



What Is
FREEZE-DRIED
FOOD & CANDY
All About?

elle:



Hi There,

I AM CRYSTAL & EXCITED TO HELP YOU MAKE AN INFORMED DECISION!

My husband and I started on our Freeze-Drying journey in July 2020. It first began as a way to GET PREPARED for emergencies and provide our family with HEALTHY, PRESERVATIVE-FREE meals.

A little about me: I received my Bachelor of Science degree back in 1997 in Business Administration with an Accounting concentration. I spent over 25 years working as an employee. Throughout those years, I worked for a variety of companies in various industries (from a Global Winery to a Global Real Estate company, medical, signage, paper products, and even equipment rental!)

Over these years, I also have managed & owned several of my own businesses. I decided to take the leap finally - and become my own boss!

I love seeing others be able to do the same. Whether you are here just to learn if Freeze-Drying is right for you or want to take it to the next level and start a business - I pray this book will provide you with an excellent start to making the best decision for you and your family!

[My goal is for you to know the basics of running a Freeze-Dry Business after reading this book!](#)

Let's do this!

Crystal Arnold

Connect with Me!

Digital Business Card Here:



FREEZEDRIEDFOODIES.INFO

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THE BASICS

What Is Freeze-Drying?

A special process of deep-freezing foods and then removing the ice by sublimation (turning ice to vapor instead of liquid). It's the best way to preserve food without preservatives for up to 25 years!



FREEZE DRIED FOOD: UP TO 25 YEARS

DEHYDRATED FOOD: UP TO 4 YEARS

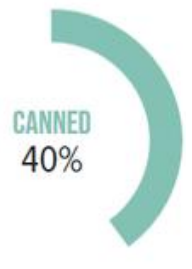
CANNED FOOD: UP TO 3 YEARS

FROZEN FOOD: UP TO 2 YEARS

What Are The Benefits?

Preserves foods up to 25 years! It makes them shelf-stable so they do not need to be refrigerated. Look at the comparison of other preservation methods!

Maintains 97% of the Nutrients! Other methods of preservation, such as canning and dehydrating, use high temperatures that destroy much of the food value.



www.FreezeDryHype.com

MORE BENEFITS

Freeze-Drying Maintains Flavor & Shape

Freeze-Dried VS Dehydrated



Freeze-Drying is a better process in the long-run! Dehydration is using heat applied to the food to dry them out which leaves them often more chewy, discolored & don't last as long.

Light & Easy To Take on the Go!

Take meals & snacks with you on the GO - from travel to camping & hiking! They lose 85-95% of weight when the water is removed.



www.FreezeDryHype.com

HEALTHY FOODS

Preserve **WITHOUT PRESERVATIVES!**



Prepare healthy foods to be shelf-stable without the use of chemicals. Canned & boxed foods are often loaded with unhealthy additives.

BE PREPARED FOR EMERGENCIES

Freeze-Dry your most important and favorite food sources so they are ready to eat, including eggs, meat and dairy.

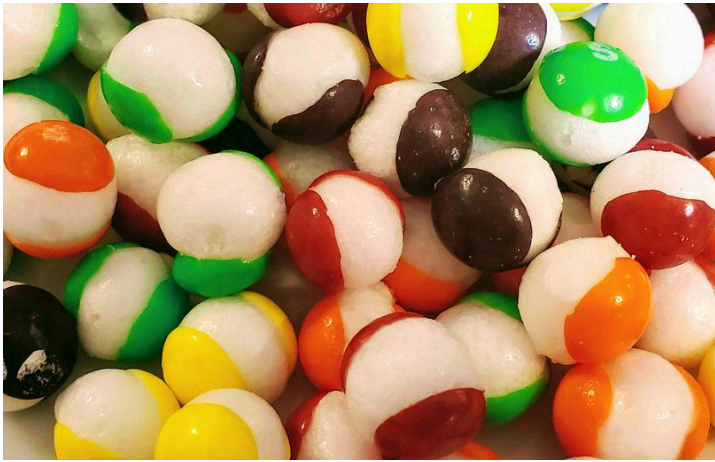


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WAYS TO USE

- Eat "As Is" - Simply a Dry Snack
- Add Fruits to Cereal or Oatmeal
- Add Fruits to Beverages (hot or cold)
- Add to your Baked Goods
- Add Veggies to your Soups & Stews
- Make Smoothies & Milkshakes
- Powder fruit & veggies for capsules
- Dip Dry Veggies in Favorite Dressing
- Bake into casseroles or crockpot meals
- Rehydrate an entire meal to eat
- Eat Desserts "As Is" (Like Ice Cream)
- Take Camping or Hiking
- Take on the Road when traveling
- <Insert Your Ideas Here>

