

EI #6½b Auriculars

The Auricular balance is good for neck tension & stiffness.
It can also be good for people who frequently turn their head for work / drive a lot.
Can relate to alertness, concentration, and enhancing ability to learn.
Relates to moving the ear (antennae) in space. Consider what you are picking up on vibrationally.

Metaphysics

What we've heard / haven't heard
Sensing/picking up from our environment
Where do I need to focus?
Where am I not being flexible?
Am I easily distracted by communication?
Do I read too much into what people say?

Evaluation:

1. Using a clear circuit IM have client turn their head to 45 degrees then 90 degrees, (and a little bit further if they can) in both left and right directions. Note IM unlocks.
2. Have client evaluate any pain or stiffness in the neck. (Scale of 1-10)
3. Find emotion and dynamic

Balance:

1. Turn head to stressful position/s that caused IM unlock in the evaluation
2. Take opposite hand to opposite ear and unroll / unfurl the ear cartilage
3. Repeat on both ears, in all unlocking positions

Checking changes:

1. Retest all stressful positions
2. Reevaluate any neck pain or stiffness
3. Check emotion
4. Check mode (post 106)