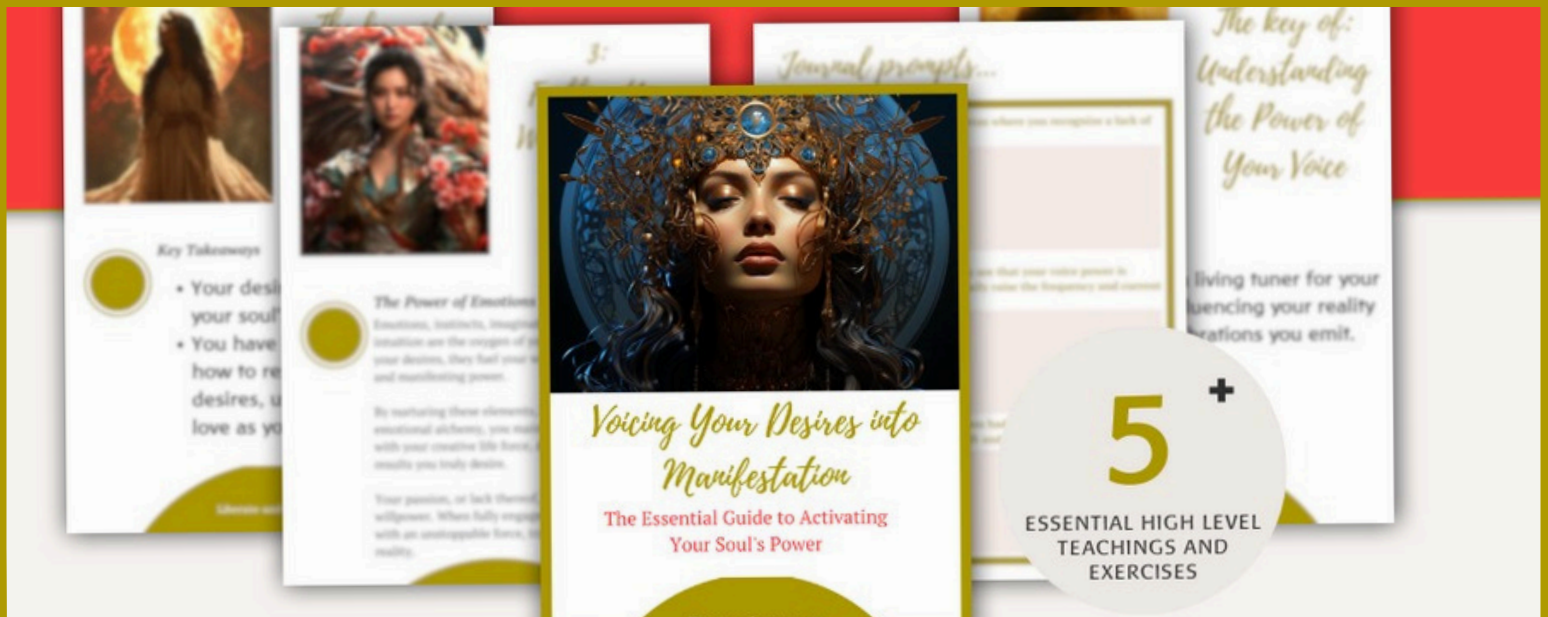




Voicing Your Desires into Manifestation

The Essential Guide to Activating
Your Soul's Power



Introduction

Welcome to "Voicing Your Desires into Manifestation ."

I'm Elisabeth de Charon de Saint Germain, the Transformational Voice- and Soul-Led Leadership coach for Trailblazing LightWorkers and Spiritual Entrepreneurs.

This guide is designed to help you connect with your inner and sounding voice and desires, enabling you to manifest a life that aligns with your soul's true purpose.

In this e-Book you will learn essential principles and practical steps to harness the hidden power of your voice for personal and spiritual transformation.

Let's begin this journey toward discovering your soul's desires and expressing them into reality.

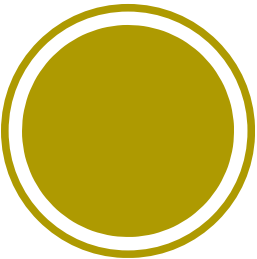
Let's Connect!





