



Daily Reflection Journal — Quote Edition

Angel Kay Coaching

“Whatever the mind can conceive and believe, it can achieve.”

— Napoleon Hill

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— Confucius

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“The best time to plant a tree was 20 years ago. The second best time is now.”

— Chinese Proverb

Date: _____

[illegible]

“It always seems impossible until it’s done.”

— Nelson Mandela

Date: _____

[illegible]

“If I cannot do great things, I can do small things in a great way.”

— Martin Luther King Jr.

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“Act as if what you do makes a difference. It does.”

— William James

Date: _____

[illegible]

“Simplicity is the ultimate sophistication.”

— Leonardo da Vinci

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“You can’t use up creativity. The more you use, the more you have.”

— Maya Angelou

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“What you get by achieving your goals is not as important as what you become by achieving your goals.”

— Zig Ziglar

Date: _____

[illegible]

“Be not afraid of going slowly; be afraid only of standing still.”

— Japanese Proverb

Date: _____

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“The only person you are destined to become is the person you decide to be.”

— Ralph Waldo Emerson

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“Vitality shows in not only the ability to persist but the ability to start over.”

— F. Scott Fitzgerald

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“Make your life a masterpiece; imagine no limitations on what you can be, have or do.”

— Brian Tracy

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“Your thoughts become things. Choose the good ones.”

— Mike Dooley

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“If you change the way you look at things, the things you look at change.”

— Wayne Dyer

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“Faith is to believe what you do not see; the reward of this faith is to see what you believe.”

— Saint Augustine

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“Light tomorrow with today.”

— Elizabeth Barrett Browning

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“The wound is the place where the Light enters you.”

— Rumi

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“Fear is a reaction. Courage is a decision.”

— Winston Churchill

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“What we repeatedly do, we become. Excellence, then, is a habit.”

— Will Durant

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“Dream big. Start small. Act now.”

— Robin Sharma

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“When you say yes to others, make sure you are not saying no to yourself.”

— Paulo Coelho

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“Your potential expands with your courage.”

— Mel Robbins

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“Success is liking yourself, liking what you do, and liking how you do it.”

— Maya Angelou

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“Happiness is not something ready made. It comes from your own actions.”

— Dalai Lama

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“The journey of a thousand miles begins with one step.”

— Lao Tzu

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