FUN IDEAS

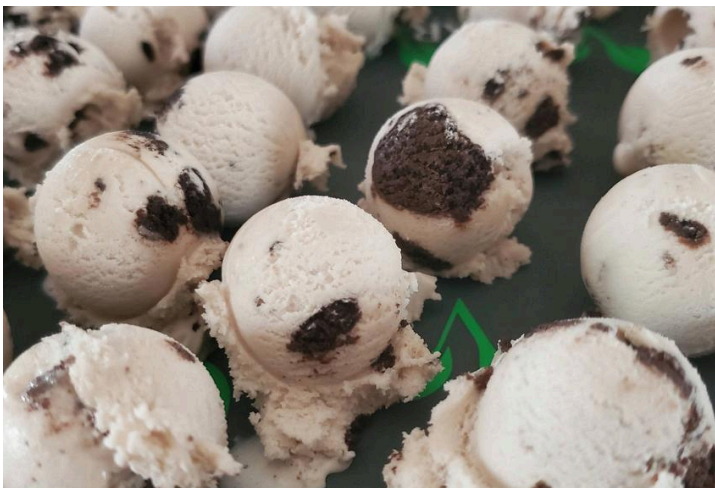


Freeze-Dried Candy!

It's Fun! The flavor is more intense! It's airy & easier on the teeth!

Beverage Condiments

Fruits & Veggies to flavor your tea, water or adult beverages!



Freeze-Dried Ice Cream!

It's a nice crunchy snack! It melts in your mouth! It's FUN & tastes great!

MAKE MONEY

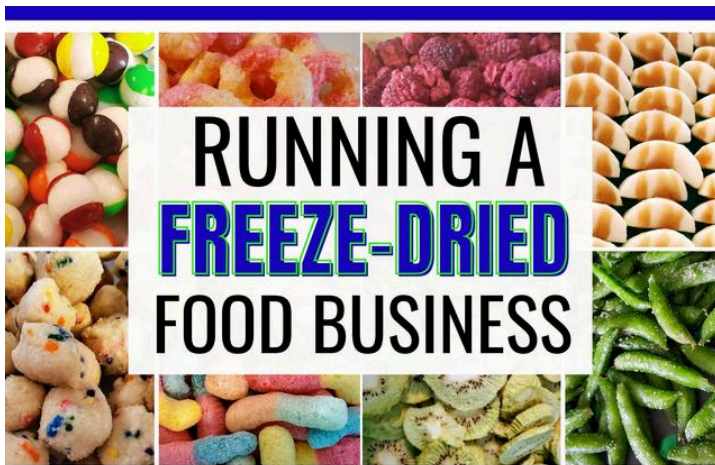


Pay Yourself Back

Learn how to make money & pay for the cost of your machine!

Sell Your Products

Sell your products online, at shows or farmers markets!



Work For Yourself!

Make a part-time or full-time income!
Fun & easy to do!

www.FreezeDryHype.com

HOOKED YET?



**You can Freeze-Dry
MOST foods!**

- Meat
- Dairy
- Eggs
- Fruits
- Veggies
- Herbs
- Pet Food
- Candy
- Cooked Meals
- & Much More

**I invite you to learn more!
Visit our Website for more info!**

FreezeDryHype.com

**Follow Us On Facebook:
<https://www.facebook.com/freezedryhype>**

The Ultimate

Many
Non-Food
Items On
List!

FREEZE-DRYING LIST!

500+ IDEAS FOR FOOD & NON-FOOD PRESERVATION



FREEZE-DRIED  **Foodies** TM

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How To Use This Guide

Unlock the Endless Possibilities of Freeze-Drying

This eBook was created to inspire you and spark your creativity with a wealth of ideas for things you can freeze-dry!

We all have our go-to habits and comfort zones when it comes to food preservation—but why stop there? This guide is here to help you think beyond the basics and explore a whole new world of freeze-drying possibilities.

Inside, you'll find a curated list of well over 500 items—including foods and non-food items—that can be freeze-dried. This comprehensive guide is based on commonly available foods in the United States, reflecting the author's personal experience, but the opportunities are truly limitless and can include foods from around the globe!

Expand Your Horizons

Whether you're looking for inspiration, creating a to-do list, or exploring new meal options, this eBook is your ultimate freeze-drying companion. Plus, the lined pages in the back provide space to jot down your own ideas, notes, and discoveries.

