

Far-Infrared Sauna

- **Strengthens the immune system** (supports natural defenses)
- **Improves and tightens skin** (enhances elasticity)
- **Relieves pain** (reduces inflammation)
- **Stimulates metabolism** (supports weight loss)
- **Raises core temperature** (kills Lyme, pathogens, viruses)
- **Activates the parasympathetic nervous system** (deep relaxation)
- **Boosts mitochondria to produce ATP & nitric oxide** (improves oxygen supply)
- **Increases microcirculation** (helps with ulcers, scars, neuropathy, Raynaud's)
- **Mobilizes lymphatic system** (detoxes heavy metals, plastics, waste)





Additional information:

- **Patented Ceramic Technology:** Emits far infrared (4.4–14.4 μm) for deep tissue benefits.
- **High, Stable FIR Output:** Delivers strong, consistent infrared therapy.
- **Low EMF:** Designed for minimal electromagnetic exposure.
- **Quick Relief:** 5–10 min sessions support detox, reduce pain, and lower stress—no need to undress.
- **Portable & Lightweight:** Easy to set up, store, and travel with.
- **Energy Efficient:** Fast heat-up and short sessions save time and power.
- **Authentic FIR Therapy:** Lab-verified, patented components.
- **Comfortable Design:** Head remains outside for better comfort and temperature control.

For more information go to our website:



amevera.com

Informational only.
Always consult a medical professional.

