

REALITY HACK



THE HIDDEN COSMIC FORMULA

FOR WEALTH, HAPPINESS, AND UNLIMITED FREEDOM
WITH AN ONLINE BUSINESS



Jay Chris

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Reality Hack:

*The Hidden Cosmic Formula for Wealth, Happiness,
and Unlimited Freedom with an Online Business*

Jay Chris

Reality Hack:

The Hidden Cosmic Formula for Wealth, Happiness, and Unlimited Freedom with an Online Business

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A Book That Evolves With You

Before we dive into the deep and life-changing principles in this book, it's important to note that the level of understanding and light-bulb moments you'll experience will depend entirely on your current level of awareness and consciousness.

This isn't a book you read once and shelve away. It's designed to evolve with you as you evolve. Just like timeless works such as "Think and Grow Rich" or even the Bible, the insights and lessons you'll gain from this book will deepen as your subconscious mind expands to higher levels of consciousness.

At first, certain ideas may seem distant or difficult to grasp. But as you grow, you'll begin to accept higher consciousness concepts, and what once seemed complex will become second nature.

That's why I recommend coming back to this book multiple times. Whether it's weeks or months later, each time you revisit these teachings, you'll uncover new layers of understanding that align with your expanded awareness. Just like re-reading Think and Grow Rich or the Bible, you'll find that what you take away from this book is a direct reflection of your own inner growth.

Jay Chris

PROLOGUE



HOW I BROKE FREE FROM THE SYSTEM (AND HOW YOU CAN TOO)



Jay Chris

How I Broke Free from the System (And How You Can Too)

You're about to embark on an exciting journey.

The 0.1% Journey

After more than half a decade of non-stop research, over a quarter million dollar invested in private access, underground masterminds, elite mentorships, life-changing materials and after having changed over four hundred lives with my own teachings, I am today proud to share some mind-bending learnings I have acquired along the way.

Let me share a quick personal story. When I first stumbled upon these cosmic laws, I was struggling—stuck, unsure of my purpose.

The moment I began applying these principles, everything changed.

I went from barely scraping by to creating a business that's allowed me to impact lives, experience freedom, and build wealth—all by aligning my energy with the Universe. That's why I'm so passionate about sharing these secrets with you, because I know firsthand the transformation they can create.

I wasn't always the person you see today. Far from it. I was the kid who was stuck—completely lost in a system that I didn't understand, one that didn't seem to understand me either. Below average at school, I found myself bored and unmotivated, feeling like I didn't belong anywhere.

By the time I hit university, I was just drifting. I went to business school, thinking that would give me a sense of direction, but instead, I realized it offered little in the way of practical value. The things they taught me had almost no tangible application in the real world, and worse—none of it felt purposeful.

The Moment Everything Changed

Without a sense of purpose, I fell deeper into a spiral of escapism: partying, alcohol, women, drugs—it was like I was trying to fill a void that nothing could satisfy. My life revolved around the weekend, living for the next hit of distraction, while looking happy on the outside, but drowning in depression and emptiness inside.

Then it all caught up with me.

At 23, I had a stroke.

My body, tired of the abuse and endless nights of partying, gave out.

I remember lying in that hospital bed, staring at the stained, dirty white ceiling, and thinking: *'What the f*ck are you doing with your life, Jay?'*

That moment was a massive wake-up call—one that pulled me out of the darkness.

From Depression to Determination

I decided then and there that I would take control of my life.

I became obsessed with self-help, fitness, personal development, and changing my mindset.

I got jacked, devoured books, and worked on my mental game. But even with all that progress, something was missing.

The Wake-Up Call in Tulum

It wasn't until I found myself in the monotony of a 9-5 government job that the next big wake-up call came.

One day, a co-worker, thrilled to have secured a \$2K per month contract, talked about how she might, one day in the distant future (her exact terms were “5 to 10 years from now”, be able to work her way up to \$2.5K per month if she did everything correctly.

10 f*cking years for a \$500 monthly salary increase?

The thought hit me like a punch to the chest:

How could people be satisfied with so little?

A life of grinding away for decades, waiting for tiny crumbs of 'security'?

The very thought filled me with dread and anxiety.

The dark, cold mornings in Montreal—waking up before the sun, taking the subway to a job that made my soul feel small, became harder to accept. Every day, I'd leave work after dark, feeling trapped in a depressing movie, seeing no sunlight, and thinking:

'This can't be it. This can't be my life.'

It all came to a breaking point. And when a close friend suggested we escape to Tulum for two weeks, I jumped at the opportunity.

It was there that everything changed.

I saw people—real people—working on their laptops by the beach, living lives of freedom, sipping cocktails, and enjoying the sun. These weren't tourists. This was their life.

That was the first time I encountered '**digital nomads**,' and it lit a fire inside me that I would do anything to become one.

Sometimes, stepping outside your reality is all it takes to see the bigger possibilities. What could happen if you broke from the mundane?

Mentorship: The Catalyst for Freedom

When I returned to Canada, I made a decision: no more mediocrity, no more rat race.

I started an Instagram page and hustled without direction. Two weeks later, I met my first mentor on the very same platform. Someone who was only 15 years old, yet making \$2.5K a month with his Instagram page working just a few hours a week.

That's when it hit me:

Age doesn't matter. Mindset does.

This kid had a mindset that broke through limits and societal expectations, and I knew I had to learn from him. After days of negotiation, I invested all my savings into his mentorship.

Just two weeks later, I made my first online sale: \$34 CAD. It wasn't much in dollars, but it was priceless in terms of what it meant—it showed me that I didn't need the system anymore.

**Learn from Those Who've Already Escaped.
Success doesn't come from trial and error – it comes from learning from those who've already done what you want to do. Mentorship is the ultimate shortcut to freedom.**

From there, my journey took me deep into the world of elite mentorships, underground masterminds, and circles that most people will never have access to.

Over the next few years, I invested over a quarter million dollars into my personal growth—learning from the greatest minds in business, esoteric knowledge, and success.

I studied the cosmic laws that ancient secret societies had understood for centuries—truths about wealth, energy, and reality **that the masses are never taught**. These aren't things you'll find in mainstream self-help books. They're hidden for a reason.

I can't go into all the details here, but what I discovered from these ancient secret societies is so profound it has the power to literally bend reality. And in this book, I'll show you how to start applying these same principles to your life.

Unlocking the Ancient Secrets of the Elites

Today, I live with complete freedom: money, time, and location freedom and I've helped over 400 people to break free from the same chains that once held me back.

My mission now is simple: to pass on these truths to those who are ready, just as they were passed on to me.

If you're reading this, you're one of the few who has the opportunity to unlock the real secrets that will change your life forever.

What if you could start applying these principles right now? Let me show you how to unlock the formula that can change everything.

By the end of your reading, you'll finally understand how to hack reality, "bend The Universe" to your will and you'll have a solid plan to start living the Reality Hacker Life.

The moment you'll finish reading the last word of this document, your subconscious mind will already have started reprogramming itself for success.

You'll automatically start to see evidences and "coincidences" in your real life. Which is really just a proof you've shifted realm and started to bend your own "reality".

You haven't come to this Earth to stay stuck in limitations, fears and not be unlock your fullest potential.

As a humble student of the Unseen World, The Science of Success, Metaphysics, Esoteric Truths, World-Class Performance, Human Potential, God, The Universe, Excellence in All Aspects, I hope that by the end of this study, I will have touched your life in more ways than you initially thought I could.

I am grateful that you have decided to dedicate a bit of your previous time for your elevation.

Remember, you're not just reading a book—you're stepping into a whole new reality. So let's get started. The only thing standing between you and the life you desire is the decision to take 'aligned' action. You're ready for this, whether you realize it or not.

See you soon,
On the side of the Evolved Ones.

You are the Hero of Your Own Story,

Jay Chris



A 9-5 JOB



A BUSINESS

*A **9-5 JOB** IS LIKE RUNNING ON A **TREADMILL**.
YOU THINK YOU'RE GOING PLACES, BUT THE **SCENERY NEVER CHANGES.***



Jay Chris

INTRODUCTION



THE COSMIC GAME WE ALL PLAY



Jay Chris

Introduction: The Cosmic Game We All Play

What if everything you've been taught about life, money, and success is a lie?

You didn't come here to be average, yet the system has been quietly conditioning you for mediocrity your whole life. I was trapped in that same system—until I discovered the cosmic truths that the elites have kept hidden for centuries.

What if I told you that life is rigged—by design, not by accident?

A game set up to keep you on a treadmill, running in place while a select few keep pulling the strings. The system is like an invisible prison, and most people don't even realize they're trapped.

Reflect for a moment – where in your life have you felt this way? This isn't just theory, this is your chance to break free and design a life on your own terms.

You didn't come here to be average. But look around—the education system, your 9-5 job, the way society programs you—everything is designed to make you fit into a box. This isn't just an opinion—it's a truth that most people never uncover.

While you're grinding away, the elites are using *cosmic laws*, ancient wisdom passed down through generations, to create empires. And they want you to stay distracted.

I know this truth because I lived it.

For years, I followed the system: went to school, got a job, and tried to fit into the box society created for me. **But deep down, I felt a deep uneasiness. I knew I was destined for more.**

It wasn't until I started diving into these cosmic principles that I finally unlocked my potential, and now I'm here to show you how to do the same.

Here's the real kicker: **you're creating your reality every single day, whether you realize it or not.** Every belief, every thought, every emotion—you're literally building the world you live in.

You've been taught to play small, to ignore the power you hold. That's why you feel stuck.

The life you're living now— every financial struggle, every unfulfilled dream, every time you hit snooze and dread the day ahead—**it's all a reflection of your internal energy.**

You've been tuned into the wrong frequency, broadcasting lack and limitation instead of abundance and freedom.

Think of it like tuning into a radio station. You've been stuck on "Scarcity FM," full of commercials for stress and debt, when all along, "Abundance FM" was just one click away. Time to change the station my friend.

This book is different. This isn't a "feel-good" manifesto or a shallow motivational pep talk.

We're diving deep into the *real* game—the one that controls everything. And once you see how it works, you can start rewriting the rules.

You're about to learn:

- **How the system is rigged** to keep you stuck and powerless—and why that's your key to breaking free.
- **The ancient cosmic laws** that shape success and wealth—used by the elites for centuries.
- **Why a specific online business** fueled by your own unique energy is the simplest path to financial and personal freedom.
- **How to tap into your personal power** and align with the universal principles that attract wealth, happiness, and freedom.

This isn't just another book. It's the **blueprint** to breaking out of the matrix and building the life you've always felt was just out of reach.

