

LEVEL 1 CERTIFIED COACH

Complete online at your own time & pace

STEP
1

The Science of Success

1 Day Coaching Discovery Course
Module 1 of level 1 Certified coach

1 DAY

Coaching Fundamentals

3 Day Coaching fundamentals course.
Module 1+2 of level 1 Certified Coach

3 DAYS

Certified Life Coach

7 Day Life coach Certificate course
Module 1+2+3 of level 1 Certified Coach

7 DAYS



LEARNING PATH

Start practicing as a Certified Coach

After successful completion you can start practicing as a certified life coach.

STEP
2

LEVEL 2 CERTIFIED COACH

EARN WHILE YOU LEARN - SOL CPD PROGRAMS

STEP
3



Certified NLP Practitioner

6 Day NLP Practitioner Certificate course
This certifies you as an internationally accredited NLP Practitioner

12 DAYS

Wellness Coach

8 Assignments +- 3 Months
48 Logged Coaching Hours

Coach your paying clients through the provided coaching programs & submit the worksheets as POE for Certification.

4 MONTHS

LEARNING PATH

LEVEL 3 CERTIFIED COACH

EARN WHILE YOU LEARN - SOL CPD PROGRAMS

STEP
4



Performance Coach

8 Assignments +- 3 Months
48 Logged Coaching Hours

7 MONTHS

Career Coach

4 Assignments +- 2 Months
39 Logged Coaching Hours

Coach your paying clients through the provided coaching programs & submit the worksheets as POE for Certification.

10 MONTHS

LEARNING PATH

LEVEL 4 CERTIFIED COACH

LIFE COACH HIGHER CERTIFICATE

STEP
5



SABPP SAQA NQF5 Coach + NQF4 Mentor Certificate

17 Assignments + POE
4 - 6 Month Certification Module

16 MONTHS

You are now certified as an Advanced Professional Coach