JANE TULI
support email
info@janetuli.com

10 COMMON MISTAKES SINGERS MUST AVOID

A Practical Guide to Protect and Empower Your Voice

JANE TULI
support email
info@janetuli.com

contact me by clicking here



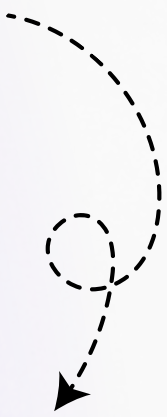
INTRODUCTION

Every singer, no matter their experience, can fall into common traps that hinder vocal progress or cause unnecessary strain. This guide highlights the most frequent mistakes singers make and offers practical tips to help you avoid them. Protect your voice, enhance your performance, and sing with confidence!

1. SKIPPING WARM-UPS

WHY IT'S A MISTAKE

Singing without warming up is like running a marathon without stretching. It puts strain on your vocal cords and limits your vocal range.



SOLUTION

Spend 5–10 minutes on vocal warm-ups like lip trills, humming, or scales before singing.

2.

NEGLECTING BREATH CONTROL

WHY IT'S A MISTAKE

Shallow breathing results in weak, inconsistent sound and limits your control over dynamics.

SOLUTION

Practice diaphragmatic breathing to ensure a steady flow of air supports your singing.

3. OVER-SINGING

WHY IT'S A MISTAKE

Pushing your voice too hard or singing too loudly can damage your vocal cords over time.

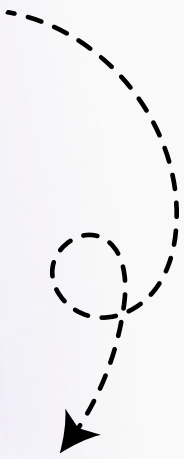
SOLUTION

Focus on resonance and technique rather than volume. Let the microphone do the work in amplified settings.

4. SINGING WITHOUT HYDRATION

WHY IT'S A MISTAKE

Dehydrated vocal cords are more prone to strain and fatigue.



SOLUTION

Drink room-temperature water throughout the day and avoid caffeine or alcohol before singing.

5. IGNORING VOCAL REST

WHY IT'S A MISTAKE

Overusing your voice without breaks can lead to long-term damage like vocal nodules or polyps.

SOLUTION

Incorporate vocal rest into your routine, especially after intensive practice or performances.

6. POOR POSTURE

WHY IT'S A MISTAKE

Slouching restricts airflow and reduces your vocal power.

SOLUTION

Stand tall with your chest open, shoulders relaxed, and feet shoulder-width apart for optimal breath support.

7. NOT KNOWING YOUR VOCAL RANGE

WHY IT'S A MISTAKE

Attempting to sing outside your comfortable range can cause vocal strain and affect your performance quality.

SOLUTION

Work with a vocal coach to determine your range and select songs that suit your voice.

8. NEGLECTING ARTICULATION

WHY IT'S A MISTAKE

Mumbling or unclear diction makes it difficult for your audience to connect with your lyrics.

SOLUTION

Practice articulation exercises like tongue twisters to improve clarity and precision.

9. FAILING TO EMOTIONALLY CONNECT

WHY IT'S A MISTAKE

Singing technically well isn't enough if you're not emotionally connecting with your audience.

SOLUTION

Focus on the story behind the song and convey the emotions through your tone, facial expressions, and gestures.

10. COMPARING YOURSELF TO OTHERS

WHY IT'S A MISTAKE

Constant comparisons can lead to frustration and self-doubt, distracting you from your growth.

SOLUTION

Celebrate your uniqueness and focus on improving your own skills. Remember, your voice is your superpower!!

JANE TULI

support email
info@janetuli.com

CONCLUSION

Mistakes are part of every singer's journey, but awareness and intentional practice can help you overcome them. By avoiding these common pitfalls, you'll protect your voice, build confidence, and become a more skilled performer.



JANE TULI

support email
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READY TO ELEVATE YOUR SINGING?

Keep practicing, stay consistent, and trust in your growth. If you need personalized guidance, email me at info@janetuli.com to organize a coaching session. You can also send me a direct message on social media by clicking on the icons at the top of this page to visit my socials.

Your voice deserves to shine, and I'd be honored to help you with that!

Be your best💖
Jane Tuli
Your Vocal Coach