Ready? Let's play the real game.

You've been living in a world of shadows. It's time to flip the switch.
Let there be light.

SECTION 1



THE MONEY GAME

THE ELITES DON'T WANT YOU TO KNOW



Jay Chris

Section 1 : The Money Game the Elites Don't Want You to Know

There's a secret game being played in the world—one where the rules are rigged, but only for those who don't know how to play. The sad truth? Most people spend their entire lives stuck in a game they never even realize exists.

You're told to work hard, follow the rules, and save money, and maybe—just maybe—you'll have a shot at financial freedom.

Spoiler alert: the system wasn't built for your freedom.

The elites, the ones who control the money, power, and influence, play by an entirely different set of rules. While most people are working harder and harder just to get by, the elites understand that **money isn't made through labor, it's made through leverage.**

The School Scam

Let's start with the biggest scam of all—school. You've probably been told that if you work hard in school, get good grades, and land a solid job, you'll be set for life. But what they didn't tell you is that the entire system is designed to churn out obedient workers, not independent thinkers.

School, as it's designed today, is more about conformity than creativity. It's about fitting you into a box where you do what you're told, keep your head down, and work for someone else's dream. Ever wonder why schools don't teach you about money, investing, or building wealth? **Because the system doesn't benefit from you being free.**

The elites? They aren't following that script. They invest in knowledge that actually pays dividends—esoteric knowledge, financial literacy, and universal principles that allow them to attract wealth effortlessly.

The 9-to-5 Illusion

Then comes the job—the golden handcuffs. The world tells you that financial security comes from working hard, keeping a steady paycheck, and climbing the corporate ladder. But here's the truth: **jobs are designed to keep you just comfortable enough to not revolt.**

They don't want you to thrive; they want you to survive, to barely make it to the next paycheck, so you never have time to question the game.

**The Matrix is Designed to Keep You Small.
The 9-5 system is a trap for mediocrity. Breaking free
means questioning the very structure you've been taught
to live by – and choosing your own path to freedom.**

Exercise: Write down how much time you spend working for someone else each week versus how much time you invest in your own dreams. What's one thing you can do this week to shift the balance in favor of your own goals?

While you're putting in hours at the office, sacrificing your time, energy, and freedom, the elites are leveraging assets, investments, and businesses that generate wealth for them 24/7.

They know that time is your most valuable resource, and they refuse to trade theirs for money.

Meanwhile, you're stuck trading time for money in a rigged system.

Take someone like Elon Musk. He doesn't just work harder than the average person; he uses leverage. While most people are trading time for money, Musk invests in teams, technology, and systems that generate wealth for him around the clock. That's the power of leverage—creating systems that work for you, not the other way around.

85% of people hate their jobs, yet only 15% will ever take action to change their situation.
(Source: Gallup).

Will you be part of the 15%?

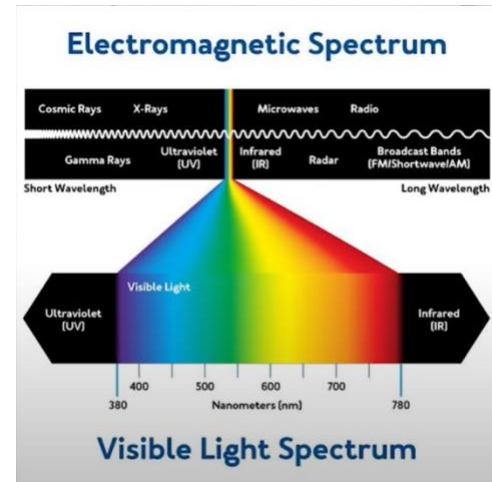
Money Is Energy

Here's where it gets metaphysical.

(Metaphysical means “Beyond the Physical” or “Beyond What The Naked Eye Can See”.)

Did you know that the human eye can only perceive **0.00035% of the entire electromagnetic spectrum**? Think about that for a moment. The colors, shapes, and images you see every day are just a tiny fraction of what's really happening around you.

We're essentially walking through a reality that's **99.99965% invisible** to us.



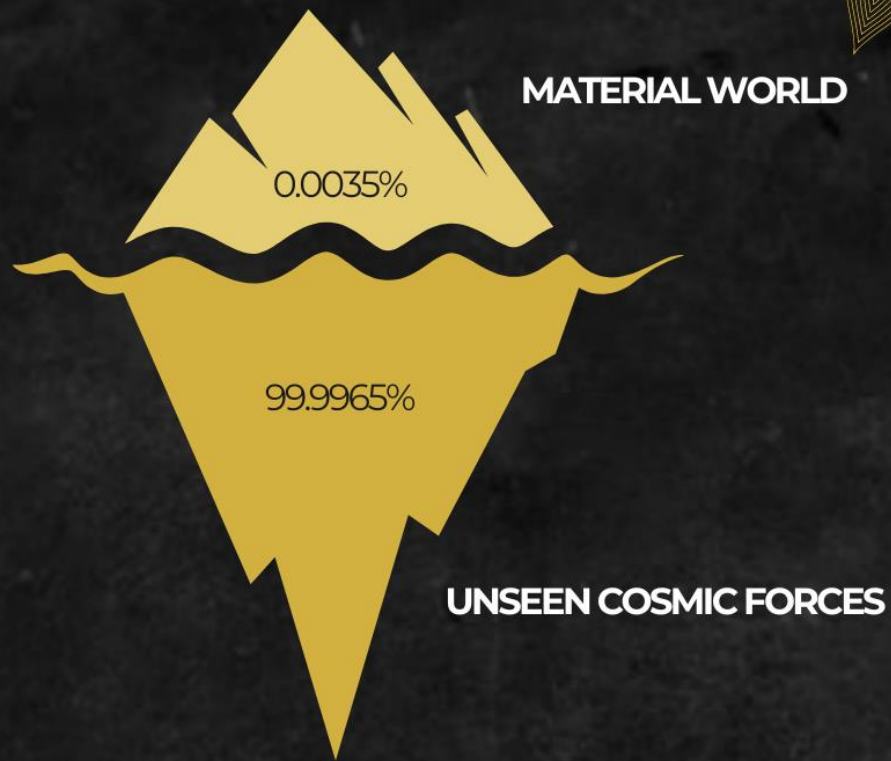
Imagine this: the electromagnetic spectrum includes things like **radio waves, microwaves, X-rays, and gamma rays**, and they're all around us, all the time, passing through our bodies, our homes, our devices—yet we're completely unaware of them. We only perceive a tiny sliver called **visible light**. That means most of the universe's activity is happening outside of what we can physically detect.

Here's the mind-blowing part: If you rely only on what you can see, you're missing almost **all of reality**.

This is the perfect analogy for understanding **metaphysical forces**. Just because we can't physically see energy and vibrations doesn't mean they aren't there, working to shape our lives every single moment.

Think about radio waves: we don't see them, but with the right receiver, they deliver music, news, and conversations from across the globe into your ears. The same applies to the **energy of money** and the **vibrations of your thoughts**. They're all around you, but if you don't tune into the right frequency, you'll miss out on their true power.

In the same way, your **thoughts, beliefs, and emotions** are creating ripples in the unseen world. You might not notice it with your five senses, but just like the invisible parts of the spectrum, these forces are influencing your reality. Whether you're attracting abundance or repelling it, **the energy is there**—you just need to learn how to harness it.



**99.9965% OF REALITY IS INVISIBLE TO THE HUMAN EYE.
BASING YOUR SUCCESS ONLY ON THE 5 PHYSICAL SENSES
IS NOT JUST **ARROGANCE**, BUT **SELF-SABOTAGE**.**



Jay Chris

The Power of Energy, Vibration, and Intention

One of the most mind-blowing and eye-opening scientific experiments that prove the power of energy and intention is Masaru Emoto's water crystal experiment. Dr. Emoto demonstrated that water is deeply affected by vibrational energy—specifically, human emotions and thoughts.

In his studies, water samples were exposed to various words, sounds, and intentions, both positive and negative. Then, these water molecules were frozen and examined under a microscope. The results? Water exposed to positive words like "love" and "gratitude" formed beautiful, symmetrical crystals. On the other hand, water exposed to negative words like "hate" or "anger" created distorted, chaotic structures.



Why does this matter?

Think about this for a second. **Your body is made up of 70-80% water**, which means your thoughts, emotions, and intentions are constantly shaping not only your inner state but also the outer world. Just as Dr. Emoto showed how positive words and vibrations create beautifully structured water crystals, imagine what happens to the water within you when you tune your mind to 'Rich AF Radio.'

Your thoughts are shaping your cells, your frequency is aligning your energy, and the universe is simply responding to what you put out. If your internal water can be affected by your emotions, then think about how much more powerful you are as a creator. By shifting your focus to higher vibrations—gratitude, abundance, confidence—you are literally reprogramming your physical and energetic being. You're tuning your entire body to the frequency of wealth and success, and the universe has no choice but to reflect that back to you.

**You are 70-80% water.
What you think, you become.
What you feel, you attract.**

When we say **money is energy**, we're not just speaking in metaphors. It's a literal truth. Just like tuning into a radio station, you can tune your energy to align with the frequency of abundance. But first, you have to accept that there's so much more to reality than what you can see. And once you do, you'll begin to see that **the possibilities are infinite**.

The elites understand something most people don't—**money is just energy**. And like any form of energy, it follows the path of least resistance. If your thoughts are filled with scarcity, fear, and stress about money, guess what? You're repelling it.

Money flows towards those who expect it, who feel worthy of it, and who align their energy with abundance.

Ever notice how people who have money seem to make more of it effortlessly? That's not a coincidence. **The rich get richer because they've mastered the game of energy**, while the rest are stuck playing a game they can't win, weighed down by limiting beliefs about money being "hard to come by."

Wealth Isn't in the Bank – It's in the Mind.
True wealth begins internally. The way you think about money, value, and abundance shapes how it shows up in your life.

Leverage, Not Labor

The key to the money game is leverage, not labor. The elites know that it's not about working harder, it's about working smarter.

Instead of grinding away at a 9-to-5, they create systems that work for them. They invest in businesses, assets, and networks that multiply their wealth while they sleep.

Leverage means using other people's time, money, and energy to achieve your goals. It means building something once and getting paid over and over again. **It's the ultimate form of freedom**—the kind the elites don't want you to know about.

Money Loves Mastery

Here's the truth: **money loves mastery**. The world doesn't pay you for being average; it pays you for being extraordinary. The elites know this. They've mastered their craft, whether it's business, art, or investing, and that mastery has made them magnets for money.

