

MOBILITY IS
THE LITMUS
TEST TO
HEALTHY
AGING.

[your business name]

MOBILITY ASSESSMENT PROGRAM

Computerized Gait
& Balance Analysis
to Support Healthy
Aging



UNDERSTAND YOUR MOBILITY AND FALL RISK

Research suggests that the following five measurements are key performance indicators (KPIs) as you age:

- Gait Velocity (Speed)
- Gait Rhythm
- Gait Pressure
- Gait Variability
- Balance (Postural Sway)

This is because weakness and irregularities in your walking/balance can contribute to accidental falls and impact your quality of life.

Our Stepscan Gait Analysis System measures the five KPIs, using them to generate an aggregate Mobility Score that will help us develop your personalized health plan.

IN PARTNERSHIP WITH



PROACTIVE, NOT REACTIVE

1. MOBILITY ASSESSMENT

Computerized gait & balance analysis provides your baseline measurements and indicates areas of weakness/irregularity to be addressed.

2. INDIVIDUALIZED TREATMENT PLANS

Your clinician develops a customized treatment plan to help you strengthen and improve your physical performance.

3. ADDITIONAL CARE, AS NEEDED

Based on the assessment, your clinician may recommend additional services such as vision care or hearing tests to support healthy aging.

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