The new earth

All the basics you need to know in order to make the shift

by Simon Castilloux

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The greatest time to be alive, the shift

At this very moment, something wonderful and unique is happening on earth, so unique that most of all the cosmos is aware of it. Now the question is, are you aware of it? You are currently living something that has never been lived before. You are in the middle of the greatest shift in history. The thing is, the news, the TV, and the mainstream media will never share this information. Because this shift is bringing the fall of the matrix, of the imposed way to live as a bunch of brainless robotic slaves. I have always felt it within myself, and maybe you did too, I always felt that this way of living made no sense at all—this government, this health care system, this educational system. It is all clearly created for one purpose only; it has been created to suppress your consciousness and keep you from awakening. For some reason, they failed to keep us from evolving spiritually

and seeing the light. Right now, more than ever before, the whole earth is awakening spiritually. There will be an old earth that will be filled with suffering and possibly self-destruction, just like there will be a new earth that will be filled with peace, fulfillment, love, and unity. In this book, you will learn all that you require to understand what this new earth phenomenon is about and how to make sure that you shift to the new earth. If you are reading this book, I know within my heart that you are one of the starseeds who is meant to come back home, to live in a way that is in harmony with source and love. Let's make the shift happen together.

Chapter 1

What is the old earth?

The reason that I am speaking of the old earth before the new earth is because, in order to see the light, one must have seen the darkness. So what is the old earth exactly? It is what we call as the matrix. The matrix is not like the popular movie where we are all connected to a machine, living a virtual reality. Instead, the matrix knows about spiritual laws such as manifestation. They have been using the power of manifestation for centuries to make our lives as it is today. The thing is, they do not have the power to manifest for us. It is all of our minds connected as one collective mind that has the greatest power to manifest reality. We call it the collective mind. Therefore, the "elites" of the global government know that it is us, the population, the mass, that have the greatest capacity to manifest. This is the ultimate reason why they have been investing trillions of dollars in marketing, in TV programs such as the news,

kids shows, kids and adult movies, teleseries on the most popular platform, and much more. They invested all of this money in such things for one purpose only. This purpose is to brainwash the population into one big collective dream. There is enough food, water, and land for everyone, yet we struggle to pay our bills and get our basic needs fulfilled. The whole nutrition system and health care system are scams. We have been brainwashed to follow a false food chart that is now proven to be destuctive and to invite illness. We are constantly told that it is normal to require pills, or, should I say, destructive drugs to be functional. The whole health care system is not here to help us remain healthy; rather, it is here to suppress our spiritual awakening by drugging us with pills. Did you ever notice how the content of every mainstream grocery is filled with poison for about 90% of all the items they have? There is no coincidence; it is all a scam. They make you sick by eating poisonous food that you believe to be healthy, then send you to the doctor office, to get pills prescribed.

Everything is interconnected, and once you can see it, you can never close your eyes to this truth ever again. The school system is not an education platform; it is not here to make our children intelligent at all. The main purpose of this school system is to take the children away from their parents and brainwash them as they desire. Taking away all of their imagination and dreams, preparing them to be workers with unfulfilled dreams, good modern slaves who do not know they are slaves. This is not a belief; this is a fact. Slaves from the past used to work to get food and shelter to sleep. Today, you work 40 hours a week or more, doing something you dislike, to receive pieces of paper that you use to get food and a shelter. This paper, this money, they can print it infinitly; it has no value, yet we give away our whole lives for it. and it has been openly said by John D. Rockefeller: "I don't want a nation of thinkers, I want a nation of workers." Not only do we have his words as proof, but if you just have eyes to see, you'll notice that cars from 1990 to 2023 have truly evolved. But if you look at a school from 1990 and one from 2023, it's all the same.

The only difference is that we now use tablets and computers. We are told that we are free, but that is a lie. You are free to work a 9-5 forever or to starve in the street, I don't call this a choice. What about our president? We get to choose them, right? Even this is all an illusion. Those who are at the top of the global government and act in the dark, they are the ones who decide who the canditates are. Those canditates have zero power; in fact, they are just little puppets used as symbols to make us believe we have freedom of choice. When I say global government, many people are skeptical, but did you ever ask yourself, why is it that in this big variety of countries and nations, everything remains fundamentally the same? Why are we all living this way? Why are we all in competition? Why do some countries starve while every day, americans throw foods away from their groceries that could feed millions of people? In fact it is even illegal to get the food they throw away. Nothing makes sense at all! Beyond all of this, the ultimate goal of the matrix is to make you endlessly reincarnate on earth. Those who have been in power know

about reincarnation, which is why they do their best to keep you from evolving spiritually enough to no longer need to reincarnate on earth. By distracting us and making us focus on everything that is irrelevant to the soul's growth, this is how they ensure we never rise beyond this plane of existence. They are emprisoning souls as much as they can, but they cannot do it forever. Earth is meant to be a temporal school / experience for the soul to grow and learn, not an endless hamster wheel. I could go on and on for hours exposing how the matrix is suppressing our spiritual evolution and keeping us as modern slaves, but the goal of this book isn't to be negative; the goal is rather to focus on the new earth so that we can manifest it all together. By now, you should understand that the old earth is a corrupted way of living imposed on us by those we call the "elites" that thrive on human suffering and unconsciousness. Calling them "elite" is wrong because this is not what they are; they are the trash that we are removing. Now enough about the old earth, let's bring some light to the new earth.

Chapter 2

What is the new earth?

The new earth is a place where all forms of life can thrive in peace and union. It is a place where it is no longer about competition; instead, it is about elevating ourselves in all possible ways and evolving as human beings. The new earth is for those who are spiritually evolved or in the process of evolving spiritually. It is a place where we no longer harm our beautiful mother earth and her children. Nutrition science is now fully understood and used properly, not only for what we consume but also for how we grow our food. All the fruits and vegetables are no longer genetically modified. They are natural and vibrating with vitality. Meat production companies no longer exist because we are aware that we cannot live in a peaceful environment by torturing, imprisoning, and killing animals just for our taste buds. We are aware that animals have souls as well; they have consciousness, just like

we do. Therefore, it means that they are also part of our collective mind, which we call collective consciousness. With this understanding, it is obvious that if we make them suffer, we will suffer, as we are all one. By allowing all life forms to thrive, this is how we thrive in a positive environment as well.
The school systems of the new earth are no longer a pre-established journey of brainwashing everyone with the same content. The new earth's school system understands that everyone has their own talent and passions. This new system allows us to grow as a community by doing what we truly love and what we are good at. Instead of constantly living between four walls and seeing the world through the small screens of our phones and computers, we are now in touch with nature once again. Because we have proper nutrition and connections with nature, our health and lifespan have increased. The new earth no longer relies on limited sources of energy that are destructive; instead, we use a free source of infinite energy, as Nikola Tesla and many other geniuses showed us. The whole health care