Join our vibrant community of freeze-drying enthusiasts to share meal ideas, tips, tools, and techniques. Together, we can explore the boundless opportunities of this amazing preservation method!



Join the Freeze-Dried Foodies Community

Resources & Support (Tips, Tools & Techniques): [Facebook Group Link](#)

Thank you for your support—now, let's get freeze-drying!

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Crystal Arnold

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FreezeDryHype.com





Fruits

1. Apples (plain with or without skins)
2. Apples - Diced with Cinnamon
3. Apples - Sliced with Caramel Drizzle
4. Apples - Sliced with Cinnamon
5. Applesauce
6. Apricots
7. Avocados
8. Bananas (Sliced or Whole)
9. Blackberries
10. Blueberries
11. Boysenberries
12. Cantaloupe
13. Cherries
14. Clementines
15. Coconut
16. Crab Apple
17. Cranberries
18. Currants
19. Dates
20. Dragon Fruit
21. Durian
22. Elderberries
23. Figs
24. Fruit Puree to Powder
25. Fruits for Water or Tea



Fruits



26. Gooseberries
27. Grapefruit
28. Grapes (Sliced)
29. Guava
30. Honeydew Melon
31. Jackfruit
32. Jujube
33. Kiwi
34. Kumquats
35. Lemon Slices
36. Lime Slices
37. Lychee
38. Mandarins
39. Mangoes
40. Medlar
41. Mulberries
42. Nectarines
43. Orange Slices
44. Papayas
45. Passion Fruit
46. Peaches
47. Pears
48. Persimmons
49. Pineapple (sliced/chunk)
50. Plantains



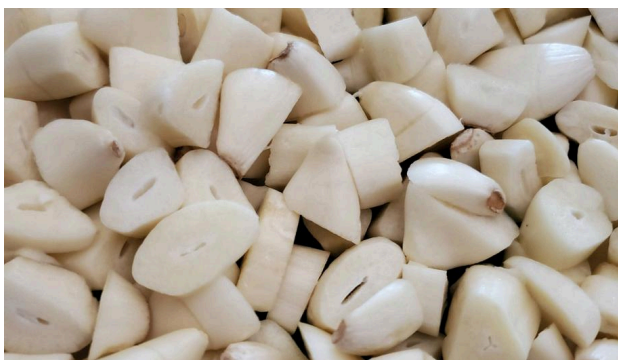
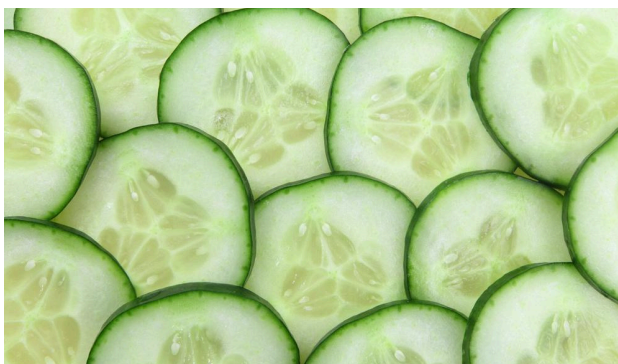
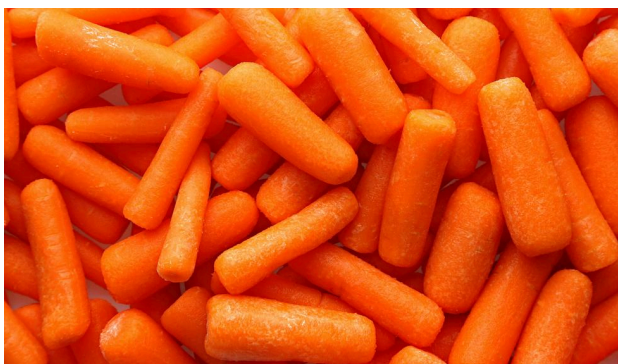
Fruits

51. Plums
52. Pomegranates
53. Quince
54. Raspberries
55. Star Fruit
56. Strawberries
57. Tangerines
58. Tomatoes
59. Tomatoes - Cherry
60. Watermelon

Vegetables

61. Artichokes
62. Arugula
63. Asparagus
64. Beets
65. Bell Peppers (all colors)
66. Bok Choy
67. Broccoli
68. Brussels Sprouts
69. Cabbage

