

# HOW TO BREAK GENERATIONAL CURSES

A 21-DAY DELIVERANCE PLAN  
FOR FREEDOM FROM FAMILY CYCLES



DBA MINISTRIES

# How to Break Generational Curses

A 21-Day Deliverance Plan for Freedom from Family Cycles

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# Introduction: Your Bloodline Battle Ends Today

You picked up this book for a reason. Maybe it's the addiction that keeps resurfacing no matter how many times you've prayed. Perhaps it's the poverty mindset that gripped your grandfather, controlled your father, and now whispers lies into your own bank account. It could be the rage that explodes without warning—the same rage you watched consume your mother, and her mother before her. Or maybe it's something darker: unexplained sickness, perpetual relationship failures, or spiritual oppression that feels like invisible chains around your destiny.

Whatever brought you here, know this: God sees you. He knows the weight of the inheritance you never asked for. And He has already provided the power to shatter every chain.

## What Are Generational Curses?

Generational curses are spiritual strongholds transmitted through bloodlines—patterns of sin, bondage, and demonic influence that pass from parent to child like a toxic inheritance. They are the unseen spiritual DNA that programs families for destruction across multiple generations. Scripture confirms this reality:

*"The Lord is slow to anger, abounding in love and forgiving sin and rebellion. Yet he does not leave the guilty unpunished; he punishes the children for the sin of the parents to the third and fourth generation."* (Numbers 14:18)

But here's what the enemy doesn't want you to know: Every generational curse can be broken by the power of Jesus Christ. The cross didn't just deal with your personal sin—it demolished every legal right the enemy claimed over your bloodline.

*"Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: 'Cursed is everyone who is hung on a pole.'" (Galatians 3:13)*

## Signs You're Under a Generational Curse

How do you know if you're battling more than just bad habits? Look for these patterns:

**Repeated Destructive Cycles:** The same issues plague multiple family members—divorce, bankruptcy, premature death, mental illness, addiction. It's not coincidence; it's a curse.

**Chronic Lack Despite Hard Work:** You give, you tithe, you work—yet poverty clings to your family like a parasite. Money comes but disappears mysteriously. Opportunities evaporate at the last moment.

**Unexplained Illnesses:** Diseases that doctors can't diagnose. Conditions that run in the family but have no genetic explanation. Sudden deaths that follow a pattern.

**Spiritual Oppression:** Nightmares, sleep paralysis, sensing dark presences, hearing voices, or experiencing supernatural attacks that intensify during prayer or worship.

**Relationship Sabotage:** Every relationship follows the same destructive script. Good people become different around you. Marriage after marriage fails for the same reasons.

**Addiction Strongholds:** Substances, pornography, gambling—compulsions that feel bigger than willpower, often mirroring a parent's or grandparent's struggle.

**Premature Death Patterns:** Men dying at 45, women at 50—death dates that repeat across generations like a demonic appointment.

## Why Most Christians Stay Bound

Here's the brutal truth: Most believers remain in bondage because they've been taught to manage their curses instead of breaking them. They've learned to cope with dysfunction rather than command it to leave. They pray polite prayers when they need to wage violent spiritual warfare.

The modern church has sanitized the gospel, removing its delivering power. We've traded the authority of Christ for motivational speeches. We've replaced deliverance with therapy. We've substituted the blood of Jesus with positive thinking.

But you're holding this book because something deep within you refuses to accept defeat. That's the Holy Spirit bearing witness: You were not created to manage generational curses—you were born to obliterate them.

## The Journey Ahead

In the pages that follow, you'll encounter warriors who've walked through hell and emerged victorious. John Ramirez will show you how he shattered demonic covenants made over his bloodline. T.D. Jakes will reveal how poverty's stranglehold was broken off his lineage. Joyce Meyer will demonstrate how the cycle of abuse ends when one person says "enough."

These aren't feel-good stories. They're battle reports from the front lines of spiritual warfare. Each testimony contains keys—specific strategies these generals used to demolish strongholds that had existed for centuries.

But this book offers more than inspiration. You'll receive:

- **Warfare Prayers** that strike at the root of generational bondage
- **Renunciation Declarations** that revoke demonic legal rights
- **Fasting Protocols** that intensify spiritual breakthrough

- **A 21-Day Curse-Breaking Challenge** that systematically dismantles strongholds
- **A 90-Day Transformation Plan** that ensures your freedom becomes permanent

## Your Moment of Decision

Right now, at this moment, you stand at a crossroads. Behind you lies the weight of your family's history—the sins, the pain, the demonic contracts written in previous generations' blood. Ahead lies freedom—not just for you, but for your children and your children's children.

The enemy wants you to close this book. He's comfortable with your family's dysfunction. He's invested decades, even centuries, building strongholds in your bloodline. He knows that if you break free, you don't just change your life—you rewrite your family's destiny.

But greater is He that is in you than he that is in the world. The same Spirit that raised Christ from the dead lives in you. The blood that speaks better things than Abel is available to you. The Name above every name is on your lips.