system has been transformed; we no longer have asleep doctors who prescribe drugs. Instead, we are now connected to true healing methods such as meditation, fasting, energy healers, using medicinal herbs, healing illnesses by using frequencies, and much more. Our consciousness has evolved; we no longer think as 3D beings, which means seperated entities who only think about their egos. We now have what we call as 5D consciousness, which means that we are aware that all is one and everything is connected. There is no me and you; we are all one. We moved from the belief of linear time to the understanding that there is an infinitude of multiverses, that all exist at once in the eternal present. We know that we are particles of god, we know that the meaning of our birth is to evolve spiritually, and we truly take action for it. There is love everywhere, and there is peace everywhere because social media no longer builds hate between nations and differences. Now the new success is our connection to the source, our spiritual development and ability to spread more light in the world. Nobody cares

anymore about your possessions; we care about your vibrations. Currency is no longer about meaningless paper that has no energetic value; it is now based on that which has energetic value, such as gold, silver, crystals, etc. All that I have said about the new earth is only a glimpse of this beautiful reality. How would you feel on such a beautiful earth? To me, this is a dream come true. So if you wish to truly make it to the new earth, the upcoming chapters will give you more information about where this new earth is and how to get to it succesfully. Because not everyone will make it, but I believe you will if you do what is right.

Chapter 3

Where is the new earth?

Where is the new earth? That is one of the most frequently asked questions. Is it another planet next to ours? Is it our own earth that will split itself? You see, in order to truly understand this phenomenon, you will have to open your mind beyond what modern science claims because they are not evolved enough to share this information. In this infinite universe, all possibilities of existence simultaneously exist in the eternal present. All of those possibilities are seen as multiverses. A multiverse can be explained to be a parallel universe; therefore, there is a multiverse where you are rich and one where you are poor. There is a multiverse where you are the president, just like there is another multiverse where you live in the street as a beggar. The interesting fact about this is that every day, we are shifting multiverses hundreds, if not thousands of times. At every single thought, every single emotion, action and inaction, our karma changes, our energetic

signature is renewed. Depending on our karma / energy, we are directed toward a multiverse that is a vibrational match to us. As we shift, we do not feel it or see it, it just happens. That is why sometimes you get some images and movies in your head about things that did not happen but could have happened. It is because it truly did happen in another multiverse. Just like our dreams, they are not 100% an imaginative creation; rather, they are the reality or the memory of a multiverse that you have experienced. There are thousands and thousands of versions of yourself. In order to learn and experience as much as possible, the soul sends itself into many bodies from many multiverses. Your current consciousness is what stays with you, it is what shifts from place to place. So the reason that I'm explaining this to you is because the new earth phenomenon is not a physical second earth next to us. It is not our earth that will split, it is not by getting into a flying machine that we will get to it. Instead, the new earth will be reached once you become a vibrational match to it. In the upcoming

chapter, you will learn how to work with your energy so that you can shift to it. The shift will not even be felt or seen, some indications that you have shifted or that you are in the process of doing so is that everything will be getting better and better. You start to feel lighter, more at peace, more spiritually evolved, and unaffected by this world. So the new earth is not somewhere to be found; it is a multiverse where you can shift to by becoming one with its energy, once you are in harmony with constant spiritual evolution, peace, love, joy, and fulfillment, you will be at the right frequency to allow the shift to happen. It does not mean that it will happen right away; in fact, you have to work to maintain your energy in such a way that it continuously matches the new earth. Wherever you are, whatever your current situation is, you have to be greater than your environment, vibrate as high as possible, and create your own desired reality by embodying it within. It all starts within.

Chapter 4

When will the new earth happen?

A lot of people are wondering when the new earth will happen—at which date exactly? The thing is, linear time is an illusion that only exists on this 3D earth. Linear time is a scam that we have been imposed on by those who forced humanity to adopt certain languages and religions. Everywhere in the cosmos, it is clearly understood that such things do not truly exist. If you think about it, as you look up at the sky and contemplate the stars, you are looking at the past, because it took a very long time for the light of those stars to reach the earth. Also, there are several people who experienced dreams that told them about future events, and they truly took place. This is not because those people are seeing the "future". It is because somehow their dream got access to a multiverse that is ahead of ours. So what I'm really saying is that there will be no specific date for the new earth to arrive. In fact, it will not even happen in same time for

everyone. Some people are already on the dying old earth because their vibration and consciousness are so low. While some people are possibly already on the new earth because they are evolving in every possible way. They are getting healthier, their body are getting stronger and more flexible, their diet is getting better, their mental health is improving by the day, and their spiritual evolution keep going upward at every moment. Knowing that the new earth will not happen on a specific day, it will be of tremendous importance for you to understand that you cannot just wait and hope for the best. Hope is an energy of lack, it is for the weak. It means that you do not have what you desire, and that all you can do is wait. The new earth will become available to you as you will become a vibrational match to it. You must KNOW that you are already on the new earth, whether you have proofs that it is true or not. As you become a vibrational match to it, you will have to put in the work to sustain this frequency within you. Because the matrix is doing all that

it possibly can to lower your vibration at all times. To do so, they use social media, taxes, money, stress, lust, hate, separation, TV news that spreads lies, fake wars, fake illness, and much more. To make it to the new earth, if you just focus on elevating your own trinity, this is how you can make sure that you will make the shift. The upcoming chapter will explain to you exactly how to ensure that you will make it to the new earth.

Chapter 5

How to get to the new earth?

Taking care of your trinity

I must tell you right now, not everyone will make it to the new earth. Surely, a large number of those who claim to be spiritual won't make it either. The spiritual community is filled with a lot of fake people as well. To say that you are spiritual but you're not meditating, not doing any yoga, not doing any pranayama (breathing practices), is often not enough. It is like being a fan of basketball, but you never workout, and you never throw any ball at all. You can say you love basketball, but you're definitely no basketball player. To get to the new earth, it is all about becoming a vibrational match to it. For your energy to be vibrating high, you need a certain control over your mind, a certain stillness. You need to feed your energetic body with methods such as meditation, yoga,

pranayama, Yes, there are some people who somehow don't do any of this and still vibrate high and have great consciousness, but those are rare. What I'm sharing here is not an absolute must either; there are no absolute rules. Simply because not everyone will make it and because all we know is that it is about energy, this should be enough to trigger the will to take action, if you truly want to make sure you will be on this new earth frequency. To ensure that you'll make it to the new earth, I highly suggest you to take care of your trinity. In the upcoming paragraph, you'll learn all the basics you need to boost this beautiful trinity of yours. But what is it exactly? The human system has many layers to it. The three main ones that we can work on the most are the physical body, the mental body, and the energetic body. If you've read my book: The Modern Yogi's Guide, you'll already be familiar with this, if not, you'll learn about right now.

