



THE  
NIDANA  
COLLECTIVE

## **EI #2b Switching**

**Stress often causes electrical ‘scrambling’ in the body - called neurological disorganisation. In kinesiology we refer to this as ‘switching’.**

How the brain integrates; hemispheric integration  
Left Right / Top Bottom / Front Back

Left brain - Analytical - detail orientated

Right brain - Creative - big picture

If unbalanced = foggy thinking, dis-integration, often confusion between left and right, may have confusion with d & b or 3 & E.

Top / Bottom - Mind / body communication

If unbalanced = centring issues + motor skills and coordination issues, may have confusion with p & b or 6 & 9. Often difficulty walking up or down stairs, fear or vertigo looking up or down from heights.

Front - Conscious / neocortex

Back - Subconscious / reptilian brain

If unbalanced = survival versus creative solution focussed mindset, difficulty with interpreting reflection in rear view mirror, may have handwriting sliding up or down the page.

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## **Metaphysics**

Top / Bottom - mind / body disintegration

Left / Right - stress around integrating analytical (male / yang) part of self & creative (female / yin) part of self

Front / Back - relating to future / past perceptions. Conscious / unconscious integration

General - disconnection with yourself, breakdown in communication; logical practical processing and planning vs being in flight flight reactive survival

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## **Evaluation:**

1. Circuit locate - Top / bottom lips (CV + GV)
2. Circuit locate - Left / right (K27s)
3. Circuit locate - Back / front - (tummy) CV8 + (coccyx) GV25
4. Find emotion and dynamic (only required when using this as a finger mode **or** if doesn't clear with the correction alone as a pre-check)

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## **Balance:**

1. Rub any unlocking points while holding navel with the other hand.
2. Repeat with both left and right hands

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## **Check changes:**

1. Check emotion (if tested)
2. Re circuit locate all switching points to show now locking
3. Check mode (if doing as a finger mode)

**Note:**

If you are using this technique in the **pre-check** section **do not find an emotion**. Just do the correction and then retest.

If it does **not** clear using the balance, only **then find an emotion**, discuss the relevance (between the emotion and the metaphors of Switching), repeat balance and then check changes.

**Switched energy test points:**