1:

Understanding the Power of Your Voice



The Essentials

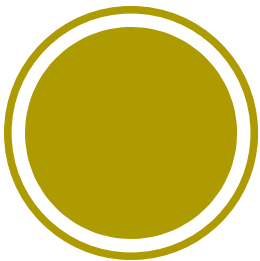
To manifest a life that resonates with your soul, it's crucial to understand the power of your voice. Your voice is more than just a sound—it is a living tuner for your frequency.

Frequency is the foundation of all creation, shaping the reality you experience through the vibrations you emit.

The universal law states that the frequency you hold within your energetic bodies is met with vibrations of a similar frequency, shaping your reality in alignment with your inner state.



*The key of:
Understanding
the Power of
Your Voice*



Key Takeaway

Your voice is a living tuner for your frequency, influencing your reality through the vibrations you emit.



2: *The Role of Desire in Manifestation*

Desires and Receiving State

Your desires are not arbitrary—they are led by the wisdom of your soul. They are signposts guiding you towards the life your soul truly wants to experience. It's important not to judge or suppress your desires, but rather to acknowledge them as essential elements of your spiritual journey.

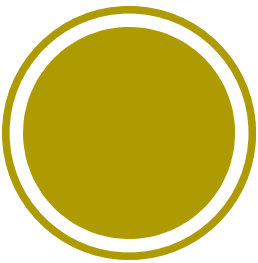
Remember, you are not a victim of your desires. This is a lie perpetuated by the patriarchy.

Instead, you are an embodiment of the goddess, capable of choosing how to respond to your desires by deliberately tuning into the frequency of love.



The key of: The Role of Desire in Manifestation

Key Takeaways

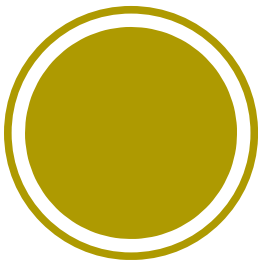


- Your desires are signposts for your soul's journey.
- You have the power to choose how to respond to your desires, using the frequency of love as your guide.



3:

Fuelling Your Willpower with Passion and Enthusiasm



The Power of Emotions

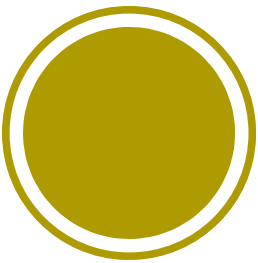
Emotions, instincts, imagination, inspiration, and intuition are the oxygen of your passion. Together with your desires, they fuel your willpower, creational force, and manifesting power.

By nurturing these elements, by using the power of emotional alchemy, you maintain a strong connection with your creative life force, driving your life toward the results you truly desire.

Your passion, or lack thereof, is the fuel to your willpower. When fully engaged, it propels you forward with an unstoppable force, transforming your desires into reality.



*The key of:
Fuelling Your
Willpower
with Passion
and Enthusiasm*



Key Takeaway

Passion and enthusiasm are vital for activating your creational force, leading to tangible results in your life.



4: *Embodying the Goddess Within*

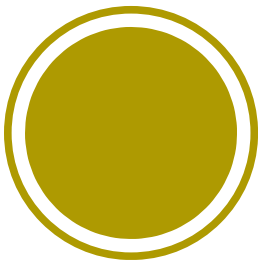
The Full Expression of Your Being

To fully embody the goddess within, you must express your voice, knowledge, desires, and emotions without restraint. This means working with the alchemical power of your emotions to awaken dormant powers, remove blockages, and activate the energy that seeks to emerge through you.

Use your voice to command, declare, and summon your desires, inviting the full power of your soul to merge with your physical being. This process involves engaging with the three main energy centers: your head, heart, and womb/sexual/ creative life force. Each center has a voice —learn to listen and express from these sacred places within you.