## Make This Declaration Now

Before you turn another page, I need you to make a choice. This isn't casual reading—it's spiritual surgery. If you're ready to confront hell and take back what the enemy stole, stand up right now and declare:

*"In the mighty name of Jesus Christ, I serve notice on every generational curse operating in my bloodline. I am a child of the Most High God, purchased by the blood of Jesus, filled with the Holy Spirit, and seated in heavenly places. Today marks the end of every demonic cycle in my family line. I will not pass to my children what was passed to me. The curse stops here. The blessing begins now. Satan, you are defeated. Jesus is Lord over my bloodline. Let the battle begin!"*

If you made that declaration, all of heaven just took notice. Angels have been dispatched. The Holy Spirit is moving. And hell is scrambling to reinforce strongholds that are about to be demolished.

Welcome to your deliverance journey. Your family's story is about to change forever.

Turn the page. Your freedom awaits.

# Chapter 1: John Ramirez – From Witchcraft to Warrior

The apartment reeked of death. Not the physical stench of decay, but something far more sinister—the spiritual rot of demonic activity that had claimed this bloodline for generations. Seven-year-old John Ramirez sat cross-legged on the floor, watching his father prepare the altar. Candles flickered against images of saints that weren't saints at all. The air grew thick as his father began the incantations, calling on spirits that had answered his grandfather's calls, and his great-grandfather's before that.

"Come here, mijo," his father commanded. "It's time you learn who you really serve."

That night, John Ramirez was dedicated to Satan. But what the devil meant for eternal destruction, God would transform into a testimony that would shake hell's foundations and liberate thousands from witchcraft's grip.

## The Making of a Warlock

John's story doesn't begin with him—it begins generations earlier in Puerto Rico, where his ancestors made blood covenants with territorial spirits. They traded their bloodline for power, prosperity, and protection. What they didn't understand was that every demonic contract comes with compound interest, and the payment would be extracted from their children's children.

By the time John was born in the South Bronx, the spiritual atmosphere of his home was so demonized that paranormal activity was normal. Objects moved on their own. Shadows had substance. Voices spoke from empty rooms. His mother practiced Santería, his father served other gods, and the family altar was the centerpiece of their living room—adorned with offerings to spirits that demanded blood.

"I thought everyone lived like this," John recalls. "I thought everyone had spirits in their house. I thought everyone's mother put curses on people. I didn't know there was another way to live."

The abuse started early. Physical beatings were accompanied by verbal curses spoken over his life. His father would hold him down and declare: "You're worthless. You'll never amount to anything. The spirits own you, and they'll use you up just like they used me."

But abuse wasn't the worst part. The worst part was the dedication—the formal spiritual transaction where John's father offered his son's soul to Satan in exchange for power. At seven years old, John became a marked man in the spiritual realm. Hell had legal rights to his life, signed in the blood of his ancestors and sealed by his father's words.

## Recruited by Darkness

By age ten, John wasn't just influenced by evil—he was recruited by it. A local witch recognized the demonic anointing on his life and began training him in the dark arts. She taught him how to cast spells, summon spirits, and manipulate spiritual forces. He learned to astral project, leaving his body at night to attend meetings in the spiritual realm where strategies against God's people were discussed.

"The devil doesn't play games," John emphasizes. "He has a hierarchical structure, a chain of command, and a strategic plan for every bloodline. I was being groomed for leadership in Satan's kingdom because of the covenants my ancestors made."

By his teenage years, John was a fully functioning warlock. He could put curses on people that would manifest within hours. He commanded demons that would terrorize his enemies. He moved in supernatural power that made him feared in his neighborhood. Drug dealers paid him for protection. Gang leaders sought his spiritual covering. He was untouchable—or so he thought.

The power was intoxicating. When you can speak death over someone and watch them get shot the next day, when you can curse a business and see it burn down within a week, when demons obey your commands and manifest at your bidding—you feel like a god. That's the deception. Satan gives power to his servants, but it's a leash disguised as a crown.

## **The Contract Comes Due**

For twenty-five years, John climbed the ranks of Satan's kingdom. He became a high priest in Santería, trained other witches, and ran a spiritual empire built on blood sacrifices and demonic covenants. He had money, respect, and supernatural power. But contracts with hell always have hidden clauses.

The nightmares started first. Not ordinary bad dreams, but demonic visitations where the spirits he thought he controlled began to torment him. They would stand at the foot of his bed, reminding him that he belonged to them—not the other way around. Sleep became impossible. Peace was a foreign concept. The very demons he commanded during the day terrorized him at night.

Then came the paranoia. Everyone was an enemy. Every shadow hid a threat. The spiritual sensitivity that made him powerful in witchcraft now became a prison of perpetual fear. He couldn't turn it off. He saw into the spiritual realm continuously, and what he saw drove him to the edge of madness.

"People think serving Satan is like the movies—all power and glory," John explains. "But the devil comes to steal, kill, and destroy. He'll use you up, and when you're empty, he'll demand your life as final payment."

The suicide attempts began. Three times John tried to end his life, and three times he mysteriously survived. Pills that should have killed him didn't. Suicide attempts that should have succeeded failed. It was as if something—or Someone—was preserving his life against his will.