Vegetables



70. Carrots - Baby
71. Carrots - Shredded
72. Carrots Sliced
73. Cauliflower
74. Celery
75. Chicory
76. Collard Greens
77. Corn
78. Cucumbers
79. Dandelion Greens
80. Eggplant
81. Endive
82. Garlic
83. Green Beans
84. Horseradish
85. Kale
86. Leafy Greens
87. Leeks
88. Mushrooms
89. Mushrooms - Morrell
90. Okra
91. Olives (Stuffed)
92. Olives (whole or sliced)
93. Onions (diced/sliced)
94. Parsnips

Vegetables



- 95. Peas
- 96. Peas - Snap
- 97. Peas - Sugar
- 98. Pepper - Anaheim
- 99. Pepper - Carolina Reaper
- 100. Pepper - Cayenne
- 101. Pepper - Chili
- 102. Pepper - Ghost Pepper
- 103. Pepper - Habanero
- 104. Pepper - Jalapeños
- 105. Pepper - Poblano
- 106. Pepper - Serrano
- 107. Potatoes
- 108. Pumpkin - Pureed to Powder
- 109. Pumpkins - Chopped
- 110. Radishes
- 111. Rhubarb
- 112. Rutabaga
- 113. Scallions (Green Onions)
- 114. Shallots
- 115. Sorrel
- 116. Spinach
- 117. Squash - Butternut
- 118. Squash - Yellow
- 119. Stir-Fry Vegetables

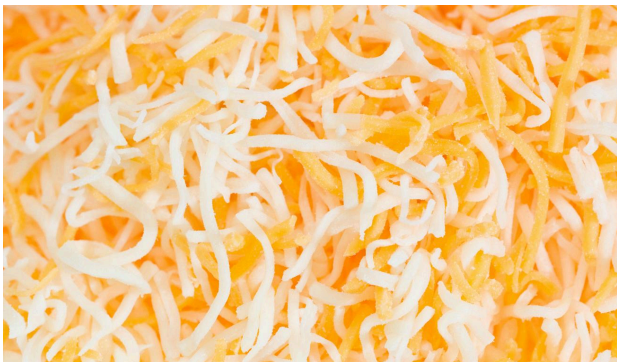


Vegetables

- 120. Sweet Potatoes
- 121. Swiss Chard
- 122. Turnips
- 123. Veggies Dusted with Seasoning
- 124. Watercress
- 125. Zucchini

Herbs

- 126. Basil
- 127. Bay Leaves
- 128. Catnip
- 129. Chamomile
- 130. Chives
- 131. Cilantro (Coriander leaves)
- 132. Curry Leaves
- 133. Dill
- 134. Echinacea
- 135. Fennel
- 136. Fenugreek Leaves
- 137. Holy Basil (Tulsi)
- 138. Hyssop
- 139. Lavender
- 140. Lemon Balm

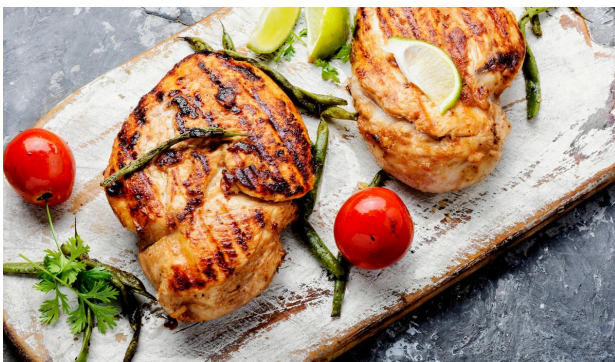


Herbs

- 141. Lemongrass
- 142. Marjoram
- 143. Mint
- 144. Oregano
- 145. Parsley
- 146. Peppermint
- 147. Rosemary
- 148. Sage
- 149. Savory
- 150. Spearmint
- 151. Stevia
- 152. Tarragon
- 153. Thyme
- 154. Wintergreen

Dairy

- 155. Buttermilk
- 156. Cheese - Block - Cubed
- 157. Cheese - Fresh Mozzarella
- 158. Cheese - Shredded
- 159. Cheese - String
- 160. Cheese Curds
- 161. Cottage cheese

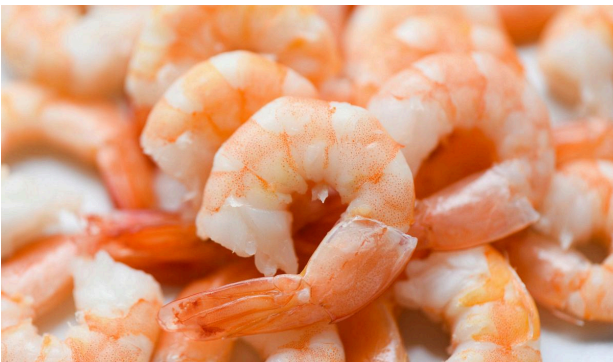


Dairy

- 162. Cream cheese
- 163. Half & Half
- 164. Ice cream (Scooped)
- 165. Ice Cream Bars/Popsicles
- 166. Ice Cream Sandwiches
- 167. Milk
- 168. Sour cream
- 169. Yogurt