Most people, however, are taught to be "well-rounded"—to dabble in a bit of everything and never truly excel at anything. But **the elites know that mastery creates value, and value attracts wealth**. When you become a master of your domain, people will pay you whatever you ask because **you've positioned yourself as irreplaceable**.

The Scarcity Myth

Another huge lie you've been sold? **That there's not enough to go around.** This scarcity mindset is one of the biggest tools the system uses to keep you small. The elites, on the other hand, operate from a place of **abundance**. They know that the universe is infinite, and so is wealth.

They don't think in terms of "how much money can I make?" but "how much value can I create?"

When you focus on value, the money follows. But when you're stuck in scarcity, all you can see is lack. And guess what? That's exactly what you attract.

The System is Crumbling

Here's where it gets interesting. **The old system is starting to fall apart.** More people are waking up to the fact that the traditional path—school, job, retirement—is a dead end. The elites are clinging to power, but they can't stop the shift that's happening.

People are taking control of their own destinies, creating online businesses, building personal brands, and learning how to leverage their skills in ways that the system can't control.

They're discovering that **they don't need permission to be wealthy and free.**

The Reality Hack Business Model

Now, this is where things get exciting for you. **The most powerful wealth vehicle available today is an online business.** Why? Because it allows you to leverage your unique knowledge and skills to create massive value for others—and the more value you create, the more wealth flows to you.

An online coaching business is the perfect fusion of the metaphysical and the practical. **You're literally using your mind to create wealth**—aligning your energy with abundance and then turning that energy into a business that scales. And here's the best part: **you get to do it from anywhere in the world, on your own terms.**

The elites have known this for centuries: **those who control their minds, control their reality.** And when you build an online business, you're taking full control of your mind and using it to create wealth, freedom, and impact.

There is a specific business model where you're literally getting paid to better yourself. By the end of this book you will discover which one.

Play the Game, Win the Game

The money game is rigged, but now you know the rules. The system isn't here to make you rich, but that doesn't mean you can't use it to your advantage.

By shifting your mindset, mastering your craft, and building an online business, you can step into the same power the elites have kept hidden for so long.

The only difference between you and them? **They've known these secrets for generations. Now, it's your turn.**

Feeling Lost? Here's Why You're Already Closer to Wealth Than You Realize:

If a voice in your head is whispering, "**But what if I don't know what skill I have? What if I'm not ready to help anyone?**", let's quiet that voice right now. **The truth is, you're far more ready than you think.**

Here's what the elites don't want you to understand: **everyone carries a unique gift.**

Yes, even you. Whether it's a hard-earned lesson from a life experience, a hidden talent you've brushed aside, or even a skill you've taken for granted—**you have a treasure that others are searching for.**

The people who succeed in life are those who realize that their unique combination of experiences, perspectives, and knowledge is **their goldmine**. The system teaches you to undervalue yourself, but **this is your superpower waiting to be tapped into.**

Even if you're not sure what your gift is, **by the end of this book, you'll have the clarity** to uncover what you can offer to the world—and more importantly, how to turn that gift into an online business that will fuel your wealth, freedom, and fulfillment.

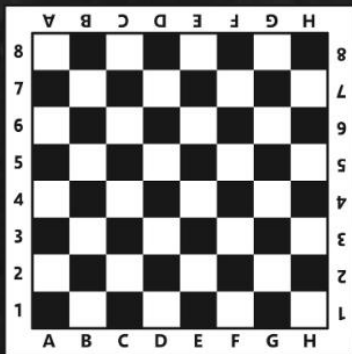
Still feeling unsure?

Let me let you in on another secret: *uncertainty is part of the process.*

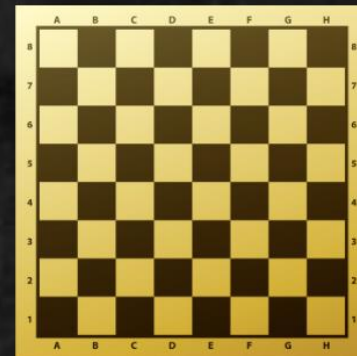
That's where the magic happens, because it's in those moments of doubt that the greatest transformations begin. If you're here, it means you're ready to step out of the fog and see the path in front of you.

As you move through this book, you'll find clarity revealing itself with every section you read. Together, we'll extract your untapped potential, shape it into something transformative, and design a blueprint to turn your hidden value into abundant success.

Remember: **You don't have to know all the answers now.** All you need is the willingness to explore, and the rest will unfold. Stick with me, and the clarity you've been searching for will be yours.



THE AVERAGE



THE ELITES

*THE **MASSSES** USE **TIME** TO MAKE **MONEY**.*
*THE **ELITES** USE **LEVERAGE** TO MAKE **MONEY**.*



Jay Chris

SECTION 2



THE REALITY HACK FORMULA:
YOUR COSMIC BLUEPRINT FOR WEALTH



Jay Chris

Section 2: The Reality Hack Formula: Your Cosmic Blueprint for Wealth

Alright, it's time to reveal the cheat code—the hidden blueprint that the elites have been using to dominate the financial game while most of the world stays stuck in a paycheck-to-paycheck loop. But here's the kicker: this formula isn't some untouchable secret only available to those sipping cocktails on their private islands. It's available to you right now. Yes, **you**, sitting here reading this. Let's hack the system.

Step 1: Master Your Energy

Before you even think about money, you need to master the most powerful force you've got—your energy. The world is full of people running around, grinding 9-5 jobs, trying to make ends meet without realizing that they're actually running on empty.

They're operating from a place of scarcity. But remember the cosmic truth: **money is energy**. If you're vibrating at a low frequency (fear, lack, anxiety), guess what? You're repelling money like it's a bad Tinder match.

My client Moustafa from Dubai, was constantly anxious about his business failing. Every day, he worried about not attracting clients, not making enough money. After learning to master his energy, he noticed a dramatic shift. He started having prospects calls coming out of nowhere. He booked 6 new client calls in less than 24 hours. Soon after he made his first thousands dollar online.

Simply because he was vibrating at a higher frequency—one of abundance instead of fear.

The Science of It

Quantum physics backs this up. Everything in the universe, including your thoughts and emotions, is made of energy.

Researchers have shown that high-vibration emotions like **gratitude** and **joy** activate brain pathways associated with creativity, problem-solving, and yes, attracting wealth. When you're in a high-vibrational state, you literally tune into a different reality—one where money flows easily to you.

Practical Application:

So how do you shift from that anxiety-driven energy to one that attracts money like bees to honey? Start every day by raising your energetic frequency. **Visualize yourself already living in abundance**. Close your eyes, breathe deeply, and imagine your dream life. Feel the emotions of

already having everything you desire: financial freedom, time freedom, the ability to impact lives.

Your mind doesn't know the difference between imagination and reality, so it will start aligning you with those opportunities. Do this every morning like it's brushing your teeth—except now you're brushing away scarcity.

***Exercise:** Take 5 minutes every morning to visualize your ideal day in detail. Imagine the clients you'll attract, the financial freedom you'll enjoy, and the fulfillment you'll feel. Write down how you felt afterward and notice how your energy shifts throughout the day.*

Step 2: Focus Creates Reality

The second part of the cheat code? **Your focus is everything.**

Let's be real—most people spend their time focusing on what they *don't* have: “I don't have enough money,” “I can't catch a break,” “Why does everything cost so much?”

It's like standing in front of a locked door, complaining about how it's locked instead of just grabbing the damn key.

And here's the science behind it: your brain has something called the **Reticular Activating System (RAS)**, which is basically a filter that shows you more of what you focus on. So if you keep focusing on lack, guess what your brain is going to deliver? More lack.

The Power of the RAS

There's actual neuroscience to this. The RAS is the reason why, when you decide to buy a new car, suddenly you see that car everywhere. Your mind filters out everything that doesn't align with what you've been focusing on. Now imagine if you trained your brain to focus on wealth, opportunity, and abundance instead of scarcity. You'd start noticing opportunities for making money that were always right in front of you, but invisible until now.

Practical Application:

What you write, you invite. Write down your top 3 goals as if you've already achieved them. For example: “I am making \$10k a month from my online business.” Post them somewhere visible and read them aloud every day for the next 30 days. Let your RAS work for you. Your mind will begin filtering out anything that doesn't align with that goal, and you'll start spotting opportunities you used to miss.

Your focus literally reshapes your reality.

Step 3: Circulate Wealth to Multiply It

Here's the final hack: **Wealth isn't something you hoard—it's something you circulate.** Picture this: you're holding on to your money so tightly that you actually stop its flow.

It's like trying to hoard water by grabbing it with your fists—it slips through your fingers.

Money is energy, and energy needs to move, to circulate. Every time you spend, invest, or give money, you're sending a signal to the universe: *"I have more than enough to give, and I know it's coming back to me."*

Money is Energy.
Money is not just a physical currency—it's a flow of energy. When you learn to align your energy with abundance, wealth naturally flows into your life.

The Economics of Circulation

Even in traditional economics, circulation is key. The velocity of money, a concept taught in Econ 101, refers to how often money changes hands in an economy. The faster money moves, the more value it creates. It's the same in your personal life. The more you circulate money—through smart investments, giving to causes you care about, or even buying things that improve your quality of life—the more it flows back to you.

Practical Application:

Next time you spend money, especially on something that's aligned with your values or personal growth, **feel good about it.**

Instead of thinking, "Ugh, I'm losing money," think, "I'm circulating wealth, and it's coming back to me multiplied."

When you give, give with the belief that the universe will return that energy tenfold. Donate to causes that inspire you, invest in your personal development, and spend on things that elevate your life. This keeps the flow going.

The Ultimate Reality Hack Blueprint

There it is. The formula the elites don't want you to know:

- **Master Your Energy:** Raise your vibration, and money will follow.
- **Focus Creates Reality:** Train your mind to spot opportunities instead of problems.
- **Circulate Wealth:** Let money flow through your life and watch it multiply.

Have you noticed how the masses have been programmed to do the polar opposite?

They've been conditioned to low vibes, feed low vibrational food to their physical and mental body, focus on drama and negativity, and hoard their money, operating from a place of scarcity.

This isn't a coincidence.

Remember, energy flows where attention goes. If you're focused on what's lacking, that's exactly what you'll attract.

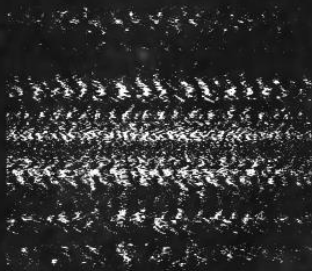
But now you know what to do, to start operating like the Elites. This is how you hack reality. It's how you reprogram your mind to create wealth, freedom, and happiness—starting today. But here's the catch: **knowing this formula isn't enough**. You have to start applying it right now.