Taking care of your energetic body : Karma

The number one thing that is limiting so many of us from growing spiritually and truly living the life that we desire, both within and without, is our karma. Every single thing that you do, think, feel, and even that which you do not do by procrastinating creates karma. Yes, we can create more positive karma, but at some point, if we just go on accumulating more and more, we end up becoming too heavy, filled with bags to bring around everywhere we go. This causes great limitations and roadblocks in our spiritual and personal journeys. As you understand that literally everything creates karma, how is it possible to let go of it? The answer is very simple. Things create karma. No-thing burns karma. Notice how I did not say nothing; I said "no-thing". This is the energy of nothingness, of emptiness, dark matter, however you want to see it or name it. It is also known as Shiva. Shi-va means that which is not. So the more that you can bathe your consciousness in this energy of nothingness, the more you will create

karma of nothingness. Obviously, this karma is empty; therefore, when you cultivate this unborn energy of infinite possibility, it makes rooms within yourself, it burns your karma. This is why meditation is so important. If you are truly serious about growing spiritually and getting to the new earth, you must meditate every single day. The more that you let yourself simply exist in this infinite void, where you are distant from your body and mind. Where your body is not felt and your mind is utterly quiet, this is how you can burn karma at an incredible speed. The more that you make room within yourself, the more you allow new blessings and new positive energy to enter your being. Without meditation, you are like a cup that is full; no matter if the universe tries to send blessings your way, you cannot receive them because you are full of your own little illusive world based around your ego. Once you are fully open, empty, one with all, It is at this moment that you become in harmony with the universe. The Tao Te Ching from Lao Tzu explains this energy very well. The more minutes and hours that you spend in

meditation, the more amazing you will feel within yourself; you will feel light, at peace, and blissful. This energy will allow you to make the shift toward the new earth. Let's say you would meditate one hour every day. That seems good, right? Well, it means you'd still be asleep / unconscious for 23 hours a day. For this reason, your meditation must not only exist when you are closing your eyes and sitting, you must also find a way to remain meditative even with your eyes open as you take action in the world. By doing so, you will live in inner silence; you will be awakened and enlightened. To learn the easiest and most potent ways to meditate and remain meditative all day long, Spiritual Growth Academy will teach you all of this. You can also find those types of methods for free on my YouTube channel. So live in inner silence, and you will be in harmony with existence. Once in harmony, for sure, you'll be a vibrational match to the new earth.

Taking care of your energetic body : Life force energy / prana

With oxygen flows an energy known as prana, chi, and many other names. This energy is life force itself. When we breathe unconsciously, we receive just enough to stay alive and survive. The thing is, you did not come on earth to just survive; you came here to evolve as a soul and to grow spiritually. When you begin to consciously take charge of this life force, suddenly, you get much more pranic energy, not only for this moment, but you also conserve it within your system for it to be used whenever needed. This improve your health immensely, boosts your immune system, boost your intelligence, boost your spiritual evolution, and much more. This is even proven by the little modern science. How so? Because as you conserve this life force energy, as you will control your breath by inhaling and exhaling fully for many hours a day, this will expand your oxygen capacity. As your oxygen capacity increases, all the benefits mentioned above

become a reality. In fact, if you simply conserve enough pranic force within your system, at a certain point your energetic body will bloom, and as it blooms, awakening and enlightenment simply happen for you. This is why pranayama is so important. Pranayama means to expand your life force energy, it is also known as control of the breath. In Spiritual Growth Academy you will learn several breathing practices that all have different positive impacts on your system. One thing that you can do right now that will transform your life and help you shift to the new earth is to simply control every milisecond of the action of inhaling and exhaling by the nose as slowly as possible. The more you can do it, the faster you will transcend. What makes this method so powerful is the fact that you can perform it during all of your daily activities such as working, walking, driving, exercising, playing video games, watching TV, and much more. It allows you to use your mundane routine, which leads nowhere, as a possibility for spiritual evolution. As you control your breath and make it as slow

as possible, it will directly affect your mind. The slower you breathe, the more quiet your mind becomes, which will burn karma as your mind will be silent. So make sure to take charge of this life force, and immense transformation will take place in your life.

Taking care of your energetic body : Use sleep or spiritual evolution

Every night when you go to sleep, you have a free pass to enlightenment. When the regular asleep man falls asleep, he misses an immense opportunity. In regular sleep, you are very close to enlightenment, what stops you from truly benefiting from this is the fact that even as you're sleeping, you're still having a mental diareah. Even as you sleep, you go on dreaming and thinking endlessly for hours and hours. This is why most people always wake up feeling tired, they never feel refreshed. There is a state of consciousness called Turya, and if you can experience it, your spiritual evolution will

raise to the next level at a speed that is faster than you can imagine. If you can somehow manage to remain conscious, present, and aware as your body and mind fall asleep, this is turya. It is the door to your spiritual powers, the door to astral projection, and the door to experiencing a glimpse of what is life as a 5D being, which means someone who operates from a consciousness of the fifth density. To master the state of turya is to master enlightenment. It also allows you to burn all the karma you have accumulated during the day, it elevates your vibrations intensely. It is even said that one who can remain conscious as his body and mind fall asleep is deathless. Because the day his body will die, he will be able to remain conscious, just like he does when his body falls asleep. This practice is called Yoga Nidra, but there is not much authentic content about it that is available online. Yet, this is one of the most powerful ways to grow spiritually and elevate our energy; it is even the key to stop reincarnating on earth endlessly. If you desire to learn more about it and to master this

phenomenon, I have written an ebook called Astral Projection Made Easy. You can get it for free on my YouTube profile and on my Instagram. This book shares all you need to successfully experience the state of turya and to astral project. By simply practicing this method, healings will occur in your mental, physical, and energetic bodies. It will help you to be a vibrational match for the new earth.