Meats & Proteins

- 170. Beef (Steak, Tri Tip, Etc)
- 171. Calamari
- 172. Catfish
- 173. Chicken - Grilled Patties
- 174. Chicken - Grilled Strips
- 175. Chicken breast
- 176. Chicken Eggs (raw/beat)
- 177. Chicken Nuggets/Strips
- 178. Clams
- 179. Crab
- 180. Deer
- 181. Deli Meats (Sliced)
- 182. Dove



Meats & Proteins

- 183. Duck
- 184. Duck Eggs
- 185. Eggs (boiled/chopped)
- 186. Eggs (whites & yolks separately)
- 187. Fish - Fresh (variety)
- 188. Fish Fillets (breaded)
- 189. Fish Sticks
- 190. Ground Beef (very lean)
- 191. Ground Chicken (very lean)
- 192. Ground Turkey (very lean)
- 193. Grouse
- 194. Ham slices
- 195. Lamb Chops
- 196. Lobster
- 197. Oysters
- 198. Pheasant
- 199. Pork (chops, shredded)
- 200. Quail
- 201. Quail Eggs
- 202. Raw Meat (be sure to label)
- 203. Salmon (Smoked, Baked, Fried)
- 204. Seitan
- 205. Shrimp
- 206. Tofu
- 207. Turkey
- 208. Barbecue Ribs



Beef & Pork Meals

- 209. Beef (Steak) & Potatoes
- 210. Beef Stroganoff
- 211. Corned Beef & Cabbage
- 212. Meatloaf
- 213. Mississippi Pot Roast
- 214. Pot Roast with Vegetables
- 215. Pulled Pork
- 216. Sloppy Joes
- 217. Swedish Meatballs

Chicken Meals

- 218. BBQ Pulled Chicken
- 219. Chicken & Dumplings
- 220. Chicken & Rice Casserole
- 221. Chicken Alfredo
- 222. Chicken Fajitas
- 223. Chicken Pot Pie
- 224. Creamy Ranch Chicken
- 225. Honey Garlic Chicken
- 226. Lemon Garlic Chicken
- 227. Orange Chicken
- 228. Rosemary Chicken
- 229. Salsa Chicken
- 230. Teriyaki Chicken



Seafood Meals

- 231. Fish & Chips
- 232. Lobster Roll
- 233. Salmon Tartar
- 234. Shrimp Alfredo
- 235. Shrimp & Grits
- 236. Shrimp Scampi
- 237. Sushi Rolls

Legumes

- 238. Adzuki Beans
- 239. Black Beans
- 240. Black-Eyed Peas
- 241. Cannellini Beans
- 242. Chickpeas (Garbanzo Beans)
- 243. Edamame (Young Soybeans)
- 244. Great Northern Beans
- 245. Kidney Beans
- 246. Lentils (Green, Red, Yellow)
- 247. Lima Beans
- 248. Mung Beans
- 249. Navy Beans
- 250. Pinto Beans
- 251. Soybeans



Soups & Stews

- 252. Beef Stew
- 253. Bouillon
- 254. Broccoli Cheddar Soup
- 255. Chicken Noodle Soup
- 256. Chili
- 257. Clam Chowder
- 258. Gumbo
- 259. Lobster Bisque
- 260. Minestrone
- 261. Potato Soup
- 262. Split Pea Soup
- 263. Taco Soup
- 264. Tomato Soup
- 265. Vegetable Soup

Baked Goods

- 266. Bagels
- 267. Banana/Pumpkin Bread
- 268. Bread - Sliced
- 269. Bread Starter
- 270. Crackers (with toppings)
- 271. Croutons from Seasoned Bread
- 272. Garlic Bread / Cheesy Bread
- 273. Muffins
- 274. Tortillas