The next step is where things get really exciting. We'll show you why creating a **specific online business** is the most powerful way to leverage these cosmic principles.

Imagine combining all of this metaphysical knowledge with a business model that gives you ultimate freedom, income potential, and impact. If you've made it this far, you're ready to play the game at a whole new level.

Stay tuned—because your breakthrough is just getting started.

RADIO SCARCITY



ABUNDANCE FM



**THE UNIVERSE ALWAYS DELIVERS.
WHAT YOU RECEIVE IS WHAT YOU HAVE ASKED FOR.
CONSCIOUSLY OR UNCONSCIOUSLY.**



Jay Chris

SECTION 3



REALITY ENGINEERING 101: THE FORMULA THAT SHAPES YOUR DESTINY



Jay Chris

Section 3: Reality Engineering 101: The Formula That Shapes Your Destiny

Let me give it to you straight: If you want to create massive change, you need to master one of the most powerful principles that the world's elite use to shape their reality—the **Be, Do, Have** formula. And no, this isn't just a catchy phrase—it's the key to unlocking everything you've ever wanted.

Here's the deal: Most people approach success completely backward. They think, "Once I *have* the money, the time, the resources—then I'll *do* what I want and finally *be* happy and fulfilled."

But here's the cosmic kicker: It doesn't work like that. And that's why most people remain stuck in their own self-made hamster wheel.

So, what's the truth? What's the hidden cheat code?

You need to **be** the person who already has what you want. **Do** the things that person would do. And then—and only then—will you **have** the life you desire.

Sounds simple? It is. But it's also world-shaking if you understand it correctly.

The Quantum Connection: Your Vibrational Blueprint

Let's dive a little deeper into how this works on a metaphysical and scientific level. Einstein himself said, "*Everything is energy, and that's all there is to it. Match the frequency of the reality you want, and you cannot help but get that reality.*"

Translation? Your thoughts and emotions literally create your reality. This isn't just woo-woo spiritual fluff—this is quantum physics. Everything in the universe is energy vibrating at a certain frequency, including you. And just like tuning into a radio station, you can dial into the frequency of the life you want.

Want wealth? You need to vibrate at the frequency of someone who's already wealthy.
Want freedom? You need to *be* the person who lives in freedom right now, not "someday."

I've seen this work in my own life. Before I started living this formula, I was stuck in a cycle of waiting for success to come before I felt like I was enough. But when I flipped the script—when I started being as if I already had the freedom and success I desired—I operated from a place of abundance and everything started to fall into place. The clients, the opportunities, the wealth—it all began flowing effortlessly because I was finally aligned.

Think of your energy like a magnet. What you put out is what you attract. And the **Be, Do, Have** formula is the ultimate way to align yourself with what you desire. Instead of waiting for things to happen *to* you, you become a conscious creator of your reality.

Everything in your life is a reflection of your internal energy. Shift your inner world, and your outer world will follow.

The Science Behind Your Vibe

Dr. Bruce Lipton, a renowned cell biologist, discovered that your beliefs and emotions don't just influence your thoughts—they literally reprogram your biology at the cellular level. Your brain acts like a transmitter, sending out signals that match the beliefs you hold. And guess what? Those signals attract things into your life that match those beliefs.

It's not magic. It's science.

If you're constantly telling yourself, "I'm broke," or "Success is impossible for me," your brain broadcasts that message to the universe. And guess what the universe does? It serves you more of the same.

But when you shift your identity and start *being* the person who already has success, your entire energy shifts. Your brain reprograms itself, and the universe starts delivering different results. It's like upgrading from an old clunky TV antenna to a high-definition satellite dish. You're no longer stuck receiving static—you're tuning into the frequency of wealth, success, and freedom.

You Don't Get What You Want. You Get What You Vibrate.
The Universe doesn't respond to wishes, but to vibrations. If you want abundance, you must radiate abundance through your energy, thoughts, and actions.

Be First, Then Do, Then Have

Let's break this down:

1. **Be:** You must first *become* the person who has what you desire. This means adopting the mindset, habits, and beliefs of someone who's already where you want to be. Feel the emotions of success before it happens. Walk around like you already own the room, even if you're just starting. **People who *become* successful are successful in their minds long before it shows up in their bank accounts.**

Picture this—you've already hit your goals. You're living your dream life. How does it feel? Seriously, close your eyes and imagine it. That feeling? That's the vibration you need to lock into.

Success Starts With Being.

You don't wait to succeed to feel successful – you adopt the mindset and habits of success first. When you become the version of yourself who deserves what you want, the results naturally follow.

2. **Do:** Once you've embodied that energy, the actions will follow naturally. You'll start making moves that align with your new reality. And here's the magic—because you've already *become* the person who succeeds, **the actions feel effortless.** You're no longer hustling or grinding; you're flowing.

It's like switching from rowing upstream to catching the current and letting it carry you. You're still putting in effort, but it's effortless effort. **If you're struggling, you're out of alignment.**

3. **Have:** Once you *become* and *do*, you'll *have* what you desire. This is the part that most people never get to. They're too busy waiting to "have" before they "be." But here's the thing: The universe responds to who you *are* at a core level, not to what you *want*. Your results will naturally follow the shift in your being and doing. It's cosmic law.

Once we fixed The Vibrational Fingerprint of my client Maxime from Canada, everything changed. He was struggling for months to get his first online client. Once he raised his vibration, he nearly immediately made his first thousands with his online business. "*Now, I can't see myself doing anything else. This is truly fulfilling.*" – He told me.

Why Most People Get It Wrong

Most people are waiting for permission. They wait for the right time, the right amount of money, the perfect circumstances—and in doing so, they give up their power. They believe the lie that their reality shapes who they are. But as we've now established, it's the other way around.

Here's a hard truth: If you don't shift your mindset and vibrational state, you're going to stay exactly where you are, no matter how hard you hustle. The "Be, Do, Have" formula flips that script. You become the architect of your own reality.

And here's where most people fail—they keep asking, "*How do I get this?*" instead of "*Who do I need to become to have this?*" That's the real question. That's the cheat code. The moment you start thinking like a wealthy, successful, and fulfilled person, you'll start automatically behaving like one, and everything else will fall into place.

Real Talk: What Are You Broadcasting?

Look, if your current reality isn't where you want it to be, it's not because you're unlucky or cursed. It's because you're still vibrating at the frequency of lack, limitation, or fear. And guess what? That's what you're attracting.

But here's the beauty—you can change your frequency, *right now*. You can start **being** the person you want to become today. And when you do, the **doing** and **having** will follow effortlessly. This is how the elites play the game. It's how they bend reality to their will.

You don't have to hustle harder or chase more. You just have to align with the version of you that's already there. Quantum leaping to a more favorable Parallel Universe.

Step Into the Formula

You now have the blueprint. The **Be, Do, Have** formula is your golden key to unlocking the life you desire. But remember—this isn't something you'll master overnight. It's a process. It requires faith, focus, and a radical shift in how you see yourself and the world.

So, what's your next step? You could walk away from this, keep playing the same game, and stay stuck. Or you can choose to *become* the person you know you're capable of being. Start broadcasting a different signal. Tune into the frequency of wealth, success, and freedom.

Once you do, you'll be able to experiment the same results as my client Thierry who was stuck at \$7k/month with his online business, but after we gave him crystal clear metaphysical and practical clarity, he went on to make \$30k/month with his online business a few months later.

BE

DO

HAVE



THE MIDDLE CLASS BELIEVES YOU HAVE TO **DO** SOMETHING TO GET RICH.
THE WORLD CLASS UNDERSTANDS YOU HAVE TO **BE** SOMETHING TO GET RICH.



Jay Chris

SECTION 4



THE COSMIC EDGE
OF THE ULTIMATE ONLINE BUSINESS.



Jay Chris

Section 4: The Cosmic Edge of The Ultimate Online Business

The Irresistible Case for Building Your Own Online Coaching Business

1. **You Control Your Destiny, Not the 9-5:** If you're stuck in a job that leaves you uninspired, the thought of making someone else rich while you get by on a fixed salary is probably draining. With an online coaching business, you finally break free from the limitations of a paycheck. YOU get to decide how much you earn, who you work with, and how you live your life.
2. **Low Barrier, High Reward:** Forget about the massive upfront investments required for traditional businesses. Online coaching is one of the few models where your knowledge, experiences, and passion are your capital. With minimal costs, you can build a six-figure business from anywhere. Imagine no office, no rent, and no staff headaches—just you and your laptop.
3. **A Booming Industry with Endless Demand:** The coaching industry is expanding like never before. People everywhere are desperate for guidance, whether it's in fitness, mindset, career, relationships or business. You can be the solution they need, and with more people turning to the internet for help, the demand for online coaching continues to skyrocket.
4. **Uncapped Income Potential:** Unlike a 9-5 where you're stuck in the rat race, trading time for money, coaching gives you the ability to scale. Whether it's charging premium rates for one-on-one coaching or creating group programs, there's no ceiling on how much you can make. In fact, it's possible to earn more in one month than most people do in an entire year.
5. **Global Audience, Global Impact:** Your reach isn't limited by geography. You can connect with clients worldwide from the comfort of your home or while sipping a mojito on the beach. Imagine coaching people in New York in the morning, and helping clients from Tokyo in the evening—your potential is limitless.
6. **High-Ticket Coaching:** You don't need thousands of clients to make good money. By offering high-value transformations, you can charge premium rates for your coaching services. With a handful of committed clients, you could be earning six to seven figures—giving you more freedom, time, and energy to focus on scaling your impact.
7. **E-Learning is Exploding:** The e-learning market is forecast to hit **\$370 billion by 2026**. More people than ever are willing to pay for education and transformation online. This is a massive shift that YOU can ride as a coach, packaging your expertise into courses, memberships, or group programs that give you scalable revenue streams.

8. **Personal Fulfillment:** What's more fulfilling than helping people achieve their dreams while building the life of your own dreams? You get the satisfaction of knowing that every day, your work is making a real, tangible difference in people's lives. You're no longer just "getting by" or "working for the weekend"—you're living with purpose.
-

Why the E-learning Industry is Exploding Right Now

You may have noticed something—the coaching industry is not just thriving, it's *booming*. Since 2020, the global e-learning industry has surged to over \$20 billion, and it's showing no signs of slowing down. But this isn't just a passing trend; this explosion is a reflection of a deeper shift happening worldwide.

