

The shift in perspective

Preface:

In this book, I'll be giving you a very simple framework.

A framework that, in my own experience, has been the most direct, fun, and effective way to manifest.

If you think that the framework seems too simple or too good to be true, then the best thing you can do is to try and disprove it.

Applying the law, even in the attempt to disprove it, will give you results.

It's a law that cannot fail.

Keep it simple

Step number one: Allow manifestation to be simple

Manifestation is a concept that has gained a lot of unnecessary complications over the years.

I'm using the word unnecessary because manifestation is simple.

Extremely simple.

As a matter of fact, it's so simple that the hardest thing about it is accepting how simple it is.

Whatever you want in life, simply decide that it's already yours, and it will be.

That's manifestation.

That's PRACTICALLY all you gotta do.

There's nothing more to it.

And that's the problem.

The problem is that there's nothing more to it.

Yet... people keep looking for more to do.

They go from book to book, course to course, post to post, reel to reel, video to video, coach to coach.

And guess what all that leads to? It leads to nothing.

When the brain becomes overstimulated with too much information from too many different sources, it does nothing with it.

It leaves you confused and frozen.

The reason I know this is because it was me.

Two years back, I was working a job that I absolutely hated, and during that time, my only companion was audiobooks on the topic of manifestation.

Eight hours a day, I was listening.

I've literally gone through hundreds of books.

But what I didn't realize back then was that I was in a loop.

I was in an endless loop of consuming because I had not accepted that I already knew everything I needed to know.

I had not accepted how simple it was.

One day, I decided to stop.

I completely stopped reading any content related to manifestation.

And guess what? It worked.

It worked quickly.

Only four months after I stopped reading about manifestation, I was able to quit my job and travel the world living off my laptop.

You see, the problem with constantly reading about manifestation is that you are implying that you don't already know what to do.

You are implying that you're missing something.

The truth is, you're not missing anything.

You just haven't accepted that you're not missing anything.

You have not accepted that you already know how to manifest.

If you had accepted it, you wouldn't be here reading another book on the topic.

BUT, luckily for you, this book is not just any book.

This book is different.

This book is designed with one purpose in mind: For you to get results.

It is not a long book.

It is not a complex book.

It's a short and practical book.

This is by design.

Reading a short book over and over again is a lot more effective than reading one long book one time.

To get the best results, read this book daily until you actually find yourself applying every chapter.

Once you apply the chapters in this book, you WILL get results.

It simply cannot fail.

Do not look for more to do than what is provided in the book.

Do not read other books on the subject.

Let this book be the last book you'll ever need, because truly, I tell you, there is nothing more to manifestation

than what is provided in this book.

ONLY if you absolutely insist that there is.

Responsibility

Step number two: Take full responsibility for being the creator of your reality

To consciously create reality, you must take responsibility for being the creator of your reality.

FULL responsibility.

I'm talking about fully accepting that you do, in fact, create your own reality.

Even though this step seems very obvious, it's oftentimes overlooked.

There's a very specific reason why.

It's easier to blame circumstances or people for where you're at in your life right now.

It's easier to play victim.

It's easier to believe in causes outside of yourself.

But unfortunately, manifestation doesn't work like that.

You cannot be a conscious creator of your reality and at the same time be a victim to it.

It's one or the other.

So choose to be the creator of your reality instead of the victim.

“Creator of my reality” — that’s your new title.

Own it.

Claim it.

Accept it.

From now on, you’re the boss.

You’re the main character.

The highly intelligent mirror

Step number three: Accept what reality is

After having taken responsibility for being the creator of your reality, it's time to understand what your reality is.

Once and for all.

No complications.

No overthinking it.

Your reality is a mirror.

A highly intelligent mirror.

A mirror so intelligent that it literally reflects your state of consciousness back to you through people, circumstances, and events.

The more time you spend in any certain state of consciousness, the more you will see that state reflected in the mirror.

The mirror is always working, and the mirror is impersonal.

It doesn't favor one state over the other.

If you're in a state of consciousness of having a million dollars, the mirror will reflect that.

If you're in a state of consciousness of being in debt, the mirror will reflect that.

It does not differentiate between good or bad, big or small.

It doesn't care if it makes your day or ruins it.

It reflects your state of consciousness through people, circumstances, and events.

It doesn't apply reasoning.

It doesn't apply logic.

It doesn't apply rules.

It doesn't use common sense.

It's not your friend.

It's not your enemy.

It is a mirror.

And that's all.

That's reality.

You are not separate from reality.

You are reality.

Reality is your consciousness objectified.

What I'm telling you right now is nothing new.

It's nothing that hasn't been told before.

Everyone who's ever devoted their life to figuring out what reality is comes to this very conclusion.

It's the one truth that everyone agrees on.

Here's what I mean.

Neville Goddard

- "The world is a mirror, forever reflecting what you are doing within yourself."
- "The whole vast world is yourself pushed out."