Breakfast Meals

- 275. Acai Bowls
- 276. Avocado Toast
- 277. Bagels with Cream Cheese
- 278. Biscuits & Gravy
- 279. Breakfast Burritos
- 280. Breakfast Pizza
- 281. Breakfast Quesadilla
- 282. Breakfast Sandwiches
- 283. Breakfast Scrambles
- 284. Chicken & Waffles
- 285. Chorizo & Eggs
- 286. Cinnamon Rolls
- 287. Corned Beef Hash
- 288. Cottage Cheese with Fruit
- 289. Danish Pastries
- 290. Donuts
- 291. Egg Benedict (w/Hollandaise Sauce)
- 292. English Muffins
- 293. French Toast
- 294. Fried Eggs/Scrambled Eggs
- 295. Fruit Salad
- 296. Granola Bars
- 297. Grits
- 298. Hash Browns
- 299. Home Fries (Potatoes)
- 300. Oatmeal – Cooked w/Toppings



Breakfast Meals

- 301. Oatmeal – Plain - Cooked
- 302. Omelets
- 303. Pancakes
- 304. Pop-Tarts
- 305. Quiche
- 306. Scones
- 307. Scrambled Eggs
- 308. Smoothie Bowls
- 309. Waffles
- 310. Yogurt with Granola & Berries

Casseroles & Pasta

- 311. Baked Ziti
- 312. Broccoli Cheddar Casserole
- 313. Cheesy Hashbrown Casserole
- 314. Chicken & Rice Casserole
- 315. Chow Mein
- 316. Enchilada Casserole
- 317. Fettuccine Alfredo
- 318. Gnocchi with Marinara
- 319. Jambalaya
- 320. Lasagna
- 321. Linguine with Clam Sauce
- 322. Macaroni & Cheese
- 323. Manicotti



Casseroles & Pasta

- 324. Raviolis
- 325. Risotto
- 326. Spaghetti
- 327. Spaghetti & Meat Sauce
- 328. Spaghetti & Meatballs
- 329. Stuffed Shells
- 330. Tater Tot Casserole
- 331. Tortellini
- 332. Tuna Casserole



Vegetarian Meals

- 333. Butternut Squash Soup
- 334. Eggplant Parmesan
- 335. Lentil Soup
- 336. Mushroom Stroganoff
- 337. Pasta Primavera
- 338. Portobello Mushroom Burgers
- 339. Ratatouille
- 340. Spaghetti with Veggies
- 341. Spinach & Artichoke Dip
- 342. Sweet Potato Curry
- 343. Vegan Mac & Cheese
- 344. Vegetarian Chili
- 345. Veggie Stuffed Bell Peppers
- 346. Zucchini Noodles with Sauce





Meals & Sides



- 347. Baked Beans
- 348. BBQ Ribs
- 349. Buffalo Wings (boneless)
- 350. Burgers - Sliders
- 351. Burritos
- 352. Candied Yams
- 353. Cheesy Scalloped Potatoes
- 354. Chef Salad Toppings
- 355. Cobb Salad Toppings
- 356. Coconut Rice
- 357. Corn Dogs (Mini)
- 358. Cornbread & Chili
- 359. Cranberry Sauce
- 360. Egg Rolls
- 361. Egg Salad
- 362. Enchiladas
- 363. French Fries
- 364. Fried Chicken
- 365. Fried Rice (Plain or with Meat)
- 366. Garlic Mash Potatoes
- 367. Grilled Cheese Sandwich
- 368. Hamburgers
- 369. Hot Dogs
- 370. Kimchi
- 371. Liver & Onions
- 372. Mashed Potatoes & Gravy
- 373. Mexican Rice



Meals & Sides



- 374. Nacho Ingredients
- 375. Pasta Noodles (cooked)
- 376. Pasta Salad
- 377. Philly Cheesesteak
- 378. Pigs In a Blanket
- 379. Pizza
- 380. Potato Salad
- 381. Potato Skins with Cheese
- 382. Quinoa
- 383. Ramen Bowls
- 384. Rice & Beans
- 385. Rice (Plain Cooked)
- 386. Rice Pilaf
- 387. Rice Pudding
- 388. Roast Turkey with Stuffing
- 389. Shepherd's Pie
- 390. Steak & Potatoes
- 391. Stuffed Bell Peppers
- 392. Taco Meat
- 393. Taco Salad
- 394. Tamales
- 395. Tater Tots
- 396. Taquitos
- 397. Tuna/Chicken Salad
- 398. Turkey & Cheese Roll-Ups
- 399. Waffle Fries
- 400. Wild Rice Salad

Appetizers



401. 7-Layer Bean Dip
402. Bruschetta
403. Ceviche
404. Chili Cheese Fries
405. Cowboy Caviar (veggie dip)
406. Deviled Eggs
407. Dumplings
408. Empanadas
409. Guacamole Dip
410. Hummus Dip
411. Jalapeño Poppers
412. Mango Salsa
413. Mozzarella Sticks
414. Nacho Cheese
415. Onion Rings
416. Pizza Rolls
417. Quesadillas
418. Ranch Dip
419. Relish (Sweet or Dill)
420. Shrimp Cocktail
421. Sour Cream & Onion Chip Dip
422. Spring Rolls
423. Stuffed Mushrooms
424. Sweet Potato Fries
425. Tempura Vegetables
426. Wontons