People are waking up. They're rejecting the old paradigm of following the traditional 9-to-5 grind, and they're embracing self-realization, personal growth, and autonomy. What used to be reserved for gurus or motivational speakers is now accessible to *anyone* willing to leverage their knowledge and unique experiences. The coaching business is at the heart of this global shift, and it's perfectly aligned with the new, awakened collective consciousness.

Why an Online Coaching Business is the Ultimate Wealth Vehicle

Let's get real. The online coaching business is hands down one of the most powerful, efficient, scalable, personally fulfilling, wealth vehicles available right now. Here's why:

- **Leverage and Freedom:** Imagine this—you're running your coaching business from anywhere in the world, setting your own hours, and working with clients that *inspire* you. With a coaching business, you don't have to trade time for money anymore. One-on-one sessions can turn into group coaching, group coaching can evolve into courses, and all of it can be scaled, allowing you to impact more lives and increase your income exponentially.
- **Low Barrier to Entry:** You don't need a fancy office, a massive budget, or even a degree to get started. All you need is a specific set of experiences or skills and the willingness to help others achieve their own transformations. It's as simple as sharing what you've already mastered with those who need it. All you need is a laptop, an internet connection, and a lot of passion (and maybe some coffee). Your couch is your new corner office, and your kitchen is your boardroom.
- **Exponential Growth Potential:** Here's where the *real* magic happens. While many business models require you to constantly trade time for money, an online coaching business has exponential growth built into it. Once you start building momentum, your business can grow from \$1,000 to \$100,000/month in ways that *don't* require you to

spend 100x more time. You create impact at scale—whether it’s through group programs, digital products, or online courses.

But there’s more to this game...

Build Your Educational Empire to Scale and Make a Multi-Million Dollar Exit

Yes, you heard it right. Your online coaching business isn’t just a tool to create immediate income and freedom—it can evolve into a multi-million-dollar *educational company* that can be sold for tens of millions, setting you up for *retirement*.

Here’s how it works:

- **Turning Your Expertise Into an Asset:** The beauty of coaching is that as you grow, you’re also building systems, frameworks, and intellectual property that become valuable assets. These can be transformed into courses, memberships, or even subscription-based platforms that generate *passive income*.
- **Building a Brand:** As your personal brand grows, so does the value of your business. You’ll be seen as an authority in your niche, and over time, your business will attract high-ticket clients, partnerships, and lucrative opportunities.
- **Exit Strategy:** Once you’ve established your coaching business and scaled it to become a valuable educational platform, it can be sold to investors or companies looking to expand in the personal development or education space. People have exited businesses like these for *seven* and *eight* figures. The coaching business is the doorway to a *legacy* you can pass on—or sell when the time is right.

In short, this isn’t just about making six figures and living a good life—it’s about playing a long-term game that could set you up for life.

Look at Tony Robbins. He started with in-person seminars and one-on-one coaching, but over time, he built an empire of digital products, courses, and group coaching programs. By scaling his reach, he went from helping dozens to millions—all while building a multi-million dollar business.

Why This Is the Best Model for YOU

I know what you're thinking: "*This all sounds great, but can I actually do this? Is this for me?*"

Let's tackle some of the most common doubts that might be creeping into your mind.

- **Limiting Belief #1: "I Don't Know Enough"**

Let me stop you right there. You don't need to be a *guru* with 20 years of experience to help someone. If you've navigated challenges, overcome problems, or developed skills in a specific area, you're already five steps ahead of someone who needs your help. All you need is the ability to facilitate transformation. Coaching isn't about perfection—it's about progress.

- **Limiting Belief #2: "The Market is Saturated"**

Yes, the market is busy—because it's *in demand*. The coaching industry is vast, and your unique voice and perspective are exactly what people are seeking. *Your energy* will attract those who resonate with your journey and your message. Don't worry about competition, because you aren't here to compete; you're here to *contribute*.

- **Limiting Belief #3: "I'm Not Good with Social Media/Tech"**

Fear not, the tools you need to build your business today are *incredibly simple*. Social media platforms like Instagram, YouTube, or even TikTok are designed to be user-friendly. The tech aspect is just a gateway to your growth—an opportunity to expand your reach. Mastery here is like any skill: a rite of passage into your next level of success.

- **Limiting Belief #4: "I Don't Know What I Could Coach On"**

Every person has a unique story, a set of experiences, or expertise that can guide someone else to transformation. Ask yourself: What challenges have you overcome? What skills have you mastered? What do people always ask you for advice on? The answers to these questions are the foundation of your coaching business.

Here's the best part—clarity comes through *action*. You don't need to know exactly what your niche is today; all you need to do is *start*. Your purpose will unfold as you move forward.

Why an Online Coaching Business Aligns With Universal Laws

In today's fast-paced digital world, everyone is seeking financial freedom and personal fulfillment, but very few understand that true success is a blend of both logic and universal principles. One of the most powerful ways to manifest both wealth and impact in harmony with these cosmic laws is by building an online coaching business.

This business model isn't just about teaching skills—it's about aligning with the very fabric of the universe to create lasting success, freedom, and fulfillment.

I have compiled some of the best Universal Laws and how an online coaching business aligns with them.

This business model is more than just practical. It's metaphysical. It's aligned with the cosmic principles that govern abundance, wealth, and personal freedom.

1. The Law of Value Exchange

In any successful business, value creation is key. An online coaching business allows you to provide immense value by sharing your knowledge and expertise with others.

The more value you provide, the more you receive in return. Coaching is built on this principle—you help transform lives, and in exchange, you receive financial reward and personal fulfillment.

On a deeper level, there's a profound joy in watching others grow and succeed because of your guidance. It gives a sense of purpose and emotional fulfillment that is beyond material wealth. This emotional exchange is priceless and keeps you in alignment with the universe's flow of giving and receiving.

2. The Law of Attraction

The Law of Attraction states that what you focus on, expands. In an online coaching business, your focus is on helping others reach their potential, and this, in turn, attracts more opportunities, clients, and financial growth. The more you refine your focus and niche, the more you attract like-minded individuals who are drawn to your message.

Feeling the energy of excitement when you know your clients are achieving breakthroughs is a form of magnetism. The more passion and positive energy you put into your coaching, the more you attract high-vibe clients who are aligned with your mission. This emotional satisfaction becomes contagious and spreads to those you work with.

The Universe responds to your vibration, not just your thoughts. To attract what you desire, your emotions, energy, and actions must align with your vision.

3. The Law of Purpose

Coaching aligns with the Law of Purpose because it allows you to operate from a space of service.

When you guide others, you are fulfilling your life's purpose by contributing to the betterment of others. People are increasingly seeking personal fulfillment, and your coaching business is a way to help them discover their purpose, making this a scalable and impactful business model.

Emotionally, knowing that you're living your purpose by guiding others into their best selves creates deep internal fulfillment. This sense of purpose transcends money—it connects you to something bigger than yourself. It gives you the confidence that what you're doing matters on a soul level.

4. The Law of Compensation

The Law of Compensation states that you are rewarded based on the value you provide. In a coaching business, you create value directly tied to the impact you have on others' lives.

The greater the transformation you provide, the higher your compensation.

Unlike traditional jobs where your time is traded for money, coaching rewards you based on results and impact, which makes it an infinitely scalable model.

The beauty of this law is that your income is tied to how much you help others. The more lives you transform, the more abundant your life becomes. This emotional resonance of helping others while achieving financial success creates a win-win situation that elevates both you and your clients.

5. The Law of Expansion

The Law of Expansion states that everything in the universe is meant to grow and evolve.

An online coaching business allows for limitless expansion. Unlike brick-and-mortar businesses, which are constrained by location and resources, an online coaching business can reach people globally. You can continue to grow your knowledge, improve your coaching techniques, and expand your audience indefinitely.

On an emotional level, this sense of growth feeds your need for personal evolution.

Knowing that your business can evolve as you evolve creates a symbiotic relationship between personal and professional growth. It's deeply fulfilling to watch your reach grow while you continue to grow internally.

6. The Law of Least Resistance

In business, complexity often leads to breakdowns. The Law of Least Resistance suggests that the simplest path often brings the greatest results.

An online coaching business is straightforward—low overhead, no physical products, and the ability to operate from anywhere. This creates a low-barrier entry with high scalability.

The emotional reward of simplicity is huge. Without the stress of managing complex logistics, inventory, or a team of employees, you can focus on what truly matters: your clients and your own personal development.

This simplicity creates emotional space for creativity and innovation, rather than being bogged down by details.

7. The Law of Circulation (Flow)

This law states that what you give, you receive in return, often tenfold.

By consistently investing your time and energy into the success of your clients, the universe naturally reciprocates by sending you more clients, opportunities, and wealth. As you build your business, the flow of value creates a cycle of abundance.

Emotionally, this law reinforces trust in the process. Knowing that your efforts will come back to you in abundance gives you peace of mind and emotional security. It allows you to operate from a place of generosity, which only strengthens your energy and attracts even more success.

8. The Law of Identity

One of the most important universal laws is the Law of Identity.

This law states that who you believe you are shapes your reality.

In an online coaching business, you are constantly growing into the best version of yourself because the success of your business is tied to your personal evolution. By embodying the identity of a successful coach, you naturally align with success.

Emotionally, this law is empowering. Every new milestone achieved in your coaching business reinforces your belief in yourself, boosting your confidence. You start to see yourself as a leader and expert, and this internal identity shift is mirrored in the external results you create. It feeds a loop of confidence, competence, and success.

9. The Law of Faith

No business can succeed without faith.

The Law of Faith suggests that belief in your vision and in the universe's ability to deliver is crucial.

Running a coaching business requires faith in your abilities, your clients' transformations, and the belief that the universe supports your mission.

On an emotional level, faith brings you peace and security, allowing you to navigate challenges with a calm heart. Knowing that you are divinely supported in your journey creates a deep sense of trust, allowing you to take risks, innovate, and expand without fear.

10. The Law of Correspondence

"As Above, So Below. As Within, So Without."

The Law of Correspondence is about the fractal nature of the universe. It implies that patterns repeat on all scales—what happens within you will reflect in your external reality.

In the coaching business, your internal growth mirrors your business success. As you upgrade your mindset, knowledge, and energy, your business will scale accordingly. Your business becomes an external expression of your personal growth.

On an emotional level, this law makes it clear that the real work begins within. It's not just about learning marketing tactics—it's about evolving as a person, which automatically elevates your business.

The more aligned you are internally with success and abundance, the more you will see it manifest externally. This is deeply empowering because it shows that **you are the blueprint**, and once you master your inner world, you can change your outer world.

11. The Law of Polarity

"Everything Has Two Opposites, and Both Are Necessary for Growth."