Taking care of your physical body : food

Everything that we consume has a karmic memory to it, a certain specific vibration. All of your organs renew themselves every couple of months; their building blocks are the food that you have consumed. The mental, physical, and energetic body are all interconnected.
Your organs are the physical manifestation of your chakra, for example: the hearth is the hearth chakra, the pineal gland is the third eye, the piturary gland is the crown chakra, the three lower chakras are connected to your digestive system and other parts of your body, etc.
This gives you a clear understanding of how important your nutrition is, even for your energetic body, which cannot be seen or touched. In order to vibrate high and to be light, just like the new earth, you'll have to consume food in harmony with this reality. All foods that vibrate low will lower your energy and bring you closer to the old earth. Modern meat from the big modern industry is one of the worst things you can possibly eat. The karmic

memory of meat is absolutely disgusting; it invites illness, suffering, and hatred. Just take a moment to think about the life of the animals before they turn into your grocery store's pre-made meat package. They had a life, they had a family, they were taken away from their family by force, they were tied down or living in very small boxes with no space whatsoever, they lived in constant fear, and a large amount of the animals we eat today have cancer and many other illnesses. Those animals are even raped in order to create more yummy babies for the meat eaters. Their whole life is just suffering on top of suffering. All of this negative energy is accumulated in the meat, in every cell, and in every vibration. You are what you eat, so if this is the reality that you wish for yourself, then go on and give your money to murderers and eat that good meat, it is tasty, I have to admit, but my desire to be in harmony with the new earth and escape this old earth is greater than my desire for the taste of meat. Other foods that make you vibrate low are all types of fake food. What I mean by fake food is that there is food

that God made available to us, and there are foods that are man-made by mixing lots of chemicals. The more you eat man-made food, such as noodles, cupcakes, candies, chips, frozen meals, ice cream, yogurts, and the list goes on and on. The more you eat this junk, the more you will vibrate low. Modern coffee is also a low vibrating drug. Everything that stimulates your nervous system will then dump it down lower than it originally was. For this reason, even garlic and onions should not be consumed; those are for medicinal purposes, not to be randomly enjoyed at every meal. We have been brainwashed to think it's ok to put onions and garlic everywhere. This was one of the many plans of the matrix to lower our consciousness and spiritual growth. Eating onions and garlic on a regular basis is like popping Advil pills for fun. Now that you have a good idea of what low-vibration food is, let's turn to the positive side and speak about high vibrational foods.

What I'm about to share with you is too advanced for our poor modern science ruled by money; after all, everything that we call as discoveries from science has never been any discovery at all. It was all already known in the past, the information was just hidden from the population. True nutritional science, which is truly good for the human system and spiritual evolution, is what we call Ayurveda. It is based on the energy of food; the greatest thing that we can consume is positive pranic food, it elevates our consciousness, health, energy, and much more. If you think about it more deeply, there is only one thing that we are truly meant to eat, and it is the sun. The sun gives life to plants; the plants give life to fruits and vegetables; fruits and vegetables give life to animals by nourishing them; and the meat-eating animals get their sun energy by eating the animals who eat plants. Therefore, it is a choice that we must consciously make, to eat that which is closest to the sun. Eating meat is the less intelligent choice because your meat received its sun energy from another animal

who ate plants; it is literally choosing to bring interference between you and your source of life. The more steps you add in between you and the sun in your nutrition, the less vibrant you will be. For this reason, the best diet for the human being—what we have been created to thrive with is fruits, vegetables, seeds, herbs, and such. In order to vibrate high, to truly cultivate mental health, physical health,
and energetic health, your nutrition must be at least fifty percent raw. Not only raw but also not mixed. For example, you could eat for dinner: an apple, then some watermelon, then some peanuts, then some seeds, and more fruits & vegetables. Eating each of them separately instead of making a dish with a bunch of spices. The more you mix what you eat, the less you assimilate it. The more your food is simple, raw, and fresh from the sun, the easier it is to assimilate. Now that you are aware of the sun's energy, you must also know about the energy of electricity. All food designed by God for us has electrical value.

After all, we are electrical beings, and our whole system works by sending electrical signals in order to remain in harmony and do its job properly. So everything that you consume should have this energy as much as possible. Fruits and vegetables are filled with a lot of water, which makes them very conductive. But if we think about bread, meat, noodles, and all those kinds of dry, low-vibration food, Those take away your power and leave you dehydrated. So to put it simply, if you want to truly realize your highest potential, focus on getting your sun energy in the most pure and simple way. Focus on eating foods that help with your electrical system. You must let go of all negative pranic foods, such as: meat, fish, coffee, energy drinks, fake food, noodles, pasta, bad sugars, onions, and garlic. And focus on eating only positive pranic food as much as possible. Also, drinking water infused with herbs is of tremendous value to our energy and health. Here is a list of some of the most powerful ones for nutritional value:
bardane, sting needle, moringa, neem, red clover top, dandelion, and much more.

To end this part about food, we must speak of one of the thing that matter the most: the time you spend without eating. Most people suffer from gluttony; they eat nonstop at any random moment of the day. They think eating is an activity, but eating is about fueling your human system. Fasting will help you to heal literally anything that requires healing within you, whether it's physical, mental, or even energetic. Every day, we must fast for 16 hours. It might sound challenging as there are only 24 hours in a day, but don't worry, there is a way to make it very easy. A good example would be to stop eating on Monday night at 9 p.m. and eat only on Tuesday at 1 p.m. This is an easy way to fast for 16 hours, as for most of it, you'll be sleeping. If you want to take it to the next level, feel free to do some 24-, 48-, and 72-hour fasts from time to time. The benefits are incredible, and it brings immense spiritual growth. When breaking your fast, always make sure that your first food intake is only fruits. After your fruits, you can now eat more solid foods such as nuts and seeds.

