the goal?

Are you over compensating or being over compensated for?

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### Evaluation:

1. Find emotion
2. Mode in circuit - IM unlocks
3. Pass the circuit to your client by touching them and asking them to open their hips and keep them perfectly still in this position - IM unlocks
4. Find who is surrogate: - 1st lock
  - Front /back
  - Top / bottom
  - Internal / external
  - literal / lateral
5. Discuss with client what structure means to them - it's function
6. Put structure in circuit - IM Lock
7. Find who is surrogatee
  - Front /back - 1st unlock
  - Top / bottom
  - Internal / external
  - literal / lateral
8. Discuss with client what structure means to them - it's function
9. Close circuit

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### Balance:

1. FO hold
2. Talk about how allowing these structures to be themselves (Physiological / metaphysical) will help them move towards their goal
3. Visualise these structures being energetically individual but yet still functioning perfectly as an integrated part of the whole

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### Checking changes:

1. Check emotion
2. Check mode

### Extra Resources:

'You can heal your life' by Louise Hay

'Metaphysical Anatomy' by Evette Rose

'Secret Language of your body' by Inna Segal

