



144,000

$$24 \div 3 = 8$$
$$8 . 8 . 8$$

You have **3 Sets** of **8 Hours** in the span of **24 Hours** (SRR).

SRR = Sun Rise to Sun Rise.

$$8 . 8 . 8$$

By default, **8 Hours** goes to Rest / Regenerating

$$8 . 8 . 8$$

8 Hours goes to getting paid.

$$8 . 8 . 8$$
$$16$$

Use the remaining **8 Hours** you are given each day to seek and acquire sufficient trust in equity;
this will render you **17 Total Up Hours** (TUH), over-time...

Get back the working 8 to acquire the 1.

$$1 \text{ Hour} = 60 \text{ Minutes}$$

Formula

multiply the hour value by 60

easy.

$$1 \text{ Hour} = 3,600 \text{ Seconds}$$

Formula

multiply the hour value by 3,600

there are **3,600 Seconds** in **1 Hour**.

$$24 \text{ Hours} = 1,440 \text{ Minutes}$$

Formula

multiply the hours value by 60

because there **60 Minutes** in **1 Hour**,

$$24 \text{ Hours} = 86,400 \text{ Seconds}$$

Formula

multiply the hours value by 60, and again by 60

or multiply the hours value by **3,600 Seconds** which is **1 Hour**.

$$144,000 \text{ Seconds} = 0.004563 \text{ Years (Sidereal)}$$

Formula

divide 40 by 8,766

dividing the Seconds value by **3,600 Seconds (1 Hour)**, gives you **40 Hours**.
divide that by the **8,766 Hours (1 Year)**.

$$144,000 \text{ Seconds} = 1.6667 \text{ Days}$$

Formula

divide the seconds value by 86,400

because in **86,400 Seconds** there is **1 Day**.

$$144,000 \text{ Seconds} = 40 \text{ Hours}$$

Formula

divide the seconds value by 3,600

because in **3,600 Seconds** there is **1 Hour**.

$$144,000 \text{ Seconds} = 2,400 \text{ Minutes}$$

Formula

divide the seconds value by 60

because in **60 Seconds** there is **1 Minute**.

$$144,000 \text{ Minutes} = 0.273785 \text{ Years (Sidereal)}$$

Formula

divide 2,400 by 8,766

dividing the Minutes value by **60 Minutes**, gives you **2,400 Hours**.
divide that by the **8,766 Hours** (1 Year).

$$144,000 \text{ Minutes} = 100 \text{ Days}$$

Formula

divide the minutes value by 1,440

because in **1,440 Minutes** there is **1 Day**.

$$144,000 \text{ Minutes} = 2,400 \text{ Hours}$$

Formula

divide the minutes value by 60

because in **60 Minutes**, there is **1 Hour**.

$$144,000 \text{ Minutes} = 8,640,000 \text{ Seconds}$$

Formula

multiply the minutes value by 60

because in **1 Minute**, there is **60 Seconds**.

$$144,000 \text{ Hours} = 16.4271047 \text{ Years (Sidereal)}$$

Formula

divide the hours value by 8,766

because in **8,766 Hours** there is **1 Year**.

$$144,000 \text{ Hours} = 6,000 \text{ Days}$$

Formula

divide the hours value by 24

because in **24 Hours** there is **1 Day**.

$$144,000 \text{ Hours} = 8,640,000 \text{ Minutes}$$

Formula

multiply the hours value by 60

because in **1 Hour** there is **60 Minutes**.

$$144,000 \text{ Hours} = 518,400,000 \text{ Seconds}$$

Formula

multiply the hours value by 3,600

because in **1 Hour** there is **3,600 Seconds**.

$$8,766 \text{ Hours} = 1 \text{ Year (Sidereal)}$$

Formula

divide the hours value by 1

A **Sidereal Year** is measured by the time it takes the Sun to travel a full **360°** around the Ecliptic Plane, which is the apparent path of the Sun as observed from the Earth.

$$8,766 \text{ Hours} = 365.25 \text{ Days}$$

Formula

divide the hours value by 24

because in **24 Hours**, there is **1 Day**.

$$8,766 \text{ Hours} = 525,960 \text{ Minutes}$$

Formula

multiply the hours value by 60

because in **60 Minutes** there is **1 Hour**.

$$8,766 \text{ Hours} = 31,557,600 \text{ Seconds}$$

Formula

multiply the hours value by 60, and again by 60

or multiply the hours value by **3,600 Seconds** (1 Hour).

$$144,000 \text{ Days} = 400 \text{ Degrees}$$

Formula

divide the days value by 360

there are 360° in a **Perfect Circle**, dividing the days this way; gives us **400 Days Per Degree** in the respective circle.

$$144,000 \text{ Hours} = 400 \text{ Degrees}$$

Formula

divide the days value by 360

400 Hours Per Degree.

$$144,000 \text{ Minutes} = 400 \text{ Degrees}$$

Formula

divide the days value by 360

400 Minutes Per Degree.

$$144,000 \text{ Seconds} = 400 \text{ Degrees}$$

Formula

divide the days value by 360

400 Seconds Per Degree.

400
Seconds = **0.111111**
Hours

Formula

divide the seconds value by 3,600

Every **400 Seconds**, remember your **Posture**.

400
Seconds = **6.66667**
Minutes

Formula

divide the seconds value by 60

Never spend more than **400 Seconds** minding on something **Negative**.

