

HOW TO WALK IN YOUR CALLING WITHOUT FEAR

OVERCOME DOUBT AND STEP
INTO GOD'S ASSIGNMENT



DBA MINISTRIES

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Overcome Doubt and Step Into God's Assignment

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- Weekly action steps
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Introduction: God Still Uses Fearful People

"For God has not given us a spirit of fear, but of power and of love and of a sound mind." - 2 Timothy 1:7

If you picked up this book, chances are you're hearing something deep within your spirit—a divine whisper, a holy nudge, a persistent pull toward something greater than your current reality. Maybe it comes in quiet moments of prayer, or perhaps it interrupts your daily routine with an urgency you can't explain. You know God is calling you to something, but there's just one problem: you're terrified.

Let me start by telling you something that might surprise you: that fear doesn't disqualify you. In fact, it might be the very proof that God is about to do something extraordinary through you.

The Myth of the Fearless Saint

Somewhere along the way, we bought into a lie. We believed that God only uses the confident, the qualified, and the courageous. We look at the giants of faith—the preachers on platforms, the missionaries in foreign fields, the business leaders transforming industries for Christ—and we assume they must have always been fearless. We imagine they woke up one day with unshakeable confidence and perfect clarity about their calling.

But here's what we miss when we put God's chosen vessels on pedestals: Moses stuttered and begged God to send someone else. Gideon was hiding in a winepress when the angel called him a "mighty warrior." Esther trembled at the thought of approaching the king. Peter denied Jesus three times. And Paul? He described himself as the chief of sinners.

If God waited for perfect, fearless people to accomplish His purposes, He'd still be waiting.

What Is a Calling?

Before we go any further, let's get clear on what we mean by "calling." Your calling isn't just about vocational ministry—though it certainly can be. Your calling is the unique way God has designed you to glorify Him and serve others. It's the divine assignment written into your DNA before you took your first breath.

Your calling might be:

- Starting a business that operates on Kingdom principles
- Teaching children with the love of Christ
- Creating art that points people to eternity
- Leading in the marketplace with integrity
- Ministering to the broken and forgotten
- Writing words that heal and inspire

- Building families that reflect God's design
- Pioneering solutions to societal problems

The specifics matter less than this truth: You were created on purpose, for a purpose. And that purpose is bigger than your fear.

The Calling Contradiction

Here's where it gets interesting. Almost everyone I've met who is walking powerfully in their calling will tell you the same thing: they didn't feel ready. They weren't confident. They battled imposter syndrome, insecurity, and sometimes paralyzing fear.

In fact, the presence of fear might be one of the clearest indicators that you're on the verge of something significant. Why? Because the enemy of your soul has no reason to intimidate you if you're not a threat to his kingdom. Fear often shows up strongest right before breakthrough.

Think about it. Would you be afraid to speak if your words had no power? Would you hesitate to step out if your obedience wouldn't make waves? Would you question your qualifications if God wasn't preparing to qualify you for something beyond your natural ability?

Your fear might actually be evidence of your calling, not proof against it.

Why This Book?

Over the next seven chapters, you're going to meet some remarkable people. But I want to be clear—they're not remarkable because they're superhuman. They're remarkable because they're just like you: flawed, afraid, and sometimes failing. The difference is they learned a secret that changed everything.

They discovered that God doesn't call the qualified—He qualifies the called.

You'll meet Christine Caine, who discovered her adoption as an adult and could have spiraled into an identity crisis. Instead, she founded one of the world's most effective anti-trafficking organizations. You'll hear from Nick Vujicic, born without limbs, who was told he'd never have a normal life. Today, he preaches to millions about the God who makes all things possible.

You'll walk with Sarah Jakes Roberts through her journey from teen pregnancy and public shame to becoming one of the most powerful voices in this generation. You'll sit with Jeremy Camp as he buried his young wife and wondered if he'd ever sing again—then watched God use his deepest pain to touch millions.

These aren't superhero stories. They're stories of ordinary people who said yes to an extraordinary God, even when their knees were shaking.

The Journey Ahead

This book isn't just about inspiration—though you'll find plenty of that. It's about transformation. It's about moving from paralysis to purpose, from fear to faith, from knowing you're called to actually walking in that calling.

In each chapter, you'll discover:

- A real story of someone who overcame fear to fulfill their calling
- Biblical principles that anchor their journey (and yours)
- Practical steps you can take today
- Prayers and declarations to strengthen your faith
- Action items to move you forward

And because I believe in the power of consistent action, this book concludes with a 90-day breakthrough program designed to launch you into your calling with boldness and clarity.

A Personal Word for You

Before we begin this journey together, I need you to hear something. That thing you're afraid of? That calling that seems too big, too bold, too impossible for someone like you? That's exactly where God does His best work.

He specializes in using the unlikely, the unqualified, and the uncertain. He delights in taking our weakness and displaying His strength. He's not looking for perfection—He's looking for surrender.

You might be thinking, "But you don't know my past. You don't know what I've done, where I've failed, how far I've fallen." You're right, I don't. But God does. And He's calling you anyway.

Maybe you're afraid you'll fail. Join the club—every person in this book felt the same way. Maybe you're worried about what people will think. So was Moses. Maybe you feel unworthy. So did Isaiah. Maybe you think you're too young, too old, too broke, too broken. God has heard it all before, and His response remains the same: "My grace is sufficient for you."