Beverages

- 427. Coffee (brewed)
- 428. Egg Nog
- 429. Hot Chocolate
- 430. Non-Dairy Milk
- 431. Protein Shakes
- 432. Sangria (Fruit Mix)
- 433. Smoothie Fruits
- 434. Tea (brewed)
- 435. Tea Leaves

Canned Foods

- 436. Canned Beans
- 437. Canned Mandarins
- 438. Canned Peaches
- 439. Canned Pears
- 440. Canned Pineapple
- 441. Fruit Cocktail
- 442. Home-Canned Sauces
- 443. Pickles (sliced)
- 444. Pickled Beans
- 445. Premade Sauces
- 446. Salsa – Homemade
- 447. Salsa – Store Bought
- 448. Vegetables - Canned
- 449. Tomatoes – (Diced, Stewed)



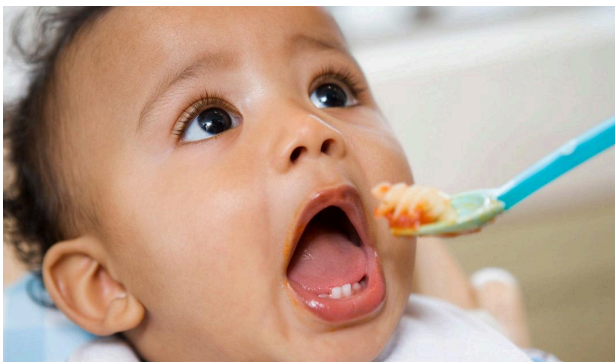
Snacks & Sweets

- 450. Brownies
- 451. Cakes (single wrapped)
- 452. Cereal Bars (with milk)
- 453. Cheesecake (Bites/Sliced)
- 454. Cobbler (Peach, etc)
- 455. Cookies (with Cream)
- 456. Custard
- 457. Donuts (cream-filled)
- 458. Energy bars
- 459. Frozen Yogurt
- 460. Fruit Medley
- 461. Fruit Rolls
- 462. Fruit Salad with Cream
- 463. Granola/Trail Mix
- 464. Ice Cream Toppers (candy/fruit)
- 465. Jello Bites / Jigglers
- 466. Marshmallows - Original
- 467. Marshmallow Bars (Rice Crispy Treats)
- 468. Marshmallow Cream (plain & flavored)
- 469. Marshmallows – Colored
- 470. Marshmallows – Shapes
- 471. Non-Dairy Ice Cream
- 472. Pie (Sliced)
- 473. Pie Filling
- 474. Popcorn - Candied
- 475. Pudding
- 476. Soft Oatmeal Cookie Sandwiches

Candy



- 477. Candy Bars with Caramel
- 478. Candy Canes
- 479. Candy Medley (mix of candies)
- 480. Caramel Apple Pops
- 481. Caramels (Hard & Soft)
- 482. Chick-O-Stick
- 483. Chocolate-Coated Caramel Candy
- 484. Cinnamon Candies – Chewy
- 485. Cinnamon Candies - Hard
- 486. Green Apple Rings
- 487. Gummy Bears
- 488. Gummy Rings (various flavors)
- 489. Gummy Worms
- 490. Lemon Candy Bites/Drops
- 491. Lemon Candy (chewy)
- 492. Lollipops
- 493. Mint Hard Candies
- 494. Nougat Bars/Bites
- 495. Peach Rings
- 496. Peppermint Patties (soft)
- 497. Rainbow Candies (chewy)
- 498. Sugar-Free Hard Candies
- 499. Sugar-Free Taffy
- 500. Taffy (Saltwater)
- 501. Taffy Bars (chewy)
- 502. Tart Candy-Coated Chewy Candies



Nutritional

- 503. Fruits to Powder
- 504. Greens - Veggies to Powder
- 505. Pineapple Core for Bromelain
- 506. Supplement Capsules

Specific Purpose

- 507. Alcoholic Beverage Garnishments
- 508. Allergen-Free Meals
- 509. Baby - Breast Milk
- 510. Baby Food
- 511. Backpack/Hiking Meals
- 512. Camping Meals
- 513. Diet-Specific Meals
- 514. Emergency Meals
- 515. Gluten-Free Meals
- 516. Medical Industry - Biological Materials
- 517. Pharmaceuticals
- 518. Preservative-Free Meals
- 519. Seasonings from Herbs
- 520. Seeds (future planting)
- 521. Taxidermy
- 522. To-Go/Travel Snacks