400
Minutes = **6.66667**
Hours

Formula

divide the minutes value by 60

400 Minutes is the **Maximum Amount** of time you spend on any **One Given Task** (OGT)
in a **24 Hour** Period.

400
Minutes = **0.277778**
Days

Formula

divide the minutes value by 1,440

Use these **400s** as a 'Maximum' Point for Singular Events,
don't sacrifice time boundaries.

$$400 \text{ Hours} = 0.045630 \text{ Years (Sidereal)}$$

Formula

divide the hours value by 8,766

Fractions Matter.

$$400 \text{ Hours} = 16.6667 \text{ Days}$$

Formula

divide the hours value by 24

Always have an idea of what your next **400 Hours** should look like, at any given time.

$$400 \text{ Hours} = 24,000 \text{ Minutes}$$

Formula

multiply the hours value by 60

Use these **400s** as a 'Maximum' Point for Compounding Events, **don't sacrifice time boundaries.**

$$4 \text{ Hours} = 14,400 \text{ Seconds}$$

Formula

multiply the hours value by 3,600

Space Agency Satellites Orbit Earth Every **4 Hours**.

$$3,600 \text{ Seconds} = 1 \text{ Hour}$$

Formula

divide the seconds value by 3,600

Consider this Foundational.

$$36 \text{ Days} = 864 \text{ Hours}$$

Formula

multiply the days value by 24

There are **36 Days** in each month in the **Kemetic Calendar**.

$$24 \text{ Hours} = 86,400 \text{ Seconds}$$

Formula

multiply the hours value by 60, and again by 60

$$2 \times 4 \times 3 \times 6 = 144$$

$$24 \times 36 = 864$$

$$36 \text{ Days} = 51,840 \text{ Minutes}$$

Formula

multiply the days value by 24, and then by 60

518 = Above New York

The 13th Amendment to the United States Constitution

Ratified on December 6, 1865, states:

"Section 1. Neither slavery nor involuntary servitude, **except** as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States, or any place **subject** to **their jurisdiction**.

Section 2. **Congress** shall have power to enforce this article by appropriate legislation."

congress (n.)

c. 1400, "a body of attendants; also "**meeting of armed forces**" (mid-15c.); sense of "a coming together of people, a meeting of individuals" is from 1520s; from Latin congressus "a friendly meeting; **a hostile encounter**," past participle of congređi "to meet with; to fight with," from assimilated form of com "with, together" (see con-) + gradi "to walk," from gradus "a step" (from PIE root *ghredh- "to walk, go").

Meaning "**sexual union**" is from 1580s. Specific sense of "a meeting of **delegates**, formal meeting of persons having a **representational character**" is first recorded 1670s. Used in reference to the national legislative body of the American states (with a capital C-) since 1775 (from 1765 in America as a name for proposed bodies).

144,000
Days = **394.25**
Years

Formula

(Calendar)

divide the days value by 365.25

Consider this... Probation

12hr = 720 Minutes | 12hr = 720 Minutes

720 + 720 = 1,440 Minutes (SRR)

1,440 Minutes = 86,400 Seconds (SRR)

8+6 = 14

86 is the 9th Number in ascending order that satisfy the condition, where the sum of the individual digits added; equals the same as 14, which is 5.

1. 14 (1 + 4 = 5)
2. 23 (2 + 3 = 5)
3. 32 (3 + 2 = 5)
4. 41 (4 + 1 = 5)
5. 50 (5 + 0 = 5)
6. 59 (5 + 9 = 14 = 5)
7. 68 (6 + 8 = 14 = 5)
8. 77 (7 + 7 = 14 = 5)
9. **86** (8 + 6 = 14 = 5)
10. 95 (9 + 5 = 14 = 5)

144 is the 16th Number in ascending order that satisfy the condition, where the sum of the individual digits added; equals the same as 144, which is 9.

1. 9 (9 = 9)
2. 18 (1 + 8 = 9)
3. 27 (2 + 7 = 9)
4. 36 (3 + 6 = 9)
5. 45 (4 + 5 = 9)
6. 54 (5 + 4 = 9)
7. 63 (6 + 3 = 9)
8. 72 (7 + 2 = 9)
9. 81 (8 + 1 = 9)
10. 90 (9 + 0 = 9)
11. 99 (9 + 9 = 18, 1 + 8 = 9)
12. 108 (1 + 0 + 8 = 9)
13. 117 (1 + 1 + 7 = 9)
14. 126 (1 + 2 + 6 = 9)
15. 135 (1 + 3 + 5 = 9)
16. **144** (1 + 4 + 4 = 9)

You can see '95' is the bottom **tenth** number on the '86' list.

The bread and butter for "The Matrix" is the **9-to-5-GRIND**, and lots of **1s** and **0s**.

Ironically:

- $9 \times 2 \times 5 = 90 = 9$
- $9 + 2 + 5 = 16 = 7$

Think: "Multiplying Causes our Purpose."

The Irony is:

- 9-to-5 is 925
- $90 \times 16 = 1,440 = 9$
- $90 + 16 = 106 = 7$

Why was Six afraid of Seven?... Because 7-8-9...

But why did 7-ate-9?

Because, $7 \times 8 \times 9 = 504 = 9$... No.

Because, $7 + 8 + 9 = 24 = 6$... No.

Because, $6 + 7 = 13$... Yes.

6 was afraid of 7 because, 6 knew that one day it would have to be used and added to 7 to create what is known as the **Great 13**.

In any Matrix, there are times of Adding, Subtracting, Dividing, and Multiplying. Often times, all this is happening simultaneously.

The 144,000 chosen ones of all the tribes of the children of Israel mention in the Bible, Revelation 7:4-8, are the ones who know, and measure time.

Mastering the Matrix fundamentally translates to mastering yourself.

After all, Money and Time Management fashion the Matrix.

Next: The Matrix Ma'at-Matics: 'Source Code'

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