This law teaches that every situation contains both positives and negatives, and both are required for growth.

In the online coaching business, this applies to the ups and downs you'll face. The struggles are just as important as the victories because they teach you essential lessons. As a coach, you'll not only grow through your successes but also through failures, which are opportunities in disguise.

Emotionally, this law removes the fear of failure. It reframes setbacks as part of the universal balance—you cannot have growth without challenge. By embracing both the highs and lows, you will not only build resilience but also accelerate your success. This understanding helps you feel at peace during tough times, knowing that **every obstacle is a stepping stone** to your ultimate success.

12. The Law of Perpetual Transmutation of Energy

"Energy is Always Moving and Can Be Transformed."

This law states that energy is constantly moving and evolving, and we have the power to direct and transmute it.

In an online coaching business, your thoughts, feelings, and actions are energy that you can mold to create success. Even negative situations can be transmuted into opportunities for growth and learning. Every challenge can be turned into a tool for success if approached with the right mindset.

On a deeper level, this law is comforting because it reminds you that **you are never stuck**.

You can always change your situation by changing your energy, thoughts, and actions. This leads to a sense of empowerment and control. You have the ability to transmute your struggles into successes, and this emotional realization creates a powerful realization—that success is not just about luck, but about how you harness your energy.

13. The Law of Rhythm

"Everything in Life Operates in Cycles. Peaks and Valleys are Natural."

This law helps you understand that life and business operate in cycles—there will be times of growth and times of rest or setback.

In the coaching business, this means that if you're experiencing a slow period, it's simply part of the natural rhythm of life. The key is to keep pushing through, knowing that after every down cycle, there's an upswing.

Emotionally, the Law of Rhythm teaches patience. It helps you to stop fighting the natural flow of life and business.

Instead, you can learn to **ride the waves** of business success, knowing that if you stay consistent, your efforts will pay off in time. It creates an emotional equilibrium—so you don't get too discouraged during the low points and know that highs are just around the corner.

14. The Law of Detachment

"Let Go to Allow Flow."

The Law of Detachment teaches that in order to manifest your desires, you must release attachment to the outcome.

In an online coaching business, while you set high goals and intentions, you must also detach from needing immediate results. This allows you to stay in flow without forcing things and becoming frustrated.

By releasing attachment to how and when success happens, you allow the universe to work in its own time and deliver even greater outcomes than you imagined.

Emotionally, this law brings peace. It allows you to release control and trust the process. It helps you feel more relaxed and focused on enjoying the journey, rather than being constantly stressed about the outcome.

This helps reduce the fear of failure because you understand that by detaching from specific outcomes, you allow the universe to bring you exactly what you need—often more than you initially dreamed of.

15. The Law of Reciprocity (Karma)

"What You Give, You Receive in Return."

The Law of Reciprocity (or Karma) shows that every action has an equal and opposite reaction.

In an online coaching business, the value you put into the world will be returned to you. By helping others transform their lives, you'll attract clients, opportunities, and wealth. The more energy and passion you pour into serving others, the more the universe will serve you in return.

Emotionally, this law creates a sense of gratitude and generosity. It makes you feel good about giving—whether it's giving knowledge, energy, or time.

Knowing that every positive action you take will come back to you tenfold creates a **feel-good cycle** of abundance.

It helps you trust that by giving your best, the universe will reward you with even more than you expect.

***Exercise:** Share an Instagram Story about you reading this book and tag me @jaychrismmentor on it. I will re-share it. You'll give the world more metaphysical growth. Which will inevitably come back to you positively in some shape or form.*

16. The Law of Action

"Action Bridges the Gap Between Your Desires and Your Reality."

The Law of Action simply states that for any intention or desire to manifest, action must be taken.

In the online coaching business, this law is critical because it shows that success doesn't come from just thinking or wishing—it requires consistent action. Implementing strategies, learning new skills, and staying disciplined in execution are all necessary to manifest the life and business you desire.

Emotionally, the Law of Action takes away the illusion of passive manifestation. It reminds you that you have control.

You are not waiting for life to happen to you—you are the **creator** of your own destiny. This gives you a sense of power and responsibility, inspiring you to take action with confidence and clarity.

Mastering Universal Laws for Business and Life

When you align with these universal laws—**Value Exchange, Attraction, Purpose, Compensation, Expansion, Least Resistance, Circulation, Identity, Faith, Correspondence, Polarity, Transmutation, Rhythm, Detachment, Karma, and Action**—you are not just creating a business, but a holistic life aligned with cosmic truth.

An online coaching business aligns perfectly with these principles, making it a **highly effective, scalable, and fulfilling** path to freedom, wealth, and impact. It's not just about making money—it's about tapping into the deeper, universal flow that governs success in life.

Once you understand and embrace these laws, you'll realize that an online coaching business isn't just a career—it's a vehicle for **soul alignment**, spiritual growth, and personal liberation.

By integrating these laws into your business, you can manifest the life you've always dreamed of, knowing you are in **divine flow** with the universe.

My client Drew from Australia, came to me feeling completely lost. After months of depression and operating from a low frequency, he couldn't even imagine a way out. But once he applied my teachings on frequency and alignment, everything changed. In just two weeks, he naturally attracted his dream girl—something that had eluded him for months. That's the magic of shifting into a new timeline. When you're tuned into the right frequency, the universe brings everything to you—effortlessly.

You're More Ready Than You Think

Now, let's address the elephant in the room: *self-doubt*.

You might be asking yourself, "Can I really do this? Am I really good enough to start an online coaching business?" And I want to tell you something that the most successful people in the world already know: **You are far more ready than you think.**

If you're reading this guide, it's because you already feel the pull to step into something bigger. And that's no accident. The universe doesn't nudge you toward a new path without equipping you with everything you need to succeed. What you're feeling right now—whether it's excitement, fear, or a mix of both—is the call to your *higher self*, the invitation to step into a life of freedom and abundance.

Your Knowledge and Experience Are Enough

Worried that you don't know what you could teach or coach on? Let me reassure you—you don't need a PhD or 20 years of experience to be an effective coach. If you're just 5 steps ahead of someone, you're already equipped to guide them on their journey.

Coaching isn't about perfection; it's about transformation. Think of all the times people have come to you for advice, guidance, or insight. That's a clue to what your gifts are. You already have within you the seeds of wisdom that someone else is desperately searching for. Your experiences, even the ones you might not think are "big enough," can create massive impact for others.

This Business Model is Built for Simplicity

One of the beauties of an online coaching business is that it's *designed* for simplicity and scalability. You don't need a complex infrastructure, a huge budget, or a traditional brick-and-mortar setup. All you need is a laptop, an internet connection, and the willingness to share your knowledge.

Your ability to scale this business is unmatched by most other business models. As you attract more clients and build your brand, your income grows exponentially without you having to trade hours for dollars. And this is what separates the coaching industry from other, more traditional business models—**freedom and leverage.**

But What If I Don't Know What to Teach?

This is a common concern, but it's also the easiest to overcome. Here's a powerful exercise:

- **Look back on your life:** What challenges have you overcome? What solutions have you found? Those are your coaching gems.
- **Listen to the world around you:** What are people always asking you about? What do friends and colleagues seek your advice on? This is often a sign that you have valuable knowledge to share.

Even if you don't feel like you have all the answers now, trust that clarity comes with action. As you begin this journey, the path will reveal itself. You don't need to have it all figured out at the start. You just need to start.

You're Part of Something Much Bigger

Your decision to embark on this journey isn't just about making money or building a business. It's about stepping into your role as a *lightworker*, someone who will guide others toward their own personal transformation.

Your success isn't just yours—it's a ripple effect that will touch countless lives.

You might not see the full extent of your impact right now, but trust me, by choosing this path, you're contributing to a collective shift in consciousness. You're becoming part of a global awakening—one person, one client, one transformation at a time.

Future-Proof Your Life

As if that wasn't exciting enough, let's take it one step further. If you grow your coaching business into a fully-fledged educational company, you can **exit** for a significant payout down the road. Imagine creating a business that provides so much value, has so much impact, that it's worth millions to investors or buyers who want to take it even further. That's the beauty of scaling—your coaching empire becomes a valuable asset, and when the time is right, you can sell it and enjoy the fruits of your labor for the rest of your life.

This isn't just about creating a stream of income—it's about building a *legacy*. Something that can be passed on, sold, or even automated so you can enjoy *true freedom* while helping others.

This is Your Time to Shine

Everything in your life has led you to this moment. All the struggles, all the lessons, all the wins—it's all been preparing you to step into your higher purpose. Don't let fear or doubt hold you back. You're ready for this. You're more than capable.

If you're willing to take that first step, the universe will meet you halfway, and the possibilities are endless.

Your coaching business is not just a vehicle for wealth; **it's a portal to your highest self**, your biggest impact, and the legacy you're destined to leave behind.

THOUGHTS



FREQUENCY



ACTIONS



ALIGNMENT



THE MIDDLE CLASS BELIEVES GETTING RICH IS OUTSIDE THEIR CONTROL.
THE WORLD CLASS KNOWS GETTING RICH IS AN INSIDE JOB.



Jay Chris

SECTION 5



SOCIAL MEDIA ALCHEMY: TRANSMUTING FOLLOWERS INTO CLIENTS



Jay Chris

Section 5: Social Media Alchemy: How to Transmute Followers into Clients

The Power of Social Media as Your Client Magnet

Welcome to the heart of your client acquisition strategy. In today's digital age, social media isn't just a platform for sharing cat videos and brunch pics—it's a powerful client acquisition tool that can transform your coaching business.

Imagine social media as your personal magnet, attracting the right clients to your business with just a few strategic moves. It's like having a virtual storefront open 24/7, where your ideal clients can find you, engage with your content, and eventually, seek your guidance. But how does it work?

Here's the secret: Social media isn't just about amassing followers; it's about turning those followers into clients. When done right, your social media presence can become a well-oiled client acquisition machine. By sharing valuable insights, showcasing your expertise, and engaging authentically, you can build a magnetic brand that attracts and converts.

In this section, we'll dive into how you can leverage social media to attract clients effortlessly. You'll learn to craft a magnetic presence, create content that resonates, and use strategic interactions to convert followers into paying clients. This isn't just theory—this is how we build and grow our coaching businesses, and now, you can master it too.

Crafting Your Cosmic Brand: The Art of Energetic Resonance

Your Brand is Your Cosmic Aura

- **Metaphysically:** Think of your personal brand as your energetic signature. It's your cosmic fingerprint, radiating a frequency that attracts those who resonate with your unique vibe. The universe reflects back the energy you project. So, make it shine.
- **Practically:** Define your brand's core message, values, and the story you want to share. Authenticity is key. Share your journey, your passions, and the real you. People connect with genuineness, not perfection.