Taking care of your physical body : Hydratation

Water also has energy, so consuming the right one is of high importance. Before we speak about water, I want to let you know that your greatest level of hydration does not come from water. This is a lie that we have been told. The greatest source of hydration is H302, which is the liquid from fruits. By consuming enough fruits, we are properly hydrated with just a small amount of water. Now, back to the subject of choosing the right water to drink, To put it simply, pretty much all the water from the most matrixed areas is dead. Whether you drink from your sink or if you buy bottled water, none of it is of good quality, and both of them have added chemicals to it. So the choice of whether to buy it or get it for free from your sink is totally up to you. What you will do with this water is what will change its properties. The first thing to do to purify your water is to keep it in any sort of glass bottle with an open lid. Make sure to let the top open; this will allow a lot of fluoride, chemicals, and negative karma to evaporate out

of it in 48 hours. You'll quickly notice that the immediate water from the sink tastes very different than the water from the sink which has been kept in a glass bottle with an open lid for 48 hours. There is truly a purifying process that happens physically and energically. The next step to elevate the energy of your water and purify it even further is to use a singing bowl or any type of positive, high-frequency tool to resonate next to your water. To my side, I have a 432 Hz singing bolw next to my bottles, and every time that I drink, I hit the singing bowl first. Because it is proven by modern science that every single sound, every single thought, and even emotion affect the water's molecular structure. A lot of scientific experience has been done on this; I suggest checking it out. Knowing that even words and emotions can affect it, The next step is to energize your water through your own manifestation and intention. Take a moment to hold your water bottle, sending it love from your heart. You can even add affirmations to it, such as I am so healthy, I feel so happy,

I understand that I have shifted to the new earth, etc. Lastly, another tip that enhances the quality of water is crystals. Simply keep crystals around your bottles so that they can share their energy with them. Some crystals can even be put inside your water bottle, but not all crystals are safe to do so. Make sure to be informed. Some crystals that can be used to make water potions are: amethyst, quartz, rose quartz, jasper mookaite, citrine, and more. Finally, as mentioned earlier, modern water from matrixed areas is just dead. Now you have some ways to purify your water and bring it back to life. There is still one more thing that you can do that will hydrate you even at the cellular level. By consuming a little pinch of celtic salt before drinking, this will double if not triple your hydratation, it should be done evertytime you drink.

Taking care of your physical body : movement

Do you know what happens when you're lazy and your body almost never moves? Something very similar to a car battery that is not being used happens in you. Because you are never using your energy fully but still go to bed and rest every day, your inner battery slowly dies, it loses its capacity to contain energy, leaving you lethargic and depressed. There is also a big connection with karma to all this; as we move and exercise, we release karmic memory and negative emotions accumulated in our muscles. For this reason, you must move. God did not give you this body for you to live as a rock. You have the power of mobility, and if you do not use it, you will lose it. To ensure that your inner battery stays of good quality, promoting good physical health, make sure to exercise at least four times a week in any way that fits with your level of health.

Taking care of your mental body : Feed your subconscious

There is a camera within your brain that watches everything that you do—everything that you see, hear, and feel. This inner camera does not only watch; it also constantly takes notes and creates a data bank. This data bank is then used to manifest your life as it is today. This camera is your subconscious mind, and it controls more than 90 percent of your entire life. The programs that it has will determine everything about you: how you act, how you respond to anyone or anything, which emotions you feel as you wake up in the morning, how healthy you are, and the list goes on and on. There is only one thing that the subconscious mind loves, and that is repetition. Everything that you repeatedly hear, see, and feel becomes like a tree in your brain that is growing bigger and bigger. The most powerful trees within your mind are the ones that create the direction in which your life will go on. For this reason, you must absolutely feed your mind

only with that which is for your highest good. Every time you watch any negative content which creates fear, lack, sadness, and such emotions. Such as a horror movie, the news, a series of dramas, a documentary about murderers, etc. Every time you do this, you are feeding misery and illness within you. To your subconscious, there is no difference between reality and your thoughts; even what you see on TV is seen as being real. As you now understand the importance of properly feeding your mind, it is time to let go of all low-consciousness content, music, thoughts, feelings, and ideas. If you want to make it to the new earth, only watch series, movies, and documentaries that will bring growth, love, joy, and other positive values to your life. Because remember, what your subconscious repeatedly sees and hears is what you slowly become. It becomes the building block of your future. So let's be more conscious of the content that we consume.

Taking care of your mental body :
See the light.

Why is it that some poor kid playing with a broken soccer ball or even a rock looks happier than you who is in the comfort of your home, surrounded by all the goodies you ever wanted, enough food to nourish a whole family? It is because there is a choice that we can make; this choice will determine if you vibrate in low consciousness, as an unevolved being, or if you vibrate high, which will allow you to shift to the new earth much more easily. This choice is the one of seeing the world with the eyes of darkness or with the eyes of light. We live on the same earth, yet some people keep complaining; all they see is misery, trouble, and fear. They think that the whole world is falling apart, and you know what? They are right, because if they think the world is falling apart, it is their world that will fall apart because they will remain on the old, dying earth. The universe is very giving, if you affirm that we are all doomed, the universe says: You're right.

Just like if you affirm that the population of earth is awakening toward light and love, the universe once again says: You're right. How you perceive things will determine in which multiverse you will shift at every second of your life. For this reason, I welcome you to make the right choice and to consciously decide to see light, to see the blessings of life, the positivity all around you, the beauty of humanity and life itself. As you close your door to the darkness and only allow light into your mind and heart, you will be a vibrational match to the new earth.

Taking care of your mental body : emotions

Every single emotion is manifesting events, people, and things that are in harmony with how you feel; they also shift you to multiverses that match your vibrations. For this reason, it will be of utmost importance to become the master of your emotions. Whether we speak about love, joy, happiness, or hate anger and sadness—all emotions are created from within.

This means that you are the manufacturer of all emotions; by understanding this, it becomes clear that you can generate them on commands, they come from within after all. So instead of being a weak little feather in the wind who is blown toward happiness when lucky and, for most of the time, toward discontentment without anything to say about it. I'm inviting you to be the creator of your reality. Decide that you will feel love, decide that you will feel gratitude, joy, and peace. Create the emotions on the spot, right now, and sustain them for as long as you can. Even if you have to fake it, that is alright, because if you fake it for long enough, by the law of manifestation, it will become a reality. Low-vibrational emotions shift you to the old dying earth. High-vibrational emotions shift you toward the new earth.

Chapter 6

A Must - Open your heart chakra

To shift to the new earth, you must be a vibrational match to it. As you've read so far, the new earth is filled with love, union, and peace. To shift to it, your heart must be light and open; the key is to cultivate unconditional love. Unconditional love is something that is very misunderstood in this modern era. We tend to believe that it is about putting other people first, yourself second, or that it is about giving, or about having the perfect relationship. All of this is not fully wrong, it is just incomplete. Love between you and your girlfriend or boyfriend is a condition in itself. The condition is between me and you. Unconditional means that there is no condition. So the only way to be real about it and to truly cultivate this unconditional love is to become love itself. You just are loving for no specific reason and for no specific person. Just like the sun is shining equally on everyone.

