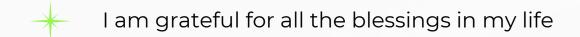


## Mindset Reset Affirmations

## Repeat Daily for 14 days



Today I look for and see the good in everything and everyone

Good things are happening to me now

I deserve success, balance and happiness and let go of guilt

My body knows what's best for my well-being and I pay attention to what it needs

🔭 🛾 I am safe and in control

The Universe has my back and always provides

l am worthy. I am enough

l let go of what no longer serves me

I welcome joy and contentment into my life