The Time Is Now

Here's what I know to be true: You didn't pick up this book by accident. In a world full of distractions and endless content, something drew you here. I believe that something is Someone—the same God who formed you in your mother's womb, who knew you before the foundation of the world, who has plans to prosper you and not to harm you.

He's been preparing you for this moment longer than you realize. Every experience, every struggle, every victory and defeat has been shaping you for your divine assignment. And now, He's inviting you to step into it.

Yes, you might be afraid. Yes, you might feel unqualified. Yes, you might have a thousand reasons why someone else would be better suited for whatever God is calling you to do.

But here's the beautiful truth: God doesn't make mistakes. If He's calling you, He will equip you. If He's sending you, He will go with you. If He's chosen you, He will empower you.

The only question is: Will you say yes?

Over the coming pages, you'll discover that you're in good company. Every giant of faith started as someone small, scared, and uncertain. But they took the first step. Then another. And another. And before they knew it, they were walking in the fullness of their calling, watching God do through them what only God could do.

That's your invitation. That's your destiny. That's your time.

Welcome to the journey of walking in your calling without fear. It won't always be easy, but I promise you this: it will be worth it.

Let's begin.

Prayer: Father God, I thank You for the person holding this book. I thank You that You have called them by name, that You have a purpose and plan for their life that is good and perfect. I pray that as they read these pages, fear would lose its grip, faith would rise like the dawn, and courage would flood their heart. Show them that You don't need their perfection—just their willingness. In Jesus' name, Amen.

Chapter 1: Christine Caine - Overcoming Insecurity and Abuse

"Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations." - Jeremiah 1:5

The manila envelope sat on Christine Caine's kitchen table like an unexploded bomb. At 33 years old, she thought she knew who she was—a Greek woman from Sydney, Australia, with a passion for Jesus and a growing ministry. But the contents of that envelope would shatter everything she believed about her identity and send her on a journey that would ultimately free millions.

"I remember my hands shaking as I opened it," Christine recalls. The adoption certificate inside bore her name, but everything else was foreign. Unknown mother. Unknown father. Unknown medical history. Unknown heritage. In one moment, three decades of assumed identity crumbled like a house of cards.

For someone who had built her life on knowing who she was in Christ, suddenly not knowing who she was in the natural felt like standing on quicksand. The questions rushed in like a flood: Who am I really? Why was I given away? Was I unwanted? Am I who I thought I was?

But Christine's story doesn't begin or end with that envelope. It begins with a girl who grew up in an immigrant family in Australia, experiencing abuse that would have destroyed most people's ability to trust, let alone lead. It continues through years of feeling like an outsider—too Greek for the Australians, too Australian for the Greeks, too passionate for the reserved, too bold for the traditional. And it culminates in a woman who would stand before world leaders, rescue trafficking victims, and inspire millions to find their purpose despite their past.

The Early Years: When Shame Speaks Louder Than Purpose

Christine Bakalakos (her maiden name) grew up in a working-class Greek immigrant family in Sydney. From the outside, they looked like any other family trying to make their way in a new country. But behind closed doors, Christine endured sexual abuse that began when she was just three years old and continued for years.

"I learned early that the world wasn't safe," she shares. "I learned to build walls, to protect myself, to trust no one fully. When you're a child and the people who should protect you become sources of pain, it rewires something deep inside you."

The abuse left scars that ran deeper than skin. It whispered lies that would take decades to fully silence: You're damaged goods. You're worthless. No one will want you if they knew the truth. You're too broken to be used by God.

These lies became the soundtrack of her childhood and teenage years. While other kids worried about grades and friendships, Christine battled shame that threatened to suffocate her dreams before they could even form. She excelled academically—perhaps trying to prove her worth through achievement—but inside, she felt like she was dying.

"I thought if I could just be good enough, smart enough, successful enough, maybe I could outrun the shame," she reflects. "But shame is a relentless pursuer. It doesn't care about your achievements. It wants your identity."

Finding Faith: When Light Breaks Through

At 22, Christine encountered Jesus in a way that changed everything. It wasn't a subtle shift—it was a radical transformation. For the first time in her life, she heard a voice louder than shame. It was the voice of her Creator, calling her chosen, loved, and set apart for a purpose.

"When I gave my life to Christ, it was like someone turned on the lights in a room I didn't know was dark," she explains. "Suddenly, I could see that my past didn't have to define my future. But knowing that in your head and believing it in your heart? That's a journey."

Christine threw herself into church life with the same intensity she'd applied to everything else. She served, she studied, she grew. But even as she began teaching Bible studies and leading youth groups, the old voices would resurface. Who do you think you are? If they knew your past, they'd never let you lead. You're playing a role you were never meant to play.

The enemy has a way of using our deepest wounds as weapons against our calling. For Christine, every step toward her purpose felt like a battle against her past. But she kept walking, kept serving, kept saying yes to opportunities that terrified her.

"I learned that courage isn't the absence of fear," she says. "Courage is feeling the fear and doing it anyway because you know God has called you to it."

The Envelope: When Everything You Know Becomes Unknown

By the time Christine was 33, she had married her husband Nick, moved into full-time ministry, and was beginning to see the fruit of years of faithful service. She was teaching at conferences, writing curriculum, and watching God use her story to bring healing to others. The shame of her past, while not completely silent, had at least been muffled by the louder voice of purpose.

Then came the envelope.

Christine's brother called with news that would upend everything: while handling some government paperwork, he'd discovered documents indicating Christine had been adopted. The family secret, kept for over three decades, was suddenly exposed.