Love becomes your natural energy that you emanate at all times. For this to become your reality, you will have to remove all the blockages within your heart. One of the greatest roadblocks is our hatred and judgment toward others. Spiritual people tend to feel that almost everyone is stupid because they can see how unaware and animalistic they are. This often brings a lot of judgment and criticism. The thing is, we are all one, we are Yoga, we are a union. Therefore, every time you send a low vibrational thought to anyone, you are in fact only adding darkness to your own heart. One who sees fault in others surely is filled with faults himself. One who sees virtue in others is virtuous himself. To successfully open your heart, make sure to silently send love to everyone you see. A powerful method is to repeat the word love within your mind every time you encounter a person. You can even mentally say: I love you. As you will do so, you will notice your heart becoming lighter, and you'll feel more love and compassion even for the people that you used to judge as asleep,

unconscious, and stupid. Simply know that everyone is doing their best with the consciousness that they have. If they are making stupid choices, they are simply victims of how the matrix brainwashed them. You might be more gifted than them; you might be the light they need to be inspired to change, so make sure to be a good example rather than a mean judge. Do your best to let go of negative judgment and allow yourself to see virtue in everyone. A good way to do so is to mentally give a compliment to everyone you see. Look for anything that seems to be good in them, whether it's their style of clothing, their energy, their smile, whatever it is, just find something. It will practice you to see the light rather than the darkness. As you change the way you look at people, people will change in your reality. So remember to love all of your divine brothers and sisters; this will be necessary to have a pure heart and to shift to the new earth. Of course, also remember that love isn't just about your relationship with others; it is also about how you feel within yourself at all times,

because you can only share with others what you already are. so do your best to create love within yourself. whenever the time is right, feel free to share it with others. Even the matrix, you cannot hate it; yes, they are the ones who created suffering on earth, but if you keep hatred in your heart toward them, you will only poison yourself. Just like Yin and Yang, there is positive and negative. In order to know light, we must know darkness. Switch from hating those who are controlling the matrix toward having compassion for them. Because they might be rich here, but in the kingdom of God, they are utterly poor. They might be happy on earth for a short amount of time as they enjoy their money and power, but soon they will greatly suffer for their actions. Remember that it is not your job to punish; if you try to punish others, you'll be punshing yourself. It is well explained in the Gita that there is a time when darkness rule, just like there is a time when light rule. This is how things are on this plane of illusion / duality. We are now shifting to a time where light rules; it is not you who

must defeat the matrix, God is the doer, trust God fully. What you can do that will truly make a difference is to evolve yourself, Choose love, light, and compassion; this will be for your higher good and the good of all because it will elevate the collective consciousness to a point where this matrix cannot even exist anymore. We are too intelligent for their cheap tricks.

Chapter 7

How can we be certain there is a new earth?

There is countless evidence that the new earth is happening now. Simpy take a moment to see how quiet life has been for hundreds of years. Nothing new, just technology getting a bit better, styles of clothes changing, new celebrities there and there, but nothing of great depth has happened to the soul level. I have been spiritual for many years, and when I started, it felt like I was alone; there was not much spiritual content at all. Yet, in the past 2 years, the amount of spiritual content on all platforms has increased tremendously. Suddenly, so many people are having spiritual awakenings, while before, it was rare to even find one awakened man or woman online. Spirituality is becoming more and more popular, and there is a reason for this: it is because we are awakening. Even the sun has changed, many people did not notice because

they sleep even with their eyes open. But if you are reading this book, I bet you have the eyes and intelligence to see. The sun's energy has totally switched in the past year, even more intensely in the past months. The sun used to be seen mostly as yellow and orange, now it is white like it has never been before. A white immense energy that creates a huge halo of light all around it, shining more intensely than we have ever seen. This is because the sun is now shining what we call as the Christ consciousness, it can be known by many other names as well. What it does is, it rewire our DNA and activate our dormant DNA to allow us to evolve. Because the next evolution of mankind is not a physical one, It is an evolution of consciousness. Even modern science approves that when the sun has some special activities, such as in the past few years, it truly affects humans's DNA. When the sun's cycle reaches its peak and shines its most powerful vibrations, something always happens—something extreme. It can be that a war starts, it can be that we now have a new technology that changes

our way of living, it can be a rebellion, It can be positive just like it can be negative, it can be an endless amount of possibilities. All of this is to prove to you that the sun truly affects us deeply, and right now we are in a very special period where its energy is more vibrant than ever before. This is why in so many countries, such as Canada, USA, and many others, the population is noticing that there is more and more chemtrails left by the planes. After those chemtrails are made, suddenly unatural clouds surface. All of this is for one main purpose:
It is to hide the sun because the matrix wants to slow down our evolution and rebellion as much as possible. But they cannot hide the sun fully, we are receiving its energy, and it is transforming us. The matrix is like a crying baby refusing to admit defeat, playing all of its last cards at once, not to win; they know they cannot win. They do this just to postpone our victory, but we have already won. Here in Canada, in the city of Montreal, we have had totally unnatural weather for a year. It is clearly man-made, they ruined our entire last summer

with man-made clouds hiding the sun. This winter, they have been doing it as well, but recently they calmed down about it. We are not stupid, we know what natural weather is and what natural clouds look like. They cannot fool the awakened ones. Another thing that is showing proof of the new earth is the fact that many countries where The people have always been so afraid to speak up, where they have been docile in fear, suddenly they are taking action and fighting their own countries, their own president. it is happening all around the earth, back to back. In France, the president is being hated by his own people, the population is creating chaos in the street as a rebel act. Right now, as I'm writing this, I just found out that the mayor of the city of Gatineau in Canada has resigned from her position. She says that the reason is because she don't want to be an actor, a puppet in this show as she has seen the true intention of the matrix, she does not want her name to be related to this. In the past years, about 800 other elected people have resigned from their positions in the government

of this area. This is happening all around the world, the people did not know they were working for the devil, and now they want to leave. The thing is, the news is not telling you because they don't want to inspire you to do the same, but if you do your research like me and many others, you'll quickly find out that it is true: people are rebelling against their imposed masters. Suddenly, in the last few months, the whole celebrity industry has been exposed as being satanic. The darkness can no longer hide, the light is too powerful. We are even awakening to the fact that space businesses have been lying to us since day one. Did you know that Nasa means to deceive? Every darkness is brought to the light, fully exposed. Even modern medicine and modern nutrition are being exposed as being wrong. I could go on and on and expose every field one by one, but this will take too much energy. I would rather use my energy to work on the new earth, to enhance my frequencies, and to ensure being a vibrational match to the new earth.

We are awakening in every field of existence; the light is shining so strongly that the lies can no longer be hidden. Open your EYE and you will clearly see the show that is going on. The fall of the dark forces and the raising of the light.

