



AFFIRMATIONS TO THRIVE

Faith-Filled Affirmations for Your Best Life

THRIVE WITH ROSSI

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HELLO THRIVING WOMAN!

I'm Rossi, and I'm so excited to share these affirmations with you. My hope is that as you speak these powerful truths over your life, you will feel God's love and see profound transformation. These affirmations are more than just words; they are based on God's promises and are meant to help you break free from negative thoughts, limiting beliefs and start living a thriving life. I can't wait to see how they make a difference for you!

AFFIRMATIONS FOR A THRIVING LIFE

INTRODUCTION

Affirmations are powerful tools that help transform your mindset and align your thoughts with God's promises. When you declare these affirmations over your life, you are reinforcing your identity in Christ and building a foundation of faith and identity in Christ.

HOW TO USE AFFIRMATIONS EFFECTIVELY

-01-

FIRST THINGS FIRST

These affirmations assume that you are already deeply rooted in your faith in Christ. As you recite them, you are coming into agreement with what the Word of God says. As scripture teaches, God's word is alive and powerful, and faith comes by hearing the Word of God.

If that isn't where you are, take a moment to recommit yourself to Christ and acknowledge Him as Lord of your life. (Romans 10:9-10)

-02-

BELIEVE WHAT YOU SAY

Affirmations don't work if you don't believe them! Speak each affirmation with conviction. Remember that FAITH comes by hearing! Your belief will increase as you continue to speak the Word and let it take root in your heart and mind.

-03-

CONSISTENCY IS KEY

Make it a regular habit to recite your affirmations. The best times are usually in the morning to set a positive tone for the day and at night to reinforce your mindset before sleep.

-04-

VISUALIZE AS YOU AFFIRM

As you declare each affirmation, visualize the reality of those words in your life. For example, when affirming financial prosperity, imagine your finances flourishing and all your needs being met.

-05-

MEDITATE ON THE WORD

Meditate on the Bible verses associated with each affirmation. You cannot adopt your identity in Christ if you don't know what He says about you! Meditation not only strengthens your faith but also provides deeper context and understanding of God's promises.



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*But they delight in the law of the Lord,
meditating on it day and night.
They are like trees planted along the riverbank,
bearing fruit each season.
Their leaves never wither,
and they prosper in all they do.*

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Psalm 1:2-3 NLT

AFFIRMATIONS

MY IDENTITY IS IN CHRIST

- I fear the Lord and delight in His commandments, therefore I am blessed. (Psalm 112:1)
 - I am a child of God, chosen and dearly loved. (Colossians 3:12)
 - I am a new creation in Christ; the old has passed away, and the new has come. (2 Corinthians 5:17)
 - I am a masterpiece. God created me to do good works. (Ephesians 2:10 NLT)
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I AM FREE FROM FEAR AND WORRY

- My heart is fixed on trusting in the Lord so I will not fear bad news. (Psalm 112:7)
 - God has not given me a spirit of fear, but of power, love, and a sound mind. (2 Timothy 1:7)
 - My mind is in perfect peace because I trust in God. (Isaiah 26:3)
 - I will not be anxious because I make my requests known to God, and He gives me peace that surpasses understanding. (Philippians 4:6-7)
 - I fix my thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. I think about things that are excellent and worthy of praise. (Philippians 4:8)
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MY CONFIDENCE IS IN CHRIST

- I can do all things through Christ who strengthens me. (Philippians 4:13)
- I trust in God because He is my refuge and safe place. (Psalm 91:2)
- I dwell in the shelter of the Most High and rest in the shadow of the Almighty. (Psalm 91:1)
- Greater is He who is in me than he who is in the world. (1 John 4:4)
- I am strong in the Lord and in the power of His might. (Ephesians 6:10)