*The key of:
Embodying
the Goddess
Within*

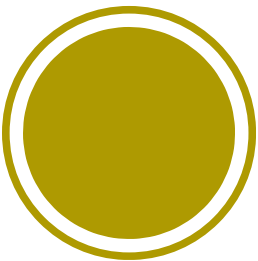


Key Takeaway

**Embracing and voicing
your full expression
empowers you to lead with
authenticity and spiritual
alignment.**



5: Practical Exercises to Activate Your Voice Power



Alchemical Power of Emotions

Now that you understand the principles, it's time to put them into practice.

Start by working with your emotions to unlock and activate your hidden powers.

This involves giving voice, sound, and movement to your emotions, paving the way for energy to be felt, activated, transformed, circulate, and harmoniously recalibrated.

In the next page you will find a step-by-step exercise:



#1

Center Yourself:

Take a few deep breaths and bring your awareness to your body.

#2

Engage Your Energy Centers:

Place your hands on your head, heart, and womb, tuning into each energy center.

#3

Voice Your Desires:

Voice Your Desires: Speak, sing, and move your desires aloud from each centre, allowing your voice to resonate fully from within.

#4

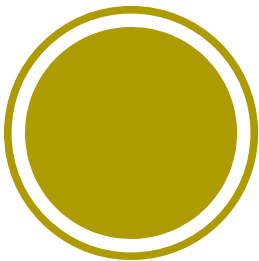
Embody the Energy:

As you speak, imagine the energy of your desires filling your entire being, receiving what you want most by letting yourself be adored for being the representative of the goddess, fully welcoming all the emotions, the gifts, and the joy that is rising inside you.



The key of: the Practical Exercises to Activate Your Voice Power

Key Takeaway



Inspired, purposeful, intentional, liberating voice-, archetypal-, persona-embodiment exercises, among energetic healing and coaching practices, will connect you deeply with your soul's desire and amplify your manifesting power.

Embrace Your Transformational Journey

Take a moment to reflect on the principles highlighted in this eBook, which are all about unleashing, unbound, untame, and uncover your full voice potential and be a soul-led leader of your own destiny. How do these principles relate to your current life experiences?

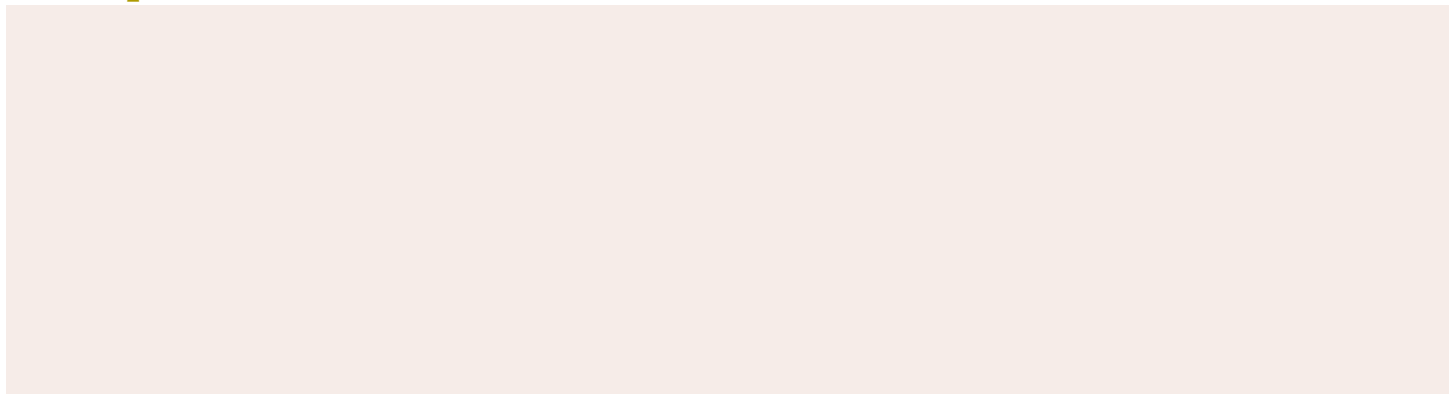
- **Can you recognize your own value?**
- **Does love, wealth, prosperity, and satisfaction flow effortlessly to you without risking burnout?**
- **Are you comfortable and confident in expressing yourself, connecting and relating with others, working, and living authentically without needing to mask yourself and feel restrained?**
- **Does your external world mirror the yearnings of your soul?**

Consider jotting down your reflections or, if you feel inclined, book a mini-session with me. Together, we can start to revamp your life by bridging the gap between your current position and your aspirations, utilizing these key principles to craft a harmonious and aligned existence.