Chapter 8

Your role in the new earth shift

Right now, you are being a hero; almost no one might know it, not even yourself, but you are truly making a tremendous difference not only on earth but in the entire cosmos. Remember, all is one; we are all a union together.
Therefore, my mind, your mind, and the mind of every other living creature
is connected. For this reason, whenever you take care of yourself by growing spiritually, by becoming healthier, more fit, more mentally stable, more at peace, joyful, and loving. You are in fact adding your positive energy to the collective consciousness, inspiring others to do the same. They might not know it at all because it is all done at the subconscious level. Out of nowhere, someone starts to change their diet for something more healthy, someone does their first meditation, someone starts exercising for the first time. All of this because of us who take care of ourselves. Everything that we think

about, feel and do add to the collective consciousness as a wave of energy that touches some people. In fact, one spiritually awakened or enlightened man / woman generates more energy than 30,000 asleep people. Even if there are billions of human beings on earth, not even one million needs to be awakened / enlightened in order to pass the flame and awaken the entire earth. Everyone of us who cares about this spiritual journey is like an invisible torch; everyone who comes in contact with us is affected by our vibration, whether they know it or not. We are the starseed of the new earth, and it is our individual growth that makes the biggest difference in helping this new earth shift. Sometimes we might feel alone because, for most of us, we don't have any spiritual friends or family members in town. There is a reason for this; it is because we are all strategically placed on earth in such a way that brings the maximum impact. You are the energy beacon of your town, maybe even of your entire city. Your realizations, your elevation of your consciousness create a door to

the beyond from which everyone is benefiting. So don't worry about feeling alone if that is the case, because this is all just a phase, and it will all be worth it. Remember that what you are within yourself is the only thing that you can truly give to others. Every time you meditate, the entire universe meditates with you. Let's focus on our individual spiritual growth as much as possible; this is the ultimate fuel for the new earth, and I deeply thank you for generating more of it.

Chapter 9

Volunteers of the new earth

Some of you who are reading this book are volunteers for the new earth. What does this mean? It means that, as a soul, you currently were not taking birth in the reincarnation cycle on earth. Maybe you never went on earth, or maybe you already passed the earth class a long time ago. A call has been made. Our brothers and sisters of higher densities know what is happening; they know the matrix has been brainwashing us in such a way that we always fail to end the reincarnation cycle. As the call for help has been heard, some souls have made the choice to take birth on earth in order to help the collective consciousness shift to a higher vibration faster, to allow the new earth to exist, and to allow souls to escape this vicious cycle. Being a volunteer does not mean that you are the greatest, that you have special powers, or anything like that. It simply means that, as a soul, you are more evolved than the mass; you

have more experience and understanding. As a volunteer takes birth on earth, he or she goes through the same challenges as everyone else. Which is deep amnesia, totally forgetting where you came from. Your true identity, your connection to source. But because you are greatly evolved as a soul , even though you forgot everything at birth, you have more chances to awaken spiritually and remember your true essence in a short amount of time. Each time someone on earth remembers their true self, the true nature of life, his / her understanding adds more light to the collective consciousness. This is the main work of the volunteer: to simply play the game as everyone else and realize spiritual awakening. Many of the volunteers tend to feel like nothing makes sense here, they tend to feel limited and to feel that there is something much greater to life than this mundane way of living. Volunteers tend to avoid being in the mass, in the crowd, because they feel misunderstood, they feel as if everyone is blind, playing a game that makes no sense. For this reason, they often choose

solitude; they feel more at peace when alone or with people who are spiritually evolved. Many of the volunteers never came to earth before because they did not need to. Because of this, they are even less familiar with all this misery, fear, suffering, and separation. Some other soul has already passed the earth class, so even though they feel all of this matrix is pure rubbish, They don't have too much trouble accepting it; they simply transcend it. They know that they are IN this world, yet they are not OF this world. You might be one of those volunteers, just like you might not. There is no need to try to convince yourself or find out, because in the end, whether you are a volunteer or not, you are now in the same cycle as everyone else, and you must transcend it in the same way as everyone else. Your spiritual awakening and enlightenment truly make a difference to the collective, and I thank you for it. Some of us come to teach humanity about certain things, such as new technology, healing methods, ways to grow spiritually as fast as possible, or simply to defy the system and be a

source of inspiration and rebellion. There are so many possibilities. I'm sure that you are seeing it. In the past few years, suddenly we are becoming more and more aware of the fact that we can have free energy since Nikola Tesla showed us and many others. Suddenly, true natural healing methods are resurfacing, and spirituality is becoming more and more popular. We are truly winning; the new earth is ours. Thank you all for your beautiful work and uniqueness.

Chapter 10

Last chapter

Now that you have consumed this book, you have a clear understanding of the New Earth phenomenon. You know that it is you who must become a vibrational match to it. All the intellectual knowledge of the world is utterly useless if you do not embody it by taking action and raising your frequency. So I deeply hope that this book is not going to be another piece of entertainment for you but rather a source of inspiration to improve your mental body, physical body, and energetic body. You do not need to be the greatest yogi or the most spiritual person, and you don't even need to be enlightened to make it to the new earth. As long as you are a vibrational match to it by constantly elevating your trinity, you will be assured to make it to the new earth. The thing is, as you now know, we shift multiverse thousands of times a day. How we feel, our energy, our thoughts, our actions, and our inaction are what determine the direction of our

lives. This means that each time you have any sort of negativity within you, you are going toward the old earth, and each time you are vibrating high, you are going toward the new earth. Knowing this, make sure that every day you do your best to be aware of what is going on in yourself. Am I vibrating low, or am I vibrating high? Ask yourself this question and even go further. Ask yourself, Why am I vibrating low? Why am I vibrating high? This will allow you to identify everything that is causing harm to yourself and everything that is elevating you. Once identified clearly, it is much easier to make the right choices. Feeding your energy body with life force energy known as prana is one of the fastest ways to enhance your vibration and become lighter. In my online program, Spiritual Growth Academy, you will find many methods to elevate your energy body by learning them from tutorials and then integrating them into your everyday life with the daily program of your choice, depending on how much time you wish to use for your spiritual growth. This program is not

the only way to make it to the new earth, it is not a must. Instead, it is a proven blueprint to feed your energetic body with the most powerful and efficient methods. This program is for those who want the maximum amount of benefits and results in the least amount of time. As you re-engineer your system, you re-engineer your reality. I am currently in the new earth,I feel it, and I hope to see you there as well. This new earth phenomenon will not last forever; I don't know how long is left to make the shift happen to each individual. All I know is that I want to ensure I get to the new earth, so I take action to make it happen. Thank you for reading this ebook. Let's create the life that we all deeply desire by first embodying it within ourselves. When the inside transforms, the outside transforms. It all starts from within; it's an inside job.

