

EI #6b Visual inhibition

This mode helps as an energy booster, particularly if you fell tired when reading.
It helps to integrate brain with the visual field.

Metaphysics

What has the client seen or wants to see that is causing them a stress?

How are you congruent and aligned with your goal, can you actually see this happening?

Left - male, logical,

Right - female, creative

Up- looking out for inspiration

Down - looking inside yourself for inner wisdom

Near - stress on immediate future

Far - stress on immediate distant future

Front - stress on future perception

Back - stress on past perception

Reading out loud - stress on being heard in the world

Reading silently - stress on self talk

Tools / Resources

Client appropriate reading material to read silently and out loud

Evaluation:

1. Using a clear circuit IM test the following
2. Look in the following directions (testing twice, first in the initial directional movement then ask client to move eyes 'just a little further' in the direction)
 - Up / Down
 - Left / Right
 - Near / Far
 - Front / Back
 - Read Out loud / read silent (what you say to the world)Note all **unlocks**
3. Find emotion & dynamic

Balance:

1. Put the eyes into any position that caused IM unlocks in the evaluation & rub all switching points.

Checking changes:

1. Retest previously IM unlocking positions
2. Check emotion