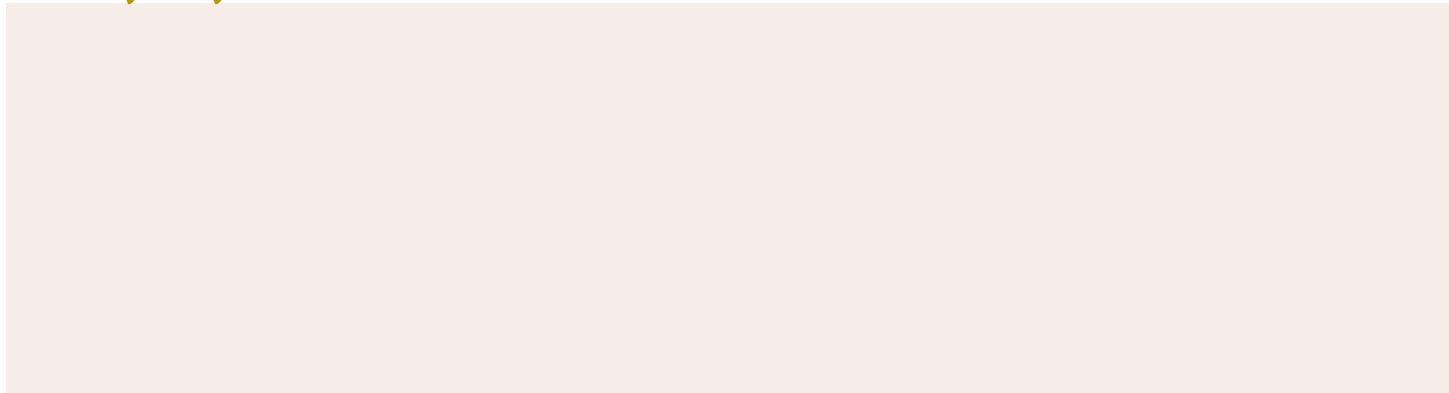
Important notes...

Journal prompts

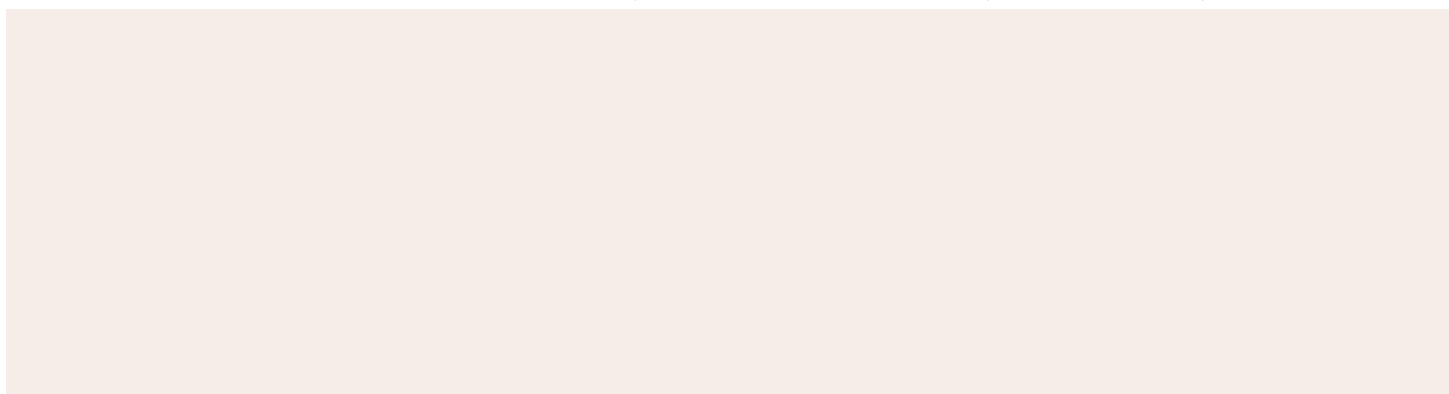
1-Feel into and write down three areas where you recognize a lack of voice power



2-Write down two places where you see that your voice power is already activated helping you to easily raise the frequency and current reality in your life



3- Feel into one big desire that, if you had the full access of your Full Voice Power, would completely shift and uplift your reality





“I am in charge again...”