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Summary for those who run out of time

I understand that many of you are too busy to even use an hour or so to read this short ebook. I also believe that you deserve to know about the new earth in order to make the shift, because we need as many conscious souls as possible to elevate the collective consciousness. For this reason, this is a short summary that will share all the basic information that you require to understand this phenomenon.

Right now, we are in a unique timeline that has probably never happened before; we are making the shift from the old earth to the new earth. As we are now clearly aware, based on the work of many great archeologists and those who study true history, beyond the lies that schools brainwashed us with.
Many times in the past, there have been great resets because humanity was either not evolved enough, so they had to be wiped out, or because they were greatly evolved, so they were ready to elevate themselves to the next chapter of this spiritual journey and vanish from earth without a trace.

Right now, we are right in between those two realities. As we look at both sides of the picture, we can either see the old dying earth or the new loving earth. With a negative mind, we feel and think that everything is falling apart, that people are getting more and more stupid and disconnected from source, that war might happen, and that the end of earth is near.
But when we look at this situation with a positive mind, we see that people are awakening spiritually more than ever before, at an incredible speed. We see that suddenly, people are becoming aware of the darkness, of the matrix. By those two terms, I'm referring to the system that controls the laws on earth, those that we call "elite" who are the anonymous people who ensure to keep the mass as modern slaves who work a 9-5 just to afford a place to sleep and some food. The fact that we are becoming aware of the darkness is the first step toward taking action and solving this whole mess. Only once the light shines upon the darkness can we become aware of it and make change. The sun is also playing a big part in the

process of the new earth. We have been in a process where the sun's energy has been enhancing and changing for many years. This isn't the first time that it has happened. It is proven by science that when such solar activities occur, the sun actually affects our DNA deeply. Modern scientists affirm that we have junk DNA; they call it junk DNA to hide its true identity. It is dormant DNA that is waiting to be activated, and the sun is currently awakening those DNA within us, which is why so many people are awakening spiritually all around the world. This is one of the reasons why, suddenly, people have started to overthrow their governments all around the world. The mainstream media does not talk about it, but the information is out there and available.
Truly, the people are unifying and raising against the darkness, aka this matrix, this government, those "global elite". We are winning, the new earth is already ours. The "elites" are acting like crying babies who do not want to admit defeat, playing their last card in desesperation, this is all they can do to make our

awakening slower, but they cannot stop it; we have won. Therefore, it is for you to decide whether to see the big picture with negative eyes that are in harmony with the old, dying earth or to see it all with positive eyes that see the light of our evolutions. How you see it, either with the negative mind or with the positive mind, will determine whether you will shift to the old dying earth or the new earth of love and spiritual evolution.

To get to the new earth. most wonder: Where is the new earth, and when will it happen? First, let's address the where, The new earth isn't another planet next to ours, and it also isn't our planet that will physically split. Instead, it is all about multiverses. There is an infinite amount of multiverse. In fact, all possibilities of existence exist simultaneously in the eternal present. There is a multiverse where you are fat, there is a multiverse where you are fit, there is a multiverse where you are rich, and there is one where you are poor. Every single day, for

hundreds and thousands of time we go on shifting from multiverses to multiverses with every single thought, emotion, action, and even inaction. As we shift, nothing is felt; we are simply on another timeline / multiverse that fits with our current karma. So the new Earth isn't somewhere; it is a multiverse by itself, or, in other words, a parallel reality. Now when will this new earth happen? There is no specific date for everyone because linear time is an illusion that is only experienced in this 3D consciousness reality of our usual life on earth. Only earth lives in this illusion and in the limitation of 3D consciousness; everywhere else in the cosmos, everything is of 5D consciousness and above. The 3D consciousness is the belief of separation and linear time, the me and you as two different entities. The 5D consciousness is the understanding of oneness. The understanding that all is one, all come from source, whatever you decide to call source. It is a consciousness that understands that all reality of existence exists now into the eternal present. and that our thoughts, emotions, actions, and inactions

shape our reality by shifting us to a multiverse that is in harmony with our vibration. So to answer when the earth is going to happen, the simple answer is: There is no specific date. It is for you to become a vibrational match to it; once you are, you will shift to it.

How do we become a vibrational match to the new earth so we can shift to it? It is by taking care of our trinity; our trinity is our physical body, our mental body, and our energetic body. To elevate your physical body, keep it healthy by eating a proper diet. The best diet to promote spiritual growth is to eat only that which is alive, which means fruits, vegetables, nuts, seeds, etc. A diet that is as raw as possible. Another way to take care of our physical body is to exercise at least three times a week in any way that fits with our current level. Yoga is also very valuable to open up our body and allow energy to flow. For our mental body, we must feed our mind with new spiritual knowledge and new understanding that is useful to our personal growth. We must also intentionally

program our mind to only feed it with that which is in harmony with our desired reality, that which is in harmony with light, growth, and love. For our energetic body, which is the most important because it is the foundation of the physical and energetic one, we must feed it with pranic energy by using breathing methods known as pranayama and kriyas. We must also purify our energetic body by shedding karma; for this, the answer is meditation.
As you are distant from your body and mind, as all illusions dissolve in your transcendental meditation, you experience the true self. As you experience the true self, you become more familiar with it and learn to live centered in this inner state during all your daily activities. At some point, when you live in inner silence, in inner liberation and peace of mind, you realize enlightenment. So in short, make sure that every single week, your trinity is evolving; by doing so, you'll be in harmony with the new earth.

The old earth will be doomed; everything will be getting worse and worse. On the new earth, we are elevating our consciousness, raising in love, and unifying as one. Creating a new way of living where all life forms thrive in harmony, where it is no longer about competition and separation, but rather about living in a community that promotes evolution and love. The new earth is the world that we all desire. We have now come to a certain intellectual and spiritual evolution where we are ready for the shift. It is for you to pick the new earth or the old earth; it is your daily thoughts, emotions, actions, and inaction that will determine if you are a vibrational match to the old or to the new. If you are reading this, I believe I will see you on the new earth. If you desire to elevate your energy by using ancient yogic methods that have been used for more than 10,000 years, join me in Spiritual Growth Academy. By using this online program, you'll learn exactly how to engineer your human system in such a way that it becomes a vibrational match to the new earth. I'll see you on the other side. Let's create the life that we truly deserve.

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