Florence Scovel Shinn

- "Man is a magnet, attracting to himself what he is."

Joe Dispenza

- "The quantum field responds not to what we want; it responds to who we are being."

Wayne Dyer

- "Change the way you look at things, and the things you look at change."

Deepak Chopra

- “We are not victims of the world we see; we are victims of the way we see the world.”

Eckhart Tolle

- “The world changes when your state of consciousness changes.”

Michael Talbot

- “Our seemingly physical reality is no more real than an image produced by a laser beam.”

Albert Einstein

- “Reality is merely an illusion, albeit a very persistent one.”

Rumi

- “This place is a dream. Only a sleeper considers it real.”

A Course in Miracles

- “The world you see is an illusion of a world.”

Hermes Trismegistus

- “As within, so without; as above, so below.”

Lao Tzu

- “The world is only a reflection of the mind.”

Osho

- “You are the projector; the world is the screen. Don’t get caught in the movie.”

Carl Jung

- “Who looks outside, dreams; who looks inside, awakes.”

Alan Watts

- “This whole world is fundamentally a gloriously complex illusion, and your true self is not separate from it.”

Buddha

- “All that we are is the result of what we have thought. The mind is everything. What you think you become.”

Paramahansa Yogananda

- “The world is a cosmic motion picture, and we are the images on the screen.”

I can make a list 10 times this size, but I think you get the point.

If not, the point is... they're all talking about the same ONE truth.

They're using different words to describe the truth, but they're all describing the same truth.

The truth: Reality is not objective; it is subjective to your state of consciousness.

And that's exactly what you have to accept about reality if you want to start manifesting on a high level.

Accepting this very simple truth about reality is what allows you to shift your state of consciousness without feeling delusional about it.

It's what allows you to stop reacting to your reality and instead start creating it in a deliberate and conscious way.

Some people struggle with accepting this truth because it sounds... crazy?

But it's not crazy.

If you think it's crazy, then it's just your reaction to hearing something that is completely the opposite of what you've been conditioned to believe.

When you went to school, did they tell you that you are the cause of reality?

No.

What about your parents... did they tell you that your reality is your own consciousness objectified?

No.

What about grandparents? Did they tell you that this is all just a hyperrealistic dream where we forget that we're dreaming?

No.

You've been told that you're a physical being, living on a physical planet, and that everything is exactly as it appears to be.

It's the greatest lie of all time.

You are not a physical being living on a physical planet where everything is exactly as it appears to be.

You are a non-physical being, dreaming that you are a physical being on a physical planet, where everything is as YOU appear to be.

Once you accept this fact, you will start having a lot more fun.

You will stop worrying about stuff that doesn't matter.

You will stop taking things so seriously.

Life will become a game you play.

A conscious movie you direct.

A lucid dream that you control.

All you have to do is accept it.

Accept that you've been lied to and move on.

Create your reality consciously from this moment on.

It's that simple.

Chapter: States of Consciousness

Step number four: Understand what a state of consciousness is

Once you've accepted that reality is a projection of your state of consciousness, it's time to understand what a state of consciousness is.

Like everything else, the answer is simple.

A state of consciousness is an expression of what you believe to be real, true, or a fact.

That's it.

Your beliefs, definitions, and assumptions determine your state of consciousness.

Let me prove this to you with a little experiment.

I want you to imagine a bank account with 1 million dollars in its balance.

Don't think about how it got there.

Just imagine that the money is already there.

Does looking at this mental picture affect you in any way?

It probably does not.

But what if you made a conscious decision to believe in this mental picture?

What if you made it real and vivid within yourself?

Try it!

Experience the imaginative bank account like it's real.

Because guess what... that's ALL you need to do.

When a mental picture is blended with belief, it translates into the state of consciousness that will make the picture manifest.

And the best part? It doesn't require effort or force to believe in a mental picture.

It's effortless.

You don't have to learn how to believe.

It's something you're already doing, all the time.

It's a function of being conscious.

You're literally a pro at believing.

The only question is, are you a pro at believing in what you want or what you don't want?

Many have become very good at believing in what they don't want.

What I'm asking you to do now is simply to consciously and deliberately believe in what you DO want.

Because guess what again... believing in what you do want is not any harder than believing in what you don't want.

Both of these require the same amount of belief.

They both require you to believe in something.

It doesn't require more belief to believe in an imaginative bank account with 1 million dollars in it than to believe in a physical bank account with a thousand dollars in it.

It requires a shift in perspective.

You've reached the end of the free version of this book.

If you wish to buy the full book and unlock the rest of the chapters:

A shift in perspective

The game of manifestation

Minimizing thoughts

Paying the price

Losing the attachment

You can do so by clicking [here](#).

PS: If you buy it today, I'll even throw a bonus in there for you.

A meditation designed to help you get faster results with manifestation. (normal price \$57 USD)

This special offer will only be available today, so if you're ready to turn your dreams into reality, click [here](#).