

# HOW TO HEAR GOD'S VOICE IN 30 DAYS

A DEVOTIONAL CHALLENGE  
TO DEVELOP SPIRITUAL DISCERNMENT



## DBA MINISTRIES

# How to Hear God's Voice in 30 Days

A Devotional Challenge to Develop Spiritual Discernment

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# Introduction: Why Can't I Hear God's Voice?

The room was silent except for the soft hum of the ceiling fan. Sarah sat on the edge of her bed, Bible open in her lap, tears streaming down her face. "God, are You even there?" she whispered into the darkness. "Everyone else seems to hear You so clearly. Why can't I?"

If you've ever felt like Sarah, you're not alone. In churches across the world, believers gather every Sunday singing about a God who speaks, yet Monday through Saturday, many live in spiritual silence, wondering if their prayers bounce off the ceiling. They watch others share testimonies of divine guidance while secretly questioning, "What's wrong with me? Why does God speak to everyone but me?"

Here's the truth that might surprise you: God hasn't stopped speaking. He's not playing favorites. And there's nothing wrong with you.

The problem isn't that God is silent—it's that we've forgotten how to listen.

## The Divine Conversation That Never Ended

From the moment God spoke creation into existence, He has been a communicating God. He walked with Adam in the garden. He called out to Moses from a burning bush. He whispered to Elijah in a still, small voice. Through prophets and poets, dreams and visions, circumstances and Scripture, God has never stopped reaching out to His children.

Jesus Himself promised, "My sheep listen to my voice; I know them, and they follow me" (John 10:27). Notice He didn't say, "Some of my sheep" or "My super-spiritual sheep." He said *His* sheep—all who belong to Him—can hear His voice.

So why do so many of us struggle?

## The Static That Drowns Out Heaven

Imagine trying to tune into a radio station while driving through a storm. The signal is there, broadcasting clearly, but static, interference, and competing frequencies make it nearly impossible to hear. That's what has happened to many of us spiritually. The voice of God hasn't grown weaker; the noise of our world has grown louder.

We live in an age of unprecedented distraction. The average person checks their phone 96 times per day. We're bombarded with thousands of messages, opinions, and voices all claiming our attention. Social media algorithms feed us endless content. News cycles spin 24/7. Even in our quiet moments, our minds race with tomorrow's worries and yesterday's regrets.

Is it any wonder we struggle to hear the "still, small voice" that Elijah heard?

But there's more than just external noise. Many of us carry internal static—unresolved hurt, unconfessed sin, or simple unbelief that God would actually want to speak to us personally. We've believed lies that God only speaks to pastors, prophets, or "prayer warriors" who wake up at 4 a.m. for two-hour prayer sessions.

## Dispelling the Myths

Let's clear up some misconceptions right now:

**Myth #1: "God only speaks to super-spiritual people."** Truth: God speaks to His children—period. Your ability to hear Him isn't based on your spiritual resume but on your relationship with Him through Christ.

**Myth #2: "If I can't hear God, I must have sin in my life."** Truth: While unconfessed sin can create barriers, many faithful believers struggle to hear God simply because they've never been taught how to listen.

**Myth #3: "God only speaks through dramatic supernatural encounters."** Truth: While God can speak dramatically, He most often speaks through His Word, His Spirit, and the ordinary moments of life. We're often looking for the earthquake when He's in the whisper.

**Myth #4: "Hearing God should be easy and automatic."** Truth: Like any relationship, communication with God requires intentionality, practice, and growth. Even Samuel, the great prophet, needed Eli to teach him to recognize God's voice.

## Your 30-Day Journey Begins Here

This book isn't another theological treatise on divine communication. It's a practical, hands-on guide to developing your spiritual ears. Over the next 30 days, you'll learn seven foundational principles for hearing God's voice, each one illustrated by real-life testimonies from trusted voices in the faith—men and women who have learned to recognize when heaven speaks.

You'll discover how Priscilla Shirer learned to hear God through daily Scripture reading, how John Bevere found clarity in stillness, and how Charles Stanley developed a framework for testing what he heard. But more importantly, you'll develop your own testimony as you practice these principles in real-time.

Each chapter includes:

- Biblical foundation for the principle
- A powerful testimony of the principle in action
- Practical exercises you can implement immediately
- Journaling prompts to track what you're hearing

- Reflection questions to deepen your understanding

## **What to Expect**

As you embark on this journey, expect resistance. The enemy of your soul has a vested interest in keeping you spiritually deaf. He knows that a believer who can clearly hear God's voice is dangerous to his kingdom. Don't be surprised if distractions multiply, doubts creep in, or life suddenly gets busier.

But also expect breakthrough. Expect moments when Scripture suddenly comes alive with personal meaning. Expect divine coincidences that confirm what you've been sensing. Expect a growing confidence in recognizing the difference between God's voice, your own thoughts, and the enemy's deceptions.

Most of all, expect to fall more deeply in love with the God who has been pursuing conversation with you all along.

## **How to Use This Book**

While you can read this book in a few sittings, it's designed to be experienced over 30 days. Each of the first seven chapters introduces a principle, which you'll then practice in the structured 30-day devotional in Chapter 8. For those ready to go deeper, there's also an optional 60-day lifestyle shift that will help you build lasting habits for hearing God.

You'll need:

- A journal dedicated to this journey
- A Bible (any translation you're comfortable with)
- 20-30 minutes each day for reading and reflection
- An open heart and expectant faith

Consider inviting a friend or small group to journey with you. There's power in shared experience, and you'll be amazed at how God confirms His voice through community.