Authenticity: The Cosmic Glue That Builds Genuine Connections

- **Metaphysically:** Authenticity is more than a marketing buzzword; it's your cosmic superpower. It's aligning with the universe's true frequency. Authentic connections are magnetic, drawing in those who are on the same wavelength.
- **Practically:** Show your behind-the-scenes moments. Share your successes and struggles. Let your audience see the real you—the human behind the brand. This transparency builds trust and rapport.

Ever tried to fake a laugh? It's as awkward as a fake persona online. Authenticity is your magical wand—wield it wisely.

Influencers who share their true selves, flaws and all, often build the strongest connections. Authenticity is like a cosmic magnet attracting the right people.

The Alchemy of Content Creation: Turning Ideas into Influence

Transforming Thoughts into Gold

- **Metaphysically:** Content creation is modern alchemy. You're not just posting; you're transmuting your knowledge into gold. Each post is a spell cast into the universe, shaping your reality and influence.
- **Practically:** Focus on delivering high-value content that addresses your audience's needs and desires. Quality content creates a ripple effect, drawing in more engagement and clients.
- **Scientifically:** Research indicates that engaging, valuable content increases audience trust and loyalty. Effective content boosts your authority and attracts clients.

Example: Provide actionable tips, transformative insights, and solutions. Content that educates and inspires will engage your audience and establish you as a trusted authority.

Converting Followers into Clients

Crafting Magnetic Calls-to-Action

- **Metaphysically:** CTAs (Calls-to-Action) should be more than prompts; they're invitations to a new reality. Your CTA is a gateway, leading followers to the next transformative step with you.
- **Practically:** Make your CTAs specific, compelling, and aligned with the value you offer. Instead of a bland "Contact me," use "Ready to unlock your potential by removing (Pain 1), (Pain 2), and (Pain 3)? Let's start your transformation journey together." Or "I'm looking for 3 more people I will help get to (Desire 1), (Desire 2), (Desire 3). DM me 'X.'"

Example: Successful posts feature CTAs that are clear, actionable, and compelling. Create CTAs that make followers excited about taking the next step with you.

The Consistency Principle

Aligning Efforts with Universal Flow

- **Metaphysically:** Consistency is the key to maintaining your cosmic flow. Regular engagement keeps your energy steady and attracts more opportunities.
- **Practically:** Develop a content schedule and stick to it. Use scheduling tools to maintain consistency. Regular posts build credibility and keep you top-of-mind.
- **Scientifically:** Studies show that consistent social media activity leads to higher engagement and follower growth. Consistency enhances your reach and influence.

Example: Consistent posting is like a steady cosmic heartbeat, keeping the energy flowing and attracting the right audience and clients.

You Don't Need to Be Perfect

Social media mastery doesn't require perfection—just progress. Every post and interaction is a step toward your goal. Embrace the journey with patience and persistence.

The universe rewards action and faith. Your unique journey and efforts will lead to success. Trust in the process and keep moving forward.

If you want me to mentor you throughout the entire process to get to multi 5 figures per month, apply to [work with me here](#), or DM me “Mentor” on [Instagram @jaychrismmentor](#).

COSMIC BRAND

MAGNETIC RESONANCE



=



BACK THEN YOU NEEDED A **BIG OFFICE** AND **EMPLOYEES**.
YESTERDAY YOU NEEDED A **GARAGE** AND A **LAPTOP**.
TODAY YOU NEED A **PHONE**.



Jay Chris

SECTION 6



WHY MOST PEOPLE FAIL (AND HOW YOU WON'T)



Jay Chris

Section 6: Why Most People Fail (And How You Won't)

The Harsh Reality of Mediocrity

Welcome to the final frontier of your transformation. Here, we tackle the brutal truth that many face but few escape: the reasons most people fail and how you, equipped with the insights you've gained, are poised to triumph. This is your moment to confront the harsh realities, reclaim your power, and set yourself on a path to extraordinary success.

Why Most People Stay Stuck

The Comfort Zone Trap: Imagine your comfort zone as a velvet prison—a place that feels warm and safe but keeps you from reaching your true potential. It's like being in a hammock that swings in place, giving the illusion of movement but keeping you exactly where you are. Most people stay in this cozy trap, avoiding the challenges that lead to real growth.

The Illusion of Security: Traditional paths like the 9-to-5 job offer a deceptive sense of security. This model keeps you working hard but offers limited rewards, ensuring that you stay on the treadmill of mediocrity. It's akin to running in place, getting tired but never actually moving forward.

Self-Sabotage and Fear: Self-doubt and fear are powerful forces that can immobilize you. It's not a lack of potential that holds you back; it's the fear of failure and the conditioning that tells you your dreams are too big. It's like trying to swim with weights around your ankles—no matter how hard you try, progress feels impossible.

The Lure of Instant Gratification: In our fast-paced world, we often seek immediate rewards, which can distract from the disciplined effort required for long-term success. It's like craving a sugar rush instead of nourishing your body with a balanced diet. Quick fixes rarely lead to lasting change.

The Truth About Success: How to Break Free and Thrive

Acknowledge the System: Recognize that the system is designed to keep you in a cycle of mediocrity. This awareness is your first step towards liberation. By understanding the rules of the game, you can start to play by your own.

Embrace the ‘Struggle’: Success is not about avoiding struggle but about embracing it as a part of your journey. Think of struggle as the weight that builds muscle. Each challenge you face strengthens you and brings you closer to your goals.

Harness the Power of Mindset: Your mindset is the key to unlocking success. Cultivate a mindset of abundance and resilience. As Einstein famously said, *“Imagination is more important than knowledge. For knowledge is limited, whereas imagination embraces the entire world.”* Your thoughts shape your reality, so think big and act boldly.

Commit to the Journey: Success is a continuous journey. Commit to personal growth and resilience. Your dedication to your vision will drive your success and help you overcome the inevitable challenges.

Take Bold Action: Action is the bridge between your dreams and reality. Start taking steps now, even if they’re small. Every action you take builds momentum and brings you closer to your goals.

How You’ll Succeed Where Others Fail

Leverage Your Unique Strengths: Your unique experiences and talents set you apart. Identify and leverage these strengths in your coaching business. Authenticity and individuality are powerful attractors of success.

Build a Support Network: Surround yourself with mentors, coaches, and a supportive community. A strong network will provide guidance, encouragement, and accountability on your journey.

Focus on Value Creation: The key to success in business is creating real value for your clients. Your ability to help others achieve their goals will directly impact your success. The more value you provide, the more successful you will become.

Stay Committed to Your Vision: Keep your vision clear and focused. Adapt and evolve as needed, but never lose sight of your long-term goals. Your commitment to your vision will guide you through challenges and drive your success.

Embrace Your Destiny and Take Action

You Have the Power: The power to transform your life and achieve your dreams is within you. You've learned how to hack reality, attract wealth, and start a successful coaching business. Now, it's time to take action.

The Time is Now: Don't let fear or doubt hold you back. The journey to success begins with the first step. Embrace the challenges, take action, and trust in your ability to succeed.

Your Success Awaits: Success is not reserved for a select few. It's available to anyone who is willing to overcome obstacles and take bold action. You are capable of achieving greatness and living a life of abundance.

The Cosmic Arsenal: Why You're Now Equipped to Win

Congratulations! You're now armed with more than just practical strategies; you've got metaphysical weapons that place you miles ahead of the ordinary.

Your Metaphysical Arsenal:

1. **The Power of Intention:** You now understand how your thoughts shape your reality. This isn't just fluffy talk—it's quantum science. Your intentions are like laser beams cutting through the fog of mediocrity, carving out the reality you desire. By aligning your thoughts with your goals, you're wielding the ultimate tool for manifestation.
 2. **The Law of Attraction:** You've learned to harness cosmic laws to draw abundance into your life. It's like having a magnet that attracts success, wealth, and opportunities. The universe isn't just a vast, indifferent expanse; it's a responsive force that mirrors your internal state. Your job now is to ensure that your internal state is aligned with the success you seek.
 3. **The Power of Vibration:** Your new understanding of how vibration affects reality puts you at an extraordinary advantage. Every thought, emotion, and action sends out vibrations that shape your world. By elevating your vibration, you're tuning into a frequency that attracts prosperity and fulfillment. Think of it as upgrading from a static-filled radio to a crystal-clear signal.
 4. **The Quantum Edge:** Quantum physics shows that your consciousness affects the material world. You've tapped into this powerful principle, turning it into a strategic advantage. You're no longer a passive observer but an active participant in shaping your reality. Your focus and energy are now potent forces that alter the fabric of your existence.
-

Winners vs. Losers

Here's the Truth:

In the cosmic game of life, there are those who play to win and those who play not to lose.

The winners are those who act on their knowledge, leverage their metaphysical insights, and push forward with unyielding determination. The losers are those who stay stuck in their comfort zones, drowning in fear and inertia.

Are You Ready to Lead?

You're now equipped with some of the most advanced tools available to humanity. You've decoded the matrix, uncovered the secrets of the universe, and aligned yourself with cosmic principles. The question is: will you use these tools to transform your life, or will you let them gather dust?

Step into Your Power:

Embrace the reality you've created with your newfound knowledge. You've been given the keys to unlock a life of unimaginable freedom and success. The only thing standing between you and your goals is the decision to act.

The Cosmic Divide:

The world is full of people who dream but never act, who learn but never apply. You're not one of them. You're a reality hacker, a cosmic creator, and a master of your destiny. Now is the time to separate yourself from the crowd. The universe is waiting for you to step into your power and claim what's rightfully yours.

The Final Push:

As you prepare to close this guide and take the next step, remember: you're not just choosing a business model; you're choosing a new way of life. Your online coaching business is more than a career—it's a mission to change lives, including your own.

In the final section, we'll discuss how to solidify your path to freedom and success. You'll be equipped to turn your vision into reality, fully prepared to take action and claim your place among the winners.

COMFORT



GROWTH



**THE NUMBER ONE REGRET PEOPLE HAVE ON THEIR DEATHBED IS
"I SHOULD HAVE TAKEN MORE RISKS."**

**THE GREATEST RISK YOU CAN TAKE IS PLAYING IT SAFE
WHILE EXPECTING TO GET WHAT YOU WANT.**



Jay Chris

SECTION 7



YOUR FREEDOM IS WAITING

IT'S TIME TO CHOOSE



Jay Chris

Section 7: Your Freedom is Waiting. It's Time to Choose

The Dawn of Your Transformation

You've just unlocked the cosmic blueprint that has the power to reshape your reality. You've navigated through the layers of societal conditioning and discovered how to harness the secrets that the elite have guarded. Now, it's time to embrace the power you have within and take decisive action towards your ultimate freedom.