AFFIRMATIONS

I AM SAFE

- God covers me and under His wings, I will find refuge; His faithfulness is my shield. (Psalm 91:4)
- No harm will overtake me; no disaster will come near my home. (Psalm 91:10)
- God gives His angels charge over me to guard me in all my ways. (Psalm 91:11)
- No weapon formed against me shall prosper. (Isaiah 54:17)

I HAVE DISCIPLINED AND CONTROLLED THOUGHTS

- I renew my mind daily by focusing on what is true, noble, right, pure, lovely, admirable, excellent, and praiseworthy. (Philippians 4:8)
- I take every thought captive to make it obedient to Christ. (2 Corinthians 10:5)
- I am transformed by the renewing of my mind, and I am able to test and approve God's will— His good, pleasing, and perfect will. (Romans 12:2)
- I trust in the Lord with all my heart and I don't lean on my own understanding. (Proverbs 3:5-6)

I AM LED BY GOD AND WALK IN HIS WISDOM

- God has the wisdom I need for the decisions I'm facing and He freely gives it to me. (James 1:5)
- I know what to do because God teaches me the way I should go. (Isaiah 48:17)
- I trust in the Lord with all my heart and do not lean on my own understanding; in all my ways, I acknowledge Him, and He makes my paths straight. (Proverbs 3:5-6)
- I make decisions with discernment, guided by God's wisdom, and I do not make rash, hasty decisions. (Proverbs 19:2)

AFFIRMATIONS

I HAVE FAVOR

- The Lord surrounds me with His favor like a shield, and I walk confidently in His blessings. (Psalm 5:12)
- Because I have written love and faithfulness on the tablet of my heart I have favor with God. (Proverbs 3:3)
- I am favored by God. He will not withhold good things from me because I do what's right. (Psalm 84:11)

I AM SUCCESSFUL

- I commit my actions to the Lord, and He establishes my plans. (Proverbs 16:3)
- I will always come out on top because the Lord made me the head and not the tail. (Deuteronomy 28:13)
- God perfects everything that concerns me. (Psalm 138:8)
- The Lord is with me and makes me successful. (Genesis 39:2)

I HAVE AUTHORITY OVER THE ENEMY

- I have authority over all the power of the enemy, and nothing shall harm me. (Luke 10:19)
- I am more than a conqueror through Him who loved me. (Romans 8:37)
- I resist the devil, and he flees from me. (James 4:7)
- The Lord is faithful, and He strengthens and protects me from the evil one. (2 Thessalonians 3:3)
- I put on the full armor of God so that I can stand against the schemes of the devil. (Ephesians 6:11)
- Greater is He who is in me than he who is in the world. (1 John 4:4)
- Thanks be to God, who gives me the victory through our Lord Jesus Christ. (1 Corinthians 15:57)

AFFIRMATIONS

GOD IS MY SOURCE AND I AM FILLED WITH ABUNDANCE

- Wealth and riches are in my house, and my righteousness endures forever. (Psalm 112:3)
- My God will meet all my needs according to the riches of His glory in Christ Jesus. (Philippians 4:19)
- I remember that it is God who gives me the power to get wealth. (Deuteronomy 8:18)
- I honor the Lord with my wealth, and my barns are filled with plenty. (Proverbs 3:9-10)
- The Lord takes pleasure in my prosperity (Psalm 35:27)
- God will prosper me because I am generous and help others. (Proverbs 11:25)

MY FAMILY AND RELATIONSHIPS ARE BLESSED

- My children will be mighty in the land, and my generations (spouse, children, grandchildren, parents, extended family, and chosen family) are blessed. (Psalm 112:2)
- As for me and my house, we will serve the Lord. (Joshua 24:15)
- I will love others as Christ loves me, fostering peace and unity in my relationships. (John 13:34-35)

BLESSINGS!

Using affirmations based on God's promises is a transformative practice that aligns your thoughts with His truth. As you consistently declare these affirmations, you will see a positive shift in your mindset, leading to a thriving and fulfilling life. Remember, God's Word is alive, active, and powerful, and when you speak it over your life, you are inviting His power to work in you and through you.



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