## **A Personal Invitation**

Before we begin, I want to share something personal. Ten years ago, I was where many of you are now—desperate to hear God but convinced He had put me on spiritual mute. I watched others flow in prophetic gifts while I struggled to discern if God wanted me to take a new job. I memorized verses about hearing God's voice while feeling like I was talking to the ceiling.

The journey from that place of frustration to where I am now—regularly conversing with the Father—wasn't instantaneous. It required intentionality, practice, and most importantly, the belief that God actually wanted to speak to me. Not because I earned it, but because that's who He is: a Father who loves to communicate with His children.

The principles in this book aren't theory. They're the very practices that opened my ears and transformed my relationship with God. They've worked for countless others throughout church history and around the world today. And they'll work for you.

## **Your Father Is Calling**

Right now, in this very moment, God is speaking. He's speaking through creation, through circumstances, through His Word, through His Spirit within you. The question isn't whether He's speaking—it's whether we're positioned to hear.

For the next 30 days, you're going to position yourself to hear. You're going to learn to recognize His voice among all the others competing for your attention. You're going to develop spiritual discernment that will serve you for the rest of your life.

Remember Sarah from the beginning of this introduction? Six months after that tearful night, she sent me a message: "I can't believe how clearly I hear Him now. It's like someone finally tuned the radio to the right station. He was speaking all along—I just needed to learn how to listen."

Your journey to hearing God's voice clearly and consistently starts now. Turn the page, and let's begin to tune our hearts to heaven's frequency.

Your Father is calling. It's time to answer.

# Chapter 1: God Speaks Through His Word

The conference hall buzzed with the energy of five thousand women eager to encounter God. Priscilla Shirer stood backstage, clutching her Bible, its pages worn soft from years of daily handling. Just moments before stepping into the spotlight, she felt that familiar gentle nudge in her spirit—a whisper that would change the entire direction of her message.

"Tell them about the morning you almost gave up."

Priscilla knew that voice. It was the same one that had guided her through countless decisions, comforted her through dark valleys, and directed her steps for over two decades. But it hadn't always been this clear. There was a time when God's voice seemed like a distant echo, muffled by her own confusion and spiritual immaturity.

As she took the stage that day, Priscilla shared a story many believers know all too well—the story of spiritual deafness cured by one simple, transformative practice: consistent, expectant time in God's Word.

## The Morning Everything Changed

"I was twenty-three years old," Priscilla began, her voice carrying across the hushed auditorium. "Newly married, trying to navigate adult life, and desperate to hear from God about my future. I'd spend hours in prayer, begging God to speak, to give me a sign, to write His will in the clouds. But heaven seemed brass. I felt like I was sending up prayers that never made it past the ceiling."

She paused, remembering the frustration of those early morning prayer sessions. "One morning, I was particularly discouraged. I'd been offered a ministry opportunity, but I had no peace about it. Everyone said it was a 'God thing,' but I couldn't shake the uneasiness. I needed to hear from God Himself, not well-meaning friends."

"That morning, instead of my usual routine of pouring out my requests and waiting for some mystical response, I felt prompted to simply open my Bible. No agenda. No specific question. Just read. I turned to James—not for any particular reason—and began reading chapter one."

Priscilla's eyes sparkled as she recalled the moment. "When I reached verse five, it was as if someone had turned on a spotlight: 'If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.'"

"I'd read that verse dozens of times before, but that morning, it wasn't just words on a page. It was God speaking directly to my situation. The Holy Spirit brought to mind other scriptures about waiting, about testing opportunities against God's Word, about the peace that confirms His will. Within thirty minutes of reading and listening, I had my answer. The opportunity, though good, wasn't God's best for that season."

But the real transformation wasn't in getting that single answer. It was in discovering the primary way God speaks to His children—through His living, active Word.

"That morning marked a turning point," Priscilla continued. "I realized I'd been looking for God's voice in all the wrong places while neglecting the clearest way He speaks. I made a commitment that day: I would never again approach my Bible as a religious duty but as a divine conversation."

## The Foundation of All Divine Communication

Before we explore the various ways God speaks, we must establish this fundamental truth: Scripture is the foundation of all divine communication. Every other way God speaks—through circumstances, other people, dreams, or inner promptings—must be tested against His written Word.

Why? Because while God's methods of communication may vary, His message never contradicts what He has already revealed in Scripture. The Bible isn't just one of many ways God speaks; it's the tuning fork by which we test every other voice.

Consider how Jesus Himself handled divine communication. When tempted in the wilderness, He didn't rely on mystical experiences or subjective feelings. His response to every temptation began with, "It is written..." (Matthew 4:4, 7, 10). If the living Word of God relied on the written Word of God, how much more should we?

The author of Hebrews tells us, "For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart" (Hebrews 4:12). Notice those descriptors: living and active. This isn't dead literature; it's God's living voice preserved in written form.

Throughout church history, every major revival and spiritual awakening has been preceded by a return to Scripture. The Protestant Reformation exploded when Martin Luther discovered justification by faith in Romans. The Great Awakening was fueled by Jonathan Edwards' biblical preaching. The modern missionary movement was birthed when William Carey read, "Go therefore and make disciples of all nations" with fresh eyes.

## Why We Struggle to Hear God in Scripture

If God speaks so clearly through His Word, why do many believers still struggle to hear Him? Priscilla identifies several barriers she's observed in her years of ministry:

**1. We approach the Bible as a textbook rather than a conversation.** Many of us learned to study the Bible academically—parsing Greek words, memorizing facts, analyzing historical context. While these have their place, they can become barriers if we forget we're not just studying ancient literature; we're listening to our Father speak.