I reached out to you because I felt I had lost my own voice. Everyone else seemed to know what was best for me, except me. In the last three months of working with you, I have reached more progress than with all the therapists and psychologists before. I'm in charge again. Energised and sustainably working a little bit more each week. I found MY voice and became aware of what gave me true pleasure. It gave me strength to step out of a toxic relationship. And even now that I'm going through this separation I experience I am turning into the mother I always wanted to be for my children.

Sanneke, Teacher and Dancer



“Connect to what you're really about...”

If you are called to share your story but are stuck and keep on procrastinating, I recommend getting yourself to a session with Elisabeth and let her help you get out of your head and connect to what it is you're really about.

Carmel, Self Love Advocate

“These Musical Healing Potions...”

Whatever challenge life throws at me," Marlene says: "When I listen to your pieces, something happens with me that I can not fully understand, but within a couple of minutes, I am taken onto a journey straight into my heart and reconnected to my strength. This shift is swift and without having to do anything difficult. But still, it is profound and durable. Each time that I listen a bit more..."



Marlene, about Elisabeth's Alchemical Healing Music "The Musical Healing Potions"

ARE YOU READY FOR *your next step?*

I'm offering a unique opportunity to have powerful mini-sessions with me. These sessions are designed to help you see where the quickest, fastest, or greatest possible step to mastery can be made, leading you to find your full voice and open all the powers that have been waiting to be part of your life. After the session you will receive a handpicked, energetically aligned, medicinal alchemical piece of my own music -*the Musical Healing Potions*- that I have created to Activate and Heal the Throat Chakra.

[Book Your Mini-Online-Session Here](#)





“

“A Woman’s Voice is a Revolution” is not just a book; it’s an invitation for you to step into your own power. As a co-author, mystic, composer, and vocal coach, I’ve woven threads of insight, healing, and empowerment....

Elisabeth co-authored this powerful book: available worldwide on Amazon

“

You are unlocking that. You are shaking at that. You are giving permission to women to hear their voices in safe spaces.



Elisabeth, you really have the most powerful body of work here; thank you so much.

I've already had messages this morning from S who is singing at the top of her voice on her walking the dog. All the shyness has gone. And K contacted me and said, "I cannot wait for the kids to leave the house. I just want a quiet house, and I'm going to play the recording of that beautiful meditation, and I'm going just do the whole thing again."

Elisabeth, your work is powerful because it invites women to confront and overcome the resistance to self-expression. This is a significant challenge that we often shy away from, but you empower women to face it head-on.

I smiled to myself that yesterday, we felt that cameras needed to be off, sounds needed to be off, and people needed to be out of the house before we could really let go of our voices.

I think it represents womankind, doesn't it? We don't feel that we can make our authentic noise if we're witnessed, and I think that's massive: You are unlocking that. You are shaking at that. You are giving permission to women to hear their voices in safe spaces. To hear their voice when there's no one around. And ***that can ONLY lead to them then feeling confident about having their voice heard in front of other people,*** which, for me, is truly magical and absolutely wonderful!

Wendy Prior



About the Author

Elisabeth is the founder of Liberate & Express Coaching & Music

Her souls desire is to use her voice, music, and transformational wisdom, knowledge, and 'beingness' to Awaken and Activate the Voice Power of the Goddess in one million women.