Imagine this: You wake up every morning in a place you've always dreamed of—your ideal home, surrounded by tranquility and beauty. You check your phone and see notifications of new clients signing up for your coaching program. You have the freedom to work from anywhere in the world, set your own schedule, and make a profound impact on people's lives—all while earning a substantial income. This isn't just a fantasy; it's a reality you can create.

Unleashing Your Metaphysical Weapons

You hold the key to unlocking not just financial success but also a higher level of personal and professional fulfillment. With the metaphysical tools and cosmic laws you've learned, you have an edge that sets you apart from the average person stuck in the 9-5 grind.

The difference between the winners and the losers in this game is the ability to act on knowledge. While many will remain passive, trapped in their limiting beliefs and societal conditioning, you are equipped to break free. You've seen how to align with universal principles, leverage social media, and turn your unique expertise into a thriving online coaching business.

But this is only the beginning. There are deeper secrets – truths hidden for centuries by those who understood how to shape their reality on the highest levels. Are you ready to unlock them?

**Knowledge without action is just potential energy.
It's time to ignite that potential and transform it into reality.**

Why Now is Your Moment

The Universe is waiting for you to take action. Every moment you delay is a moment lost in the pursuit of your dreams. Remember, the world isn't going to hand you success on a silver platter. The cosmic forces are in your favor, but they require you to take the first step.

- **Embrace Your Role:** Understand that you're not just building a business; you're fulfilling a higher purpose. You're becoming a guide, a mentor, and a beacon of transformation for others. Your success is a ripple that creates waves of positive change.
 - **Harness Your Potential:** With the insights and strategies you've gained, you're uniquely positioned to create wealth, freedom, and impact. The tools you have are more powerful than you can imagine, and they're at your disposal to build the life you've always dreamed of.
 - **Commit to Action:** The universe rewards those who act with purpose and conviction. By committing to your coaching business, you're stepping into your true power and potential.
-

Your Next Steps

You now have the blueprint for success. But the journey doesn't end here—it's just beginning.

Here's how you can take the next step:

1. **Visualize Your Success:** Take a moment to vividly imagine your ideal life. Feel the emotions, experience the freedom, and see the impact you're making.
 2. **Act Now:** Don't wait for the perfect moment. The time is now. Take decisive action to start your online coaching business, or elevate your existing one.
 3. **Connect with Me:** If this guide has ignited a spark within you, imagine what we could achieve together. My mentorship program is designed to provide you with personalized guidance, strategic insights, and the support you need to turn your vision into reality. [Apply to work with me](#) or [DM me on Instagram](#) to learn how we can work together to create the success you desire.
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You Are the Architect of Your Destiny

Remember, the universe is a reflection of your inner world. As you align your thoughts, energy, and actions with your desired reality, you create a powerful force that attracts the success you seek.

You are not just a participant in this cosmic game; you are its architect. Your potential is boundless, and your path to freedom and success is clear. It's time to step into your role as a creator, embrace the cosmic edge you've gained, and manifest your dreams into reality.

Your freedom is waiting. It's time to choose.

Now, you're at a crossroads. You've read the guide, and if you've gotten this far, you're someone who's ready for more. But here's the thing—what you've just learned is only the beginning. The surface level. Beneath these principles lie cosmic laws so powerful that they've been used by the elites for centuries, quietly shaping wealth, influence, and happiness. These secrets are hidden from the masses for a reason—because once you tap into them, there's no going back.

You'll start to see reality bend in your favor. Opportunities will appear. Luck will no longer be a coincidence but something you create. But not everyone is ready for this knowledge, and most will stay where they are, comfortable in their bubble. Only a few will choose to unlock the door to this deeper wisdom.

So here's my question for you: Are you one of them? Are you ready to take the next step, to go beyond the 9-5, beyond the traditional, and into a life of limitless freedom and abundance? If so, the journey is just beginning. The next level is waiting. But only you can decide if you're ready to step into it.

AVERAGE HUMAN



CONSCIOUS COSMIC CREATOR



*STOP ACTING LIKE A **TENANT** IN THE REALITY YOU DIDN'T DESIGN.
BECOME **THE ARCHITECT** OF A UNIVERSE WHERE YOU DOMINATE.*



Jay Chris

Key Lessons Recap

In this journey, you've unlocked some of the most profound truths about creating wealth and freedom. Let's recap the most important teachings that will forever change the way you approach life, money, and success:

1. **Money Is Energy:** You've learned that money isn't just physical; it's a form of energy, and like all energy, it responds to your vibration. Mastering your relationship with money means mastering the vibrations you put out into the world. When you align your energy with abundance, wealth flows naturally into your life.
2. **Your Vibrational Frequency Shapes Your Reality:** Every thought, belief, and emotion you hold carries a frequency. Like a **vibrational fingerprint**, this frequency either attracts or repels wealth, freedom, and success. Shifting your mindset and raising your vibration is the key to unlocking everything you desire.
3. **You're Playing the Cosmic Game of Success:** The universe has its own hidden laws—like the law of attraction, law of compensation, and law of circulation—that govern success. The wealthiest people in the world are playing by these rules, while most people are left in the dark. Now that you've uncovered them, you can **flip the script** and rewrite your financial destiny.
4. **Online Coaching is the Ultimate Path to Wealth:** Building an online coaching business is not only one of the most powerful ways to align with universal laws but also a **high-demand, high-margin business model**. The coaching industry is booming, and people are hungry for guidance. Whether you're starting from scratch or scaling, coaching allows you to live on your terms while earning **multi 5-figure to 6-figure months**.
5. **The E-Learning Industry is Exploding:** Beyond coaching, the entire **e-learning industry** is undergoing massive growth. With the global market expected to reach **\$370 billion by 2026**, more people than ever are investing in online education and personal development. Online coaching fits perfectly into this trend, allowing you to capitalize on a market that is growing at an exponential rate.
 - *The e-learning market is projected to hit \$370 billion by 2026, proving that digital education is becoming a cornerstone of the global economy.*
 - The potential for **global reach, low overhead, and high-ticket clients** make online coaching one of the most scalable and profitable models available in this booming industry.
6. **You Create Your Own Reality:** The thoughts you think and the emotions you feel are the building blocks of your reality. You've seen how these elements, when aligned with the universe's hidden laws, give you the power to create an extraordinary life. It's not just about thinking positively—it's about **taking action** from a place of aligned energy.

7. **Mentorship is the Shortcut to Success:** You've learned that **mentorship** accelerates growth. Without a mentor, you'll spend years trying to figure it out on your own. With the right mentor, you **bypass** the mistakes, tap into proven systems, and get straight to the results.
 - *People with mentors are five times more likely to succeed and reach their financial goals.* Now that you've unlocked the secrets, imagine how fast you can scale with someone guiding you every step of the way.
 8. **Taking Action is Non-Negotiable:** Knowledge without action is meaningless. The most successful people are those who implement what they've learned. The truth is, the universe rewards those who **take action** and follow through on their desires. As it sees it as a **direct proof of the seriousness of your intention**. Now, it's your turn to take what you've learned and apply it to create the life you deserve.
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If you've read this far, you're someone who's ready for more. You know there's another level waiting for you—one of limitless freedom, wealth, and fulfillment. And while this guide has given you powerful insights, the real transformation happens when you decide to take the next step and go deeper.

I've created a system for those who are ready to break free from the 9-5 grind and step into the world of online business, financial freedom, and cosmic mastery. But I'm only looking for a select few—those who are committed, ambitious, and ready to do whatever it takes to change their lives.

If you feel called to take the next step, I invite you to apply to work with me directly. This isn't for everyone. But if you're ready to unlock the next level, I'd love to help guide you on that journey.

This isn't for everyone. Only those ready to fully step into their power will see the results. The universe is waiting for your decision—will you rise to the challenge, or will you let this opportunity pass by?

[Click the link to apply](#), and let's see if we're a fit to work together. **Your freedom is closer than you think—it's just a decision away.**

The question is not whether you can succeed; the question is whether you will decide to step up and claim it. The Universe has laid out a path, and you now have the tools to walk it. Will you?

ALONE

WITH A MENTOR



**IF I HAVE SEEN FURTHER THAN OTHERS,
IT IS BY STANDING ON THE SHOULDERS OF GIANTS.**

—ISAAC NEWTON



Jay Chris

This Is YOUR Moment

Dear Reader,

You've just taken the first step toward an extraordinary future. The fact that you're here, at this moment, speaks volumes about your courage, your desire for something more, and your willingness to break free from the chains that hold so many back.

Let me tell you something you may not hear often enough: **You are powerful beyond measure.**

The wealthy, the successful, the free—they're no different from you. They don't have secret access to more intelligence, more talent, or more luck. What they have—what **you** have—is the ability to make a decision. The decision to believe in yourself, to take action, and to never look back.

You're not here by accident. This moment, this book, this journey—it was all meant for you.

Every challenge you've faced, every time you've felt stuck or defeated, it was the universe preparing you for this. The keys to the life you dream of are already in your hands. **You are the architect of your destiny.**

Remember this: The path to success isn't a straight line.

It's a windy road filled with twists, turns, and obstacles. But those who persevere, those who continue to believe in their potential, **always win.** The universe rewards those who are willing to take risks, who are willing to step into their greatness.

The rich, the powerful, the successful—they didn't stop when they hit their first roadblock, or their second, or their third. And neither will you. **You are unstoppable.** You've learned the cosmic principles, you've unlocked the hidden truths that the masses are blind to. Now it's time to **take bold action.**

Your future, your freedom, your success—it's not just a possibility. **It's inevitable.**

The only thing standing between you and the life of your dreams is the courage to keep moving forward. Don't wait for permission. Don't wait for the "right time." Don't wait for someone else to tell you you're ready—because you already are.

Right now, at this very moment, you have everything you need. The universe is waiting for your command.

Step into your power. The life you've always dreamed of is waiting for you to claim it. And the best part? You don't have to do it alone.

Thank you for allowing me to be part of your journey. I believe in you. Now, it's time for you to believe in yourself. The world is yours for the taking. Go get it.

You're not just the creator of your business—you're the creator of your reality. **The universe is your canvas, and your life is the masterpiece you get to paint.**

With unshakable belief in your greatness,

Jay Chris

THE END



YOU'RE THE HERO
OF YOUR OWN STORY.



Jay Chris