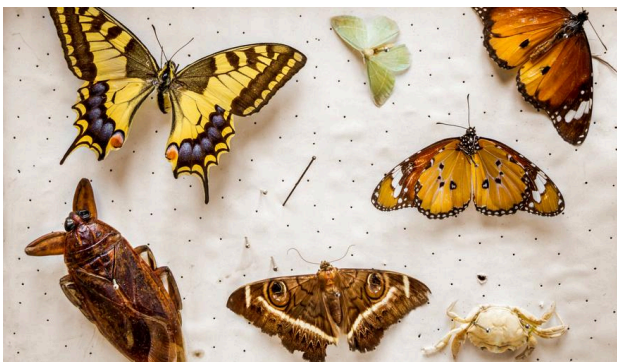
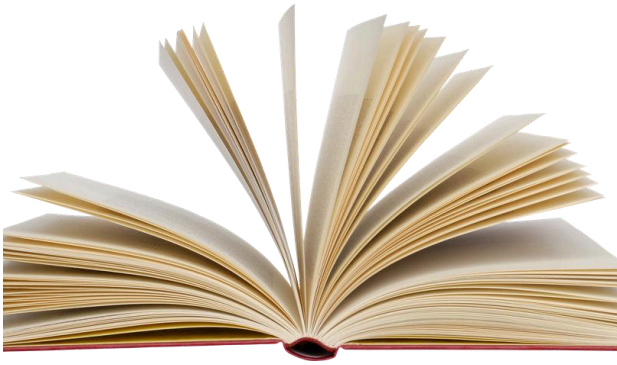


Pets

- 523. Bird Food
- 524. Chicken Breast – Raw
- 525. Ears – Pig, Rabbit
- 526. Hearts – Chicken, Duck
- 527. Liver – Chicken
- 528. Fish Skins
- 529. Insects/Bugs (like Crickets)
- 530. Liver – Beef - Raw
- 531. Meal Worms
- 532. Necks – Chicken, Duck
- 533. Pet Food Meals
- 534. Reptile & Rodent Food & Treats
- 535. **Safe Fruit for Pets***
- 536. **Safe Veggies for Pets***
- 537. Sardines

Beauty

- 538. Bath Bombs/Shower Fizzies
- 539. Cosmetics-Natural Colors from plants
- 540. Ingredients (various for DIY products)
- 541. Shampoo Bars
- 542. Soap Bars



Non-Food Items

- 543. Artwork Preservation
- 544. Books - Wet (remove moisture)
- 545. Cannabis/Marijuana***
***(*follow local/state laws*)
- 546. Documents - Wet (remove Moisture)
- 547. Flower Bouquets
- 548. Flower Petals
- 549. Historical Artifacts Preservation
- 550. Ingredients-DIY Products
- 551. Insect Collection
- 552. Potpourri
- 553. Stemmed Flowers
- 554. Textiles & Fabrics Preservation

& Much More!

This list could go on forever! The possibilities are endless!

- Get out your highlighter & mark off the ones you have tried!
- Use this as a “To-Do” list!
- Add to the list on the next page!

Some More Resources for you!

Join My Support Groups!

Facebook: Freeze-Dried Foodies - Resources & Support (Tips, Tools & Technique)

[Facebook.com/groups/freedriedfoodiesresources](https://www.facebook.com/groups/freedriedfoodiesresources)

Facebook: Freeze-Dried Food Business Support & Resources

[Facebook.com/groups/freedriedbusinessresources](https://www.facebook.com/groups/freedriedbusinessresources)



Contact Me! (send me a message)
crystal@freedriedfoodies.com

Check Out My Other Offerings!

Visit: <https://www.freedryhype.com/>



*Safe Fruit & Veggies For Pets



Get a Full List of Safe Fruits & Vegetables for your Cats & Dogs!

[Visit my Blog Post here for the free download](#)



FreezeDryLabels.com

RECOMMENDED NEXT STEP

Create Labels That Look Like a REAL Brand

Learn how to create professional freeze-dry labels, choose packaging, avoid beginner mistakes, and build products customers trust.

- ✓ Label design made simple
- ✓ Packaging guidance
- ✓ Beginner-friendly lessons
- ✓ Business tips & real examples
- ✓ Instant access workshop

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Thank
you! 

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