- She teaches Trailblazers to Awaken and Activate their Full Voice Power, Embodied Expression, and Soul Led Leadership
- She brings her transformational vocal-, musical-, healing-, alchemical-, and modern- wisdom, embedded in deeply knowledgeable methods and creativity to help Coaches, Teachers, Practitioners, Artists, Singers, Musicians, and Speakers find their own Voice and after, guide them how to do the same for their clients or audience, within the realm of their own expertise

Elisabeth de Charon de Saint Germain

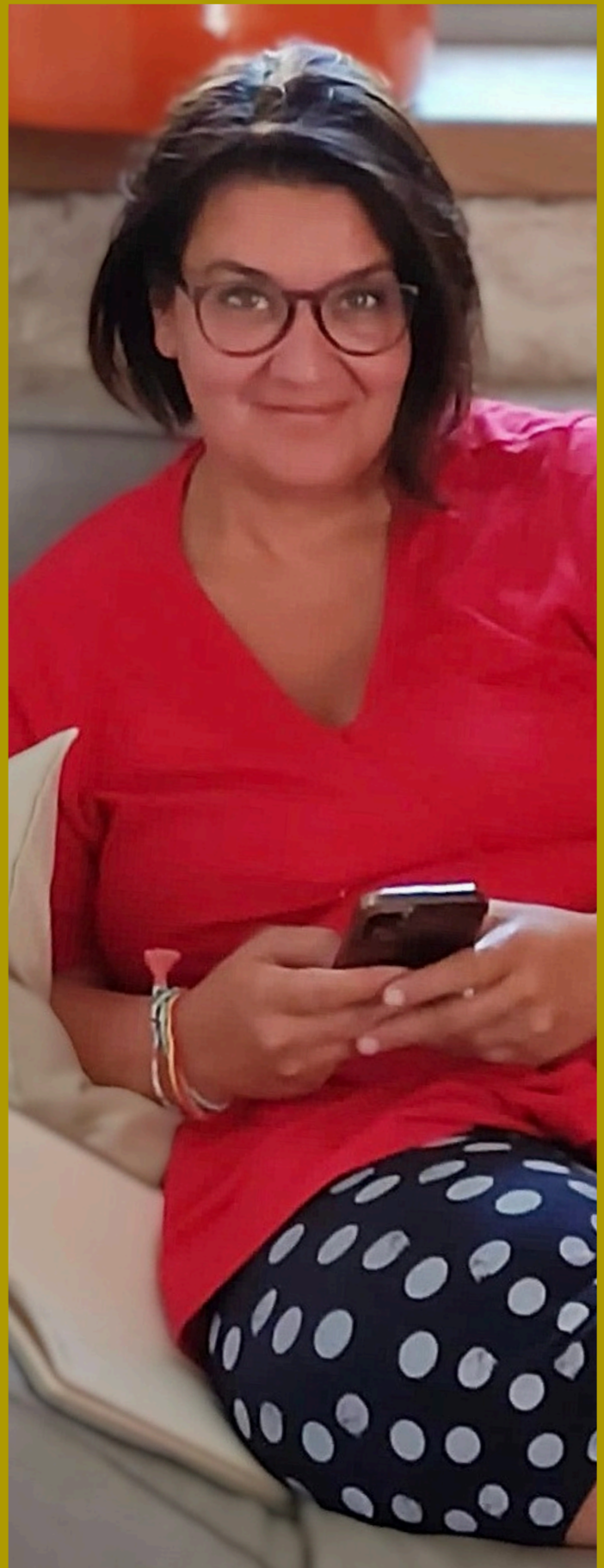
Let's Connect!

I wrote this guide as an inspiration for you to awaken and activate your voice power and become the soul-led leader you were meant to be.

You are so welcome to seek out my counsel and advice for your specific needs and situation, whether it's personal, your business or organization, or a desire to connect deeper with me for cooperation.

You can directly connect with me on my WhatsApp For Business:
+31 0610358873

I reside in the Netherlands, work globally online, and am open to traveling for retreats, collaborations, concerts, conferences, and other events.





Copyright 2024 © Elisabeth de Charon de Saint Germain

All Rights Reserved

My deep appreciation and gratitude for:

- The Illustrations by: Lars Doerwald from ld-elements
@doerwarldlars
- And the photographs mostly created by Freya Elders from
www.freyafotografie.nl

This eBook may not be reproduced, distributed or transmitted in any form or by any means, as a whole work including photocopying, recording or other electronic or mechanical methods, without prior written permission of the author.