



Using A Surrogate Muscle

1. Get permission: 'Y / N'; "It is in the highest good for YYYY to surrogate for XXXX"?
2. If permission is given (Y) then say "Indicate with a change when YYYY becomes XXXX" IM will gradually unlock. (If the answer is NO, then look for another muscle to surrogate and repeat)
3. Once the IM changes, confirm YYYYYY is XXXXX by saying "Give me a locked muscle as XXXX"
4. Balance XXXX (using YYYY as the IM) using all reflex points related to XXXX"
5. Once balance is complete, return all muscles to themselves: "Indicate with a change when YYYYY goes back to itself". YYYYY will gradually unlock
6. Confirm YYY is now back at to operating as itself by saying "Give me a locked muscle as YYYYY"